



From the desk of Molly S. Welch

July 21, 2023

**Welcome to our newest Fuller Village residents:
Diane & Tom Judd, Brush Hill H303**

Milton Times article about Deborah Felton. The July 13th *Milton Times* had a wonderful tribute article about Fuller's Executive Director Emeritus, Deborah Felton, entitled "Once an Advocate, Always an Advocate," by staff writer Elaine Cushman Carroll. The article shares about Deborah's remarkable life and family, as well as her devoted advocacy efforts and years of service to both the town of Milton and Fuller Village. Copies of this article can be found on the bulletin boards. I am certain that Milton and Fuller Village will continue to benefit from Deborah's compassionate focus and passion for ensuring a great community for all. I look forward to seeing what's to come for her advocacy!

New Team Members. Victoria Saint-Vil and Rose Hedin have joined Fuller's part-team evening and weekend concierge / front desk attendant team. They have completed their orientation and residents will start to see them stationed at the front desks this month. Please welcome Victoria and Rose!

Korean War Veteran Honor Ceremony. The Consulate General of the Republic of Korea in Boston, Mr. Kim Jae-hui, will be visiting Milton to honor our Korean War Veterans. There will be a reception at Fuller Village at 3:00 pm on Tuesday, July 25th in the Brush Hill function room. The Korean Ambassador for Peace Medal will be presented to local Korean War Veterans and survivors of Korean Veterans from Milton. Milton Veterans Services will also honor all our Korean War Era Veterans who served during the period of the Korean War from 1950-1954 in support of those who deployed to Korea. Current Fuller Village residents and former residents posthumously will be receiving recognition during this ceremony. If you have questions or need additional information, please contact Kevin Cook at 617-251-7767 or email kcook@townofmilton.org. All residents are welcome to attend this special event.

Brush Hill Café Grill Night. Join us on Friday, July 28th at 5:30 pm for July's Grill Night. See flyer for more details. Reservations are required by calling Brush Hill concierge desk at 617-361-7778 starting Friday, July 21st after 8:30 am.

Week at Fuller Flyers on Touchtown. Blue Hills Observatory Kitemaking event on Friday, July 28th at 1:00 pm. New fitness offering of Forest Therapy Walks with Jen on Friday, July 21st at 12:30 pm and Friday, July 28th at 11:30 am. Unique, fun offerings to consider! Sign-ups required. See flyers for details.

Comedian Bill Selvitelle. On Saturday, July 29th at 3:00 pm, in the Brush Hill Function Room, you can laugh along while being entertained by Bill Selvitelle's Comedy Performance, "Stories of the Grey Gang, Navigating Life Over 60." An advocate for the homeless, Bill encourages attendees to bring a donation of a non-perishable food item to benefit the unhoused. Fuller's Caring Committee will be putting together over 100 care packages with essentials for the homeless that will be presented to Bill as well.

August Hikers Trip Update. Please join us in wishing our Fuller Village resident hikers, our Fitness Director, Jen DeLeonardis, and her partner, Robert Reenan, well wishes for a successful two-day hike to Mt. Washington's summit. We will be doing a good luck send-off for the hikers on Wednesday, August 2nd with more details to come. I also want to acknowledge the generous donations the Fuller Village Benevolent Fund has received in honor of the hikers these past few months. Wonderful to see this kindness and all the encouragement for the hikers!

SUN

MON

TUE

WED

THUR

FRI

SAT

2:30 Blue Hill
Bridge
Dave and
Marcia Duo (BR)

9:00 Pickleball
10:00 Seated Zumba
Gold (BL)
10:00 Wegman's
10:30 Blue Hill
Coffee Hour
(BL)
11:00 Floor Yoga w/
Carol (BR)
11:00 Water
Aerobics (BR)
12:00 Chair Yoga w/
Carol (BR)
1:00 Bridge (BR)
2:00 Handcrafters
(BL)
2:00 Wakefield
Estate
7:00 Met Opera
(BL)

24

10:30 Functional
Fitness (BR)
12:00 Back to Basics
(BL)
12:00 Men's Lunch
to La Cucina in
Easton
1:00 Meditation(BL)
1:00 Tai Chi (BR)
3:00 Korean War
Veteran Event (BR)
4:00 Restorative
Yoga (BR)
7:00 Bingo! (BL)
7:00 Men's Poker
Club (BR)

25

8:00 Bike Club
10:00 Mobility &
Stability (BR)
10:00 Seated Zumba
Gold (BL)
10:00 Stop & Shop
in Hyde Park
11:00 Cornhole (BL)
11:00 Floor Yoga w/
Carol (BR)
11:00 Water
Aerobics (BR)
12:00 Chair Yoga w/
Carol (BR) 3:00
Rosary (BL) 7:00
Knitters and
Sewers (BR)

26

10:00 Towel Cardio
(BR)
10:30 News, Coffee
and Conversation
(BL)
11:00 Core on the
Floor (BR)
11:00 Women's
Lunch to Inn
at Bay Pointe
12:00 Mobility &
Stability (BL)
12:30 Line Dancing
with Jean (BR)
1:30 Crafts with
Cindy (BL)
4:30 Pickleball
7:00 Brush Hill
Bingo (BR)

27

9:00 Walking Club
with Joey
10:00 Aqua Fit Class
(BR)
10:00 Stop & Shop
in Hyde Park
10:30 Chair Yoga
with Carol
(BL)
11:30 Forest
Therapy Walk w/ Jen
1:00 Blue Hills
Observatory
Kitemaking (BL)
4:30 Friday Night
Services (BR)
5:30 Brush Hill
Grill Night
(Patio)
6:30 Cribbage (BR)
7:00 Lenny Weiner
(BL)

28

9:00 Pickleball
3:00 Bill Selvitelle
Comedy
Performance (BR)
7:00 Movie Night
(BR/BL)

29

The Silver Linings Hair Salon at the Gordon House is open Thursday - Friday starting at 9am.
Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Monday and Thursday at Blue Hill from 10am until 3pm. Please call
508-535-5675 to schedule an appointment.

