



February 17, 2023

Happy President's Day!

Welcome Thomas Madden to 52 Caroline Drive. **Rosemary Labadini** has moved to Depoyan 306.

Please join the Board of Directors of Milton Fuller Housing Corporation in welcoming Molly Welch as the new Executive Director of Fuller Village!

Molly is honored to be selected as Fuller Village's Executive Director and contribute her expertise and dedication to uphold the caring and supportive environment that the Community is known for, while continuing to foster resident life enrichment and respect.

Molly is bringing with her a proven skill set in team leadership and operations management in the senior living industry with a career history encompassing skilled nursing homes, an assisted and independent living community, hospice agencies and home care staffing. For over 20 years, Molly has been working with seniors and their families and striving to provide them with the best accommodation, services, and programming possible. Molly earned her BA in Psychology with a concentration in Health Policy and Management from Providence College. She resides on the South Shore with her husband and two daughters.

I will be working with Molly to make a smooth transition over the next few months. I can be reached at 617-361-1948. Please contact Molly at mwelch@fullervillage.org or 617-361-9180 beginning Tuesday, February 21st. Molly and I will be visiting coffee hours and all programs and activities over the next few weeks.

Donna Cullinan, Nurse Practitioner will be here on Wednesday, February 22nd for morning office hours. Please call 617-361-7900 to make an appointment.

Covid: If you test positive for COVID please let your fellow residents know; if you have been in close contact in the previous few days. Also, ***please contact Joey DiGiano and let her know you have a positive test result.***

Register to vote: If you have recently moved to Fuller Village, please register to vote. There is a local election on April 29th! The Concierge Desks have voter registration cards, or you can find them online at www.townofmilton.org/elections.

President's Holiday: The Office and Café are closed; Pool is open regular hours. Fitness Center is open 10:00 a.m. to 4:00 p.m.

Please see back of February 2023 calendar for security hours and more detailed information.

SUN

11:00 New Yorker Short Story Discussion (BR)
 2:30 Blue Hill Bridge (BL)
 5:00 Hamilton Hall Lecture Series (BR)

MON

President's Day 20
 Offices & Cafe Closed
 Fitness Center Open 10 am - 4 pm
 Pool Open Regular Hrs
 8:30 Pickleball
 10:00 Seated Zumba Gold (BL)
 11:00 Floor Yoga w/Carol (BR)
 12:00 Chair Yoga w/Carol (BR)
 1:00 Bridge (BR)
 2:00 Handcrafters (BL)
 7:00 Metropolitan Opera on Demand (BL)

TUE

10:00 B-day Breakfast (BL)
 10:30 Functional Fitness (BR)
 12:00 Back to Basics (BL)
 12:00 Men's Lunch at Molinari's
 2:00 Touchtown
 Orientation for Depoyan (BL)
 3:00 Touchtown
 Orientation for Foster (BL)
 4:00 Restorative Yoga (BR)
 4:00 Touchtown
 Orientation for Villas (BL)
 7:00 Bingo! (BL)
 7:00 Men's Poker Club (BR)

WED

10:00 Mobility & Stability (BR)
 10:00 Seated Zumba Gold (BL)
 10:30 Water Aerobics
 11:00 Cornhole (BR)
 11:00 Floor Yoga w/Carol (BR)
 12:00 Chair Yoga w/Carol (BR)
 12:45 Chorus (BL)
 3:00 Rosary (BL)
 7:00 Knitters and Sewers (BR)
 7:30 Lifelong Learning (BR)

THUR

8:30 Pickleball
 10:00 Towel Cardio (BR)
 10:30 Bible Study (BR)
 10:30 News, Coffee and Convo (BL)
 11:00 Core on the Floor (BR)
 12:00 Mobility & Stability (BL)
 12:30 Line Dancing with Jean (BR)
 1:30 Dedham Community Theatre Trip
 2:00 Music Lovers Club (BL)
 4:30 Blue Hill Book Club (BL)
 7:00 History with Paolo (BL)

FRI

10:30 Chair Yoga with Carol (BL)
 1:00 Painting Class (BL)
 4:30 Friday Night Services (BR)
 6:30 Cribbage (BR)
 7:00 Carol O'Shaughnessy & Tom LaMark (BL)

SAT

8:30 Pickleball
 8:30 Hamilton Hall Lecture Series (BL)
 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

The Podiatrist will be here on Wed 2/22 and 3/8 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic will be on **Wednesday** from 8:30 - 11 am this week. Please call 617-361-7900 for an appointment. The hours may change over the coming month, so please check your packets and Touchtown for updates.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Stop & Shop trips are on Mondays at 10 am & Fridays at 2 pm. **Wegman's** trips are on Wednesdays at 10 am. Please call 617-361-7778 to sign up.

