

SUN	MON	TUE	WED	THUR	FRI	SAT
Happy Hanukkah! <b>18</b> 2:30 Blue Hill Bridge (BL) 7:00 David Won & Tim Steele (BR)	<b>19</b> 8:30 Pickleball 10:00 Guest Star Coffee Hour (BL) 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Library Book Club (BL) 7:00 History Talk w/Rich Brabander (BL)	<b>20</b> 10:00 Seated Zumba Gold (BL) 11:00 Women's Lunch at Granite Links 12:30 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	<b>21</b> 9:45 Cornhole (BL) 10:00 Mobility & Stability (BR) 10:00 Wegman's 10:30 Water Aerobics (BR) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 2:00 Catholic Mass (BL) 2:45 Treats & Tea (BL) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	<b>22</b> 8:30 Pickleball 10:00 News, Coffee and Conversation (BL) 10:00 Roche Brothers Cardio (BR) 10:00 Towel 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing w/Jean (BR) 3:00 Milton High School Chorus (BR)	<b>23</b> 10:30 Chair Yoga with Carol (BL) 10:30 Zumba Gold (BR) 4:30 Friday Night Services (BR) 6:30 Cribbage (BR)	<b>24</b> Christmas Eve 8:30 Pickleball Pool Hours: 10-12 Resident Swim 12-2 Family Swim Dinner at 2 pm, by reservation



**The Silver Linings Hair Salon** at the Gordon House is open Thu & Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

**Massage Therapist**, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

**The Podiatrist** will next be here on Wed 12/14 & 12/21 at 1 pm. Please call 781-986-3668 to schedule an appointment.

**The Wellness Clinic** is on Tuesday this week from 8:30 - 11 am. Please call 617-361-7900 for an appointment.

**Blood Pressure Clinics** are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

**Stop & Shop** trips are on Mondays at 10 am & Fridays at 2 pm. **Wegman's** trips are on Wednesdays at 10 am this month. Please call 617-361-7778 to sign up.

**Gordon House Dining:**  
To schedule a dinner reservation or to-go order please call 617-361-6958

**Bank of Canton**  
Tuesdays  
Brush Hill 9 - 10 am  
Blue Hill 11 am - 12 pm

**Sign Ups**  
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

## December 2022

If you need transportation between campuses please call 617-361-7778

*Fuller Village*  
in Milton  
— LIVE A FULLER LIFE —

# Updates & Reminders

## Dining

Reservations for **Christmas Eve dinner** at 2 pm are still available. Please call Joey at 617-361-3231 by Monday, December 19<sup>th</sup>.

The Lounge at the Gordon House is closed on **Friday, December 16<sup>th</sup>**. We apologize for the inconvenience.

## Holiday Donations

Many thanks to the Fuller residents who contributed a total of \$1375 for the **Milton Residents Fund** to purchase gift cards for less fortunate Milton teenagers. We also purchased one warm winter jacket for a young boy who needed it.

**Father Bill's Place** is seeking donations of new board games, coloring books, and coloring supplies. If you would like to donate any of these items, you may bring them to the café on Wednesday, December 21<sup>st</sup> from 9:30-10:30 am. They will be delivered along with our monthly round of bag lunches.

## Green Team

Fuller Village's resident Green Team is excited to announce the launch of our new **Swap Boards!** These will be spaces for residents to share goods that they no longer need, but are in good condition and that others may be able to use. Food, furniture, clothing, housewares, anything in good condition is welcome to be posted or requested, so long as they are in good condition. You can find the swap boards and more information posted on the Residents' Association bulletin boards at both Brush Hill and Blue Hill.

Thank you for everyone's partnership and feedback as we continue to be cognizant of how much paper (and toner!) we use at Fuller Village. *As a reminder, café and dining room menus will no longer be distributed in the weekly packet but can will be posted on bulletin boards and print copies can be requested from the concierge at Brush Hill or Blue Hill. Electronic versions are also always available on Touchtown and Channel 222.*

## Directory Correction

Carol Riman's cell number is 617-759-3197 and Richard Riman's number is 617-759-0876.

## Weekend Highlights: Friday 12/16 - Sunday 12/18

### See what's happening this weekend!

#### Friday, December 16<sup>th</sup>

Supporting Immigrant Communities through English Classes is **Postponed until January**

#### **Brendan Ryan at 7 pm** (Blue Hill Activity Room)

We're welcoming another new talent to Fuller Village this Friday night – Brendan Ryan will sing a fun mix of 60' & 70's music and be sure to throw in some holiday hits as well!

#### Saturday, December 17<sup>th</sup>

#### **Holiday Cookie Sale from 10 am – 1 pm** (Brush Hill Function Room)

Please invite all your friends and family to come and support our Residents' Association by buying a great variety of holiday cookies packaged in holiday tins, decorative plates, and bags. They are perfect for gift giving when visiting during this holiday season – or eat them yourself!

