

From the desk of Molly S. Welch

July 14, 2023

Neponset River to the Blue Hills. On July 10th we were pleased to have Andres Ripley, Greenways Program Director for the Neponset River Watershed Association, present to Fuller Village residents about the Association's efforts to make the Neponset River and surrounding greenspace accessible to all. There is a feasibility study public site visit planned for Monday, July 17th at 6:00 pm at Saint Pius X Parish. See attached flyer for details.

Summer Concert Series on the Brush Hill Patio. July's concert will be held on Thursday, July 20th at 6:00 pm with The Continentals! Special thanks to our sponsors Best of Care and Bank of Canton. The Men's Group will serve hot dogs from the grill served with chips, soda, and all the fixings for \$5.00 (cash only) in the Function Room before the concert from 5:00 pm – 6 pm with complimentary novelty ice cream offerings courtesy of Unidine.

Brush Hill Café Grill Night. Join us on Friday, July 28th at 5:30 pm for July's Grill Night. See flyer for more details. Reservations are required by calling Brush Hill concierge desk at 617-361-7778 starting Friday, July 21st after 8:30 am.

Fall Festival Planning. Please mark your calendars for September 15th from 12:00 pm to 2:00 pm. Resident volunteers will be taking collections on that date and timeframe at Blue Hill and Brush Hill lobbies of gift cards along with new or gently used jewelry, pocketbooks, and scarves. When you go to your favorite restaurant or store, please think of purchasing a gift card. These collections are for the Fuller Village Fall Festival on November 4th. Thank the Residents' Association for making this a wonderful event!

Helpful Reminders. Please ensure your pull cords are readily accessible to use. For example, they cannot be hidden behind paintings or furniture. They will be of no use in an emergency situation if you cannot access them. For HVAC closets, please ensure you do not store items on top of, leaning on, or under your HVAC unit to ensure functional safety and avoid damaging the unit. During our Maintenance team's preventative maintenance tasks this month we identified the need to provide these important reminders. Thank you for your cooperation and understanding.

Villa Residents Only. Direct Energy will be changing its name to NRG. You will notice the name change on your invoices within the next few months. Nothing else will change.

Dining Slip Clarification. If you see the word "split" on your dining slip, it means that you have reached your \$60.00 dining amenity credit limit for the month and the portion that is over the \$60.00 is what is being charged to your account. If someone has a balance of left of \$10.00 of their \$60.00 credit and they order something for \$15.00, the charges are "split" with \$10.00 going towards the balance of their \$60.00 credit and \$5.00 being charged to their account plus the tax on the \$5.00. Fuller Village incurs the cost of meal tax for the \$60.00 dining amenity credit and residents pay the meal tax for anything over the \$60.00 for the month along with tax on alcohol.

COVID Status. Since Sunday July 9th, Fuller has had 3 additional individuals test positive for COVID. They are self-isolating, and symptoms are improving. Should you test COVID positive, we kindly ask that you notify Joey DiGiano at 617-361-3231 along with any close contact fellow residents.

SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Ellie's Sweet Truck (BR) 3:00 Ellie's Sweet Truck (BL) 2:30 Blue Hill Bridge (BL) 7:00 Magic Moments Live (BR)	9:00 Pickleball 10 Garden Stroll 10:00 Seated Zumba Gold (BL) 10:00 Whole Foods in Dedham 10:30 Blue Hill Coffee Hour 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 12:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Library Book Club (BR)	10:30 Functional Fitness (BR) 11:00 Gourmet Gardens w/ Molly 12:00 Back to Basics (BL) 1:00 Meditation (BR) 1:00 Tai Chi (BR) 2:00 Author Katherine Sherbrooke (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	19 8:00 BikeClub 10:00 Mobility & Stability (BR) 10:00 Seated Zumba Gold (BL) 11:00 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 2:00 Mass (BL) 2:45 Treats & Tea (BL) 3:00 Caring Committee (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR)	10:00 Towel Cardio (BR) 10:30 BL Coffee	21 10:30 Chair Yoga with Carol (BL) 12:30 Forest Therapy Walk w/Jen 6:30 Cribbage (BR)	22 9:00 Pickleball 7:00 Movie Night

The Silver Linings Hair Salon at the Gordon House is open Thursday - Friday starting at 9am. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Monday and Thursday at Blue Hill from 10am until 3pm. Please call 508-535-5675 to schedule an appointment.

To schedule an appointment with **the Podiatrist** please call 617-986-3668.

The Wellness Clinic is open weekly. Please call 617-361-7900 to schedule an appointment.

Blood Pressure Clinic are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill

The Bank of Canton holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm

July 2023

If you need transportation between campuses please call 617-361-7778

— LIVE A FULLER LIFE —

Weekly Highlights

Friday, July 14, 2023

1:00 PM: Card Party Event (*BR*) Join your fellow residents' for a fun afternoon of playing cards!

