



From the desk of Molly S. Welch

April 7, 2023

Happy Easter and Happy Passover to you and your families.

It has been wonderful for me to witness how our Fuller Village staff genuinely care about the safety and well-being of the residents. With their frequent resident interactions, they are in a unique position to be able to notice when a resident may not seem themselves or has had a change in their health. I wanted to share two recent examples of how such interactions enabled positive outcomes. At Brush Hill last week, when speaking with a resident, a staff member noticed the resident did not feel well and strongly encouraged them to quickly seek medical care. The resident later shared how their physician confirmed that the staff member's concern helped them avoid a more serious medical issue. Also last week, at Blue Hill one evening, another staff member observed a marked change in a resident and was able to encourage the resident to agree for an ambulance to be summoned. The staff member's judgment, to err on the side of caution, saved the resident's life and avoided a tragedy. There are examples, both big and small, every day, of how our managers and staff members care about the residents and our community. ***Thank you for always sharing your appreciation of the Fuller staff as you do!***

The Fuller Village Residents' Association will hold its semi-annual meeting on Wednesday, April 12th at 2:00 pm in the Brush Hill Function Room. All residents are welcome and encouraged to attend.

The Café at Brush Hill will be closed on Friday April 14th for a tile replacement project. The café will reopen on Tuesday, April 18th after the Patriots' Day holiday.

Patriots' Day Holiday is April 17th. The office will be closed on Monday, April 17th. We will be on the answering service for the holiday from Friday, April 14th at 5:00 pm until Tuesday, April 18th at 8:30 am. If you have an urgent maintenance issue that needs to be taken care of immediately, please call 617-361-7900 and the on-call person will assist you. There will be security personnel at both desks between the hours of 10:00 am and 10:30 pm. ***The Café at Brush Hill will also be closed on Patriots' Day.***

Villa dryer vent cleaning is scheduled to start the week of April 20th. We will also be doing water and air filter replacements along with smoke detector checks at the same time. Villa residents will be contacted directly for scheduling.

Clay Kotai's last day as Maintenance Director was on March 27th. We wish Clay all the best in his future endeavors. We have commenced our recruitment and hiring process for a new Maintenance Director. Please call the Front Desk for any maintenance work order requests or that you submit requests through the "Work Order Request" icon on Touchtown. Please call the Concierge Desk phone number should you have any urgent maintenance issues that need immediate attention. You can contact me directly with any open maintenance work order concerns.

Thank you all for your cooperation and understanding during our Brush Hill paving project this week.

Condolences to the family and friends of Anne Duggan, resident of Brush Hill.

Condolences to the family and friends of Clara Martinelli, resident of Brush Hill.

SUN MON TUE WED THUR FRI SAT

SUN	MON	TUE	WED	THUR	FRI	SAT
Easter 9 2:00 Easter Buffet 2:30 Blue Hill Bridge (BL)	8:30 Pickleball 10 10:00 Health Care Planning Drop-Ins (BR) 10:00 Seated Zumba Gold (BL) 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Wakefield Estate Trip 2:00 Handcrafters (BL) 2:00 Health Care Planning Drop-Ins (BL)	8:30 Bike Club 11 Interest Meeting (BR) 10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 2:30 Newcomers Club (BL) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Mobility & Stability (BR) 12 10:00 Seated Zumba Gold (BL) 11:00 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BL) 2:00 RA Board Meeting (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	8:30 Pickleball 13 9:30 Gardeners Meeting (BL) 10:00 Towel Cardio (BR) 10:00 Trader Joe's Patriot Place 10:30 Bible Study (BR) 10:30 Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing (BR) 3:30 Racial Justice Action Hour (BR) 7:00 History with Paolo (BL)	10:00 Roche Brothers 14 10:30 Chair Yoga 1:00 Rich Travers (BL) 6:30 Cribbage (BR) 7:00 Rivers Between Duo (BL)	8:30 Pickleball 15 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Thursday - Friday starting at 9am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Tuesday and Thursday at Blue Hill from 9:30am to 1pm. She can be reached at 508-535-5675

To schedule an appointment with **the Podiatrist** please call 617-986-3668.

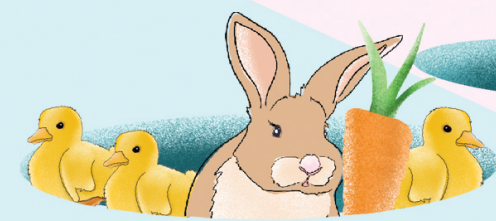
The Wellness Clinic is open every Wednesday 9:30am to 12 pm. Please call 617-361-7900 to schedule an appointment

Blood Pressure Clinic are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill

The Bank of Canton holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm

April 2023

If you need transportation between campuses please call 617-361-7778



Weekly Highlights 4/7 - 4/16

Friday, April 7, 2023

2:00 PM: Game On! (BR)

Friday is Game Day! We will be transforming the Function Room into a game room with ping pong, cornhole, board games, giant Jenga and Connect 4, Wii Bowling, and more.

