

From the desk of Molly S. Welch

June 9, 2023

Welcome to our newest Fuller Village residents: JoAnn Weinert, Depoyan 310.

**Fitness & Aquatics Update.** Starting Monday, June 12<sup>th</sup>, our current Water Aerobics class will become an Aqua Zumba class. In the next few weeks, we will begin to alternate between Aqua Zumba and Aqua Fit classes once the new instructor is certified in Aqua Fit. We will be sure to advertise what day of the week each class will be. *The pool will be closed for deck cleaning on Wednesday, June 14<sup>th.</sup>* 

**Spring into Summer Projects!** Exterior window cleaning is now scheduled to start the week of June 19<sup>th</sup> beginning with the Foster building (please note the date change). Later this summer we will be scheduling the power washing of the Brush Hill garages along with utility room heater thermostat replacements with indicator lights for the Villas as indicated. More information to come.

**Reminder about Coffee Hours with Fuller's New Facilities Director.** Please come meet Fuller's New Facilities Director, Sean O'Brien, at Blue Hill's on Monday 6/12 and Brush Hill's on Thursday 6/15.

**Coffee Hours with Peggy Payton and Molly Welch.** On Wednesday 6/14 at 9:30 am at Brush Hill Café and Thursday 6/15 at 10:30 am at Blue Hill. Please join us for a conversation and sharing regarding maintenance fee and monthly rental increases FY24.

**Lounge Night on Wednesdays in June.** Please join us for Lounge Night Wednesdays on June 14<sup>th</sup> at 5:30 pm for our special lounge menu offerings and a fun evening! Please see flyer for details!

**Summer Concert Series.** Our 1<sup>st</sup> concert of the summer will be on June 15<sup>th</sup> at the patio at Brush Hill. Fuller's Mens Group will serve hot dogs from the grill at 5:30 p.m. with concert to begin at 6:00 p.m.

**Residents' Association Fall Festival.** Hold the date! Please be sure to read the included handout from the Residents' Association regarding a Fall Festival to be held on Saturday, November 4<sup>th</sup>.

**Pride Month.** On June 1, 2023, the Town of Milton announced proclamation of June as Pride Month with recognition of Milton being a friendly and welcoming community that celebrates diversity and inclusion. Fuller Village residents will be participating in the Boston Pride Parade on June 10<sup>th</sup> with our former social work intern, Vasilia Kavadas.

Compass Medical Group Closure Helpful Information. Some residents have shared their concern regarding the sudden, unexpected closure of Compass Medical Group, especially their Quincy office location. The <a href="https://www.compassmedical.net">www.compassmedical.net</a> website provides a "find your provider" page which shows that majority of physicians, including their Quincy office physicians, are joining Atrius Health. There is a link under each physician's name to an Atrius Health website where you can register as a new patient with Atrius Health to follow your physician and get set-up in their system for prescriptions refill requests, etc. Go to <a href="https://www.atriushealth.org/landing-page/compass-medical">www.atriushealth.org/landing-page/compass-medical</a> or you can also call 1-800-468-7146, Monday – Friday, 8:00 am – 6:00 pm, for assistance and information. New office addresses for the joining physicians have not been determined and will be announced in the next 30 to 60 days per Atrius Health. They do have locations in Quincy and Norwood and anticipate those locations to be used.

