



From the desk of Molly S. Welch

March 17, 2023

Happy St. Patrick's Day!

I am very excited for a new season to begin with the first day of spring next week and to see Fuller's landscaping and plantings awaken as the weather warms.

Note: Gordon House Dining Room - Dinner Reservations and Take-Out Ordering. Effective Monday, March 20th, dinner reservations and take-out dinner orders will only be taken between the hours of 1 pm – 3 pm, Monday through Friday, by calling 617-361-6958. Please make note of this time change.

Please be sure to make your weekend dinner reservations or weekend take-out ordering requests by Friday. Thank you for your cooperation as we strive to ensure a smooth process for all!

Please be aware of “phishing” email and phone call scams! In my first few weeks at Fuller Village, some residents have shared that they've received phone calls or emails designed to get them to provide personal information. These are “phishing” scams! **Please do not give or confirm any personal or financial information to anyone calling on the telephone.** Unsolicited inquiries are often a pretext for financial fraud. **Email scams are also on the rise.** One example is a PayPal invoice email that requests you create an account. Thank you for your diligent, thoughtful sharing to allow for this reminder.

Bank of Canton: With the recent developments in the banking industry in the news, the Bank of Canton is providing assurances to Fuller Village resident customers through a statement regarding deposits and insurance coverage at their bank. Here is their statement:

*“Bank of Canton is a member of (DIF) Depositors Insurance Fund of Massachusetts, and the (FDIC) Federal Deposit Insurance Corporation. All Municipal, Business and Personal deposits are 100% Insured. We are a well-capitalized and financially strong institution. Our Veribanc Rating remains consistent with a status of Green/***/BB. We are committed to our customers, and to providing them the highest safety, security and service levels.”*

Come enjoy the music of vocalist and guitarist, Valerie Barretto, on Sunday March 19th at 7 pm, in the Brush Hill Function Room. Valerie is an original singer/songwriter and South Shore native with a unique style and energy that make her performances heartfelt and memorable.

Condolences to the family and friends of Jack McCarthy, resident of Brush Hill.

SUN	MON	TUE	WED	THUR	FRI	SAT
11:00 New Yorker 19 Short Story Discussion (BR Function Room) 2:30 Blue Hill Bridge (BL) 5:00 Hamilton Hall Lecture Series (BR) 7:00 Valerie Barretto (BR)	20 8:30 Pickleball 10:00 Seated Zumba Gold (BL) 10:30 Water Aerobics (BR) 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Opera Talk (BL) 2:00 Handcrafters 3:00 Library Book Club (BR) 7:00 MET Opera on Demand (BL)	21 10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 11:00 Women's Lunch at Bay Pointe Waterfront Restaurant 12:00 Back to Basics (BL) 1:00 Group Meditation (BR) 1:00 Tai Chi (BR) 2:00 Community Organizations Series 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	22 10:00 Mobility & Stability (BR) 10:00 Seated Zumba Gold (BL) 10:30 Water Aerobics (BR) 11:00 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BL) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR) 7:00 Lifelong Learning (BR)	23 8:30 Pickleball 10:00 Towel Cardio (BR) 10:30 Bible Study (BR) 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 Music Lovers Club (BL) 7:00 Brush Hill Bingo (BR)	24 10:30 Chair Yoga with Carol (BL) 4:30 Friday Night Services (BR) 6:30 Cribbage (BR) 7:00 Herbie Rae Duo (BL)	25 8:30 Pickleball 11:00 Hamilton Hall Lecture Series (BL) 5:00 Mr. Chan's Chinese Food Cafe Dinner Event (BR) 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Wed-Fri starting at 9 am. Please call 617-361-8746 to make an appointment

Massage Therapist, Jen Borges, is available on Tuesday and Thursdays at Blue Hill from 9:30 am to 1 pm. She can be reached at 508-535-5675

The Podiatrist will be returning on Wed 1/12 & Wed 1/26 at 1 pm. Please call 617-986-3668 to schedule an appointment.