Gordon House Dining:
 To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton

Tuesdays
 Brush Hill 9 - 10 am
 Blue Hill 11 am - 12 pm

Sign Ups

To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

February 2023

If you need transportation between campuses please call 617-361-7778



Weekend Highlights: Friday 2/17 - Monday 2/20

See what's happening this weekend!

Friday, February 17th

James Baldwin Documentary & Discussion at 2:30 pm (Brush Hill Function Room)

Join us for a screening of the 2016 documentary on James Baldwin, *I Am Not Your Negro*. The film explores the history of racism in the United States through Baldwin's recollections of civil rights leaders Medgar Evers, Malcolm X, and Martin Luther King, Jr., as well as his personal observations. The film is 90 minutes long and we will facilitate a short conversation afterward.

Saturday, February 18th

Hamilton Hall Lecture Series at 11 am (Blue Hill Coffee Room)

Each weekend in February and March, we will screen replays of this lecture series on world affairs at both Blue Hill and Brush Hill. This weekend's speaker is Yuhua Wang, Professor of Government, Harvard University. He will be speaking on "Has US Engagement with China Failed?".

Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room)

BRUSH HILL showing: *Dark Waters*

Cast: Mark Ruffalo, Ann Hathaway, Tim Robertson

Inspired about a true story, a tenacious attorney discovers a dark secret about many deaths attributed to a large corporation. In the process to get to the truth, he risks everything.

BLUE HILL showing: *Shenandoah*

Cast: Jimmy Stewart, Patrick Mclure, Katherine Ross

Hailed as one of the best movies of the 1960s this movie is the story of a Virginia pacifist farmer who tries his best to protect his family. When his young son is mistakenly imprisoned by the Union army everything changes.

Sunday, February 19th

New Yorker Short Story Discussion at 11 am (Brush Hill Function Room)

Hamilton Hall Lecture Series at 5 pm (Brush Hill Library)

See Saturday (above) for this week's lecturer and topic.

Monday, February 20th

Happy Presidents Day!

Metropolitan Opera On Demand at 7 pm (Blue Hill Activity Room)

Showing: Massenet's Werther Acts III & IV

Star tenor **Jonas Kaufman** brings aching intensity and vocal charisma to the tortured title hero of Massenet's Goethe adaptation. **Sophie Koch**, in her Met debut, is an appealing and elegant Charlotte, the object of Werther's passionate affection that will lead to tragedy. **Lisette Oropesa** as Sophie, **David Bizic** as Albert, and **Jonathan Summers** as Le Bailli co-star. **Richard Eyre's** atmospheric production is conducted by rising maestro **Alain Altinoglu**. We'll show the remainder of *Werther* on February 27th. (*Act I & II run time: 1 hour, 6 minutes*)

Weekly Highlights: Tuesday 2/21 – Sunday 2/26

Look out for these special events and offerings next week!

Tuesday, February 21st

Birthday Breakfast at 10 am (Blue Hill Activity Room)

Join us for coffee, fresh fruit, and pastries as we celebrate our February birthdays! All are welcome for a low-key and fun celebration. This event is co-sponsored by Bank of Canton.

Men's Lunch at Molinari's at 12 pm

Join the guys for a lunch out at Molinari's Pizzeria in Dorchester, where they serve wood-fired brick-oven pizzas, old world-style pasta, and Italian sandwiches, plus a hearty selection of beer and wine and amazing daily specials. Call 617-361-7778 to sign up.

Touchtown Orientations from 2-5 pm (Blue Hill Activity Room)

Attend your building's Touchtown Orientation in the coming week(s)! As we streamline communication, we're here to support all residents in accessing information and connecting with their neighbors. For specific timing for your building, check on Touchtown or with your building representative. Please bring the following items to your orientation time: *Tablet, phone, or laptop (any device you use to access Touchtown); passcode to access your device; iCloud password if you have an Apple device.*

- Orientation for **Depoyan Residents**: 2-3 pm
- Orientation for **Foster Residents**: 3-4 pm
- Orientation for **Villa Residents**: 4-5 pm
- **Brush Hill** Orientations will take place next week and we will hold a special orientation for **visually impaired** residents next month.

