

It's time for Deborah to climb and  
conquer new mountains!



Please join us to celebrate Deborah's  
22 years of amazing service at Fuller Village!

Tuesday, April 25<sup>th</sup> - 1:30 to 3:00 pm -

Blue Hill Dining Room

Wednesday, April 26<sup>th</sup> - 1:30 to 3:00 pm -

Brush Hill Function Room

Sponsored by the

Fuller Village Residents' Association

SUN MON TUE WED THUR FRI SAT

2:30 Blue Hill Bridge (BL) <b>23</b>	8:30 Pickleball Seated (BL) <b>24</b> 10:00 Seated Zumba Gold (BL) 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters 3:00 Earth Day Writing Workshop (BL) 3:00 Library Book Club (BL)	Milton Election Day <b>25</b> 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Group Meditation (BR) 1:00 Tai Chi (BR) 1:30 Deborah Felton's Retirement Reception (BL) 3:00 Earth Day Nature Walk (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	<b>26</b> 10:00 Mobility & Stability (BR) 10:00 Seated Zumba Gold (BL) 11:00 Cornhole (BL) 11:00 Floor Yoga (BR) 12:00 Chair Yoga (BR) 12:45 Chorus (BL) 1:30 Deborah Felton's Retirement Reception (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR) 7:00 Lifelong Learning (BR)	<b>27</b> 8:00 Birdwatching w/ Ecologist Jack Lash 8:30 Pickleball 10:30 Bible Study (BR) 10:30 News, Coffee and Conversation (BL) 2:00 Community Org Series -CCTRJ (BR) 4:30 Blue Hill Book Club (BL) 7:00 Brush Hill Bingo (BR)	<b>28</b> 10:00 Roche Brothers 10:30 Chair Yoga with Carol (BL) 12:30 Men's Lunch to Novara 1:00 John Clark (BR) 6:30 Cribbage (BR) 7:00 Adam and Marcia Feldman Duo (BL)	<b>29</b> 8:30 Pickleball 10:30 Technology  Help by Appointment (BL) 7:00 Movie Night (BR/BL)
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**The Silver Linings Hair Salon** at the Gordon House is open Thursday - Friday starting at 9am. Please call 617-361-8746 to make an appointment.

**Massage Therapist, Jen Borges**, is available on Tuesday and Thursday at Blue Hill from 9:30am to 1pm. She can be reached at 508-535-5675

To schedule an appointment with **the Podiatrist** please call 617-986-3668.

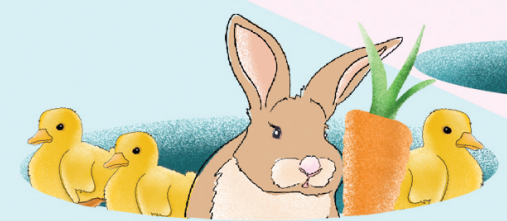
**The Wellness Clinic** is open every Wednesday 1:00PM - 4:00PM Please call 617-361-7900 to schedule an appointment

**Blood Pressure Clinic** are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill

**The Bank of Canton** holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm

# April 2023

If you need transportation between campuses please call 617-361-7778



# Weekly Highlights 4/21 - 4/30

Friday, April 21, 2023

**5:00 PM Friday Night Services (BR)**

Join Rabbi Benjamin for monthly on-site services.

**7:00 PM: Ronnie & Friends (BL)**

Join Ron Cote for solo performance of oldies and feel good tunes

Saturday, April 22, 2023

**7:00 PM: Movie Night (BR/BL) BR Function Room: *If Beale Street Could Talk*:** Adapted from James Baldwin's prize winning book, the story of 2 lovers getting ready for their wedding when he is falsely accused of a crime.

**BL Activity Room: *A Man Called Otto*:** Otto Anderson is devastated when he loses his wife of many years. Then a new family moves in and he is bombarded by a girl who is changing his life.

Monday, April 24, 2023

**3:00 PM Earth Day Writing Workshop (BL)**

Join an Earth Day-inspired writing workshop focused on writing about nature, climate change, and more. Bring a pen and paper.

**3:00 PM: Library Book Club (*Library at Blue Hill*)**

Please bring your book, *American Bloomsbury*, with you so we can return.

Tuesday, April 25, 2023

**9:00AM Election Day**

The van leaves at 9am to take you to the polls. **Call Muriel at 617-361-7778 by Monday, April 24th at 4:00pm to reserve your spot.**

**1:30 PM: Deborah Felton's Retirement Reception(BL)**

The Resident Association is hosting a retirement reception for Deborah Felton. See flyer for additional details. ***Residents are welcome at either reception***

**3:00 PM: Earth Day Nature Walk (BR)**

Come for a walk around the Fuller Village campus in honor of Earth Day! We will depart from the Brush Hill lobby at 3:00 pm. Please bring your writing from the Earth Day writing workshop or any other piece you would like to share. If you are unable to join the walk, you can meet us on the Brush Hill patio at 3:30 pm for the sharing portion of this event. All are welcome!

