

SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 Blue Hill Bridge (BL) 7:00 The Peter Smith Trio (BR)	Labor Day Office, Pool, & Cafe Closed Fitness Center Open 10 am - 5 pm 11:00 Bocce (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 7:00 Metropolitan Opera on Demand (BL)	10:00 Seated Zumba Gold (BL) 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 12:30 Tai Chi (BR) 4:00 Pickleball with Lori (BR) 4:00 Restorative Yoga (Zoom) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 12:45 Chorus (BL) 1:45 Catholic Mass (BR) 3:00 Craft Fair Volunteer Meeting (BR) 3:00 Rosary (BL) 7:00 History with Paolo (BR) 7:00 Knitters and Sewers (BR)	10:00 News, Coffee and Conversation (BL) 10:00 Towel Cardio (BR) 10:00 Trader Joe's/Market Basket Hanover 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 2:15 Arnold Arboretum Trip 2:30 Needlepoint Group (BR) 3:30 Racial Justice Action Hour (BR)	10:30 Chair Yoga (BL) 10:30 Zumba Gold (BR) 12:30 Line Dancing with Cris (BR) 3:00 Bocce (BR) 6:30 Cribbage (BR) 7:00 Joe Sabourin with Katie O'Brien (BL)	7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

The Podiatrist will be here on 9/8 & 9/22 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic is every Wed 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Stop & Shop Trips are on Mondays at 10 am, Wednesdays at 2 pm, and Fridays at 10 am. Please call 617-361-7778 to sign up.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

September 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekend Highlights: Thursday 9/1 - Sunday 9/4

See what's happening this weekend!

Thursday, September 1st

History with Paolo at 7 pm (Blue Hill Activity Room)

Topic: "The Last Noble Protest": The American Labor Movement in the Industrial Age

By the late 19th century, corporations and industrial interests dominated many aspects of American life, while the workers, men, women, and children, who labored in the mills and mines, were largely powerless. Yet, despite corporate might, many laborers began to unite, to fight for better pay and better working conditions, and helped lay the foundations for modern American society.

Friday, September 2nd

Ron Cote at 7 pm (Blue Hill Activity Room)

You enjoyed his talents when he played with his band, The Castle Tones, at our Homecoming Party and Pub Night. Now come kick back and enjoy his solo act playing a variety of oldies and feel-good tunes!

Saturday, September 3rd

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *The Greatest Game Ever Played*

Cast: Shia LeBeouf, Stephen Dillane, Elias Koteas

With a pint-sized caddie at his side, amateur golfer Francis Ouimet shocked the world at the 1913 U.S. Open when he outplayed defending British champ Harry Vardon in what was dubbed "The Greatest Game Ever Played."

BLUE HILL showing: *The Stray*

Cast: Michael Cassidy, Sarah Lancaster, Scott Christopher

The Mitchell family is struggling. Dan is a workaholic which leaves Michelle trying to manage 3 children. But everything changes when a stray dog adopts them.

Sunday, September 4th

Peter Smith Trio at 7 pm (Brush Hill Function Room)

The Peter Smith Trio, featuring Jeff Williams on piano, John Hagerty on acoustic bass and Peter Smith on vocals, performs the songs of the *Great American Songbook*. The trio's program includes many of the best-known songs from the Golden Age of music, as well as some surprises!

Weekly Highlights: Monday 9/5 – Sunday 9/11

Look out for these special events and offerings next week! (Page 1)

***Note:** Please look at the one-page weekly calendar for a full and updated list of events. These Weekly Highlights are meant to show special offerings and are not a complete list of programs.*

Monday, September 5th

Metropolitan Opera on Demand at 7 pm (Blue Hill Activity Room)

Showing Madama Butterfly (March 2019 performance) Act I

Ever since it opened the 2006-2007 season, Anthony Minghella's striking production of Madama Butterfly has been a Met classic. Drawing inspiration from traditional Japanese theater, Minghella's staging retells this heartbreaking tale with brilliant stagecraft, bold colors, and bunraku puppetry. In this Live in HD performance from 2019, Chinese soprano Hui He stars as Cio-Cio-San, the young geisha who puts her trust in a visiting American naval officer, only to later be abandoned by him. In a feat of operatic heroics, tenor Bruce Sledge appears as the callous Pinkerton, stepping into the role on short notice to replace an ailing colleague. Pier Giorgio Morandi conducts one of opera's most tragic masterpieces, leading a cast that also includes mezzo-soprano Elizabeth DeShong as Cio-Cio-San's loyal companion, Suzuki, and Tony Award-winning baritone Paulo Szot as the U.S. consul Sharpless. *We will show Acts II & III on September 12th.*

Tuesday, September 6th

Wowzitude Virtual Tour of York, England at 10 am (Channel 222 or BL Coffee Room)

York is a cathedral city with Roman origins, sited at the confluence of the rivers Ouse and Foss in North Yorkshire, England. Famous for its Roman walls which have stood for centuries, York was also once the capital of Viking territory. Join this livestream tour to see and learn more!

