SAT	8:30 Pickleball 11:00 Hamilton Hall Lecture Series (BL) 7:00 Movie Night (BR/BL)
FRI	10:30 Chair Yoga with Carol (BL) 1:00 Rich Travers (BL) 2:00 Game On! (BR) 6:30 Cribbage (BR) 7:00 Pianist Larry Matthews (BL)
THUR	8:30 Pickleball 10:00 Sandi the Certified Therapy Dog (BL) 10:00 Towel Cardio (BR) 10:30 Bible Study (BR) 10:30 News, Coffee and Convo (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing w/ Jean (BR) 3:30 Racial Justice Action Hour (BR)
WED	28 10:00 Mobility
TUE	Fitness (BR) 12:00 Back to Basics (BL) 12:30 Tai Chi (BR 1:00 Group Meditation ( 1:00 Touchtown Orientation: E Bldg (BR) 2:00 Touchtown Orientation: F Bldg (BR) 3:00 Touchtown Orientation: G Bldg (BR) 4:00 Restorative Yoga (BR) 4:00 Restorative H Bldg (BR) 7:00 Bingol (BL) 7:00 Men's Poker Club (BR)
MOM	8:30 Pickleball 27 Fitness (BR Zumba Gold (BL) 12:00 Back to 10:30 Water Aerobics (BR) 11:00 Erike Hour 1:00 Group Meditatic w/Carol (BR) 12:00 Erike (BR) 1:00 Erike (BR) 1:00 Erike Reitshamer Opera Talk (BL) 2:00 Touchtown Orientation: B Bldg (BR) 3:00 Touchtown Orientation: B Bldg (BR) 3:00 Touchtown Orientation: C Bldg (BR) 3:00 Touchtown Orientation: C Bldg (BR) 7:00 Fouchtown Orientation: C Bldg (B
SUN	2:30 Blue Rill Bridge (BL) 5:00 Hamilton Hall Lecture Series (BR) 7:00 The Peter Smith Trio (BR)

**The Silver Linings Hair Salon** at the Gordon House is open Thu & Fri starting at 9 am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675.

The Podiatrist will be here on Wed 3/8 & 3/22 at 1 pm. Please call 781-986-3668 to schedule an appointment.

appointment. The hours may change over the coming month, so please check your packets and Touchtown for updates. The Wellness Clinic will be on Wednesday from 8:30 - 11 am this week. Please call 617-361-7900 for an

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

**Stop & Shop** trips are on Mondays at 10 am & Fridays at 2 pm. **Wegman's** trips are on Wednesdays at 10 am. Please call 617-361-7778 to sign up.

# **March** 2023

If you need transportation between campuses please call 617-361-7778

Auller Village

— LIVE A FULLER LIFE —

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton Tuesdays Brush Hill 9 - 10 am Blue Hill 11 am - 12 pm Sign Ups
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

# Weekend Highlights: Friday 2/24 - Sunday 2/26 See what's happening this weekend!

#### Friday, February 24th

Acrylic Painting Class at 1 pm (Blue Hill Activity Room)

Join painting instructor Sheila Cohen for this month's class - "PAINT & POUR." Create a shiny, wavy, and marbleized abstract that flows into a unique masterpiece on canvas! All materials and instruction are provided free of charge. Call 617-361-7778 to sign up.

Friday Night Services at 4:30 pm (Brush Hill Function Room)

#### Carol O'Shaughnessy & Tom LaMark at 7 pm (Blue Hill Activity Room)

Dubbed "Boston's First Lady of Cabaret", Carol O'Shaughnessy has earned the city's Cabaret Entertainer of the Year award for appearances at New York City's Town Hall, Jordan Hall, The Regattabar, and Scullers. She will be joined by her musical director and pianist, Tom LaMark, for a delightful hour of classics from the Great American Songbook packed with personality. This is a very special performance that should not be missed!

#### Saturday, February 25th

#### Hamilton Hall Lecture Series at 11 am (Blue Hill Coffee Room)

Each weekend in February and March, we will screen replays of this lecture series on world affairs at both Blue Hill and Brush Hill. This weekend's speaker is Stephen M. Walt, Robert and Renee Belfer Professor of International Affairs, Kennedy School, Harvard University. He will be speaking on "What World Leaders Keep Forgetting About World Politics".

# Movie Night at 7 pm (Brush Hill Function Room & Blue Hill Activity Room) BRUSH HILL showing: Shenandoah

Cast: Jimmy Stewart, Patrick Mclure, Katherine Ross

Hailed as one of the best movies of the 1960s this movie is the story of a Virginia pacifist farmer who tries his best to protect his family. When his young son is mistakenly imprisoned by the Union army everything changes.

#### BLUE HILL showing: The Monuments Men

Cast: George Clooney, Matt Damon, Bill Russell and Cate Blanchette

A group of scientists, art experts, and military men are sent to Europe to try to find millions of dollars' worth of art stolen by the Nazis before they are destroyed.

