

SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 Blue Hill Bridge (BL) 7:00 Dwayne Haggins Duo (BR)	30 Halloween 8:30 Pickleball 10:00 Guest Star Coffee Hour (BL) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 2:00 The History of Piracy and Privateering (BL) 7:00 Metropolitan Opera on Demand (BL)	31 10:00 Seated Zumba Gold (BL) 10:30 Functional Fitness (BR) 11:00 Women's Lunch at Mr. Chan's 12:00 Back to Basics (BL) 12:30 Tai Chi (BR) 1:00 Group Meditation (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	1 9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 12:45 Chorus (BL) 2:00 Catholic Mass (BR) 3:00 Rosary (BL) 7:00 Activities Committee Meeting (BR) 7:00 Knitters and Sewers (BR)	2 8:30 Pickleball 10:00 News, Coffee and Conversation (BL) 10:00 Towel Cardio (BR) 10:30 Bible Study (BR) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing w/Jean (BR) 1:00 Cobb's Corner Trip 3:30 Racial Justice Action Hour (BR) 6:00 Gardeners' Dinner (BL)	3 10:30 Chair Yoga with Carol (BL) 10:30 Zumba Gold (BR) 12:30 Line Dancing with Cris (BR) 2:00 Game On! (BR) 6:30 Cribbage (BR) 7:00 Pianist Sean Hurley (BL)	4 8:30 Pickleball 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

The Podiatrist will next be here on Wed 11/9 & 11/30 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic is every Wed 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Stop & Shop Trips are on Mondays at 10 am, Wednesdays at 2 pm, and Fridays at 10 am. Please call 617-361-7778 to sign up.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

November 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
—LIVE A FULLER LIFE—

Weekend Highlights: Friday 10/28 - Sunday 10/30

See what's happening this weekend!

Friday, October 28th

The Rise & Fall of the Pirate Golden Age at 2 pm (Blue Hill Activity Room)

This 50-minute video takes us out to the high seas in search of the swashbuckling pirates of the golden age of piracy during the early 18th century, charting the devastating impact these pirates had during an era of colonial expansion. This video serves as a fun primer for next week's history talk by Professor Richard Brabander (friend of Paolo DiGregorio!) on The History of Piracy and Privateering (Monday, 10/31 at 2 pm in the Blue Hill Activity Room).

Friday Night Services at 4:30 pm (Brush Hill Function Room)

Join Rabbi Benjamin for monthly services in the Function Room.

Terry Sanger at 7 pm (Blue Hill Activity Room)

What has three horns and sings all your favorite songs? Terry Sanger...that's who! An award-winning saxophonist with a voice to boot. Singing (and playing) over 50 years of hit songs, this is an act that is sure to entertain you no matter when you were born. We are excited to welcome him to Fuller Village!

Saturday, October 29th

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *Aquila and the Bee*

Cast: Kiki Palmer, Angela Lansbury, Lawrence Fishburne

11-year-old Aquila Anderson hopes winning the National Spelling Bee will get her out of South Los Angeles. Now all she has to do is prove it to her pessimistic mother.

BLUE HILL showing: *Hocus Pocus #1*

Cast: Bette Midler, Sarah Jessica Parker, Kathy Najimy

A teenage boy named Max and his little sister move to Salem, where he struggles to fit in before awakening a trio of diabolical witches that were executed in the 17th century.

Sunday, October 30th

Dwayne Haggins Duo at 7 pm (Brush Hill Function Room)

Dwayne is back again with his friend on bass. His silky voice, bluesy sound, and unusual repertoire of country, funk, blues, and soul make him a stand-out on the local live music scene. Not to be missed!

Weekly Highlights: Monday 10/31 – Sunday 11/6

Look out for these special events and offerings next week! (Page 1)

Monday, October 31st

Happy Halloween!!!    

Guest Star Coffee Hour at 10 am (Blue Hill Coffee Room)

This week we have a mystery guest (spoooooooooookkkkyyyy)!!!! Guess who is coming to dinner (or coffee hour, that is)! A few hints: This person a) is not taller than the boss, b) answers to names other than their own, c) used to live in Japan, and d) is allergic to seafood. Come by to enjoy some coffee and pastries and to see if you guessed right!

