

SUN	MON	TUE	WED	THUR	FRI	SAT
30	1	2	3	4	5	6
2:30 Blue Hill Bridge 7:00 The Splinters Band (BR)	8:30 Pickleball 10:00 Seated Zumba Gold (BL) 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 7:00 Met Opera (BL)	10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Meditation(BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	8:00 Bike Club 10:00 Mobility & Stability (BR) 10:00 Seated Zumba Gold (BL) 11 :00 Corn hole (BL) 11 :00 Floor Yoga(BR) 11 :00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BL) 2:00 Catholic Mass (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	8:00 Birdwatching w/Ecologist Jack Lash 8:30 Pickleball 10:00 Towel Cardio (BR) 10:00 Trader Joe's Patriot Place 10:30 Coffee and Conversation (BL) 11 :00 Core on the Floor (BR) 12:00 Mobility & Stability (BL)	10:00 Wegman's 1:00 Rich Travers (BL) 2:00 Game On! (BR) 6:30 Cribbage (BR) 7:00 Valerie Barretto (BL)	8:30 Pickleball 2:00 Unlocking the Mystery of the Bible (BL) 5:00 Kentucky Derby (BR)

The Silver Linings Hair Salon at the Gordon House is open Thursday - Friday starting at 9am.
Please call 617-361-8746 to make an appointment. She will be away on Friday, May 5th

Massage Therapist, Jen Borges, is available on Monday and Thursday at Blue Hill from 10 am to 3 pm.
She can be reached at 508-535-5675

To schedule an appointment with **the Podiatrist** please call 617-986-3668.

The Wellness Clinic is open every week. Please call 617-361-7900 to schedule an appointment

Blood Pressure Clinic are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill

The Bank of Canton holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm

May 2023

If you need transportation between
campuses please call 617-361-7778



Weekly Highlights 4/28 - 5/6

Friday, April 28, 2023

12:30 PM: Men's Lunch to Novara

There is still room to join! Please call Muriel at 617-361-7778 to sign up.

1:00 PM: John Clark (BR)

Learn more about the lives and music careers of such iconic band leaders as Artie Shaw and the Dorsey brothers, Tommy and Jimmy.

7:00 PM: Adam and Marcia Feldman Duo (BL)

Back by popular demand are the musically gifted Feldmans!

Saturday, April 29, 2023

10:30 AM: Technology Help by Appointment (BL)

Liz Flaig of Oma Communications will hold 20-minute appointments to help coach and troubleshoot all your technology needs, whether with your cell phone, tablet, or laptop. Please call 617-361-7778 to make an appointment.

7:00 PM: Movie Night (BR/BL)

BR Function Room: *A Man Called Otto* - A man is devastated when he loses his wife of many years. A new family moves in and his life changes. BL Activity Room: *The Whale* - A reclusive, morbidly obese English teacher attempts to reconnect with his estranged teenage daughter.

Sunday, April 30, 2023

7:00 PM: The Splinters (BR)

A bluegrass and old-time string band from Massachusetts delivers a relentless groove to accompany their tight 3-part harmonies.

Monday, May 1, 2023

7:00 PM: Metropolitan Opera on Demand (BL)

This week we will show Parts 3 and 4 of Carmen.

Wednesday, May 3, 2023

2:00 PM: Catholic Mass (BR)

Thursday, May 4, 2023

8:00 AM: Birdwatching with Jack Lash - Meet at Gazebo

10:00 AM: Trader Joe's Patriot Place

We will be going to Trader Joe's at Patriot Place for shopping on your own. The van will leave Brush Hill at 10:00am and Blue Hill at 10:10am. Please call 617-361-7778 to sign up.

Friday, May 5, 2023

1:00 PM: Rich Travers (*BL*)

Gilbert and Sullivan is the Victorian-era theatrical partnership of the librettist W.S. Gilbert (1836–1911) and the composer Arthur Sullivan (1842–1900).

2:00 PM: Game On! (*BR*)

Friday is Game Day! We will be transforming the Function Room into a game room with ping pong, cornhole, board games, giant Jenga and Connect 4, Wii Bowling, and more. There will be something for everyone!

7:00 PM: Valerie Barretto (*BL*)

Valerie Barretto, an original singer/songwriter and South Shore native, brings her storyteller style and unique energy to her performance.

Saturday, May 6, 2023

5:00 PM: Kentucky Derby (*BR*) - No Saturday night movies this week.