#### Sunday, February 26th

Hamilton Hall Lecture Series at 5 pm (Brush Hill Library)

See Saturday (above) for this week's lecturer and topic.

#### Peter Smith Trio at 7 pm (Brush Hill Function Room)

Peter and friends will be here to play all your favorites from the Great American Songbook!

#### <u>Weekly Highlights: Monday 2/27 – Sunday 3/5</u> Look out for these special events and offerings next week! (Page 1)

Touchtown Orientations Monday and Tuesday from 1-5 pm (Brush Hill Function Room) Attention Brush Hill residents – please be sure to attend your building's Touchtown Orientation! As we streamline communication, we're here to support all residents in accessing information and connecting with their neighbors. Please bring the following items to your orientation time: Tablet, phone, or laptop (any device you use to access Touchtown); passcode to access your device; iCloud password if you have an Apple device.

- A Building: Mon, 2/27 from 1-2 pm
- **B Building**: Mon, 2/27 from 2-3 pm
- C Building: Mon, 2/27 from: 3-4 pm
- **D Building**: Mon, 2/27 from 4-5 pm
- E Building: Tue, 2/28 from 1-2 pm
- **F Building**: Tue, 2/28 from 2-3 pm
- **G Building**: Tue, 2/28 from 3-4 pm
- **H Building**: Tue, 2/28 from 4-5 pm

#### Monday, February 27th

Brush Hill Buildings A-D: Be sure to come to your Touchtown Orientation (times listed above)!

#### Erika Reitshamer Opera Talk at 1 pm (Blue Hill Activity Room)

Join Erika Reitshamer, esteemed opera lecturer, for a 60-minute program: *It Takes Two to Duet*. Erika will delight with clips of famous duets from operas, operattas, and instrumentals, as well as all of the history and musical expertise to help you more fully understand and enjoy the unique art.

#### Tuesday, February 28th

Brush Hill Buildings E-H: Be sure to come to your Touchtown Orientation (times listed above)!

#### Wednesday, March 1st

Catholic Mass at 2 pm (Brush Hill Function Room)

Father Andres will be on site to celebrate Mass.

#### Thursday, March 2nd

Sandi the Certified Therapy Dog at 10 am (Blue Hill Activity Room)

Sandi the bernadoodle is a wonderful certified therapy/comfort dog. He and his owner, Kim, are coming back to visit us. Please come to meet them!

#### Racial Justice Action Hour at 3:30 pm (Brush Hill Function Room)

This month's session will pick back up on our local housing justice work in coordination with Affordable Inclusive Milton. We will learn about the MBTA Multifamily Zoning Law, what it means for housing justice in Milton, and how we can take action to support its implementation in our town.

# Weekly Highlights: Monday 2/27 – Sunday 3/5 Look out for these special events and offerings next week! (Page 2)

#### Friday, March 3rd

Rich Travers at 1 pm (Blue Hill Activity Room)

Topic: Sláinte! Music from Ireland

We'll take a close look at the culture and history of music in Ireland. The 'American Wake' will be discussed as well as the spirit and determination of maintaining Irish heritage through difficult times of political repression. We'll look at the music and social impact of the Irish Showbands of the 1950-60's and the growth of the Irish music of present times. Selections will include the Chieftains, the Clancy Brothers and Tommy Makem, 'Riverdance', and many other artists. Traditional' seisiun' music from the Emerald Isle will be played and discussed.

#### Game On! at 2 pm (Brush Hill Function Room)

The First Friday of every month is Game Day! We will be transforming the Function Room into a game room with ping pong, cornhole, board games, Wii Bowling, and more. There will be something for everyone so please join us!

#### Pianist Larry Matthews at 7 pm (Blue Hill Activity Room)

Larry Matthews is a longtime friend of Fuller and a favorite Milton entertainer! Join him for toe-tapping songs and amazing piano skills.

#### Saturday, March 4th

Hamilton Hall Lecture Series at 11 am (Blue Hill Coffee Room)

Each weekend in February and March, we will screen replays of this lecture series on world affairs at both Blue Hill and Brush Hill. This weekend's speaker is Thomas M. Nichols, Staff Writer at The Atlantic, Professor Emeritus, Security Affairs, U.S. Naval War College. He will be speaking on "The Global Threat to Democracy".

Movie Night at 7 pm (BL & BR) – Titles to be announced

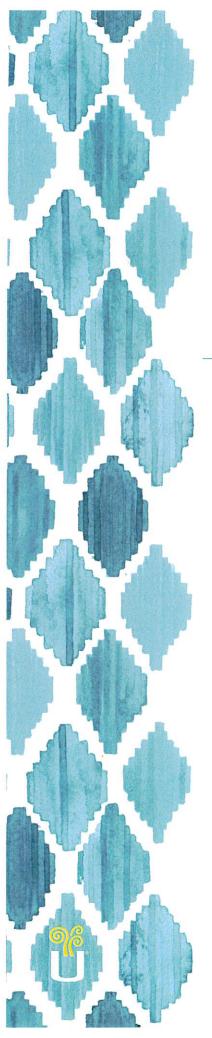
#### Sunday, March 5th

Hamilton Hall Lecture Series at 5 pm (Brush Hill Library)

See Saturday (above) for this week's lecturer and topic.