History Talk: The History of Piracy and Privateering at 2 pm (Blue Hill Activity Room)

We are excited to welcome Dr. Richard Brabander to Fuller Village! Dr. Brabander is a colleague of our good friend, Paolo Digregorio, and comes highly recommended to help enliven history for our residents while Paolo is away on sabbatical! In his first talk at Fuller Village, Dr. Brabander, a maritime historian, will present his ongoing research and demonstrate the importance and legacy of privateers during the 17th century and beyond, with particular emphasis on privateering in Europe. Our ongoing fascination/romanticization of all things *pirates* in popular society obscures the true nature of *privateers*: private citizens who sell their military services to the state during times of war -- who operate under a strict legal framework. As states today grapple with the increasing costs of combating terrorism and providing national security, the private sector is once again being called on to serve the state on a large scale; an examination of this topic could not be timelier.

Metropolitan Opera on Demand at 7 pm (Blue Hill Activity Room)

Showing: Macbeth from October 2014 (Acts III & IV) – Continued from October 17th

Star soprano *Anna Netrebko* created a sensation with her riveting performance as the malevolent Lady Macbeth, the central character in Verdi's retelling of Shakespeare's tragedy. She is joined by *Zeljko Lucic*, who brings dramatic intensity and vocal authority to the title role of the honest general driven to murder and deceit by his ambitious wife. The great *Rene Pape* is Banquo and *Joseph Calleja* gives a moving performance as Macduff. *Adrian Noble's* powerful production provides an ideal setting for this dark drama, which is masterfully presided over by my Met Principal Conductor *Fabio Luisi*. (Run time: 1 hour, 23 minutes)

Tuesday, November 1st

Wowzitude Virtual Tour: Santorini, Greece at 10 am (Channel 222 or BL Coffee Room)

On this tour our guide, Kathrin, will take you to the finest spots in every corner of Santorini. You will be in awe of the breathtaking views and unearth the charms of Megalochori Village, including its neoclassical architecture and former pirate hideaways.

Weekly Highlights: Monday 10/31 – Sunday 11/6

Look out for these special events and offerings next week! (Page 2)

Tuesday, November 1st (Continued)

Women's Lunch to Mr. Chan's in East Milton at 11 am

This trip was so popular that we are offering it again! The wait list gets first priority, but there is certainly still room on the van for any ladies who would like to enjoy Mr. Chan's fresh take on Asian fusion! Call 617-361-7778 to reserve your spot – please don't call before 8:30 am on Friday, October 28th.

Wowzitude Virtual Tour of Boston, MA at 2 pm (Channel 222 or BL Activity Room)

Haven't made it downtown in awhile? Join us as we travel through the historic streets of Boston. During this tour, you will see Faneuil Hall, the Samuel Adams statue, and walk Boston's famed Freedom Trail. Throughout this tour, you will see how Boston has preserved the incredible colonial architecture and built a city around it all.

Wednesday, November 2nd

Catholic Mass at 2 pm (Brush Hill Function Room)

Father Bennett will be at Fuller Village to celebrate Mass.

Activities Committee Meeting at 7 pm (Brush Hill Café)

The Activities Committee is a great way to be involved in the Fuller Village community! Please contact Marty Allen at 617-312-8058 with any questions.

Thursday, November 3rd

Line Dancing with Jean at 12:30 pm (Brush Hill Yoga Studio)

Join us as we welcome Jean Long, a new Line Dancing instructor! Here is a little bit about her and her enthusiasm for dance: "Line dancing is so good for your body, mind and soul. I've been teaching and inspiring people for many years to get on the dance floor. Join me for some fun and exercise at the same time. Moving to music makes your heart happy! Everybody let's dance!"

Cobbs Corner Trip at 2 pm

The van will go to Cobbs Corner/the Village Shoppes for an afternoon of shopping. There are several great options in this shopping center, including HomeGoods, Marshalls, The Paper Store, Village Toy Shop, and Chico's. There is also a Shaw's Grocery Store for those looking for a different grocery option.

Weekly Highlights: Monday 10/31 – Sunday 11/6

Look out for these special events and offerings next week! (Page 3)

Thursday, November 3rd (Continued)

Racial Justice Action Hour at 3:30 pm

This month's Action Hour will start with sign waving for the Yes on 1 campaign alongside 138. We will then return to Brush Hill to debrief and celebrate. Please contact Julia with any questions.

Gardeners' Dinner at 6 pm (Blue Hill Activity Room)

All residents with plots in the community gardens are welcome to this dinner. Please be sure to read your invitation and RSVP.

