



From the desk of Molly S. Welch

May 19, 2023

**Memorial Day is Monday, May 29<sup>th</sup>.** *We remember our fallen military service members with pride this Memorial Day. Now and forever, we remember.* The office will be closed on Memorial Day. We will be on the answering service for the holiday from Friday, May 26<sup>th</sup> at 5:00 p.m. until Tuesday morning, May 30<sup>th</sup> at 8:30 a.m. If you have a maintenance issue that needs to be taken care of immediately, please call (617) 361-7900 and the on-call person will assist you. There will be security personnel at both desks between the hours of 10:00 a.m. to 10:30 p.m. all weekend, including Monday. *The Brush Hill Café will be closed on Memorial Day.*

**Spring Projects!** Gutter inspections along with repairs and cleaning where needed have been scheduled for the week of May 22<sup>nd</sup> starting with the Brush Hill buildings. Start time each day will be at 8 a.m. Notifications will occur throughout the week. Exterior window cleaning has been scheduled to start the week of June 12<sup>th</sup> as well. More information to come.

**Brush Hill Café.** Grill days are back at our Café at Brush Hill for the warmer weather months on Wednesdays. Come enjoy the patio!

**Hold the Dates!** The Summer Concert Series will be held on June 15<sup>th</sup>, July 20<sup>th</sup> and August 17<sup>th</sup>. Hot dogs on the grill at 5:30 p.m. with concerts to begin at 6:00 p.m. Bring a friend, grandchild or neighbor as these concerts are open to the public! Look for flyer with more details soon! Special appreciation to our sponsors: Fuller Village Residents' Association, Best of Care, and the Bank of Canton. *The Gordon House Lounge will be closed on Summer Concert evenings.*

**Posting of Flyers.** For any resident-run event flyers, residents are welcome and encouraged to post flyers on all resident bulletin boards and elevators bulletin boards. Please refrain from posting flyers on walls of elevators or any stairway doors. You may also post resident-run event flyers on Fuller's Program Director's bulletin board located outside of the Brush Hill Café. Any personal items for sale flyers should only be posted on the resident bulletin boards. Non-Fuller event flyers can also be posted on resident bulletin boards. Please contact me with any questions and thank you for your cooperation.

**Helpful Reminders.** Please ensure you notify the front desk when you are expecting a delivery of any orders from Instacart or grocery stores. Unfortunately, we are seeing most of these deliveries arrive without a resident's name or apartment home number indicated and many include perishables. We are also seeing these types of deliveries being left on the floor of building entrances or even outside at entrances and not being delivered to the front desks. If able, at the time of your order placement, please attempt to request that your contact information be noted on your delivery and that all deliveries be made to the main entrances if the deliveries are not being delivered directly to your apartment home. Instacart has a "delivery instructions" box when placing online orders. Lastly, if you borrow a cart for transporting your groceries, when finished please ensure you kindly return it to where you found it in your apartment home's building.

May 18, 2023

Dear Fuller Village Residents,

Thank you for the wonderful parties the Residents Association sponsored for me and the commemorative booklet with photographs that I received from John Gallagher, President of the Residents Association. Thanks to Marty and Kaye for all the photos!

Creating community is critical to the overall well-being of all of us and being connected to others is what keeps our residents healthy and happy. This has been my goal since I became Executive Director in 2007. With the support of the Board of Directors, we have built together a thriving well-regarded community of active and caring individuals.

I thank you for working together in this endeavor.

Each manager and staff member has brought their skills, sensitivity and humor to Fuller Village. We work as a team in navigating the world of senior living. Under the leadership of Molly Welch, the Fuller Village staff will continue to perform at their highest level. I am happy to support Molly in her goals.

Finally, I appreciate your generosity in sharing your stories and talents to enhance the lives of all of us.