**Wednesday, April 26, 2023**

**1:30 PM Deborah Felton's Retirement Reception (BR)** The Resident Association is hosting a retirement reception for Deborah Felton. See attached flyer for more details. *Residents are welcome at either reception!*

**7:00 PM: Lifelong Learning (BR) - PBS Mount Rushmore Film**

**Thursday, April 27, 2023**

**2:00 PM: Community Org Series - CCTRJ (BR)**

Courageous Conversations Towards Racial Justice, Mattapan/Milton, is a dialogue-centered initiative on racism and privilege, designed to address racial healing, equity, and justice in our community. Join Executive Director, Karen Groce-Horan, to learn more about the work of CCTRJ

**4:30 PM: Blue Hill Book Club (BL)**

Join us at 4:30pm followed by dinner in the Gordon House Dining Room at 6:00pm. Reservations for dinner are required. Please call Roz Spigel at 617-690-3611 to let her know you will be attending.

**7:00 PM: Brush Hill Bingo (BR)**

Join Brush Hill residents Lorraine Allen, Libby Kaplan and Anne Piacentini this evening in the Function Room at Brush Hill - \$5 to play.

**Friday, April 28, 2023**

**8:00 AM: Birdwatching with Jack Lash**

Meet at Gazebo

**12:30 PM: Men's Lunch to Novara**

There is still room to join - please call 617-361-7778 to sign up.

**1:00 PM: John Clark *talk on Big Band Swing Music (BR)***

Learn more about the lives and music careers of such iconic band leaders as Artie Shaw and the Dorsey brothers, Tommy and Jimmy

**7:00 PM: Adam and Marcia Feldman Duo (BL)**

Back by popular demand are the musically gifted Feldmans!

## **Saturday, April 29, 2023**

**10:30 AM: Tech Help by Appointment - *One on One (BL)***

Liz Flaig of Oma Communications will hold 20 minute appointments to help coach and troubleshoot all your technology needs, whether with your cell phone, tablet, or laptop. Please call 617-361-7778 to make an appointment.

**7:00 PM: Movie Night (BR/BL)**

To Be Announced

## **Sunday, April 30, 2023**

**7:00 PM: The Splinters (BR)**

A bluegrass and old-time string band from Massachusetts deliver a relentless groove to accompany their tight 3-part harmonies.

## **Coming Soon in May: FREE One-on-One Training**

Volunteer residents will teach you, in the comfort of your home, how to use the Touchtown Community App. Learn how to access The Voices of Fuller newsletter, Menus, Daily Calendar of Events, Games, etc. See the Sign-Up Schedule and Dates & Times to be listed in next week's This Week at Fuller. You must have the Touchtown App already on your device. Please take advantage of this training! First come – First serve on available dates and times listed. Watch for more info next week.

# KENTUCKY DERBY

*Fuller Village*  
in Milton

— LIVE A FULLER LIFE —

**Kentucky Derby Large Screen Viewing Party**  
**Saturday May 6<sup>th</sup> 2023**  
**Brush Hill Function Room**  
**5:00pm – 7:00pm**  
**\$25pp (Includes 1 Cocktail, Glass of Wine or Beer)**

**Wear your Derby Attire (Prizes)**

**Mint Juleps, Whiskey, Wine, Beer and  
Southern Iced Tea**

**Peach Bourbon Wings (GF)**  
**Pimento Cheese Deviled Eggs (GF)**  
**Kentucky Browns**  
**Shrimp Hush Puppies**  
**Pulled Pork Sliders**  
**Watermelon Slices (GF)**

**Bourbon Truffles and Petit Fours**

Join us for a night of Trivia, Derby Bingo, Hat Contest, and Derby Betting.  
Please call Joey at 617-361-3231 beginning Friday at 11am  
to reserve your spot. **This event is open to Fuller Village residents only.**

**Reservations Only**

# Fuller Village

in Milton



## 2023 Milton Town Elections Tuesday, April 25<sup>th</sup>

The Fuller Van will transport you to the polls beginning at 9:00 am. The Van will only be going to the polls in the morning. **RESERVATIONS REQUIRED**  
Please call Muriel at 617-361-7778  
to sign up.

### Appreciation for Vasilia!



Our wonderful intern, Vasilia Kavadas, will be facilitating her last programs here at Fuller Village next Monday and Tuesday.

Maybe you have worked with Vasilia as part of the Green Team, have received information about Healthcare Planning, or have been assisted to use Touchtown applications...?

Please stop by before either of her programs to wish her well!  
(Participation in the program optional)

**Monday, 4/24, 2:45-3:00 at Blue Hill.**

**Tuesday, 4/25, 2:45-3:00 on the front patio at Brush Hill.**



# Mother's Day

BRUNCH BUFFET

May 14, 2023

1PM- 3PM

Gordon House Dining Room

**\$29.95pp**

RESERVATIONS REQUIRED

PLEASE NOTE ANY CANCELATIONS WILL  
BE CHARGED

## Appetizers

- \*Fruit Salad with Berries and Mint
- Croissants with Jam and Butter

## Main dishes

- Eggs Benedict
- \*Bacon, \*Sausage and \*Home fries
- Veggie Medley
- \*Baked Haddock with Creamy Clam Sauce
- \*Chicken Marbella
- \*Carved Beef Tenderloin with Bearnaise