See attached flyer for details.

Coming Soon

Unlocking the Mystery of the Bible: a 7-week series on Saturdays @ 2:00 PM (BL)

Resident Jane McClellan presents this series on Saturdays, May 6th – June 24th at 2:00 in the Activity Room. Learn how 14 narrative books of the bible tell the complete salvation story from Adam and Eve to Jesus and the church. While this is a sequential series, and it would be best to attend all sessions, drop-ins are welcome.

Fuller Village Annual Tree Tours

Resident docents, Mary Owens, Sara Moyer, and John Connolly will be leading tree walks at Brush Hill; resident docent Ellen Dunn will be leading walks at Blue Hill. All residents are invited to attend one or more of the tours to learn about the beautiful and varied trees that grace our beautiful home. Each participant will receive the colorful and informative Trees of Fuller Village pamphlet. Stay tuned for more info.

Pub Night will be on Thursday, May 11th featuring The Castle Tones Show Band!

Join the fun: food, friends, and dancing! It's a week earlier than usual, due to our FV Chorus Spring Concert on Thursday, May 18th. So, mark your calendars for both events now!



May Aquatics Update

~

We continue to seek a qualified full-time Lifeguard. In the interim, we aim to offer as much opportunity for swimming as possible given the schedule limitations of our current lifeguards.

We would also like to thank Claire Kelly for taking on more hours to allow for more swimming!

Saturday & Sundays hours will remain 8am-4pm with Family Swim from 2pm-4pm on Saturdays.

Please see below for the weekly Pool Schedules as they vary depending on the week.

The Week of May 1st the Pool will be Open:

Monday, May 1st 7am-12pm & 1pm-5pm

Wednesday, May 3rd 3:30pm-5:30pm

Friday, May 5th 3:30pm-5:30pm

The pool is closed on Tuesday & Thursday

The Weeks of May 8th and 15th the Pool will be Open:

Mondays - Thursdays 7am-12pm

Mondays & Wednesdays 1pm-5pm

Fridays 3:30pm-5:30pm

The Week of May 22nd the Pool will be Open:

Monday-Thursday 7am-12pm

Monday & Wednesday 1pm-5pm

FREE: One-on-One Training in Your Home to Learn



The Touchtown Community App features

(Voices Newsletter, Daily Schedule, Menus, Games, Directories).

Volunteer Residents will Train YOU!

You must already have the **Touchtown Community App** installed on your device. This session is **ONLY** for training on the App for 45 minutes.

RESERVE DATE & TIME by calling

Muriel at Reception: 617-361-7778. Deadline: Wed. 5/3

Reserve one of the dates/times below: See Both sides of this List.

Take advantage of this offer!

Mon. 8 th	1:00	Pat Kelleher	Mon. 15 th	7:00 pm	John Gallagher
Mon. 8 th	3:00	Maria Judge	Tues. 16 th	10:00	Maria Judge
Mon. 8 th	7:00 pm	John Gallagher	Tues. 16 th	1:00	Monica Titley-Smtih
Mon. 8 th	7:00 pm	Marty Allen	Wed. 17 th	6:30 pm	Marty Allen
Tues. 9 th	1:00	Monica Titley-Smtih	Thurs. 18 th	1:00	Monica Titley-Smtih
Tues. 9 th	3:30	Susan Degnan	Thurs. 18 th	4:00	Ruth Segal
Wed. 10 th	1:00	Maria Judge	Fri. 19 th	1:00	Jeff Smith
Thurs. 11 th	10:00	Maria Judge	Fri. 19 th	4:00	Ruth Segal
Fri. 12 th	10:30	Nancy Wilber	Mon. 22 nd	3:00	Barbara Cocci
Fri. 12 th	1:00	Jeff Smith	Mon. 22 nd	6:30 pm	Marty Allen
Fri. 12 th	1:30	Barbara Cocci			
Mon. 15 th	11:15	Barbara Cocci			
Mon. 15 th	1:00	Pat Kelleher			



SEE OTHER SIDE



Tues. 23 rd	11:00	Jane Cotter
Tues. 23 rd	1:00	Monica Titley-Smith
Wed. 24 th	1:00	Jane Cotter
Thurs. 25 th	10:00	Jane Cotter
Thurs. 25 th	1:00`	Monica Smith
Fri. 26 th	10:00	Jane Cotter
Fri. 26 th	11:00	Barbara Cocci
Fri. 26 th	3:00	Jeff Smith
Mon. 29 th	9:00	Mike Ryan
Mon. 29 th	10:00	Jane Cotter
Tues. 30 th	9:00	Mike Ryan
Tues. 30 th	1:00	Jane Cotter
Wed. 31 st	9:00	Mike Ryan