Wednesday, February 22nd

Lifelong Learning at 7 pm (Brush Hill Function Room)

Showing: *Invisible Universe Revealed* (2015 NOVA Documentary)

In 1990, NASA launched one of the most ambitious experiments in the history of astronomy: the Hubble Space Telescope. This single telescope has helped astronomers pinpoint the age of the universe, revealed the birthplace of stars and planets, advanced our understanding of dark energy and cosmic expansion, and uncovered black holes lurking at the heart of galaxies.

Thursday, February 23rd

Dedham Community Theatre Trip at 1:30 pm

This trip is currently full. For those who signed up, please note the new time – showtimes are at 2:30, so the van will leave Brush Hill at 1:30 and Blue Hill at 1:40. There are two film options: *Of An Age* and *Living*. Tickets are \$12 and should be purchased individually at the box office. For more information on the theatre or the films, please go to www.dedhamcommunitytheatre.com. To add your name to the waitlist, call 617-361-7778.

Weekly Highlights: Tuesday 2/21 – Sunday 2/26

Look out for these special events and offerings next week!

Thursday, February 23rd (Continued)

Music Lovers Club at 2 pm (Blue Hill Activity Room)

Come talk, listen, and learn about music. Each month, a different resident shares about music they love! This month's session will honor Black History Month by highlighting Black artists, starting with Motown artists.

History with Paolo at 7 pm (Blue Hill Activity Room)

Topic: Brave and Gallant Soldiers: A Brief History of African Americans in the United States Military
From the Revolution to the present day, African American soldiers have played a role in our conflicts and wars. Though their legacy is often overlooked, their stories are an important part of our history. In Honor of Black History Month, we will examine the bravery, patriotism, and sacrifice of America's soldiers of color.

Friday, February 24th

Acrylic Painting Class at 1 pm (Blue Hill Activity Room)

Join painting instructor Sheila Cohen for this month's class - "PAINT & POUR." Create a shiny, wavy, and marbled abstract that flows into a unique masterpiece on canvas! All materials and instruction are provided free of charge. There are limited spots available so please call 617-361-7778 to sign up.

Friday Night Services at 4:30 pm (Brush Hill Function Room)

Rabbi Benjamin will be here for monthly services.

Carol O'Shaughnessy & Tom Lamark at 7 pm (Blue Hill Activity Room)

Dubbed "Boston's First Lady of Cabaret", Carol O'Shaughnessy has earned the city's Cabaret Entertainer of the Year award for appearances at New York City's Town Hall, Jordan Hall, The Regattabar, and Scullers. She will be joined by her musical director and pianist, Tom LaMark, for a delightful hour of classics from the Great American Songbook packed with personality. This is a very special performance that should not be missed!

Saturday, February 25th

Hamilton Hall Lecture Series at 11 am (Blue Hill Coffee Room)

Each weekend in February and March, we will screen replays of this lecture series on world affairs at both Blue Hill and Brush Hill. This weekend's speaker is Stephen M. Walt, Robert and Renee Belfer Professor of International Affairs, Kennedy School, Harvard University. He will be speaking on "What World Leaders Keep Forgetting About World Politics".

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, February 26th

Hamilton Hall Lecture Series at 5 pm (Brush Hill Library)

See Saturday (above) for this week's lecturer and topic.



February 8, 2023

Dear Fuller Village Residents:

While the MFHC Finance office cannot give you personal advice on how to prepare your taxes or what deductions are available to you, we strongly recommend you seek the advice of your tax advisor on this matter. Tax rules change annually, and everyone's tax situation varies. The final decision as to whether you may claim any tax deduction is up to you and your tax advisor.

Although MFHC pays property taxes and you pay a monthly maintenance fee, property taxes are not allocated by unit. MFHC is the owner of the property. A Life Lease differs from actual "home ownership"; therefore, the homeowner's property tax deduction is not available to individual residents by unit. Milton Fuller Housing Corporation does view your rental agreement as creating a landlord tenant relationship.

Some of the following deductions may be available for some residents:

1. A portion of the monthly maintenance fee that you paid **may** be deductible on your **Massachusetts State Income Tax Return** as rental expense.

2. Senior Circuit Tax Breaker: Even though we are a non-profit tax-exempt organization, we do pay property taxes; therefore, residents may be eligible to take advantage of this credit if you meet age and income guidelines.

Contact your accountant to see if you qualify.

