



December 9, 2022

Welcome **Jane and John McClellan** to 5 Weld and **Hermina Hyacinthe** to Foster 210.

**Green Team** - Staff and residents are working together to reduce our paper use! Beginning this week, please use your Touchtown App to review the weekly menu or you may find the menu on bulletin boards around the property as well as Channel 222/Senior TV. If you need your own copy of the menus, please let the concierge know and we will get you one. Control the urge to have a piece of paper in your hand!

**Update on Search for Executive Director** - We are in the process of interviewing candidates. As part of our round of interviews the search committee from the Board of Directors meets and interviews each candidate, the Residents Association President, John Gallagher and three former Residents Association presidents (Mike Ryan, Cheryl Manoli, and Peg Riley) have an opportunity to meet with each candidate. We thank them for their time and willingness to take on this task. Peggy Payton, Mark Bornheim, and I are also interviewing candidates for the **Maintenance Director position** and hope to have someone in place soon.

**Join your fellow residents to wish Mark Bornheim the best** as he moves to Florida to enjoy the beautiful weather (sometimes)! The residents will honor Mark on Wednesday, December 14<sup>th</sup> in the Activity Room at Blue Hill at 10:00 am where we will celebrate December birthdays and Mark's departure at the end of the year. Mark will also be honored at the Brush Hill Coffee Hour at 9:00 am on Thursday, December 15<sup>th</sup>. We wish Mark well in his new endeavors and thank him for his dedication to Fuller Village.

**Congratulations to Jen DeLeonardis.** She and her climbing partner completed the 100 highest peaks in New England.

**Holiday Treats and Champagne** - Please join your fellow residents for Holiday Treats & Champagne at Brush Hill on Tuesday, December 13<sup>th</sup> and Wednesday, December 14<sup>th</sup> at Blue Hill, both at 1:30 pm.

**Chorus Concert** - In order to accommodate residents and guests we ask that you please wear a mask during this concert.

**Packages** - We would appreciate if you would please pick up your packages as soon as you are notified. During the holidays our limited space is overflowing with packages. We appreciate your assistance.

**Milton Residents Fund** - Please drop a check at the concierge desk for gifts for teens in Milton for the holidays. Residents of Fuller have generously supported this program every year.

SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 Blue Hill Bridge (BL) 7:00 Portrait in Jazz Trio (BR)	8:30 Pickleball 10:00 Guest Star Coffee Hour (BL) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Sandi the Therapy Dog (BL) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 7:00 Metropolitan Opera on Demand (BL) 7:00 Singo (BR)	10:00 Seated Zumba Gold (BL) 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 12:30 Tai Chi (BR) 1:00 Group Meditation (BL) 1:30 Holiday Treats & Champagne (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Birthday Breakfast (BL) 10:00 Mobility & Stability (BR) 10:00 Wegman's 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 11:15 Cornhole (BL) 12:00 Chair Yoga w/Carol (BR) 12:45 Chorus (BR) 1:30 Holiday Treats & Champagne (BL) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	8:30 Pickleball 10:00 News, Coffee and Conversation (BL) 10:00 Towel Cardio (BR) 10:30 Bible Study (BR) 11:00 Cobbs Corner 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing w/Jean (BR) 1:30 Crafts with Cindy (BL) 2:00 Rich Travers (BR) 7:00 Chorus Holiday Concert (BR)	10:30 Chair Yoga w/Carol (BL) 10:30 Zumba Gold (BR) 2:00 Community Organizations Series: Supporting Immigrant Communities through English Classes (BL) 6:30 Cribbage (BR) 7:00 Brendan Ryan (BL)	8:30 Pickleball 10:00 Holiday Cookie Sale (BR) 2:00 Holiday Sing Along (BR) 7:00 Movie Night (BR/BL)

**The Silver Linings Hair Salon** at the Gordon House is open Thu & Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

**Massage Therapist**, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

**The Podiatrist** will next be here on Wed 12/14 & 12/21 at 1 pm. Please call 781-986-3668 to schedule an appointment.

**The Wellness Clinic** is on Tuesday this week from 8:30 - 11 am. Please call 617-361-7900 for an appointment.

**Blood Pressure Clinics** are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

**Stop & Shop** trips are on Mondays at 10 am & Fridays at 2 pm. **Wegman's** trips are on Wednesdays at 2 pm this month. Please call 617-361-7778 to sign up.