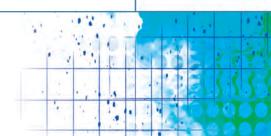
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SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 Blue Hill Bridge 7:00 Slim Lanagan (BR)	9:00 Pickleball 10:00 Seated Zumba Gold (BL) 10:00 Stop & Shop in Quincy 10:30 Blue Hill Coffee Hour (BL) 11:00 Water Aerobics (BR) 1:00 Bridge (BR) 2:00 Handcrafters(BL) 2:00 Wakefield Estate 7:00 Met Opera on	10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 12:00 Men's Lunch to Novara 1:00 Meditation (BR) 1:00 Tai Chi (BR) 2:30 Newcomers Club (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	8:00 Bike Club 10:00 Mobility	10:00 Towel Cardio (BR) 10:30 BL Coffee 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 Rich Travers (BR) 2:00 NeedlePoint (BR) 4:30 Pickleball 5:30 Summer Concert Series (BR)	9:00 waking club w/ Joey 10:00 Stop & Shop in Hyde Park 6:30 Cribbage (BR)	9:00 Pickleball 2:00 Unlocking the Mystery of the Bible (BL) 7:00 Movie Night
Please call 617-36  Massage Therap 508-535-5675 to To schedule an ap  The Wellness Cli	Demand (BL) 7:00 Singo (BR)  gs Hair Salon at the Gor 61-8746 to make an app ist, Jen Borges, is avail schedule an appointme pointment with the Po nic is open weekly. Plea	ointment.  able on Monday and The state of t	Sewers (BR) ursday - Friday starting nursday at Blue Hill from 7-986-3668. to schedule an appoint	g at 9am. m 10am until 3pm. Plea ment.	ase call	

### June 2023

If you need transportation between campuses please call 617-361-7778



The Bank of Canton holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm



#### Weekly Highlights 6/9 - 6/18

**Friday, June 9, 2023** 

7:00 PM: Michael Goodwin (BL)

The Golden Age of Musical Theater Part 3.

Saturday, June 10, 2023

2:00 PM: Unlocking the Mystery of the Bible (BL)

7:00 PM: Movie Night (BR/BL)

**Brush Hill Function Room:** All Quiet on the Western Front: The story of one German soldier at the end of World War I. Cast: Felix Krammerer, Albrecht Such, Aaron Hilmer.

Blue Hill Activity Room: 80 for Brady: Four elderly women set out to see Tom Brady in Super Bowl L1 which turns out to be one of the greatest games in a come from behind win. Cast: Lily Tomlin, Jane Fonda, Rita Moreno, Sally Field, Tom Brady.

#### **Sunday, June 11, 2023**

7:00 PM: Seamus "Slim" Langan (BR)

Slim is an acoustic guitarist from Ireland who specializes in music from all genres and decades back to the 1960's.

Monday, June 12, 2023

2:00 PM: Wakefield Estate

Sign up to go on a tour of the Wakefield Estate!

7:00 PM: Met Opera on Demand - Fedora (BL)

Fedora tells the story of a Russian princess who falls in love with the man who murdered her fiance.

7:00 PM: Singo (*BR*)

Function Room a Brush Hill - See advertisement on next page.

**Tuesday, June 13, 2023** 

10:00 AM: Birthday Breakfast (BL)

Come to the Birthday Breakfast this morning in the Activity Room at Blue Hill and celebrate the June birthdays!!

#### Wednesday, June 14, 2023

5:30 PM: Lounge Night (BL)

Thursday, June 15, 2023

2:00 PM: Rich Travers (BR)

The lecture will include masterworks from Baroque to 20th Century, including some familiar and not so familiar selections.

5:30 PM: Summer Concert Series (BR)

The Dave Macklin Band Celebrate summer with a free outdoor concert at Fuller Village sponsored by generous donations from the Residents' Association, the Bank of Canton and Best of Care. The Men's Group will be serving Hot Dogs hot off the grill (served with chips, soda and all the fixings) before tonight's concert from 5:30 to 6:00pm. Chairs will be provided. In case of rain, the concert will be held in the Function Room at Brush Hill.

Saturday, June 17, 2023

7:00 PM: Movie Night (BR/BL)

To Be Announced

**Sunday, June 18, 2023** 

4:00 PM: Father's Day Buffet (BL)

By reservation only.