Wowzitude Virtual Tour of Colmar, France at 2 pm (Channel 222 or BL Coffee Room)

Colmar, the most Alsatian city of Alsace! Nestled among vineyards, its traditional houses, canals, and floral displays make Colmar an outstanding microcosm of Alsace – showcasing its lifestyle, conviviality and hospitality. Situated near Germany and Switzerland, Colmar retains a “country town” atmosphere. Even better, the historical center of town is classified as a protected area and has benefited from careful restoration and ongoing improvements for over 20 years.

Wednesday, September 7th

Fuller Village Chorus Rehearsal at 12:45 pm (Blue Hill Activity Room)

After a summer break, Chorus is back! Penny will provide music to those who need it and the group will begin rehearsing for the Veteran's Day performance and our holiday concert. If you would like to join, just show up to rehearsal and introduce yourself to Penny. All are welcome, especially baritones 😊.

Weekly Highlights: Monday 9/5 – Sunday 9/11

Look out for these special events and offerings next week! (Page 2)

Wednesday, September 7th (Continued)

Catholic Mass at 1:45 pm (Brush Hill Function Room)

Father Bennett will be on site to celebrate Mass.

Craft Fair Volunteer Meeting at 3 pm (Brush Hill Function Room)

All Table Chairpersons, Co-Charis, Cashiers, Table Helpers, Tote Distributors, “Runners”, etc. should attend this very important meeting. Raffle Ticket Sellers will meet with Peg Riley another day. See the attached flyer for more information.

History with Paolo at 7 pm (Brush Hill Function Room)

Topic: The Great Game: Russia and the West in the 19th Century

As recent events in Ukraine have shown, relations between Russia and the West have oftentimes been contentious. The history behind this type of political conflict reaches back to the 18th century. It is in the 19th century, however, when Western powers, such as Britain and France, begin to attempt to exert political influence in central Asia, that the seeds of the current tensions between Russia and the West are sown. This lecture will look at the history of the relationship between Russia and the West.

Thursday, September 8th

News, Coffee, and Conversation at 10 am (Blue Hill Coffee Room)

New month, new Blue Hill Coffee Hour! Starting in September, Blue Hill residents will be holding Coffee Hour on Thursdays. Join for a fresh cup of joe, pastries, and discussion of the news, from local to national to global! All are welcome, including residents from Brush Hill and the Villas.

Trader Joe's/Market Basket Hanover Trip at 10 am

One trip with 2 grocery options – these two stores sit very close to each other so you will get to pick which one you go to. Call 617-361-7778 to sign up.

Arnold Arboretum Docent-led Tour at 2:15 pm

Join us for a docent-led tour of the Arnold Arboretum in Jamaica Plain. This 90-minute walking tour will give you the opportunity to learn about the Arboretum's history, see highlights of the 281-acre landscape, and enjoy some time in the early fall outdoors! Must be able to walk independently for the full 90 minutes, part of which will be on grass or mulch paths. Call 617-361-7778 to sign up.

Weekly Highlights: Monday 9/5 – Sunday 9/11

Look out for these special events and offerings next week! (Page 3)

Thursday, September 8th (Continued)

Racial Justice Action Hour at 3:30 pm (Brush Hill Function Room)

Want to take tangible steps to address racial injustice? Join us for our Action Hour – each month we will focus on a different action, such as calling elected officials, signing petitions, and more. You'll receive training and support throughout the session as well as a community of fellow residents with whom to take action! This month's Action Hour will build off of the recent presentation from our friends at Affordable Inclusive Milton (AIM).

Friday, September 9th

Joe Sabourin & Katie O'Brien at 7 pm (Blue Hill Activity Room)

Katie & Joe are professional musicians from Boston. Performing songs from the classic American Songbook, they are sure to excite! Fuller Village is excited to welcome this new act!

Saturday, September 10th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, September 11th

The Splinters at 7 pm (Brush Hill Function Room)

This bluegrass and old-time string band delivers a relentless groove to accompany their tight 3-part harmonies. A Splinters set veers from straight ahead bluegrass to traditional fiddle tunes and back, with the occasional detour into a modern song. They released their first album as a quartet, "Grey Owl", at the Thomas Point Beach Bluegrass Festival. Their duo, Long Lost String Band, also sometimes plays on Friday nights at Blue Hill – come see the full group (fiddle, guitar, banjo, mandolin, and bass fiddle)!

PUT ON YOUR DANCING SHOES - PUB NIGHT IS BACK!!!