**Gordon House Dining:**  
To schedule a dinner reservation or to-go order please call 617-361-6958

**Bank of Canton**  
Tuesdays  
Brush Hill 9 - 10 am  
Blue Hill 11 am - 12 pm

**Sign Ups**  
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

**December 2022**

If you need transportation between campuses please call 617-361-7778

*Fuller Village*  
in Milton  
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## Weekend Highlights: Friday 12/9 - Sunday 12/11

### See what's happening this weekend!

#### Friday, December 9<sup>th</sup>

##### **Michael Goodwin at 7 pm** (Blue Hill Activity Room)

Join Fuller favorite, Michael Goodwin, as he takes us on a little tour through some of the most popular songs of the holiday season. As always there will be a little lecture with a lot of singing, so put on your stocking cap and let's go for a sleigh ride.

#### Saturday, December 10<sup>th</sup>

##### **Movie Night at 7 pm** (Brush Hill Function Room & Blue Hill Activity Room)

##### **BRUSH HILL showing: *The Bells of St. Mary***

*Cast: Bing Crosby, Ingrid Bergman*

Priest is sent to St. Mary to help the struggling church but has difficulty winning over the head of the convent who doesn't care for his methods.

##### **BLUE HILL showing: *Coming Home for Christmas***

*Cast: George Canyon, Amy Jo Johnson, Bruce McKillop*

Two sisters who are estranged and haven't been talking to each other decide to go home for Christmas to try to get their parents together. They want to do this in their family home but the only problem is someone else is living there.

#### Sunday, December 11<sup>th</sup>

##### **Portrait in Jazz Trio at 7 pm** (Brush Hill Function Room)

Our good friends from Portrait in Jazz are joining us again to perform creative originals and time-honored jazz standards ranging from the traditional period of the 1920's New Orleans all the way to present-day jazz, with a good mix of blues and Latin mixed in! This talented group joined us in quintet form for last month's Pub Night and are sure to please again as a trio, including an incredibly talented singer.

### Notes from the Program Director

**Do you have questions about health insurance?** The SHINE Program (Serving the Health Insurance Needs of Everyone) provides free health insurance information, counseling and assistance to all Massachusetts residents with Medicare. SHINE Counselors will help you understand your insurance coverage, find the right coverage for you, find ways to save money on prescription drugs and health insurance, and apply for programs and plans that will lower your costs. And the great news is that we now have a SHINE Counselor living right here at Fuller Village: Jane McClellan! Jane has graciously offered her services to anyone needing them. Please contact her at (617) 697-3654 or [bizziquilter@gmail.com](mailto:bizziquilter@gmail.com) to set an appointment.

## Weekly Highlights: Monday 12/12 – Sunday 12/18

**Look out for these special events and offerings next week! (Page 1)**

### Monday, December 12<sup>th</sup>

#### **Guest Star Coffee Hour at 10 am** (Blue Hill Coffee Room)

This week will feature *Will Adamczyk*, the Director of the Milton Public Library. He's been in town almost ten years, but still feels like the new guy. He will share what is happening at the Library and some of the services available to residents. Will loves local history and has been running a book club for about twenty years, going back to his time in Quincy. He has a group that meets here monthly. If he isn't talking about books, he can talk sports, or he's more than happy to talk about his kids who are both in college right now.

#### **Sandi the Therapy Dog at 1 pm** (Blue Hill Coffee Room)

Sandi the bernadoodle is a wonderful certified therapy/comfort dog. He and his owner, Kim, are coming back to visit us. Please come to meet them!