The Wellness Clinic is open every Wed 9:30 am - 12 pm. Please call 617-361-7900 to schedule an appointment

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Transportation
If you need transportation between campuses or to an approved local stop (Stop & Shop, CoA, library, Milton Hospital), please call 617-361-7778.

March 2023

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekly Highlights 3/17 - 3/26

Saturday, March 18, 2023

11:00 AM: Hamilton Hall Lecture Series (BL)

Danielle Allen, James Bryant Conant University Professor - "Partnering for Democracy: How Each of Us Can Help to Secure Healthy 21st Century"

7:00 PM: Movie Night

- Function Room at Brush Hill: The Fablemens

- Inspired by his own childhood, Steven Spielberg takes us through this coming of age story when the power of film and imagination helps him overcome a family tragedy.

Activity Room at Blue Hill: Devotion

- a black navy fighter pilot and his white wingman helped turn the tide of the Korean War. Their total belief in each other and the sacrifices they made for each other is a true story.

Sunday, March 19, 2023

11:00 AM: New Yorker Short Story Discussion (BR)

For more information or for copies of the month's selected story, contact Ruth Segal or Pat Kelleher.

5:00 PM: Hamilton Hall Lecture Series (BR)

Library at Brush Hill - see topic above

7:00 PM: Valerie Barretto (BR)

Valerie Barretto, an original singer/songwriter and South Shore native brings her storyteller style and unique energy to her original shows making them all something memorable. Her music is raw, gritty, and heartfelt.

Monday, March 20, 2023

7:00 PM: Metropolitan Opera on Demand (BL)

James Robinson's vibrant new production of Porgy and Bess

Tuesday, March 21, 2023

10:00 AM: Birthday Breakfast (BL - Activity Rm)

Join us for coffee, fresh fruit, and pastries as we celebrate our March birthdays! All are welcome for a low-key and fun celebration! This event is co-sponsored by Bank of Canton.

11:00 AM: Women's Lunch at Bay Pointe Waterfront Restaurant

Come along for great views, seafood, and company. Call 617-361-7778 to sign up.

Wednesday, March 22, 2023

7:00 PM: Lifelong Learning - *Michelangelo: Artist and Man* (BR)

Thursday, March 23, 2023

2:00 PM: Music Lovers Club (BL)

Activity Room at Blue Hill "Motown and more": resident Richard Reithner will present American soul music of the '60s and '70s that came out of Detroit, Philadelphia, Chicago and Memphis. Come and listen to some classic selections to this genre of music. All are welcome!

7:00 PM: Brush Hill Bingo (BR)

Join Brush Hill residents: Lorraine Allen, Libby Kaplan and Anne Piacentini this evening in the Function Room at Brush Hill - \$5 to play. Everyone is welcome!

Friday, March 24, 2023

4:30 PM: Friday Night Services (BR)

Join Rabbi Benjamin for monthly on-site services.

7:00 PM: Herbie Rae Duo (BL)

Herbie has been performing for over 20 years as a band leader, vocalist, and master of ceremonies. Join him and his pianist Steve Heck for a non-stop, upbeat hour of music from the Great American Songbook!

Saturday, March 25, 2023

11:00 AM: Hamilton Hall Lecture Series (BL)

Geoffrey Kemp, Director, Regional Security Programs, Center for the National Interest, Washington D.C. - "America and New Threats in the Middle East"

5:00 PM: Mr. Chan's Chinese Food Cafe Dinner Event (BR)

Sign-ups open March 20th at 9am. \$20.00 on arrival. Limit 25 people.