Entertainment provided by **Portrait in Jazz Quintet**, a dynamic, original jazz band with over 50 originals in their book and literally hundreds of jazz standards in their repertoire.



**Thursday, September 22nd at 6:30
pm
Brush Hill Function Room**

Free appetizers will be served and we will have a full bar available (drinks billed to your account). Guests are welcome to bring your own food as well.

Call 617-361-7778 to arrange a ride if needed.



RAIN OR SHINE: Sat. Sept. 17th 10 a.m. – 2:-00 p.m.

ATTN: ALL CRAFT FAIR VOLUNTEERS

Call Marty 617-312-8058 before 9/7 if **YOU** want to be a new Fair Volunteer this year!

Meeting: Wednesday September 7th at 3:00 - Brush Hill Function Room

All Table Chairpersons, Co-Chairs, Cashiers, Table Helpers, Tote Distributors, “Runners” etc. should attend this very important meeting. FYI: Raffle Ticket Sellers will meet with Peg Riley another day (TBD): Call Marty 617-312-**8058** before 9/7 if **YOU want to be a Fair Volunteer!**

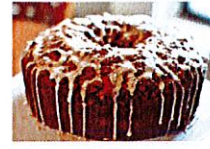
Agenda for Craft Fair Volunteers:

- Meet your Chairpersons and Volunteers: sit at your group table for this meeting
- Discuss Friday times for unpacking and pricing your table items;
- Discuss Saturday times for setup; discuss items not sold;
- Where to store items that won't fit on your table;
- Volunteer schedule sheet for 1 ½ hour shifts this year!
- Where workers can sit to eat; to rest: reserved café/patio for you, Fair Workers /Maintenance crew only: no other residents;
- Cashier Boxes, Your Bank, Money Pickup, Additional bank;
- Aprons, your Water & Snack Delivery, Name Tags; Tote bags
- Your boxes, bubble wrap: what to do and where to retrieve/store;
- Your table location; tablecloths, chairs, Check signs: FVRA, pens;
- Some umbrellas for shade, canopies for shade at specific tables;
- Porta Potties, Ice Cream Truck, visitor rest area/chairs;
- FV security inside lobby area; Nancy/Marty will stop at your table to check if you need anything;
- Discussion: IF rain; setup inside...card room, function, room, etc.

PLEASE start calling your family and friends! We need to spread the word and get people to attend this fundraiser! Please tell them: Rain or Shine: Cash and Check ONLY



Attention All Craft Fair Bakers



We need **MORE** bakers for the Fair! Please Help!

If you haven't already signed up to bake then please call Marty Allen ASAP as we need YOU! **617-312-8058** (this is the correct #)

1. Please try to bake on Friday morning to ensure freshness for Saturday sales. **The Deadline to drop off any baked goods to the Function Room is: Friday 16th 10 am to 5 pm. We need time to label, package and price your items with our special attractive pastry display packaging.**
2. Be sure items are wrapped in clear saran wrap - OR - call Marty Allen at (617-312-8058) to get your free pastry bags, pastry boxes and loaf bags.
3. We have pre-made labels for items, price stickers, and "nuts" stickers. Please advise if nuts are an ingredient. If any are Gluten Free, please advise.
4. Items such as cookies, brownies, and cupcakes will be packaged in groups of 2, 4 or 6 items for most sales.
5. **Please do NOT put a price on your baked goods. Chairpersons will take care of this. We want to be consistent with pricing bakery goods!**
6. Please do not drop off store-bought baked goods. Please bake your items!



We thank you very much for your time and donation of baked goods.

The 5 bake tables last year sold out by noon and brought in the 2nd largest profit other than the raffle sales. **So...we need more bakers!**

Bakers do not need to attend the volunteer meeting; only the baked good table workers and the cashiers for the baked goods table should attend.



— LIVE A FULLER LIFE —

WALGREENS FLU CLINIC AT FULLER VILLAGE

LOCATION: BRUSH HILL

DATE: TUESDAY, SEPTEMBER 13TH

TIME: 11:00 AM – 3:00 PM

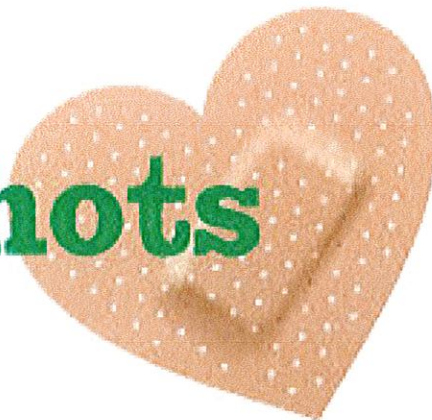
Walgreens will be coordinating with Fuller Village to offer a Flu Clinic with both the standard and the Over-65 Flu Vaccine.

