



From the Desk of Deborah M. Felton
November 11, 2022

Thank you to our Veterans! Join your fellow residents at our Annual Veterans Day Program on Veterans Day, November 11th, at 1:30 p.m. in the Brush Hill Function Room.

Join the family of Rita Agnes on Monday, November 14th at 1:00 p.m. to celebrate her life and remember her friendship to many Fuller residents. Light refreshments will be served.

Covid Test - Under Resident Resources on the Touchtown App there is a film explaining how to do your own Covid test. Please do not ask other residents to do the test for you. If you do have Covid, you could inadvertently infect them also. The good news is this week there have not been any reported Covid cases at Fuller Village.

Thanks-for-Giving - We are honoring the sandwich makers for Father Bill's this year. This event sponsored by the Milton Interfaith Clergy Association will be at the First Congregational Church on Sunday, November 20th at 4:00 p.m. The honorees from Fuller Village are Peggy Adams, Peggy Arrigo, Helen Benson, Bob Bent, Ruth Chandler, Rose Costas, Anna Donoghue, Pam Francis, Ruth Gershman, John Griffin, Libby Kaplan, Nancy Kearns, Pat Kelleher, Bob Lash, Ray Molinaro, Sara Moyer, Jean Powers, Mimi Roos, Celina Schreiber, Anne Segal, Roz Spigel, Rose Vigor, and Gail Zaslou.

Villa Front Porch Lights - For safety purposes it is helpful if residents in the Villas leave their porch light on so if your neighbor is coming home in the dark, leaving a light on makes residents more comfortable. Leaving a light on overnight costs very little but can have a beneficial effect for your neighborhood. Although we have had no issues at Fuller Village, the police have always advised that having porch lights on is a good community action.

Thanksgiving Reservations are open until Monday, November 14th.

Line Dancing with Jean is a new class on Thursdays at 12:30 p.m. in the Brush Hill Yoga Studio.

Call for Artists – We are looking for more resident artists (painting, sketching, photography) who are interested in displaying your work in our Blue Hill art gallery. The next exhibit will go up in December and art normally stays up for about two months. Please contact Julia MacMahon at 617-361-2116 if you are interested.

Condolences to the family and friends of Millie Pollock, who lived in the Depoyan Building and Winnie Doherty, from Brush Hill.

SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 Blue Hill Bridge (BL) 13 7:00 MusiConnects (BR)	<i>Special Pool hours: 7 am - 12 pm</i> 14 8:30 Pickleball 10:00 Guest Star Coffee Hour (BL) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Library Book Club (BR) 7:00 Metropolitan Opera on Demand (BL)	10:00 Seated Zumba Gold (BL) 15 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 12:00 Men's Lunch at Stockholders 12:30 Tai Chi (BR) 1:00 Group Meditation (BR) 3:00 History Talk w/Richard Brabander (BL) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	9:45 Cornhole (BL) 16 10:00 Mobility & Stability (BR) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 12:45 Chorus (BL) 2:00 Catholic Mass (BL) 2:45 Treats & Tea (BL) 3:00 Caring Committee (BR) 3:00 Rosary (BL) 7:00 Lifelong Learning (BR)	8:30 Pickleball 17 10:00 News, Coffee and Conversation (BL) 10:00 Towel Cardio (BR) 10:30 Bible Study (BR) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing w/Jean (BR) 1:30 Crafts with Cindy (BL) 2:30 Needlepoint 4:30 Blue Hill Book Club (BL) 6:30 Pub Night (BR)	10:30 Chair Yoga w/Carol (BL) 18 10:30 Zumba Gold (BR) 12:30 Line Dancing w/Cris (BR) 1:00 Rich Travers (BL) 3:00 Four Hundred Souls Discussion Group (BR) 4:30 Friday Night Services (BR) 6:30 Cribbage (BR) 7:00 Rivers Between Duo (BL)	8:30 Pickleball 19 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

The Podiatrist will next be here on Wed 11/9 & 11/30 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic is every Wed 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Stop & Shop Trips are on Mondays at 10 am, Wednesdays at 2 pm, and Fridays at 10 am. Please call 617-361-7778 to sign up.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

November 2022

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
—LIVE A FULLER LIFE—



Weekend Highlights: Friday 11/11 - Sunday 11/13

See what's happening this weekend!



Friday, November 11th

Happy Veterans Day

General Interest Meeting: Hiking & Adventure Club at 11 am (Brush Hill Yoga Studio)

Join Jen and fellow Fuller Village hikers to learn more about what our group of Adventurers sets out to do on a weekly basis in the Blue Hills. See attached flyer for more information.

Veterans Day Program at 1:30 pm (Brush Hill Function Room)

The Fuller Village Chorus and several residents who have served in the Armed Forces will lead this program to honor our veterans. All are welcome for this special program. See attached flyer for more information.