7:00 PM: Pianist Larry Matthews (BL)

Larry Matthews is a longtime friend of Fuller and a favorite Milton entertainer! Join him for toe-tapping songs and amazing piano skills.

Saturday, July 15, 2023

7:00 PM: Movie Night (*BR/BL*): *BR Function Room*: Lewis and Clark: The Journey of the Corps of Discovery Part I. Lewis and Clark led the most courageous and important expedition in American History. *BL Activity Room*: Lewis and Clark: The Journey of the Corps of Discovery Part II. The two-year expedition of the Western frontier comes to an end after Lewis and Clark reach the Pacific Ocean and explore the Columbia, Snake, and Clarwater rivers.

Sunday, July 16, 2023

2:00 PM: Ellie's Sweet Truck - Get your Ice Cream Treats at Brush Hill

3:00 PM: Ellie's Sweet Truck - Get your Ice Cream Treats at Blue Hill

7:00 PM: Magic Moments Live (*BR*) Performing songs from the 50's, 60's, and 70's for your listening and dancing pleasure. Come for a fun night of music that will convince you that magic real!

Monday, July 17, 2023

10:00 AM: Garden Stroll (BL/BR)

Tuesday, July 18, 2023

2:00 PM: Author Katherine Sherbrooke (BR) The Hidden Life of Aster Kelly Told in two timelines, sweeping from New York to Los Angeles, and from San Francisco to Martha's Vineyard, THE HIDDEN LIFE OF ASTER KELLY uses historic Hollywood and Broadway to explore timely themes: the freedom to love who you want; the challenges and triumphs of leaving behind manufactured conformity in favor of your authentic self; the power of deep, essential friendship; and the question of what the "truth" actually means. It's a joyful celebration of chosen family and of enduring love?with plenty of juicy details and resonant issues to discuss long after the last page is turned.

Wednesday, July 19, 2023

2:00 PM: Catholic Mass (BL)

3:00 PM: Caring Committee (*BR*) Join their monthly meetings and share in their conversations about Healthy Aging Issues in the Function Room at Brush Hill this afternoon.

Thursday, July 20, 2023

2:00 PM: Rich Travers (BR) Stevie Wonder, is an American singer, songwriter, musician, and multi-instrumentalist. Wonder is one of the most critically and commercially successful musical performers of the late 20th century. This lecture looks at the life and the legacy of a career of over 50 years of popular music.

5:30 PM: Summer Concert Series (*BR*) The Continentals Band Celebrate summer with a free outdoor concert at Fuller Village sponsored by generous donations from the Residents' Association, the Bank of Canton and Best of Care. The Men's Group will be serving Hot Dogs hot off the grill (served with chips, soda and all the fixings) before tonight's concert from 5:30 to 6:00pm. Chairs will be provided. In case of rain, the concert will be held in the Function Room at Brush Hill.

Friday, July 21, 2023

12:30 PM: Forest Therapy Walk with Jen Residents should be able to walk unassisted on uneven terrain as well as be comfortable walking, sitting, and being outside for just under 2 hours. This is a rain or shine event!

Saturday, July 22, 2023

7:00 PM: Movie Night (BR/BL) To Be Announced

Sunday, July 23, 2023

7:00 PM: Dave and Marcia Duo (*BR*) Dave and Marcia are an incredibly talent duo and we are very excited to bring their Ballroom style to Fuller Village!

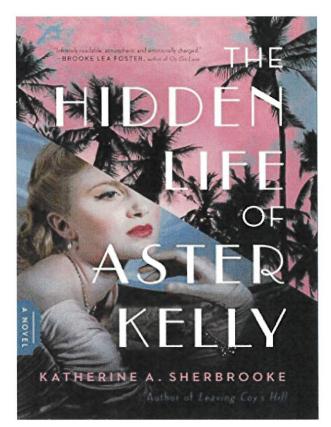


– LIVE A FULLER LIFE —



NATIONAL ICE CREAM DAY! Sunday, July 16th Ellie's Treats will arrive at Brush Hill at 2:00 PM Blue Hill at 3:00 PM Please bring cash – all items priced at, or under \$6.00 Looking forward to seeing you there!