S	1	N	G	0
Puff The Magic Dragon	Barbara Ann	Turn, Turn, Turn	Duke of Earl	Wouldn't it be Nice
Help!	Red Rubber Ball	Rubber		Raindrops Keep Fallin'
Twist And Shout	Love Me Do	Free!	Dedicated to the One I Love	I Got You Babe
What a Wonderful World	Crimson and Clover	Surfin' USA	Lazy- Hazy- Crazy Days	Happy Together
Ain't No Mountain High	Hard Day's Night	King of the Road	Mrs. Robinson	It's Not Unusual



Monday, June 12<sup>th</sup> at 7pm Brush Hill Function Room Only \$5 per card to play 5 games

Win approximately: \$35 - \$135



Refreshments: A Cookie, Sweet Treats Bar & Soda, Seltza, etc.
Sing along if you know the song! We have so much fun!

Reservations Required
This will be first come first
serve for this offering.
Cancellations will
be charged.

Please Call 617-361-6958 Monday - Friday 1-3pm

## June 14<sup>th</sup> at 5:30pm Trio of Sliders



Wagyu Burger topped with caramelized onions and smoked cheddar cheese.



Maryland Crab Cake
Topped with remoulade on a
sweet Hawaiian bun.



Pulled Chicken Thighs Topped with 7-hour cherry pepper BBQ sauce.

Includes homemade chips, pickle and dessert

\$15.95 pp









#### The Dave Macklin Band



#### You don't want to miss this fun event!

The Dave Macklin Band is a high energy, powerhouse party band, mixing the best in live dance music that everyone will enjoy! The band is passionate about their music and performs anything from old-time favorites to current hits from R&B, Funk, Motown, Soul, Disco, Top 40 to Reggae, Pop, Rock, and Jazz.

Peace, Love and Funk! THURSDAY, JUNE 15<sup>™</sup>

BRUSH HILL PATIO AREA - WEATHER PERMITTING

HOT DOGS AT 5:30 PM - \$5 pp cash to Residents' Association CONCERT BEGINS AT 6:00 PM

#### **RESIDENTS' ASSOCIATION CORNER**

Planning for this year's annual fundraiser is underway. There will be a 'FALL FESTIVAL' to be held on Saturday, November 4<sup>th</sup> from 10:00 a.m. to 2:00 p.m. in the Brush Hill Function Room. Residents have already agreed to chair the various activities along with many volunteers. The list is below. Anyone who wishes to volunteer should contact a member of the steering committee or chairperson.

There will be few outside vendors this year. If any resident wishes to have a table to offer their personally made crafts, contact Pat Kelleher at <a href="mailto:patkell607@comcast.net">patkell607@comcast.net</a>. You can also contact me directly for any item at <a href="mailto:johnjosephgallagher06@gmail.com">johnjosephgallagher06@gmail.com</a> or 617 448-6242.

Please ask your family and friends to HOLD THE DATE!

We are still looking for someone to handle publicity during September and October.

John Gallagher, President

#### RESIDENTS' ASSOCIATION FALL FESTIVAL

- STEERING COMMITTEE

  JOHN GALLAGHER, PAT KELLEHER, IRENE BRANELLY, BARBARA

  SMITH, NANCY KEARNS, CAROL BALFE AND PEG RILEY
- BAKING
   MIMI ROOS
- POCKET BOOKS AND SCARVES
   CELINA SCHREIBER AND CAROL BALFE
- KNITTING
  NANCY KEARNS, DOTTY MCDERMOTT AND BARBARA STEVENS
- JEWELRY
   MARIE DUFFY, EILEEN MILLANE AND PAM CRAIG
- GIFT CARDS HAND DELIVER GIFT CARDS TO ANY OF THE FOLLOWING
   MARIA JUDGE (FOSTER 302), HELEN BENSON (A304) STEVE GOLAS (3 WELD LANE), JOHN GALLAGHER (F106)
- BASKET ARRANGEMENTS
   ELLEN DUNN, SUZANNE HESTER, MARCIA WATERS AND MARY
   O'HALLORAN
- OUTSIDE VENDORS AND RESIDENT'S CRAFTS PAT KELLEHER
- DECORATING
   KAYE RICHARDSON AND HELEN BENSON
- PUBLICITY TBD
- EVENT SECURITY EDDIE COHEN

#### FULLER VILLAGE RESIDENTS' ASSOCIATION

#### Notice of FVRA Representative Vacancies

DATE: June 8, 2023

TO: All Fuller Village Residents

The terms of the following Representative positions will expire on September 30, 2023.