Call Muriel NOW for RESERVATIONS

Volunteer Names/Tel. #s

Allen, Marty	617-312-8058
Cocci, Barbara	781-492-6166
Cotter, Jane	781-752-5460
Degnan, Susan	617-571-5094
Gallagher, John	617-448-6242
Judge, Maria	617-320-9211
Kelleher, Pat	617-306-0665
Ryan, Mike	617-361-3579
Segal, Ruth	508-344-3606
Smith, Jeff	570-807-3841
Titley-Smith, Monica	617-378-5373
Wilber, Nancy	617-418-9468

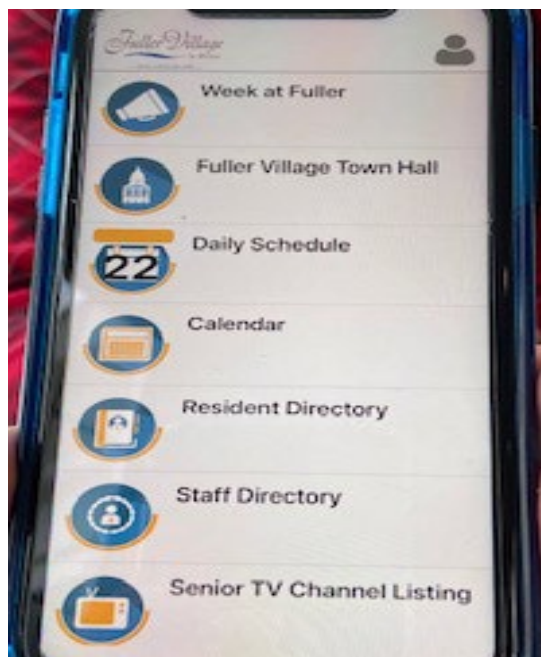
REMINDER:

Reserve your date and time with Muriel no later than Wed, May 3rd or it may be too late to get the date and time you'd like.

First Come, First Serve!

A very special **THANK YOU** to our residents who volunteered to help you with Touchtown Community App Training!

Note: Training is for 45-minutes and ONLY to train you on the App; nothing more. Please respect their time.



Any Questions regarding the training on the App, Call Marty Allen 617-312-8058.

Make your Reservations with Muriel, please!

Guided Tour of the Arnold Arboretum

Tuesday, May 9th

Leaving Brush Hill at 12:30; Blue Hill at 12:40

Come for a 90-minute tour led by a knowledgeable docent and explore the Arboretum's history, collection information, and seasonal highlights – maybe the lilacs will be in bloom!

This is an unescorted trip that requires a good amount of walking, including portions on mulch and grass paths, so this tour is for independent walkers who can walk safely on variable outdoor terrain. Please wear comfortable footwear and dress for the weather.



Call 617-361-7778 to sign up. Sign up opens at 8:30 am on Friday, April 28th and will close on Thursday, May 4th at 4:30 pm or when it fills.

This is a rain or shine tour with reschedule only in case of thunder and lightning.

Cost is \$10, which will be charged to your account. No cancellations after 5/4.



**CALL JOEY TODAY
TO RESERVE YOUR SPOT
FOR THE KENTUCKY
DERBY PARTY
617-361-3231**

**DEADLINE TO REGISTER WED MAY 3rd, 1pm
SATURDAY MAY 6TH 5-7 pm
BRUSH HILL FUNCTION ROOM
\$25.00 PER RESIDENT**

**(TAKEN OUT OF YOUR
FULLER VILLAGE ACCOUNT)
NO REFUNDS/CANCELLATIONS**

THE FUN DETAILS ARE AS FOLLOWS!