#### **Metropolitan Opera on Demand at 7 pm** (Blue Hill Activity Room)

##### ***Showing: La Boheme***

As classic as opera gets: the most-performed work in Met history, in Franco Zeffirelli's beloved staging, the most-performed production in Met history. An archetypal tragedy filled with gorgeous and deeply affecting music, Puccini's timeless tale of love, camaraderie, jealousy, and loss in the garrets and cafés of bohemian Paris has reliably enchanted audiences and left them in tears since its 1896 premiere. (*Run time: 2 hr 20 min*)

#### **Singo at 7 pm** (Brush Hill Function Room)

Play **SINGO** (just like Bingo but with music titles instead of numbers! It's easy and fun! Hear music from the 40's to the 70's, and learn some info about famous singers, or just hum along! The DJ plays a few lines of the song and then gives you the title! If you have it listed on your Singo card then put an "X" on your card. We'll play three straight-in-a-row Singo games, then play one "X" Singo game and then a Coverall (just like Bingo!). You play 5 games on the one card. **WIN \$\$\$ Money and Prizes! One card is \$5. Buy more than 1!**

### Tuesday, December 13<sup>th</sup>

#### **Holiday Treats & Champagne from 1:30-3:00 pm** (Brush Hill Function Room)

Gather for the holidays with delicious treats from Montilio's Bakery and a choice of festive punches (champagne or non-alcoholic). The wonderful acapella group, Luminaria, will sing holiday carols throughout the afternoon.

### Wednesday, December 14<sup>th</sup>

#### **Trip to Wegman's at 10 am**

It's Wegman's Wednesday! Starting in December, we will replace the regular Wednesday Stop & Shop trip with a trip to Wegman's in Westwood. Please note that this trip will now be a *morning* (10 am) trip. Call 617-361-7778 to sign up.

## **Weekly Highlights: Monday 12/12 – Sunday 12/18**

**Look out for these special events and offerings next week! (Page 2)**

### **Wednesday, December 14<sup>th</sup> (Continued)**

#### **Holiday Treats & Champagne from 1:30-3:00 pm** (Blue Hill Dining Room)

Gather for the holidays with delicious treats from Montilio's Bakery and a choice of festive punches (champagne or non-alcoholic). Larry Matthews will play festive tunes on the piano to accompany the fun!

### **Thursday, December 15<sup>th</sup>**

#### **Crafts with Cindy at 1:30 pm** (Blue Hill Activity Room)

It's Holiday Cookie Time! You will enjoy decorating cookies and assembling cookie treat gifts for family and friends. Please bring a snack for our crafting group to share. Plates, cups, and napkins will be provided. Spaces are limited; call 617-361-7778 to sign up.

#### **Rich Travers at 2 pm** (Brush Hill Function Room)

*Topic: Jazz Singers*

The lecture will look at the significant contributions of Louis 'Satchmo' "Pops" Armstrong, the man who invented popular singing. Although Pop's is known for his horn, it was his singing that opened the door for Ella, Dinah, Lady Day, Ol' Blue Eyes and a host of memorable performers who invented a new way of singing. The lecture will include singers from the early 1900's up to today's contemporary singers.

#### **Fuller Village Chorus Holiday Concert at 7 pm** (Brush Hill Function Room)

Join us for this wonderful holiday tradition – our Fuller Village Chorus, under the leadership of Penny Knight and accompanied by Judy Cobble, will perform a series of holiday classics then lead us all through a short and festive sing-along. There will also be a surprise guest! We ask all residents and guests to wear masks to this event to keep our community and loved ones healthy.

### **Friday, December 16<sup>th</sup>**

#### **Supporting Immigrant Communities through English Classes at 2 pm** (BL Activity Room)

We are excited to welcome Claudia Green, Executive Director of English for New Bostonians, to kick off our Community Organization Speaker Series! The mission of English for New Bostonians is to ensure that immigrants can access high quality English classes to fully leverage their talents and voices across schools, workplaces, small business and civic life. Claudia will share more about their innovative programs as well as the ways their organization engages the larger community!