Gratefully,

Deborah M. Felton

| SUN  | MON   | TUE  | WED  | THUR  | FRI  | SAT                                 |
|--|---|--|--|---|--|-------------------------------------|
| 21   | 22  | 23   | 24   | 25  | 26   | 27                                  |
| 9:00 Pancake Breakfast (BR)<br>11:30 Tree Walk<br>2:30 Bridge (BL)<br>7:00 The Continentals<br>-Drum/Guitar Duo (BR) | 9:00 Pickleball<br>9:30 Tree Walk<br>10:00 Zumba Gold (BL)<br>10:30 Coffee Hour (BL)<br>11:00 Floor Yoga(BR)<br>12:00 Chair Yoga (BR)<br>1:00 Bridge (BR)<br>2:00 Wakefield Estate Trip<br>2:00 Handcrafters (BL) | 11:30 Women's Lunch<br>12:00 Back to Basics<br>1:00 Group Meditation (BR)<br>1:00 Tai Chi (BR)<br>4:00 Restorative Yoga (BR)<br>7:00 Bingo! (BL)<br>7:00 Men's Poker Club (BR) | 8:00 Bike Club<br>9:30 Tree Walk<br>10:00 Mobility & Stability (BR)<br>10:00 Seated Zumba Gold (BL)<br>11:00 Cornhole (BL)<br>11:00 Floor Yoga w/ Carol (BR)<br>12:00 Chair Yoga (BR)<br>2:00 Music Lovers Club (BR)<br>3:00 Rosary (BL)<br>7:00 Knitters and Sewers (BR)<br>7:00 Lifelong Learning (BR) | 10:30 Coffee Hour (BL)<br>10:30 MFA Trip<br>11:00 Tree Walk<br>12:00 Mobility & Stability (BL)<br>12:30 Line Dancing with Jean (BR)<br>4:30 Book Club (BL)<br>4:30 Pickleball<br>7:00 Brush Hill Bingo (BR) | 10:00 Stop & Shop Quincy<br>10:30 Chair Yoga (BL)<br>10:30 Guided Tree<br>2:00 Erika R Opera Talk (BL)<br>4:30 Friday Night Services (BR)<br>6:30 Cribbage (BR)<br>7:00 The Long Lost String Band (BL) | 9:00 Pickleball<br>7:00 Movie Night |

**The Silver Linings Hair Salon** at the Gordon House is open Thursday - Friday starting at 9am. Please call 617-361-8746 to make an appointment.

**Massage Therapist, Jen Borges**, is available on Tuesday and Thursday at Blue Hill from 9:30am to 1pm. She can be reached at 508-535-5675. She will not be here Mon 5/29. Mon June 12th, Thurs June 29th.

To schedule an appointment with **the Podiatrist** please call 617-986-3668.

**The Wellness Clinic** is open weekly. Please call 617-361-7900 to schedule an appointment

**Blood Pressure Clinic** are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill

**The Bank of Canton** holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm

## May 2023

If you need transportation between campuses please call 617-361-7778



# Weekly Highlights 5/20-5/28

**Friday, May 19, 2023**

**9:30 AM: Guided Tree Walk**

Please call John Connolly at 781-724-7786 to sign up. This is an easy walk. Meet at the top of the Access Road across from 6 Caroline Drive.

**7:00 PM: Dan Mackowiak**

Dan's programs feature accordion music from the American Songbook as well as various European traditions.

**Saturday, May 20, 2023**

**2:00 PM: Unlocking the Mystery of the Bible - Session 3 (BL)**

**7:00 PM: Movie Night (BR/BL)**

BR Function Room: *Singin' in the Rain* - This movie was nominated for two academy awards! A movie studio has to work with a star who sings like a fish!

BL Activity Room: *Mirror Mirror* - An adult version of a famous Grimm's fairytale. This is a movie about little people trying to get a princess her rightful place on the throne.

**Sunday, May 21, 2023**

**9:00 AM: Pancake Breakfast**

See attached flyer

**11:30 AM: Guided Tree Walk**

Please call Ellen Dunn at 617-413-4923 to sign up. This is an easy walk. Please meet at the front entrance of the Gordon House at Blue Hill.

**7:00 PM: The Continentals - Drum/Guitar Duo (BR)**

The Continentals have a repertoire that spans the decades from the '40s and up, covering most musical genres.

**Monday, May 22, 2023**

**9:30 AM: Guided Tree Walk**

Please call John Connolly at 781-724-7786 to sign up. This is an easy walk. Meet at the top of the Access Road across from 6 Caroline Drive.

**2:00 PM: Wakefield Estate Trip**

May is beautiful at Wakefield. Stroll the gardens with Mark Smith and see what's blooming! \$5 suggested donation. Sign up now: 617-361-7778.

## Wednesday, May 24, 2023

### 9:30 AM: Guided Tree Walk

Please call John Connolly at 781-724-7786 to sign up. This is an easy walk. Meet at the top of the Access Road across from 6 Caroline Drive.

### 2:00 PM: Music Lovers Club (BR)

Nina Simone (1933-2003) was a pianist and vocalist who was active in the civil rights movement. Come to learn about and listen to the music of this amazing woman.

### 7:00 PM: Lifelong Learning (BR)

The National Mall: American's Front Yard. National Geographic tells the story of the evolution of the Mall from wilderness to the center of a grand capital.

## Thursday, May 25, 2023

### 10:30 AM: Museum of Fine Arts Trip

There are a few spots left on the van for our trip to see the Hokusai exhibit at the MFA. Call Muriel to sign up: 617-361-7778.

### 11:00 AM: Guided Tree Walk

Please call Sara Moyer at 914-523-0785 to sign up. This is an easy walk. Meet at Brush Hill outside front entrance.