Author Katherine Sherbrooke Tuesday, July 18th – 2:00 PM Brush Hill Function Room

"Elegantly told and heart-wrenching, The Hidden Life of Aster Kelly delights....come for the Old Hollywood glamour; stay for the love letter to Broadway; leave with characters so real you'll forget they live in the pages of a book. One thing is certain – Katherine Sherbrooke sure knows how to tell a story." – Lisa Duffy

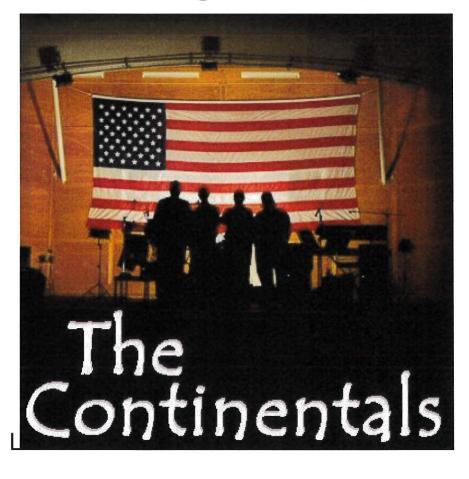


Summer Concert Series

Thursday, July 20th – Brush Hill Function Room and back patio

Hot dogs 5:00 pm (please bring cash - \$5.00)

Concert begins at 6:00 pm.



GRIL

Reservations Required - Space is Limited Cancellations Will Be Charged. Please Call Muriel 617-361-7778 Starting Friday July 21, 2023 \$29.95pp

@ BRUSH HILL

JULY 28 5:30 PM

Cape Cod Clam Bake

entrée, salad and dessert

Grilled Corn and Summer Vegetable Salad

corn, peppers, tomato, grilled summer squash over field greens topped with sunflower seeds and a light lemon vinaigrette

Cape Cod Clam Bake

native steamers, half lobster, red potatoes, corn on the cob, sage sausage, linguica (Portuguese sausage), buttermilk biscuit, served with drawn butter and lemon

Lemon Sorbet

with berry coulis and mint

Outside on the Cafe Patio. In the event of rain, the location will be moved inside

- LIVE A FULLER LIFE



Department of Conservation and Recreation Commonwealth of Massachusetts

Neponset to Blue Hills Feasibility Study Public Site Visit POSTPONED: Monday July 17th, 2023 @ 6pm – 7:30pm

Saint Pius X Parish 101 Wolcott Road, Milton, MA 02186

Optional RSVP: <u>https://www.signupgenius.com/go/10C0F49A8AD28A1FCC34-neponset</u>

Due to the weather forecast, DCR has decided to postpone the upcoming Neponset to Blue Hills Feasibility Study Public Site Visit to Monday, July 17th at 6pm.

At this public site visit, the DCR team for the Neponset to Blue Hills Feasibility Study will lead a site visit to key project elements. The project team will convene at the Saint Pius X Parish, then lead participants to the project site in groups. Upon returning to the Parish, informational material will be provided and the project team will be present to answer questions and address concerns.

The distance of the walk is roughly 1.5 miles round trip. If you are not able to cover this distance on foot, please contact <u>Daniel.cushing@mass.gov</u> and accommodations will be provided.

In case of a weather event, there will be a rain date of Monday, July 17th from 6pm-7:30pm. DCR will provide confirmation and/or updates to any member of the public who RSVPs at the link above. After the public site visit, additional comments can be provided by emailing <u>Daniel.cushing@mass.gov</u>.

If you have agency-related questions or concerns or would like to be added to an email list to receive DCR general or project-specific announcements, please email <u>Mass.Parks@mass.gov</u> or call 617-626-4973.

Reasonable accommodations for people with disabilities are available upon request. Include a description of the accommodation you will need, please include as much detail as you can. Also include a way we can contact you if we need more information. Please allow for adequate advance notice. Last minute requests will be accepted, but we may be unable to fulfill the request. Please send an e-mail to Melixza G. Esenyie, ADA and Diversity Manager at the Executive Office of Energy and Environmental Affairs at Melixza. Esenyie2@mass.gov or call 617-872-3270.

FULLER VILLAGE RESIDENTS' ASSOCIATION

July 13, 2023

Notice from the Nominating Committee

As a follow up to the notice sent to all residents on June 8, 2023 and in accordance with Article IV D. 2.(a) of the Residents' Association Bylaws, the Nominating Committee has received responses from residents indicating their interest in serving in the positions listed in the June 8, 2023 notice. This slate is listed below.

Depoyan: Elizabeth Higgins Foster: Ruth Chandler Villas: Thomas Madden Brush Hill A/B: Ellie Forman Brush Hill ABCD: Robert Lash Brush Hill EFGH: Pat Dwan

In addition, Article IV D.2.(b) provides that after the slate is published, any resident can be nominated by having two residents sign the nomination and submit it to the Secretary of the Association at least 45 days prior to the date of the Annual Meeting (August 27, 2023). If you have an interest in being considered for filling any of these open positions, please contact Cheryl Manoli, Nominating Committee Chair before August 27. Cheryl would be happy to answer any questions you might have.

The Nominating Committee: Janet Arthur, Helen Benson, Pam Craig, Mike Ryan, Celina Schreiber, Roz Spigel, Cheryl Manoli, Chair