7:00 PM: Movie Night (BR/BL)

Titles to be Announced

Sunday, March 26, 2023

5:00 PM: Hamilton Hall Lecture Series (BR)

Library at Brush Hill - see topic above

7:00 PM: David Won & Tim Steele (BR)

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00pm – 3:00pm Mon-Fri

Monday, March 20th

Butternut Squash Bisque (GF)
Or Salad du Jour
Rosemary Roasted Chicken (GF)
Baked Mornay (GF)
Sweet Potato Mash, String Beans
Chocolate Chip Cookie or
Boston Cream Pie

Friday, March 24th

Chicken Noodle Soup
or Salad du Jour
Beef Brisket (GF)
Grilled Swordfish (GF)
Loaded Baked Potato, Asparagus
Carnival Cookie or
Strawberry Rhubarb Pie

Tuesday, March 21st

Curried Red Lentil Soup (GF)
or Salad du Jour
Beef Stroganoff (GF)
Creamy Tarragon Salmon (GF)
Egg Noodles, Garden Peas
Sugar Cookie Or
New York Cheesecake

Saturday, March 25th

Portuguese Kale Soup (GF)
or Salad du Jour
American Chop Suey w/ Macaroni
Or: Crispy Fried Sole (GF)
Sweet Potato Fries, Broccoli Slaw
Lemon Blueberry Cookie or
Apple Crisp

Wednesday, March 22nd

Cream of Mushroom Soup (GF)
or Salad du Jour
Chicken Piccata (GF)
Shrimp Scampi (GF)
Linguine, Sauteed Spinach
M & M Cookie or
Lemon Ricotta Cannoli

Sunday, March 26th

3 Bean Soup (GF)
or Salad du Jour
Glazed Smokehouse Ham (GF)
Seafood Casserole (GF)
Corn on the Cobb, Swiss Chard
Double Chocolate Cookie or
Assorted Desserts

Thursday, March 23rd

Clam Chowder (GF)
or Salad du Jour
Turkey Pot Pie
Or: Trout Almondine (GF)
With Roasted Red Bliss and Broccolini
Oatmeal Craisin Cookie or
Devil's Food Cake

Dinner Reservations and Take-Out

Ordering: Effective Monday March 20th for the Gordon House Dining Room, **dinner reservations and take-out dinner orders will only be taken between the hours of 1 pm – 3 pm Monday through Friday by calling 617-361-6958. Please make note of this time change.** Please be sure to make your weekend dinner reservations or weekend take-out ordering requests by Friday. Thank you for your cooperation as we strive to ensure a smooth process for all!

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.
Vegetarian (V) Vegan (VG) Gluten Free (GF)



Always Available Menu

Call 617-361-6958 between 11am & 1pm for take out orders

APPETIZERS ... 5.00

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95 (GF)
Baked with Buttered GF Crumbs

**Fuller Village
Hamburger/Cheeseburger...13.00**
*On a Toasted Brioche Bun with Lettuce,
Tomato, and Onion.
Choice of Side*

**Sandwich of the Month
Italian Sub 14.00**
*Prosciutto, Capicola and Soprasata
with Provolone Cheese and Caponata
Served with Choice of Side*

Salad of the Month...14.00
Greek Salad with Grilled Chicken
*Lettuce, Tomato, Cucumber, Feta
Cheese, Olives and Oregano*

Lighter Fare...10.00
*Large Garden Salad
served with Roll and Butter
add Grilled Chicken...5.00
add Tuna or Chicken Salad...5.00*

DESSERTS

a la carte...4.00

Cookie of the Day...3.00
Fresh Fruit Cup...3.00
Sugar-Free Jell-O...3.00
Ice Cream...3.00

BEVERAGES

Coke
Diet Coke
Ginger Ale
Diet Ginger Ale
V-8
2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

Brush Hill Café Specials

– daily specials –

all served with one side...14.00

monday march 20

Corned Beef Hash and Eggs
Served with a Side of Fruit

tuesday march 21

Grilled Veggie Panini
Tapenade and Provolone Cheese

wednesday, march 22

Cheeseburger Salad
Ground Beef, Lettuce, Tomato, Onions, Pickles

thursday, march 23

BBQ Chicken & Bacon Sandwich
Cheddar Cheese, Lettuce, and Tomato

friday, march 24

Shrimp Tempura
Stir Fries Veggies