Friday, November 4th

Pianist Sean Hurley at 7 pm (Blue Hill Activity Room)

What has three horns and sings all your favorite songs? Terry Sanger...that's who! An award-winning saxophonist with a voice to boot. Singing (and playing) over 50 years of hit songs, this is an act that is sure to entertain you no matter when you were born. We are excited to welcome him to Fuller Village!

Saturday, November 5th

Movie Night at 7 pm (BL & BR) – Titles to be announced

Sunday, November 6th

Broadway DVD at 7 pm (Brush Hill Function Room)

Join us for the next segment of PBS's **Broadway: The American Musical. Episode Five: Tradition (1957-1979)**. In the late 50s and early 60s, Broadway continued producing enduring hits, including the groundbreaking *West Side Story*, but in the era of rock & roll and tumultuous social change, Broadway reinvented itself and established new traditions. The conceptual theater of **John Kander & Fred Ebb's** *Cabaret*, as directed by **Hal Prince**, was followed by the tribal love-rock musical *Hair* and the urban angst of **Stephen Sondheim's** *Company*. **Bob Fosse** showcased sexy cynicism in *Chicago*, and **Michael Bennett** created the blockbuster, *A Chorus Line*. With **Prince** and **Sondheim's** production of *Sweeney Todd*, the musical reached unexpected heights in style and material.

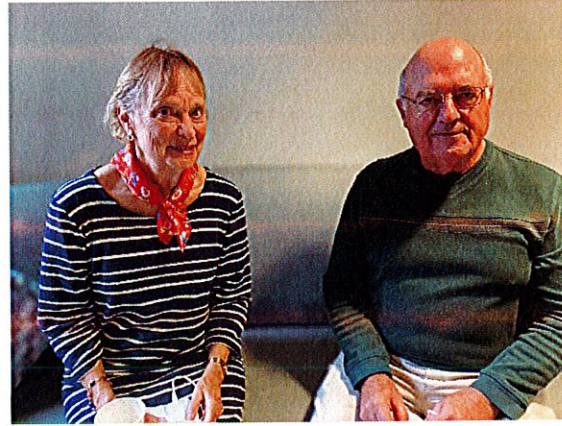
2022 Staff Appreciation Breakfast

On Tuesday, October 25th, the Residents' Association sponsored a breakfast to show our appreciation for the wonderful staff. Jeanne Bronk, assisted by Sara Moyer, organized the event. They were assisted by Marty Allen, Roz Spigel, Pam Francis, Ruth Chandler, and Jane Bent. The staff here at Fuller are always available to help residents, and we are grateful to them.

(Submit by Pat Kelleher, Residents' Association Vice President)



Maintenance Director, Mark Bornheim, hits the buffet with assistance from Roz Spigel



Jeanne Bronk, organizer of the breakfast, sits with Residents' Association President, John Gallagher



Co-organizer, Sara Moyer, with Coffee Room Extraordinaire, Roz Spigel



Elaine Swalnick (Finance Office), Barbara Cocci (Residents Association), and Meryl Smith (Front Desk) enjoy a chat over breakfast

PUT ON YOUR DANCING SHOES - PUB NIGHT IS BACK!!!

Entertainment provided by **Portrait in Jazz Quintet**, a dynamic, original jazz band with over 50 originals in their book and literally hundreds of jazz standards in their repertoire.



Thursday, November 17th at 6:30 pm
Brush Hill Function Room

Free appetizers will be served and we will have a full bar available (drinks billed to your account). Guests are welcome to bring your own food as well.

Call 617-361-7778 to arrange a ride if needed.

LINE DANCING ON THURSDAYS!

**JOIN US AS WE WELCOME JEAN LONG, A NEW
LINE DANCING INSTRUCTOR!**

**JEAN WILL BE TEACHING ON THURSDAYS @
12:30PM IN THE YOGA STUDIO, BEGINNING
NOVEMBER 3RD**

**HERE IS A LITTLE BIT ABOUT HER AND HER
ENTHUSIASM FOR DANCE...**

"LINE DANCING IS SO GOOD FOR YOUR BODY, MIND AND SOUL.
I'VE BEEN TEACHING AND INSPIRING PEOPLE FOR MANY YEARS TO GET
ON THE DANCE FLOOR. JOIN ME FOR SOME FUN AND EXERCISE AT THE
SAME TIME.

MOVING TO MUSIC MAKES YOUR HEART HAPPY!

EVERYBODY LET'S DANCE!"