### 4:30 PM: Blue Hill Book Club (BL)

Join us at 4:30pm followed by dinner in the Gordon House Dining Room at 6:00pm. New members are welcome to attend. Reservations for dinner are required. Please call Roz Spigel at 617-690-3611 to let her know you will be attending.

### 7:00 PM: Brush Hill Bingo (BR)

Join Brush Hill residents Lorraine Allen, Libby Kaplan and Anne Piacentini this evening in the Function Room at Brush Hill - \$5 to play. Everyone is welcome!

#### Win a Door Prize at Brush Hill Bingo!

Join us Thurs. May 25<sup>th</sup> at 7pm in the Function Room



You could win: Bottle of Wine plus  
Gift Bag of Snacks & Gift Card

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## Friday, May 26, 2023

### **10:30 AM: Guided Tree Walk**

Please call Mary Owens at 617-233-5902 to sign up. This is an easy walk.  
Meet at Brush Hill outside front entrance.

### **2:00 PM: Erika Reitshamer Opera Talk (BL)**

Erika returns to present an informative and engaging opera talk

### **4:30 PM: Friday Night Services (BR)**

Join Rabbi Benjamin to observe Shavuot.

### **7:00 PM: The Long Lost String Band (BL)**

Chris Reckling and Anne Rouillard explore old time fiddle tunes and early country songs.

## Saturday, May 27, 2023

### **7:00 PM: Movie Night (BR/BL)**

To Be Announced

### **TouchTown Training**

Sign up NOW for training by other residents on the Touchtown Community App.  
Call Muriel at reception desk at 617-361-7778 to sign up.

#### **Dates/Times Available:**

Fri. 19th at 1:00 and 4:00  
Mon. 22nd at 3:00 and 6:30  
Tues. 23rd at 11:00 and 1:00  
Wed. 24th at 1:00  
Thurs. 25th at 10:00 and 1:00  
Fri. 26th at 10:00, 11:00 and 3:00  
Mon. 29th at 9:00  
Tues. 30th at 9:00 and 1:00  
Wed. 31st at 9:00

## Coming Soon

Tuesday, 5/30: Art Class at 1:00 pm: Sign up now for "Spring and Sunshine!" - Paint watercolor flowers inspired by Claude Monet. Call Muriel to reserve your spot.

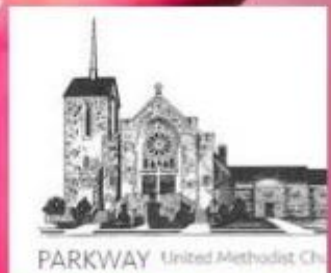
Thursday, 6/1: Our special grocery trip will be to Trader Joe's on the first day of June - sign up now!

## Also Happening in Milton - May 25th

Standout Against Racism. The Racial Justice Action Hour is encouraging Fuller Village residents to "Standout Against Racism in honor of George and Justice" on Thursday, May 25, from 6 to 6:45 p.m. at the Parkway Methodist Church, 158 Blue Hills Parkway, Milton. Courageous Conversations Towards Racial Justice (CCTRJ) is hosting the event. We're hoping that many of us can carpool to the church. Meet in front of Brush Hill at 5:30 to carpool. Make and bring signs too! If you haven't already signed up for the car pool, please contact Mary Ann Millsap ([mary\\_ann\\_millsap@msn.com](mailto:mary_ann_millsap@msn.com)).

**Join us for Milton's 4th Annual  
Standout against Racism... In honor of  
George and Justice**

**Thurs. MAY 25th from 6-6:45 PM  
Parkway Methodist Church  
158 Blue Hills Pkwy**





***Celebrate Memorial Day with your friends at Fuller Village!***

***Monday, May 29<sup>th</sup> – 3:00 until 5:00 pm***

***Brush Hill Cafe***



**BRING YOUR HOME MADE CHACUTERRI BOARD**

**TO DISPLAY AND SHARE!**

**RESERVATIONS ONLY:**

**PLEASE CALL JOEY AT 617-361-3231 TO JOIN IN THE FUN**

**MORE DETAILS TO FOLLOW**

**BEER, WINE AND LEMONADE AVAILABLE FOR PURCHASE –**

**PLEASE NO BYOB**

# Pancake Breakfast



**Sunday, May 21<sup>st</sup>**

**9:00 a.m.-11:00 a.m.**

**Brush Hill Function Room**

**\$5 – please bring cash**

**Please join us for regular and blueberry  
pancakes & turkey sausage. Drinks available:**

**Regular & Decaf Coffee, Tea, & Orange Juice**



***Residents at Blue Hill/Villa can ride with Nancy Kearns from 9:15  
to 10:15 a.m. and the Fuller Village van from 10:15 to 11:00 a.m.***

***Proceeds Donated to: Milton Food Pantry***