- Check in at 5pm in your “derby attire”
- Ladies “bring” those hats! Prize to the “one.”
- Receive a meal ticket FOOD SERVICE 5p-6pm
- Receive a ticket for a complimentary drink..BAR SERVICE TIL 7 pm
- Receive a complimentary bingo game card for Bingo Game at 6pm
- Help your table complete the Trivia Game found on your table.
- See the bookies at the betting table..betting closes at 6:30 pm
- \$5 bet You choose your horse. Money pool split win/place/show 50/30/20
- \$1 bet Randomly draw a horse.If he comes in FIRST, Split the pot with fellow winners
- Watch the race on our wide screen TV LIVE from Churchill Downs in Kentucky

GO TO THE WINNER'S CIRCLE



Mother's Day

BRUNCH BUFFET

May 14, 2023

1PM- 3PM

Gordon House Dining Room

\$29.95pp

RESERVATIONS REQUIRED

PLEASE NOTE ANY CANCELATIONS WILL
BE CHARGED

Appetizers

*Fruit Salad with Berries and Mint
Croissants with Jam and Butter

Main dishes

Eggs Benedict
*Bacon, *Sausage and *Home fries
Veggie Medley
*Baked Haddock with Creamy Clam Sauce
*Chicken Marbella
*Carved Beef Tenderloin with Bearnaise

Beverages

Mimosas & Bloody Mary Bar

Desserts

Assorted Desserts, Petit Fours,
*Flourless Chocolate Torte

*Gluten Free

Please Call 617-361-6958

May 1st - May 5th

1PM- 3PM

Fuller Village
in Milton

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1 P.M.- 3 P.M. Mon-Fri

Monday, May 1st

Cream of Asparagus Soup (GF)
Or Salad du Jour
Hearty Beef Stew (GF)
Or: Fish Cake (GF)
With Cajun Rice, Sautéed Spinach
Chocolate Chip Cookie or
Chocolate Eclair

Friday, May 5th

Cinco de Mayo

Southwest Clam Chowder (GF)
or Salad du Jour
Grilled Chicken or Shrimp Fajitas
Spanish Rice, Salsa & Guacamole
Carnival Cookie or
Cinnamon Churros



Tuesday, May 2nd

Corn Chowder (GF)
or Salad du Jour
Grilled Marinated Chicken Thighs
Crispy Fried Shrimp
Potato Salad, Carrot Slaw
Sugar Cookie or
Pecan Pie

Saturday, May 6th

Tomato Lentil Soup
or Salad du Jour
Pulled Pork Sliders
Shrimp Hush Puppies
French Fries & Coleslaw
Peanut Butter Cookie or
New York Cheesecake



Wednesday, May 3rd

Bacon, White Bean & Kale Soup (GF)
or Salad du Jour (GF)
Italian Meatloaf
Basil Pesto Salmon (GF)
Crispy Potatoes, Roasted Asparagus
Coconut Key Lime Cookie or
Carrot Cake

Sunday, May 7th

Chicken Noodle Soup
or Salad du Jour
Spaghetti Bolognese
Or: Sole Meuniere (GF)
With Baked Potato, Sautéed Spinach
Mint Chocolate Cookie or
Assorted Desserts

Thursday, May 4th

Squash Bisque (GF)
or Salad du Jour
Chicken Francese (GF)
Pan-Roasted Sea Bass (GF)
Parmesan Risotto, Green Beans
Oatmeal Raisin Cookie or
Chocolate Layer Cake

we create
authentic food
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

experience the difference
with Unidine

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.
Vegetarian (V) Vegan (VG) Gluten Free (GF)



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad

* ask about our selection of house made dressings *

SIGNATURES

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich of the Month 14.00

Four Cheese Grilled Cheese

Served with Choice of Side

Salad Special...12.00

**Mixed Greens with Great Hill Blue
and Candied Pecans**

Tossed with Raspberry Vinaigrette

Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week 15.00

Vegetarian Chili with Cheese

Served with Side Salad

Fuller Village

Hamburger/Cheeseburger...13.00

NEW: Impossible Burger \$15

*On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.*

Lighter Fare...10.00

Large Garden Salad

served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke

Diet Coke

Ginger Ale

Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.



Brush Hill Café Specials

– Daily Specials –

all served with one side...14.00

Monday May 1

Spinach & Portobella Ravioli

Creamy Alfredo Sauce and Parmesan

Tuesday May 2

Corned Beef on Rye

Served with Choice of Side

Wednesday, May 3

Grill Day

*Hamburgers, Hotdogs, Chips, Cookies,
Assorted Beverages*

Thursday, May 4

**Fenway Sausage Grinder
with Peppers and Onions**

Served with Choice of Side

Friday, May 5

Fish Tacos



Cabbage Slaw, Salsa and Sour Cream