John Polino at 7 pm (Blue Hill Activity Room)

We are excited to welcome another new performer to Fuller Village! John Polino is a guitarist/vocalist who specializes in providing popular, upbeat music for all occasions. From Elvis to Imagine Dragons, he's got it covered. Come check him out for some familiar tunes as well as some new ones!

Saturday, November 12th

Oma Communications 1-on-1 Technology Help (Blue Hill Activity Room)

Liz Flaig from Oma Communications specializes in helping older adults communicate with today's technology. Bring any of your technology questions and receive 1-on-1 targeted support with your smartphone, iPad or tablet, computer, Alexa device, social media, or specific app or computer program. Sign-up is required, 8 spots available. Call 617-361-2116 to sign up.

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *Mr. Smith Goes to Washington*

Cast: Jimmy Stewart, Jean Arthur, Claude Rains, Eddie Arnold

Jefferson Smith is a junior senator with big plans. He tries to maneuver his ideals in spite of the corruption of his colleagues with the help of his secretary. A wonderful Academy Award Winning Classic movies by Frank Capra.

BLUE HILL showing: *Begin Again*

Cast: Keira Knightly, Mark Ruffalo, Adam Levine

After a young singer's boyfriend breaks up with her, a move to New York is turning disastrous until she meets a music producer who just lost his job and takes her on hoping she will get him on his feet again.

Sunday, November 13th

musiConnects at 7 pm (Brush Hill Function Room)

We are thrilled to welcome staff and students from musiConnects - a local non-profit organization offering accessible string education and performances in Roslindale and Mattapan - for their first performance at Fuller Village! This Sunday evening, they will present a string quartet program featuring composers influenced by Arabic, Native American, and Peruvian musical traditions. This performance is generously co-sponsored by the Fuller Village Residents' Association.

Weekly Highlights: Monday 11/14 – Sunday 11/20

Look out for these special events and offerings next week! (Page 1)

Monday, November 14th

Pool Hours: The pool will be OPEN from 7 am – 12 pm and CLOSED from 1-5 pm.

Guest Star Coffee Hour at 10 am (Blue Hill Coffee Room)

This week will feature *Daniel McGarr*, Fuller Village's Project Coordinator. Daniel will share a bit about his professional background and his time here at Fuller.

Library Book Club at 3 pm (Brush Hill Function Room)

Join Will Adamczyk from the Milton Public Library for a discussion of *The Trial of Lizzie Borden* by Cara Robertson. He will also distribute copies of next month's book, *This Land is Their Land: The Wampanoag Indians, Plymouth Colony, and the Troubled History of Thanksgiving* by David J. Silverman. If you can't make the meeting and would like a copy of next month's book, please call Julia at 617-361-2116.

Mondays at the Met (Opera On Demand) at 7 pm (Blue Hill Activity Room)

Showing: Aida (2018, Acts I & II) Run time: 1 hour, 25 minutes

With its cast of hundreds, thrilling score, and sweeping tale of love and heroics in ancient Egypt, Verdi's *Aida* has long been a fixture on the stages at opera houses across the world. For the 2018 revival of Sonja Frisell's monumental production of this masterpiece, the Met assembled a truly all-star cast. Soprano Anna Netrebko in the titular role goes toe to toe with powerhouse mezzo-soprano Anita Rachvelishvili as her rival, the conniving princess Amneris. Tenor Aleksandrs Antonenko is Radames, the warrior that both women love, and Quinn Kelsey lends his robust baritone to *Aida*'s father, the fallen king Amonasro. Maestro Nicola Luisotti is on the podium to conduct this epic performance.

Tuesday, November 15th

Wowzitude Virtual Tour: St. Lucia, South Africa at 10 am (Channel 222 or BL Coffee Room)

Join us on a virtual walking safari in the South African bush. Come take a relaxing walk on the wild side to explore creatures big and small. St. Lucia is uniquely situated within a UNESCO World Heritage Site – the iSimangaliso Wetland Park, on the northeastern coast of South Africa. It is a haven for wildlife, marine life, unique flora and small fauna.

Men's Lunch at Stockholders Steakhouse in Weymouth at 12 pm

Stockholders is a big city style steakhouse dropped into the heart of the South Shore. Their menu boasts both traditional and inventive steak options and a variety of cuts utilizing only the highest quality USDA choice beef products prepared on our oak-burning grill, a sizeable selection of farm-raised and wild seafood from both local waters and abroad, and an array of fresh pasta dishes. We have arranged with the restaurant to provide separate checks for the group – please plan accordingly. Call Muriel at 617-361-7778 to secure one of the 5 spots left on the van!