Sincerely,

Peggy Payton

Controller

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 11:00 A.M.- 1:00P.M. Mon-Fri

Monday, February 20th

Butternut Squash Bisque (GF)
Or Salad du Jour
Rosemary Roasted Chicken (GF)
Baked Cod (GF)
Sweet Potato Mash, String Beans
Chocolate Chip Cookie or
Boston Cream Pie

Friday, February 24th

Chicken Noodle Soup
or Salad du Jour
Beef Brisket (GF)
Grilled Swordfish (GF)
Loaded Baked Potato, Asparagus
Carnival Cookie or
Strawberry Rhubarb Pie

Tuesday, February 21st

Curried Red Lentil Soup (GF)
or Salad du Jour
Beef Stroganoff (GF)
Creamy Tarragon Salmon (GF)
Egg Noodles, Garden Peas
Sugar Cookie Or
New York Cheesecake

Saturday, February 25th

Portuguese Kale Soup (GF)
or Salad du Jour
American Chop Suey w/ Macaroni
Or: Crispy Fried Sole (GF)
Sweet Potato Fries, Broccoli Slaw
Lemon Blueberry Cookie or
Apple Crisp

Wednesday, February 22nd

Cream of Mushroom Soup (GF)
or Salad du Jour
Chicken Piccata (GF)
Shrimp Scampi (GF)
Linguine, Sauteed Spinach
M & M Cookie or
Lemon Ricotta Cannoli

Sunday, February 26th

3 Bean Soup (GF)
or Salad du Jour
Glazed Smokehouse Ham (GF)
Seafood Casserole (GF)
Corn on the Cobb, Swiss Chard
Double Chocolate Cookie or
Assorted Desserts

Thursday, February 23rd

Clam Chowder (GF)
or Salad du Jour
Turkey Pot Pie
Or: Trout Almondine (GF)
With Roasted Red Bliss and Broccolini
Oatmeal Craisin Cookie or
Devil's Food Cake

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference
with Unidine

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF)



Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 5.00

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95 (GF)
Baked with Buttered GF Crumbs

Sandwich of the Month
Cuban Panini 14.00
Pressed Sub Roll with Pork, Ham,
Swiss and Pickles.
Served with Choice of Side

Salad of the Month...12.00
Buffalo Chicken Salad
Romaine, Celery, Carrots and Blue
Cheese Dressing.

Fuller Village
Hamburger/Cheeseburger...13.00
On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.
Choice of Side

Lighter Fare...10.00
Large Garden Salad
served with Roll and Butter
add Grilled Chicken...5.00
add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00
Cookie of the Day...3.00
Fresh Fruit Cup...3.00
Sugar-Free Jell-O...3.00
Ice Cream...3.00

BEVERAGES

Coke
Diet Coke
Ginger Ale
Diet Ginger Ale
V-8
2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

Brush Hill Café Specials

– daily specials –

all served with one side...14.00

CLOSED FOR THE HOLIDAY

tuesday february, 21

Philly Cheesesteak

Shaved Steak with Provolone Cheese

wednesday, february 22

BBQ or Buffalo Chicken Wings

Carrots, Celery and Blue Cheese

thursday, february 23

Turkey Club

Bacon, Turkey, Lettuce and Tomato

friday, february 24

Shrimp Cocktail

House Cocktail Sauce

How to read your new dining slips if you receive monthly dining credit.

Fuller Village
Gordon House

Elaine S
Table: 6
Order: 60
Check: 1
Date: 02/15/23 09:41 AM
Customers: 2

example for
a couple

----- CHECK 1 -----
Your name Assigned To: ~~Elaine S~~
*** 60 Per Month ***
Salad Du Jour 5.00
Leek and Potato (GF) 5.00
Total: 10.00

meal order

----- CHECK 2 -----
Your name → Assigned To: ~~Elaine S~~
*** 60 Per Month ***
Grilled Marinated Po 21.95
- Ginger Ale
- Salad Du Jour
- Asparagus
- Apple Pie
Total: 21.95

meal order

----- RECEIPT SUMMARY -----
60 Per Month Usage: \$31.95 ←

total for this
order

----- PERIOD SUMMARY -----
Plan: 60 Per Month
Period Date: 02/01/2023-02/28/2023
Account Name(s): ~~Elaine S~~
Remaining: → \$28.05

Balance of \$60
credit remaining

Thank you for dining with us today!

each slip will have your credit remaining until its used up for month.