#### **Holiday Sing Along at 2 pm** (Brush Hill Function Room)

Looking for something fun to do on the weekend? This Saturday, a group of musicians and singers will lead a sing-along of favorite songs of the season. Songs for Christmas, songs for winter and other fun holiday songs will be offered up, along with requests from the audience. Join in for a fun time of celebration where you can participate or just listen and enjoy. Following the singing, there will be seasonal refreshments and time to socialize as we keep humming our favorite tunes. We hope you will join us!

#### **Movie Night at 7 pm** (Brush Hill Function Room & Blue Hill Activity Room)

#### **BRUSH HILL showing: *Coming Home for Christmas***

*Cast: George Canyon, Amy Jo Johnson, Bruce McKillop*

Two sisters who are estranged and haven't been talking to each other decide to go home for Christmas to try to get their parents together. They want to do this in their family home but the only problem is someone else is living there.

#### **BLUE HILL showing: *The Fitzgerald Family Christmas***

*Cast: Kerry Bishe, Connie Britton, Ed Burns*

Family rifts crop up and complications ensue when absentee father, who deserted his wife and seven children two decades earlier announces his intention to return home for Christmas.

#### Sunday, December 18<sup>th</sup>

*First day of Hanukkah – Happy Hanukkah!*

#### **David Won & Tim Steele at 7 pm** (Brush Hill Function Room)

Tenor David Won returns with accompaniment by Tim Steele for a special performance of "Deck the Hall". David is incredibly talented and will sing many holiday favorites, including O Holy Night, Silent Night, and Have Yourself a Merry Little Christmas.



## Weekly Highlights: Monday 12/19 – Sunday 12/25

**Look out for these special events and offerings next week! (Page 1)**

### Monday, December 19<sup>th</sup>

#### **Guest Star Coffee Hour at 10 am** (Blue Hill Coffee Room)

This week will feature *Carol*, Fuller Village's Yoga Teacher. Carol will tell a little bit about her professional background and how she decided to change careers to teach yoga.

#### **Library Book Club at 3 pm** (Blue Hill Library)

Will Adamczyk from the Milton Public Library will lead the discussion on this month's book: *This Land is Their Land* by David J. Silverman. He will also be handing out copies of January's book: *Travels with George* by Nathaniel Philbrick. If you are unable to attend but would like a copy of the next book, please contact Julia at 617-361-2116.

#### **History Talk with Prof. Richard Brabander at 7 pm** (Blue Hill Activity Room)

##### **Topic: Indira Gandhi**

Continuing our series exploring famous women in history, Indira Gandhi was India's first (and to date, only) female prime minister. The daughter of India's first prime minister Jawaharlal Nehru, Gandhi is revered as one of the key architects of modern India. Gandhi's career was marked by both major successes and scandals; her immensely consequential political career was tragically cut short by her assassination in 1984.

### Tuesday, December 20<sup>th</sup>

#### **Women's Lunch at Granite Links at 11 am**

This trip is full with a waitlist. To add your name to the waitlist, please call 617-361-7778.

### Wednesday, December 21<sup>st</sup>

#### **Trip to Wegman's at 10 am**

It's Wegman's Wednesday! For the month of December, we will replace the regular Wednesday Stop & Shop trip with a trip to Wegman's in Westwood. Please note that this trip has been changed to a *morning* (10 am) trip. Call 617-361-7778 to sign up.

#### **Catholic Mass at 2 pm** (Blue Hill Activity Room)

Father Andres will celebrate mass.

#### **Treats & Tea at 2:45 pm** (Blue Hill Dining Room)

Join us for a casual gathering with coffee, treats, and tea in the Dining Room. All are welcome!

### Thursday, December 22<sup>nd</sup>

#### **Roche Brothers at 10 am**

Enjoy a trip to beloved Roche Bros for your pre-holiday shopping! Spaces are limited; call 617-361-7778 to sign up.

## Weekly Highlights: Monday 12/19 – Sunday 12/25

**Look out for these special events and offerings next week! (Page 2)**

### Thursday, December 22<sup>nd</sup> (Continued)

**Milton High School Chorus at 3 pm** (Brush Hill Function Room)

Join us for a special concert by Milton High School student members of the Tri-M® Music Honor Society. Tri-M is an international honor society for high school students sponsored by the National Association for Music Education (NAfME). This program recognizes students for their academic and musical achievements, rewards them for their accomplishments and service activities, and inspires other students to excel at music and leadership.

### Friday, December 23<sup>rd</sup>

**Friday Night Services at 4:30 pm** (Brush Hill Function Room)

Rabbi Benjamin will be here for a special Hannukah Friday Night Service.