Please call MURIEL AT 617-361-7778 to MAKE AN APPOINTMENT OR NEED A RIDE TO BRUSH HILL NO LATER THAN FRIDAY, SEPTEMBER 9TH.

This clinic is open to all Fuller Village residents and staff.

Please bring your insurance information with you at the time of your appointment.

Flu Shots



Residents' Association Corner

As summer fades I've been thinking of glorious autumn weekends ahead. If you have visiting family members there are many things at Fuller to share with them.

The CD Hallway at Brush Hill has a beautiful display of Fuller residents' photography and there are comment cards to write quick notes to the Camera Artists. Also, Kathy Hunt from Foster has lent some wonderful works of art to the gallery area in the Foster Building lobby. We are appreciative when our talented residents share their art with all of us.

Several years ago, a Depoyan representative to the Board encouraged the Board to purchase games of cornhole. Cornhole has caught on; both at Fuller and nationally. The Boards are stored in the Blue Hill Activity room closet and can be borrowed. The bean bags are on the shelves above. And did you know there are horseshoes in the Blue Hill Garden shed? In the Brush Hill Garden shed there are a couple of pickleball paddles and balls, as well as a Bocce set. All of these "sporting" activities can be shared with visiting family and friends.

Be sure to check the latest "Pool Schedule" for hours for Family Swim.

If anyone has a tennis racket which will never be used again, we'd love to store two in the shed for borrowing to use on our Courts. Also we'll put together a golf bag to hold a couple of putters and balls for use on the Putting Green.

Enjoy this beautiful upcoming weekend.

Peg Riley 8-31-22



Brush Hill Café Features

– daily features –

all served with one side... 14.00

Monday, September 5

Closed for Labor Day

Tuesday, September 6

French Dip

Wednesday, September 7

Grilled Salmon with Orange Butter Sauce

Grilled Italian Sausage, Peppers & Onions

Pasta salad, fruit cup, coleslaw, cornbread

Always Available

Grilled hot Dogs and the Fuller Burger

Thursday, September 8

Mozzarella Burger with Pesto Aioli

Friday, September 9

Fried Tempura Shrimp

Gordon House

Dining Room Dinner Menu Revised
call 617-361-6958 11am-1pm Mon-Fri

Monday, September 5

Roasted Vegetable Soup or Salad du Jour
Baked Macaroni & Cheese
BBQ Pulled Pork
Potato Puffs and Buttered Corn
Chocolate Chip Cookie or
Cherry Pie

Friday, September 9

New England Clam Chowder
or Salad du Jour
Beef Wellington
Swordfish with Herb Butter
Sweet Potato and Asparagus
Bread Pudding or Carnival Cookie

Tuesday, September 6

Tomato Basil Soup
or Salad du Jour
Fried Chicken
Lemon Pepper Salmon
Rice Pilaf and Fresh Broccoli
Sugar Cookie or Ley Lime Pie

Saturday, September 10

Bacon Lentil Soup or Salad du Jour
Chicken Parmesan
Italian Sausage, Peppers & Onions
Linguine and Summer Squash
Snickerdoodle Cookie or
Boston Cream Pie

Wednesday, September 7

Beef Barley Soup
or Salad du Jour
Chicken Pot Pie
Stuffed Shells with Marinara Sauce
Whipped Potato and Spinach
Pound Cake with Berries
or Peanut Butter Cookie

Sunday, September 11

Chicken Wild Rice Soup
or Salad du Jour
Prime Rib
Baked Scallops with Ritz Crumbs
Baked Potato and Corn
Blueberry Pie or
Double Chocolate Chunk Cookie

Thursday, September 8

French Onion Soup or Salad du Jour
Shrimp Scampi over Pasta
Chicken Francese
Honey Butter Carrots
Chocolate Cake or Oatmeal Craisin Cookie

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference
with Unidine

All sauces must be requested on the side.
All entrees are 17.95 plus tax, which includes an
appetizer, beverage & dessert. Before ordering,
please make your server aware of any food allergies.

Fuller Village  UNIDINE
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 2.95

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...17.95
Baked with buttered Ritz crumbs

Honey Mustard Chicken Sandwich...10.00
Grilled Chicken Breast, Honey mustard, Cheddar cheese, Lettuce and Tomato, pickles and choice of side

Salad of the Month...10.00
Wedge Salad topped with Blue cheese dressing, cherry tomato, bacon and red onion
add Seafood salad...6.00
Add grilled chicken, Tuna Salad or Chicken salad ...5.00

Fuller Village Burger...13.00
With or without cheese, lettuce, tomato, pickles and choice of side

Lighter Fare...10.00
Large Garden salad served with roll and butter
add Seafood salad...6.00
Add grilled chicken, Tuna Salad or Chicken salad ...5.00

DESSERTS

a la carte...2.95

Chef's Featured
Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