## **Weekly Highlights: Monday 12/12 – Sunday 12/18**

**Look out for these special events and offerings next week! (Page 3)**

### **Friday, December 16<sup>th</sup> (Continued)**

**Brendan Ryan at 7 pm** (Blue Hill Activity Room)

We're welcoming another new talent to Fuller Village this Friday night – Brendan Ryan will sing a fun mix of 60' & 70's music and be sure to throw in some holiday hits as well!

### **Saturday, December 17<sup>th</sup>**

**Holiday Cookie Sale from 10 am – 1 pm** (Brush Hill Function Room)

Please invite all your friends and family to come and support our Residents' Association by buying a great variety of holiday cookies packaged in holiday tins, decorative plates, and bags. They are perfect for gift giving when visiting during this holiday season – or eat them yourself! For further information, call Mimi Roos at 781-608-0552.

**Holiday Sing Along at 2 pm** (Brush Hill Function Room)

Looking for something fun to do on the weekend? This Saturday, a group of musicians and singers will lead a sing-along of favorite songs of the season. Songs for Christmas, songs for winter and other fun holiday songs will be offered up, along with requests from the audience. Join in for a fun time of celebration where you can participate or just listen and enjoy. Following the singing, there will be seasonal refreshments and time to socialize as we keep humming our favorite tunes. We hope you will join us!

**Movie Night at 7 pm** (BL & BR) – *Titles to be announced*

### **Sunday, December 18<sup>th</sup>**

**David Won & Tim Steele at 7 pm** (Brush Hill Function Room)

Tenor David Won returns with accompaniment by Tim Steele for a special performance of "Deck the Hall". David is incredibly talented with a powerful voice and he will sing many lovely holiday favorites, including O Holy Night, Silent Night, and Have Yourself a Merry Little Christmas.

# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 11:00 A.M.- 1:00P.M. Mon-Fri

### Monday, December 12<sup>th</sup>

Cream of Asparagus Soup (GF)  
Or Salad du Jour  
Grilled Tenderloin Tips (GF)  
Fish Cakes (GF)  
Wild Rice Pilaf, Sautéed Zucchini  
Chocolate Chip Cookie or  
Carrot Cake

### Friday, December 16<sup>th</sup>

Manhattan Clam Chowder(GF)  
or Salad du Jour  
Roasted Turkey Breast (GF)  
Lemon Garlic Grilled Swordfish (GF)  
Whipped Potatoes, Brussels Sprouts  
Carnival Cookie or  
Blueberry Cheesecake

### Tuesday, December 13<sup>th</sup>

Louisiana Gumbo (GF)  
or Salad du Jour  
BBQ Baby Back Ribs (GF)  
Crispy Fried Shrimp  
Cheesy Grits, Broccoli Slaw  
Sugar Cookie or  
Pecan Pie

### Saturday, December 17<sup>th</sup>

Tomato Lentil Soup (GF)  
or Salad du Jour  
Chicken Francese  
Tuscan Baked Cod (GF)  
Polenta, Vegetable Medley  
Peanut Butter Cookie or  
Lemon Square

### Wednesday, December 14<sup>th</sup>

Tuscan White Bean Soup (GF)  
or Salad du Jour  
Bacon Wrapped Meatloaf (GF)  
Pistachio Salmon (GF)  
Red Bliss Mash, Peas & Corn  
Cranberry Cookie or  
Pineapple Upside Down Cake

### Sunday, December 18<sup>th</sup>

Chicken Noodle Soup  
or Salad du Jour  
Beef Brisket (GF)  
With Potato Latkes, Green Beans  
Or Ricotta Ravioli al Pomodoro  
Double Chocolate Cookie or  
Assorted Desserts

### Thursday, December 15<sup>th</sup>

French Onion Soup (GF)  
or Salad du Jour  
Grilled Pork Chop (GF)  
Pan Roasted Trout (GF)  
Baby Sweet Potatoes, Braised Greens  
Oatmeal Raisin Cookie or  
Ultimate Chocolate Cake

we create  
**authentic food**  
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