Saturday, April 8, 2023

7:00 PM: Movie Night (BR/BL)

Function Room at Brush Hill: *Pay It Forward* - A young boy gets a school assignment and devises a plan to help 3 people who in turn will help 3 more people and on and on.

Blue Hill Activity Room: *Women Talking* - In 2018, a group of women in an isolated Mennonite community try to grapple with their faith with the facts of being abused by a group of men in that community.

Monday, April 10, 2023

10:00 AM: Health Care Planning Drop-Ins (BR)

Jennifer Morris, Best of Care Social Worker, and Vasilias Kavadas, Fuller Village Social Work Intern, will host drop-in hours for residents to fill out health care planning paperwork, following the March presentations. You can attend a session to ask additional questions as well.

2:00 PM: Wakefield Estate Trip

Spring ephemerals and garden tour outside (weather permitting), led by ED, Mark Smith. Suggested donation: \$5. Call 617-361-7778 to sign up.

2:00 PM: Healthcare Planning Drop-ins (BL)

Jennifer Morris, Best of Care Social Worker, and Vasilia Kavadas, Fuller Village Social Work Intern, will host drop-in hours for residents to fill out health care planning paperwork, following the March presentations. You can attend a session to ask additional questions as well.

Tuesday, April 11, 2023

10:00 AM: Birthday Breakfast (BL)

Come celebrate the April birthdays! Sponsored Bank of Canton.

2:30 PM: Newcomers' Club (BL) - See note at end for details

Wednesday, April 12, 2023

2:00 PM: Resident Association Meeting (BR) - See enclosed flyer for more details.

Thursday, April 13, 2023

9:30 AM: Gardeners' Meeting (BL)

10:00 AM: Trader Joe's Patriot Place

We will be going to Trader Joe's at Patriot Place for shopping on your own. Please call 617-361-7778 to sign up.

3:30 PM: Racial Justice Action Hour (BR)

We will continue our focus on housing justice. Hope to see you there. The more people who gather, the more impactful our "action" will be.

7:00 PM: History with Paolo (BL)

The Tudors- Of the many dynasties that have reigned over England, perhaps none has left as colorful a legacy as the Tudors. During their brief rule, England experienced religious turmoil, political intrigue, foreign adventures, and unprecedented cultural vitality.

Friday, April 14, 2023

1:00 PM: Rich Travers (BL)

This music lecture traces the history of Ragtime music, beginning with how the piano was the main source used for popular entertainment at the turn of the century.

7:00 PM: Rivers Between Duo (BL)

Indie Folk duo, Rivers Between, return to Fuller Village by popular demand.

Saturday, April 15, 2023

7:00 PM: Movie Night (BR/BL)

To Be Announced

Upcoming Preview

Space is available for the Women's Lunch on 4/18 at 11:00am, Bay Pointe Waterfront Restaurant in Quincy. Sign up now for this popular lunch spot! 617-361-7778.



The Newcomers Club

Tues. April 11th at 2:30 to 3:45

At Blue Hills (reserve van if you need a ride)

The Newcomers Club is for anyone who has been here 2 years or less.

Please join us for an entertaining afternoon of meeting other newcomers:

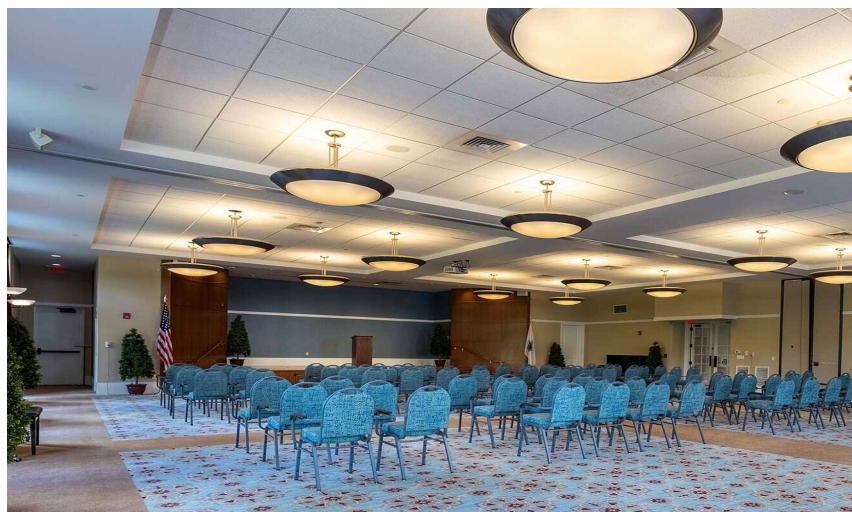
- Fun group table conversations;
- Quick & easy quiz games you can play together as a team at each table;
- Guess how many candies in the jar and win & share with your teammates;
- Win some prizes; and experience lots of laughing; and
- Enjoy some delicious cookies and other refreshments, too!