## Beverages

- Mimosas & Bloody Mary Bar

## Desserts

- Assorted Desserts, Petit Fours,
- \*Flourless Chocolate Torte

\*Gluten Free

**Please Call 617-361-6958**

**May 1st - May 5th**

**1PM- 3PM**

*Fuller Village*  
in Milton



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00pm and 3:00pm. Mon-Fri

### Monday, April 24<sup>th</sup>

Cream of Asparagus Soup (GF) (V)  
Or Salad du Jour (GF)  
Pastrami Reuben Sandwich  
Crab Cake (GF)  
Wedge Fries, Coleslaw  
Chocolate Chip Cookie or  
Pineapple Upside Down Cake

### Friday, April 28<sup>th</sup>

New England Clam Chowder (GF)  
or Salad du Jour  
Yankee Pot Roast  
Pan-Roasted Salmon  
Red Bliss Mash, Honey Carrots  
Carnival Cookie or  
Peach Pie

### Tuesday, April 25<sup>th</sup>

Louisiana Gumbo (GF)  
or Salad du Jour  
Southern Fried Chicken  
Jumbo Shrimp n' Grits  
Cheesy Grits, Collard Greens  
Banana Foster Cookie or  
Pecan Pie

### Saturday, April 29<sup>th</sup>

Tomato Lentil Soup (GF) (V)  
or Salad du Jour  
Grilled Pork Chop (GF)  
w/ Potato Salad, Broccoli  
Or: Spinach Mushroom Raviolis  
Peanut Butter Cookie or  
Chocolate Vanilla Pudding Parfait

### Wednesday, April 26<sup>th</sup>

Ham & Split Pea Soup  
or Salad du Jour (GF)  
Chinese Chicken Noodle Stir Fry  
Or: Ginger Scallion Tilapia  
Jasmine Rice and Veggie Stir Fry  
Key Lime Cookie or  
French Silk Pie

### Sunday, April 30<sup>th</sup>

Chicken Noodle Soup  
or Salad du Jour  
Rigatoni w/ Sunday Gravy  
Or: Crispy Sole (GF)  
With Baked Potato, Sauteed Spinach  
Mint Chocolate Cookie or  
Assorted Desserts

### Thursday, April 27<sup>th</sup>

Squash Bisque (GF)  
or Salad du Jour  
BBQ Spareribs (GF)  
Baked Haddock with Almonds  
Mac & Cheese, Broccoli Slaw  
Oatmeal Raisin Cookie or  
Chocolate Cheesecake Brownie

we create  
**authentic food**  
FROM SCRATCH

we use fresh, responsibly sourced, seasonal ingredients & culinary creativity. We are guided by environmentally held practices, avoid additives, chemicals and preservatives.

**experience the difference**  
with Unidine

### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.  
Vegetarian (V) Vegan (VG) Gluten Free (GF)



Fuller Village in Milton | Unidine  
— LIVE A FULLER LIFE —

# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

**Please Request Vegetarian Options When Placing Orders / Reservations**

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## APPETIZERS ... 5.00

Soup du Jour  
Fresh Garden Salad  
Fresh Fruit Salad

\* ask about our selection of house made dressings \*

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## SIGNATURES

a non-alcoholic beverage is included with signature selections

**Baked Haddock...21.95 (GF)**  
Baked with Buttered GF Crumbs

**Sandwich of the Month 14.00**  
**Four Cheese Grilled Cheese**  
Served with Choice of Side

**Salad Special...12.00**  
**Mixed Greens with Great Hill Blue  
and Candied Pecans**  
Tossed with Raspberry Vinaigrette  
Grilled Chicken...5.00  
add Tuna or Chicken Salad...5.00

**Veggie Special of the Week 15.00**  
**Grilled Vegetable Napoleon**  
Served with Side Salad

## DESSERTS

a la carte...4.00  
Cookie of the Day...3.00  
Fresh Fruit Cup...3.00  
Sugar-Free Jell-O...3.00  
Ice Cream...3.00

**Fuller Village  
Hamburger/Cheeseburger...13.00**

**NEW: Impossible Burger \$15**  
On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion.

**Lighter Fare...10.00**  
Large Garden Salad  
served with Roll and Butter  
add Grilled Chicken...5.00  
add Tuna or Chicken Salad...5.00

## BEVERAGES

Coke  
Diet Coke  
Ginger Ale  
Diet Ginger Ale  
V-8  
2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.



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# Brush Hill Café Specials

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– Daily Specials –

all served with one side...14.00

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Monday April 24

BBQ Bacon Turkey Burger  
*Served with Choice of Side*

Tuesday April 25

Pork and Grilled Eggplant Panini  
*Basil Pesto and Smoked Mozzarella*

Wednesday, April 26

Grilled Veggie Quesadilla  
*Salsa, Guacamole and Chips*

Thursday, April 27

Grilled Chicken Cobb Salad  
*Avocado, Egg, Bacon and Ranch*

Friday, April 28

Filet-O-Fish  
*Served with Housemade Coleslaw*