Fuller Village

in Milton



Dining Services News-November 1, 2022

For the first time in over ten years our dining prices are going up effective November 1, 2022. The price of food and labor costs necessitates the price increase.

We have a limited number of the two nightly entrees for take-out service. For this reason, we suggest you do not wait until the last days of the month to order dinner. If there is not a nightly entrée available, you may order from the always available menu.

Thanksgiving-there are reservations available for Thanksgiving. The deadline is November 14th for reservations.

Fuller Village

in Milton

— LIVE A FULLER LIFE —



To: All Brush Hill Residents

To get all of the Brush Hill garages organized, we are assessing each garage to ensure that each resident has all their personal belongings in their assigned storage unit (1). The Fuller Village maintenance storage areas are also being assessed and re-organized.

If you have items outside of your storage unit, please remove them immediately. If you have any questions, please contact Joey DiGiano at 617-361-3231. We appreciate your cooperation.

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 11:00 A.M.- 1:00P.M. Mon-Fri

Monday, October 31st

Butternut Squash Bisque (GF)
Or Salad du Jour
Chicken Breast, Cider Glaze (GF)
Orange Fennel Salmon (GF)
Pumpkin Risotto (GF)
Chocolate Chip Cookie or
Chocolate Cake w/ Blood Orange Frosting



Friday, November 4th

Chicken Noodle Soup
or Salad du Jour
Roast Beef Tenderloin (GF)
Pesto Swordfish (GF)
Red Bliss Mash, Green Beans
Carnival Cookie or
Strawberry Rhubarb Pie

Tuesday, November 1st

Curried Red Lentil Soup (GF)
or Salad du Jour
Flank Steak Frites (GF)
Stuffed Portabella Mushroom (GF)
French Fries, Peas, and Corn
Sugar Cookie Or
New York Cheesecake

Saturday, November 5th

Portuguese Kale Soup (GF)
or Salad du Jour
Glazed Smokehouse Ham (GF)
Veggie Chili (GF)
Cornbread, Coleslaw
Lemon Blueberry Cookie or
Lemon Ricotta Cannoli

Wednesday, November 2nd

Cream of Mushroom Soup (GF)
or Salad du Jour
Veal Parmigiana (GF)
Tortellini Alfredo
Diced Potatoes, Broccolini
M & M Cookie or
Mixed Berry Crisp

Sunday, November 6th

3 Bean Soup (GF)
or Salad du Jour
Shepherd's Pie
Seafood Casserole (GF)
Baked Potato, Garden Peas
Double Chocolate Cookie or
Black Forest Gateau

Thursday, November 3rd

Clam Chowder GF)
or Salad du Jour
Marinated Chicken Breast (GF)
Pesto Roasted Salmon (GF)
Yukon Mash, Asparagus
Oatmeal Craisin Cookie or
Chocolate Torte (GF)

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference

with J & D

All sauces may be requested on the side.

All entrées are 21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF)

New Prices effective November 1

Fuller Village in Milford
— LIVE A FULLER LIFE —
unidine

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 5.00

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95

Baked with buttered Ritz crumbs

Sandwich of the Month

Patty Melt...14.00

Grilled Burger Patty and swiss cheese on choice of bread with lettuce, tomato, pickles, and choice of side

Salad of the Month...10.00

Caprese Salad with prosciutto

Add Tuna or Chicken salad...5.00

Fuller Village Burger...13.00

With or without cheese, lettuce, tomato,
Pickles and a choice of side

Lighter Fare...10.00

Large Garden Salad
served with roll and butter
add grilled chicken...5.00
add Seafood salad...6.00
add Tuna or Chicken salad...5.00

DESSERTS

a la carte...4.00

Chef's Featured

Cookie of the Day...3.00

Fresh Fruit Cup...2.95

Sugar-Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.



Brush Hill Café Specials

– daily specials –

all served with one side... 14.00

Monday, October 31

Egg Salad Sandwich

*On a Brioche Roll w/ Lettuce, Tomato and
American Cheese*

Tuesday, November 1

Pastrami Reuben

On Marble Rye with Sauerkraut, Swiss, and 1000 Island

Wednesday, November 2

Steak & Cheese Roll

With Onions, Peppers, and Swiss

Thursday, November 3

Chicken Bacon Ranch Wrap

Lettuce, Tomato, and Ranch Dressing

Friday, November 4

Tuna Melt Deluxe

On Rye with Swiss and Tomato