Any questions, please call Marty Allen, 617-312-8058.
If from Brush Hill or Villas, you can reserve van if you need a ride.

FULLER VILLAGE RESIDENTS' ASSOCIATION
SEMI ANNUAL MEETING

The Fuller Village Residents' Association will hold its Semi Annual Meeting on Wednesday, April 12th at the Brush Hill Function Room at 2:00pm. All residents are welcomed and encouraged to attend. The purpose of the meeting is to update residents on the activities of the Association. The chairpersons of each committee will give a brief presentation of their activities. Executive Director Molly Welch will have the opportunity to address the residents. The agenda will be posted on bulletin boards prior to the meeting.

Board members will remain after the meeting to answer any residents' questions.



Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00 P.M.- 3:00 P.M. Mon-Fri

Monday, April 10th

Beef and Barley Soup (GF)
Or Salad du Jour
Chicken Cacciatore (GF)
Lemon Sole (GF)
Rice Pilaf, Broccoli
Chocolate Chip Cookie or
Tiramisu

Friday, April 14th

Cream of Tomato Soup (GF)
or Salad du Jour
Chicken Parmigiana (GF)
Grilled Swordfish
Linguine Pomodoro, Spinach
Double Chocolate Cookie or
White Chocolate Cheesecake

Tuesday, April 11th

Cream of Mushroom Soup (GF) (V)
or Salad du Jour
Beef Stew (GF)
Cheese Ravioli Primavera (V)
Peas and Asparagus
Carnival Cookie or
Caramel Bread Pudding

Saturday, April 15th

Chicken Noodle Soup
or Salad du Jour
Grilled Ham & Swiss on Rye
Grilled Pesto Shrimp
French Fries and Coleslaw
Oatmeal Raisin Cookie
or Pecan Pie

Wednesday, April 12th

Leek and Potato (GF) (V)
or Salad du Jour
Grilled Pork Tenderloin (GF)
Stuffed Quahog
Potato Wedges, Roasted Brussel Sprouts
M & M Cookie
or Apple Pie

Sunday, April 16th

Cream of Tomato Soup (GF)
or Salad du Jour
Turkey Meatloaf
Trout Almondine
Mashed Potatoes, Baby Carrots
Double Chocolate Cookie or
Assorted Desserts

Thursday, April 13th

Clam Chowder (GF)
or Salad du Jour
Beef Stew (GF)
Or: Honey Garlic Salmon
New Potatoes and Green Beans
Mint Choc Chip Cookie or
Lemon Layer Cake

Vegetarian Options Available Upon Request

All sauces may be requested on the side.

All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.
Vegetarian (V) Vegan (VG) Gluten Free (GF)

we create

authentic food

FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference

with Unidine



Fuller Village in Milton UNIDINE
— LIVE A FULLER LIFE —

Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95 (GF)
Baked with Buttered GF Crumbs

**Fuller Village
Hamburger/Cheeseburger...13.00**

Sandwich of the Month 14.00
Four Cheese Grilled Cheese
Served with Choice of Side

NEW: Impossible Burger 15.00
*On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.*

Salad Special...12.00
Abe & Loui's Wedge Salad
*Bacon, Cheddar, Grape Tomatoes and
1000 Island Dressing*

Veggie Special of the Week 15.00
Veggie Quiche
Served with Side Salad

Lighter Fare...10.00
*Large Garden Salad
served with Roll and Butter
add Grilled Chicken...5.00
add Tuna or Chicken Salad...5.00*

DESSERTS

a la carte...4.00
Cookie of the Day...3.00
Fresh Fruit Cup...3.00
Sugar-Free Jell-O...3.00
Ice Cream...3.00

BEVERAGES

Coke
Diet Coke
Ginger Ale
Diet Ginger Ale
V-8
2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.



Brush Hill Café Specials

– daily specials –

all served with one side...14.00

Monday April 10

Corned Beef Hash & Eggs
Served with Fresh Fruit

Tuesday April 11

Pot Roast French Dip
Served with Choice of Side

Wednesday, April 12

Chicken Quesadilla
*Served with Salsa, Guacamole and Sour
Cream*

Thursday, April 13

Wedge Salad
Blue Cheese Crumbles and Bacon

Friday, April 14

Café Closed For Tile Work