**experience the difference**  
with us

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF)

Fuller Village   
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# Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

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## APPETIZERS ... 5.00

Soup du Jour  
Fresh Garden Salad  
Fresh Fruit Salad

\* ask about our selection of house made dressings \*

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## SIGNATURES

a non-alcoholic beverage is included with signature selections

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

### Sandwich of the Month

#### BLT Wrap with Avocado...14.00

Applewood Smoked Bacon, Lettuce,  
Tomato and Avocado Wrapped in a  
Tortilla with Choice of Side

### Salad of the Month...15.00

#### Poached Salmon and Arugula Salad

Fresh Berries, Toasted Almonds and  
Raspberry Balsamic Dressing

### Fuller Village

#### Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion.  
Choice of Side

### Lighter Fare...10.00

Large Garden Salad  
served with Roll and Butter  
add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

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## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

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## BEVERAGES

Coke

Diet Coke

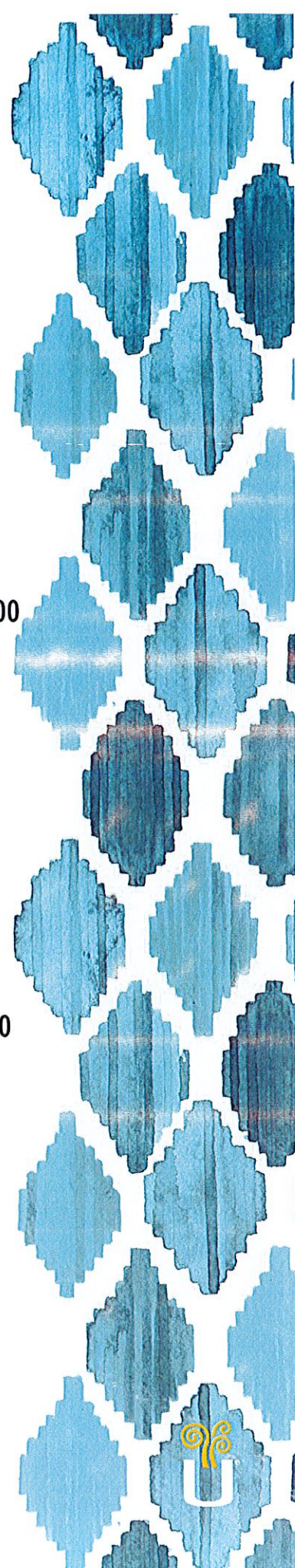
Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. \*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.





# Brush Hill Café Specials

– daily specials –

all served with one side... 14.99

monday, december 12

Cobb Salad with Grilled Chicken  
*Bacon, Blue Cheese, Avocado, Boiled Egg  
and Ranch Dressing*

tuesday, december 13

French Dip  
*Shaved Prime Rib au Jus with  
Horseradish Cream*

wednesday, december 14

Pizza Burger  
*Marinara and Mozzarella*

thursday, december 15

French Toast  
*With Sausage, Bacon and Maple Syrup*

friday, december 16

Crispy Seafood Croquette  
*Cajun Remoulade*



# Fuller Village

*in Milton*

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**NEW YEARS EVE DINNER – SATURDAY, DECEMBER 31<sup>ST</sup>**

**12:00 NOON AND 2:00 SEATINGS**

**GORDON HOUSE DINING ROOM**

Caesar Salad with Parmesan Croutons

Beef Tenderloin

OR

Cod Thermador with Lobster Cream Sauce

Twice Baked Potato and Sauteed Green Beans

Rolls and Butter

Festive White Chocolate Mousse

\$29.95

Please RSVP to Joey at 617-361-3231 by Thursday, December 22<sup>nd</sup>

Cancellations after Monday, December 26<sup>th</sup> will be charged.

Deliveries for Depoyan and Daily Diners only.

Fuller Village Residents Only