#### Kevin Smith & Andrew Collins Duo at 7 pm (Brush Hill Function Room)

Guitarist Kevin Scollins grew up in Foxboro and attended Berklee College of Music where he was awarded the Jimi Hendrix Scholarship; the highest honor awarded to one recipient each year by the Berklee Guitar Department. Andrew Smith is a singer-songwriter from Boston. His deep background in jazz and love of pop music has helped him to create a unique sound that sets him apart from the many other aspiring young singers of today.



# Gordon House

## Dining Room Dinner Menu

11:00 A.M.- 1:00P.M. Mon-Fri call at 617-361-6958

#### Monday, February 27th

Split Pea & Bacon Soup (GF) Or Salad du Jour Salisbury Steak (GF) Crab Stuffed Sole (GF) Truffled Tater Tots, Roasted Beets Chocolate Chip Cookie or Vanilla Pudding w/ Fresh Berries (GF)

#### Friday, March 3rd

Clam & Corn Chowder (GF) or Salad du Jour Prime Rib au Jus (GF) Grilled Swordfish (GF) Loaded Baked Potato, Baby Carrots Carnival Cookie or Apple Cobbler

#### Tuesday, February 28th

Tomato Orzo Soup or Salad du Jour Chicken Marsala (GF) With Spinach and Gnocchi Or: Lobster Ravioli Sugar Cookie or Chocolate Brownie a la Mode

#### Saturday, March 4th

French Lentil Soup (GF) or Salad du Jour Italian Sausage w/ Peppers & Onions Or: Bacon Swiss Quiche Lorraine Sweet Potato Fries, String Beans Peanut Butter Cookie or Blueberry Pie

#### Wednesday, March 1st

Mushroom Barley Soup or Salad du Jour Pizza Night ( Plain, Pepperoni or Gluten Free) Or: Glazed Salmon (GF) Mashed Potatoes, Asparagus M & M Cookie or Flourless Chocolate Torte

#### Sunday, March 5th

Chicken Wild Rice Soup (GF) or Salad du Jour Rotisserie Chicken Breast (GF) **Baked Shrimp** Rice Pilaf, Acorn Squash Double Chocolate Cookie or **Assorted Desserts** 

#### Thursday, March 2nd

Cheddar Broccoli Soup (GF) or Salad du Jour Grilled Boneless Pork Chop Grilled Rainbow Trout German Potato Salad and Savoy Cabbage Oatmeal Raisin Cookie or Key Lime Pie

#### authentic food

e use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held

experience the difference

All sauces may be requested on the side. All entrees

are 21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Fuller Village Unident Vegetarian (V) Vegan (VG) Gluten Free (GF)





# Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

#### **APPETIZERS** ... 5.00

Soup du Jour Fresh Garden Salad Fresh Fruit Salad \* ask about our selection of house made dressings \*

#### **SIGNATURES**

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95 (GF) Baked with Buttered GF Crumbs

Sandwich of the Month **Grilled Cheese & Tomato** Panini...14.00 Served with Choice of Side

Salad of the Month 10.00 Bleu Cheese, Pear, Walnut and **Cranberry Salad** 

Tossed with Mixed Greens and Lemon Dijon Dressing

**Fuller Village** Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion. Choice of Side

Lighter Fare...10.00

Large Garden Salad served with Roll and Butter add Grilled Chicken...5.00

#### **DESSERTS**

a la carte...4.00

Cookie of the Day...3.00 Fresh Fruit Cup...3.00 Sugar-Free Jell-O...3.00 Ice Cream...3.00

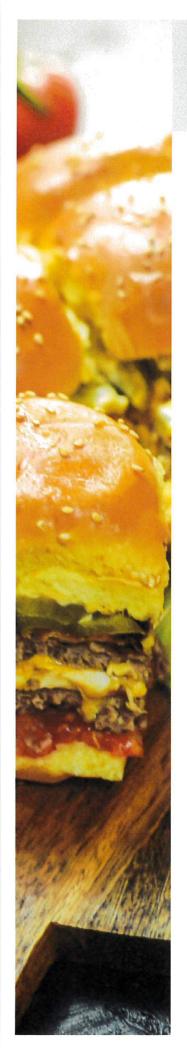
#### **BEVERAGES**

Coke Diet Coke Ginger Ale Diet Ginger Ale V-8 2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. \*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.







### Brush Hill Café Specials

daily specials –all served with one side...14.00

Monday, February 27
Pastrami Reuben
Sauerkraut, Swiss and 1000 Island

Tuesday, February, 28
Egg Salad Croissant
Bacon, Lettuce, Tomato

Wednesday, March 1

BBQ Beef Sliders

Pickled Onions and Coleslaw

Thursday, March 2
Buffalo Chicken Wrap
Lettuce, Tomato, Blue Cheese

Friday, March 3
Filet-O-Fish
Tartar Sauce and American Cheese