Weekly Highlights: Monday 11/14 – Sunday 11/20

Look out for these special events and offerings next week! (Page 2)

Tuesday, November 15th (Continued)

Wowzitude Virtual Tour of Buenos Aires at 2 pm (Channel 222 or BL Activity Room)

Join us on tour as we explore the most important square in Buenos Aires, the Plaza de Mayo. The square is the heart of the city and is the location of one of many historical events, including the well known human rights demonstration, “Madres de Plaza de Mayo”.

History Talk with Rich Brabander at 3 pm (Blue Hill Activity Room)

Catherine the Great (1729-1796): Catherine the Great, a foreign-born Russian Empress who ruled during a period of great expansion of Tsarist Russia, remains a quintessential ruler of the Enlightenment Era and a larger-than-life figure over two centuries later. Bringing to light how Catherine the Great transcended Enlightenment gender stereotypes and carried out a series of ambitious reforms, this talk will assess her pointed controversies and enduring legacy on Russian history.

Wednesday, November 16th

Catholic Mass at 2 pm (Blue Hill Activity Room)

Please note that Mass starts at 2 pm. If you arrive early, please wait patiently while we set up.

Treats and Tea at 2:45 pm (Gordon House Dining Room)

Join your neighbors for an afternoon tea (and coffee) with an assortment of treats. It's a nice time to relax and catch up with a warm beverage. All are welcome!

Caring Committee at 3 pm (Brush Hill Function Room)

Caring Committee gathers monthly to discuss topics important to your physical, social, and emotional health throughout the aging process. Led by Betsy Buchbinder.

Lifelong Learning at 7 pm (Brush Hill Function Room)

Showing: Pioneers of Prime Time: Milton Berle, Red Skelton, Bob Hope, Steve Allen and Sammy Davis, Jr. all return to television on *Pioneers of Primetime*. Never before seen interviews with the legends, and a treasure trove of rare television footage, all blended in a landmark program. Six years in the making, this program chronicles television comedy's pedigree - from vaudeville, through radio, to the Golden Age of Television. These legendary entertainers provide a fascinating firsthand account of what it was like to launch the new medium of television.

Thursday, November 17th

Crafts with Cindy at 1:30 pm (Blue Hill Activity Room)

Hop, skip and jump right into the holiday! Cindy will lead the group in making a holiday village scene with paper craft houses, snow and trees suitable for a table top or holiday mantel.

Weekly Highlights: Monday 11/14 – Sunday 11/20

Look out for these special events and offerings next week! (Page 3)

Thursday, November 17th (Continued)

Pub Night, featuring The Portrait in Jazz Quintet at 7 pm (Brush Hill Function Room)

We'll be putting down the dancefloor and swinging to jazz hits from across the decades! Free appetizers will be served and the bar will be open for charges to your account. All are welcome and you may also bring additional food and treats for your table.

Friday, November 18th

Rich Travers at 1 pm (Blue Hill Activity Room)

Strings and Things: This lecture looks at things that have strings – from members of the string family to the harp, guitar, piano and many other things with strings. Many types of different music from various periods of music will be presented.

Four Hundred Souls Discussion Group at 3 pm (Brush Hill Function Room)

The group will gather one more time for a cumulative conversation about the book and our takeaways. Please come prepared to discuss the essay that had the most impact on you and to weigh in on what we do next. Contact Julia with any questions at 617-361-2116.

Friday Night Services at 4:30 pm (Brush Hill Function Room)

Rabbi Benjamin will join us to lead the monthly service.

Rivers Between Duo at 7 pm (Blue Hill Activity Room)

Rivers Between is a Boston-based folk duo comprised of singer-songwriter Greg Kane and vocalist Kat Brooks. Greg's soulful compositions, engaging folk style guitar, and unique voice coupled with Kat's beautifully inventive harmonies, make them a local favorite.

Saturday, November 19th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, November 20th

Billy Thompson at 7 pm (Brush Hill Function Room)

We are excited to welcome another new act to Fuller Village! Billy Thompson is a singer/songwriter and guitarist from Boston. He has been a fixture on the Boston music scene for many years as a guitarist, producer, and songwriter. He plays everything from original music to the Beatles and specializes in classic rock, pop, and soul. He is sure to entertain!

Announcements

The Voices of Fuller newsletter staff are asking residents to please submit stories and photos for the December issue.

1. Do you have a story to share about your childhood memories of Christmas or Hanukkah?
2. What story can you share about your childhood winter weather activities?

Call me, Marty Allen, at 617-312-8058 or email me the story:

martyallentours@gmail.com or drop off story at my mail slot (**Brush Hill G105**).

Veterans: If you missed the opportunity to have your photo in our past Veteran's November newsletter, please call me, Marty, at 617-312-8058, and we'll add you in the December issue.

PHOTOS

We welcome photos of Fuller events, people, celebrations at Fuller, scenery, etc. So, please send me your photos!