**Representatives** (6): The affected constituencies are shown below.

1. Depoyan

1. A/B

2. Foster

2. ABCD At Large

3. Villas

3. EFGH At Large

Any resident who resides within one of the above named constituencies and wishes to serve as a Representative on the Association Board must complete and submit the self-nomination form shown on the reverse side of this notice to the Concierge either at Blue Hill or Brush Hill on or before **Tuesday**, **June 20, 2023 at 4 pm**.

The Nominating Committee is required to prepare a slate of nominees for the named Representative positions, one for each position. Anyone who responds to this notice by the above date will be considered for inclusion in the slate. Those self-nominees who are not selected for the slate will be notified of that fact, as well as their right to compete for the position in an election pursuant to Article IV D of the Association Bylaws.

Please direct any questions you might have to any of the Committee members listed below.

Nominating Committee: Cheryl Manoli, Chair, Janet Arthur, Helen Benson, Pam Craig,

Mike Ryan, Celina Schreiber, and Roz Spigel

OVER ->

#### Fuller Village Residents' Association

#### Request & Endorsement for Nominating Committee Slate (rev. 5/25/2023)

I am a candidate for the position of Representative for\_\_\_\_\_

The following two Residents have endorsed my candidacy pursuant to Article IV D. of the Residents' Association Bylaws.

**NOTES:** Incumbents seeking reelection to the position they presently hold do not need to provide any endorsers. Also, incumbents may not reapply to serve in the same position if they have served three consecutive terms as of September 30, 2023.

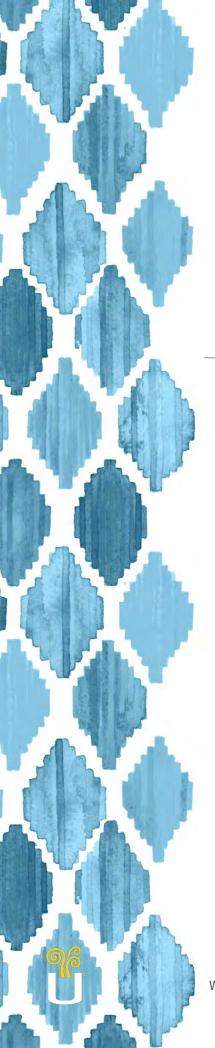
Any endorser below must live in the same building, at-large cluster of buildings, or one of the villas as the self-nominee.

**ENDORSERS:** 

# 

ADDRESS:\_\_\_\_\_

SIGNATURE: Date:



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00pm – 3:00pm Mon-Fri

#### Monday, June 12th

Butternut Squash Bisque (GF) (V) or Salad du Jour Rosemary Roasted Chicken (GF) Baked Parmesan Haddock Sweet Potato Mash, Green Beans Chocolate Chip Cookie or Boston Cream Pie

#### Tuesday, June 13th

Broccoli and Cheese (GF)
or Salad du Jour
Grilled Pork Chop (GF)
Almond Crusted Salmon (GF)
Wedge Fries, Peas & Corn
Sugar Cookie Or
New York Cheesecake

#### Wednesday, June 14th

Egg Drop Soup (GF) (V)
or Salad du Jour
Chicken Piccata (GF)
Shrimp Scampi (GF)
Linguine, Parmesan Zucchini
M & M Cookie or
Tiramisu

#### Friday, June 16th

Chicken Noodle Soup or Salad du Jour Pineapple Glazed Ham (GF) Honey Baked Scallops (GF) Baked Potato, Asparagus Carnival Cookie or Strawberry Rhubarb Pie