### Saturday, December 24<sup>th</sup>

**Christmas Eve**

#### **Pool Hours:**

10 am – 12 pm – Resident Swim

12 – 2 pm Family Swim

**Dinner** at 2 pm, by reservation

### Sunday, December 25<sup>th</sup>

**Merry Christmas!**

*Pool, Fitness Center, and Dining Room Closed*





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# Brush Hill Café Specials

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– daily specials –

all served with one side...14.99

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monday, december 19

BBQ Chicken Bacon Wrap

*Lettuce, Tomato and Onion in a Tortilla*

tuesday, december 20

“The Works” Hot Dog

*Onions, Pickle, Sauerkraut and Mustard*

wednesday, december 21

Meatloaf Panini with Aged Cheddar

*Lettuce, Tomato and Mayo on Brioche Roll*

thursday, december 22

Egg Salad Croissantwich

*With Bacon, Tomato and Arugula*

friday, december 23

Fish and Chips

*Coleslaw and House Tartar Sauce*

# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 11:00 A.M.- 1:00P.M. Mon-Fri

### Monday, December 19<sup>th</sup>

Hearty Beef and Vegetable Soup (GF)  
Or Salad du Jour  
Glazed Chicken Leg (GF)  
Baked Cod with Olives & Artichokes (GF)  
Saffron Risotto (GF), Broccoli  
Chocolate Chip Cookie or  
Fall Fruit Crisp

### Friday, December 23<sup>rd</sup>

Cream of Mushroom Soup (GF) (V)  
or Salad du Jour  
Crispy Chicken Cutlet w/ Lemon (GF)  
Grilled Swordfish (GF)  
Couscous, Sauteed Spinach  
Carnival Cookie or  
Mango Cobbler

### Tuesday, December 20<sup>th</sup>

Carrot, Orange & Ginger Soup (GF) (V)  
or Salad du Jour  
American Chop Suey w/ Macaroni  
Or: Maryland Crab Cake (GF)  
Sweet Potato Fries, Kale Slaw  
Sugar Cookie or  
Chocolate Brownie a la Mode

### Saturday, December 24<sup>th</sup>

Holiday Salad with Apples, Pistachios,  
and Bleu Cheese  
Braised Lamb Shank (GF)  
Honey Garlic Glazed Salmon (GF)  
Scalloped Potatoes, Roasted Asparagus  
Gingerbread Cookie w/ Peppermint  
Sprinkles or  
Pecan Pie

### Wednesday, December 21<sup>st</sup>

Leek and Potato (GF) (V)  
or Salad du Jour  
Tender Braised Pork with Lemon (GF)  
w/ New Potatoes, Baby Carrots  
Or: Squash Ravioli w/ Spinach & Walnuts  
M & M Cookie or Apple Pie

### Sunday, December 25<sup>th</sup>

HAPPY  
*Holidays!*

### Thursday, December 22<sup>nd</sup>

Clam Chowder (GF)  
or Salad du Jour  
Beef Burgundy (GF)  
Creamy Garlic Shrimp  
Egg Noodles, Green Beans  
Mint Choc Chip Cookie or  
Poached Pear (GF)

we create  
**authentic food**  
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

**experience the difference**  
with Unidine

**All sauces may be requested on the side.**

All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.  
Vegetarian (V) Vegan (VG) Gluten Free (GF)



Fuller Village in Milton | Unidine  
— LIVE A FULLER LIFE —

# Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

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## APPETIZERS ... 5.00

Soup du Jour  
Fresh Garden Salad  
Fresh Fruit Salad

\* ask about our selection of house made dressings \*

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## SIGNATURES

a non-alcoholic beverage is included with signature selections

**Baked Haddock...21.95 (GF)**  
Baked with Buttered GF Crumbs

and Raspberry Balsamic Dressing  
**Fuller Village**

**Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion.  
Choice of Side

**Sandwich of the Month**  
**BLT Wrap with Avocado...14.00**  
Applewood Smoked Bacon,  
Lettuce, Tomato and Avocado  
Wrapped in a Tortilla with Choice of  
Side

**Lighter Fare...10.00**

Large Garden Salad  
served with Roll and Butter  
add Grilled Chicken...5.00

**Salad of the Month...15.00**  
**Poached Salmon and Arugula**  
**Salad**  
Fresh Berries, Toasted Almonds

add Tuna or Chicken Salad...5.00

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## DESSERTS

a la carte...4.00

Cookie of the Day...3.00  
Fresh Fruit Cup...3.00  
Sugar-Free Jell-O...3.00  
Ice Cream...3.00

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## BEVERAGES

Coke  
Diet Coke  
Ginger Ale  
Diet Ginger Ale  
V-8  
2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. \*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.