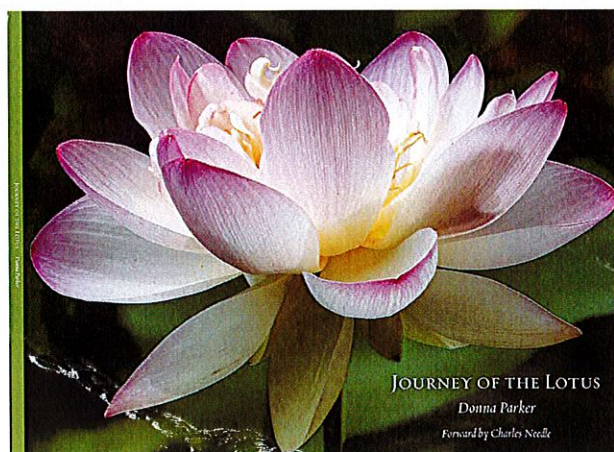
You can text them to Marty at 617-312-8058 or email them to me at martyallentours@gmail.com

DEADLINE for stories and photos is November 22nd.

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Resident Art on Display at the Attleboro Arts Museum

Donna Parker is having an exhibit of her recently published book, ***Journey of the Lotus***, and images from the book at the Attleboro Arts Museum running through November 19th. The book is a photography book of the Lotus Flower with poetry.





Brush Hill Café Specials

– daily specials –

all served with one side...14.99

monday, November 14

Pastrami Reuben

Sauerkraut, Swiss and 1000 Island Dressing

tuesday, november 15

Italian BLT

Prosciutto, Swiss, Lettuce and Tomato

wednesday, november 16

“The Works” Hot Dog

Onions, Pickles, Sauerkraut and Cheese

thursday, november 17

Mushroom, Onion, Swiss Burger

On a Brioche Bun

friday, november 18

Shrimp Cocktail

House Cocktail Sauce

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 11:00 A.M.- 1:00P.M. Mon-Fri

Monday, November 14th

Pumpkin Soup (GF)
Or Salad du Jour
Grilled Tenderloin Tips (GF)
Fish Cakes (GF)
Steamed Rice, Sautéed Zucchini
Chocolate Chip Cookie or
Carrot Cake

Friday, November 18th

Manhattan Clam Chowder(GF)
or Salad du Jour
Marinated Chicken Statler Breast (GF)
Lemon Garlic Grilled Swordfish (GF)
Roasted Potatoes with Root Veggies
Carnival Cookie or
Blueberry Cheesecake

Tuesday, November 15th

Louisiana Gumbo (GF)
or Salad du Jour
BBQ Baby Back Ribs (GF)
Cajun Shrimp & Corn(GF)
Cheesy Grits, Broccoli Coleslaw
Sugar Cookie or
Pecan Pie

Saturday, November 19th

French Lentil Soup (GF)
or Salad du Jour
Lamb & Barley Stew
Baked Cod Oscar (GF)
Wild Rice, Asparagus
Peanut Butter Cookie or
Lemon Square

Wednesday, November 16th

Chicken Noodle Soup
or Salad du Jour
Bacon Wrapped Meatloaf
Pistachio Salmon (GF)
Red Bliss Mash, Peas & Corn
Blueberry Cookie or
Caramel Apple Upside Down Cake

Sunday, November 20th

Tuscan White Bean Soup
or Salad du Jour
Burgundy Braised Beef Shortribs (GF)
Ricotta Ravioli al Pomodoro
Baked Potato, Green and Yellow Beans
Chocolate Cookie or
Key Lime Pie

Thursday, November 17th

Lobster Bisque (GF)
or Salad du Jour
Grilled Pork Chop (GF)
Pan Roasted Trout (GF)
Sweet Potato Hash, Braised Greens
Oatmeal Raisin Cookie or
Ultimate Chocolate Cake

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference
with us here

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF)

Fuller Village  unidine
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 5.00

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95 (GF)

Baked with buttered GF crumbs

Fuller Village Burger...13.00

With or without cheese, lettuce, tomato,
pickles and choice of side

Sandwich of the Month

Patty Melt...14.00

Grilled Burger Patty and Swiss Cheese
on Choice of Bread with, Lettuce and
Tomato, Pickles and Choice of Side

Lighter Fare...10.00

Large Garden Salad
served with roll and butter
add grilled chicken...5.00
add Seafood salad...6.00
add Tuna or Chicken salad...5.00

Salad of the Month...10.00

Caprese Salad with Prosciutto

add Tuna or Chicken salad...5.00

DESSERTS

a la carte...2.95

Chef's Featured

Cookie of the Day

Fresh Fruit Cup...2.95

Sugar Free Jell-O...2.95

No Sugar Added Ice Cream...2.95

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made
without gluten ingredient options available upon request.