#### Saturday, June 17th

Portuguese Kale Soup (GF) or Salad du Jour Maple BBQ Chicken Breast (GF) Fried Clam Strips Sweet Potato Fries, Broccoli Slaw Key Lime Cookie or Apple Crisp

#### Sunday, June 18th

Happy Fathers Day!
Fathers Day Buffet

Reservations Required

#### Thursday, June 15th

Clam Chowder (GF)
or Salad du Jour
Fried Chicken Breast
Herb Seared Sole (GF)
With Roasted Red Bliss, Spinach
Oatmeal Craisin Cookie or
Chocolate Layer Cake



#### **Vegetarian Options Available Upon Request**

All sauces may be requested on the side.

All entrees are \$21.95 plus tax,

which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders
Please Request Vegetarian Options When Placing Orders / Reservations

#### **APPETIZERS** ... 5.00

Soup du Jour
Fresh Garden Salad
Fresh Fruit Salad
\* ask about our selection of house made dressings \*

#### **SIGNATURES**

a non-alcoholic beverage is included with signature selections

Baked Haddock...21.95 (GF)
Baked with Buttered GF Crumbs

Sandwich of the Month 14.00 Honey Mustard Chicken (GF) Served with Choice of Side

Salad Special...12.00

Mixed Greens with Berries and Feta
Tossed with Raspberry Vinaigrette
Grilled Chicken...5.00
add Tuna or Chicken Salad...5.00

Veggie Special of the Week 15.00

Grilled Veggie Burrito

Served with Side Salad

#### **DESSERTS**

a la carte...4.00

Cookie of the Day...3.00 Fresh Fruit Cup...3.00 Sugar-Free Jell-O...3.00 Ice Cream...3.00 Fuller Village Hamburger/Cheeseburger...13.00

NEW: Impossible Burger 15.00
On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.

Lighter Fare...10.00

Large Garden Salad

served with Roll and Butter
add Grilled Chicken...5.00
add Tuna or Chicken Salad...5.00

#### **BEVERAGES**

Coke
Diet Coke
Ginger Ale
Diet Ginger Ale
V-8
2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. \*These items may be served raw or undercooked. \*Made without gluten ingredient options available upon request.





# Brush Hill Café Specials

Daily Specials –
all served with one side...14.00

Monday June 12th
French Toast with Blueberry Syrup
Served with Fresh Fruit and Bacon

Tuesday June 13th
Chicken Parm Hero
Chicken Cutlet, Provolone Cheese and
Housemade Marinara Sauce

Wednesday June14th
Grill Day
Bourbon Steak Tips and Marinated Shrimp

Thursday June 15<sup>th</sup>
A1 Burger
Beef Patty, Cheddar Cheese, Onion Strings
and A1 Sauce

Friday June 16th
Fish and Chips
Beer Batter Fish served with French Fries and
Cole Slaw







#### SUMMER PHOTO EXHIBIT AND CONTEST

FAMILY, ICE CREAM, SAND, SEASHORE, BOATING, HOT DOGS, RAINBOWS, FLAGS, SUNSETS, PICNICS, CLAM BAKE, NEIGHBORHOOD BARBQUES, PARADES, SUNRISES, FIRE WORKS....SUMMER!

A summer photo exhibit is being created for all to enjoy, share memories and "think and feel summer".

Please contribute by submitting a special photo of you, your family, a pet, a sunset, or sunrise that takes you back in time. You can smell the salt in the water, feel your toes in the sand, remember the taste of cold home-made ice cream.

You can drop your photo at either Blue Hill or Brush Hill front desk. The size should not be larger than an 8x10. Please put your name, apartment number, approximate year, and location on the back of the photo. The deadline for submitting photos is June 16<sup>th</sup> and the exhibit will be on display by July 1<sup>st</sup> at Blue Hill.

More to follow regarding the contests and prizes!