To schedule an appointment with **the Podiatrist** please call 617-986-3668.

The Wellness Clinic is open weekly. Please call 617-361-7900 to schedule an appointment.

Blood Pressure Clinic are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill

The Bank of Canton holds office hours on Tuesday at Brush Hill from 9am to 10am and Blue Hill from 11am - 12pm

July 2023

Print

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton

— LIVE A FULLER LIFE —

Weekly Highlights

Friday, July 21, 2023

12:30 PM: Forest Therapy Walk with Jen - Residents should be able to walk unassisted on uneven terrain as well as be comfortable walking, sitting, and being outside for just under 2 hours. This is a rain or shine event!

Saturday, July 22, 2023

7:00 PM: Movie Night - *BR Function Room*: Lewis and Clark: The Journey of the Corps of Discovery Part II. Lewis and Clark reach the Pacific Ocean and explore the Columbia, Snake, and Clearwater rivers. *BL Activity Room*: Jesus Chris Superstar - Andrew Lloyd Webber/Tim Rice Broadway hit rock opera. A Shakespeare Henri the 5th theme about Jesus and Judah. Filmed in the Israeli desert. Cast: Ted Neely, Carl Anderson.

Sunday, July 23, 2023

7:00 PM: Dave and Marcia Duo (BR) - Dave and Marcia Burbank bring their signature style and charm to Fuller Village! Be prepared for a beautiful night of music!

Monday, July 24, 2023

2:00 PM: Wakefield Estate - Explore the gardens on this beautiful tour!

7:00 PM: Metropolitan Opera on Demand (BL) - The Hours Part II Join us for the exciting conclusion to The Hours!

Tuesday, July 25, 2023

12:00 PM: Men's Lunch to La Cucina in Easton If you signed up for the Men's Lunch, please meet the van at 12:00pm from Brush Hill and at 12:10pm from Blue Hill.

Weekly Highlights

Thursday, July 27, 2023

7:00 PM: Brush Hill Bingo (BR) Join Brush Hill residents Lorraine Allen, Libby Kaplan and Anne Piacentini this evening in the Function Room at Brush Hill - \$5 to play. Everyone is welcome!

Friday, July 28, 2023

11:30 AM: Forest Therapy Walk with Jen This Forest Walk is designed for residents with less mobility and will take place on the Blue Hill dining room patio. In the event of severe weather, we will move the location to inside. Participants should be comfortable sitting & moving in a gentle fashion for just under 2 hours.

4:30 PM: Friday Night Services (BR) Join Rabbi Benjamin for monthly on-site services.

5:30 PM: Brush Hill Grill Night (Patio)

7:00 PM: Lenny Weiner (BL) - Lenny Weiner brings his talented vocals to Fuller Village! This concert is not to be missed!

Saturday, July 29, 2023

3:00 PM: Bill Selvitelle Comedy Performance (BR) - Navigating Life Over 60 "Stories of the Grey Gang: A Comedy Performance" Attendees are encouraged to bring a donation of a non-perishable food item to benefit the unhoused.

7:00 PM: Movie Night (BR/BL) - To Be Announced

Sunday, July 30, 2023

7:00 PM: Rivers Between Duo (BR) - The Rivers Between Duo returns by popular demand to play your favorite tunes! Join them for a night of fun!

The Voices of Fuller newsletter: Do you have an interesting piece of wall art or a home decorative item, perhaps something unusual passed on to you or purchased on a trip or discovered in an antique shop? Please contact Marty at 617-312-8058. We'd like to photograph and write about it in our September issue. Thank you.

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Fuller Village Residence Assoc: **Activities Committee: -Upcoming August Events-**



Hold. Mon. August 14th 7pm – Function Room

SINGO! Win over \$150. We had 70 residents attend the last SINGO. Easy to play. No skills needed. Musical kind of bingo game. We give you the song titles! Easy to win. \$5 for 5 games. Free Cookie bar & sodas.



We wish to thank newcomer Jane McClellan for taking the lead on organizing the Fuller Village Garden Tour this past week. Also, grateful to Peg Riley who assisted Jane and a note of thanks goes out to our golf cart tour drivers: residents Paul Riley and Paul Heffernan, and also FV staffer Bill Donovan. The villa gardens were full of vibrant, colorful and fragrant blooms. The private Brush Hill and Blue Hill gardens were abundant with tomatoes, cucumbers, kale, peppers and so much more. Residents enjoyed chatting with the gardeners as they viewed their beautifully arranged gardens. Our Fuller Village gardeners are to be congratulated!

Upcoming News

Fall Festival Planning. Please mark your calendars for September 15th from 12:00 pm to 2:00 pm. Resident volunteers will be taking collections on that date and timeframe at Blue Hill and Brush Hill lobbies of gift cards along with new or gently used jewelry, pocketbooks, and scarves. When you go to your favorite restaurant or store, please think of purchasing a gift card. These collections are for the Fuller Village Fall Festival on November 4th. Thank the Residents' Association for making this a wonderful event!

Twin River Casino

Tuesday, August 1st

Twin River Casino is a world class casino experience with gaming, entertainment and exceptional dining just 45 minutes from Milton. The Fuller Van will depart Brush Hill at 9:30am and Blue Hill at 9:40am. You will return to Milton at approximately 4:00pm.

If you would like to sign up, please call 617-361-7778.

SIGN UPS START FRIDAY, JULY 21st



Fuller Village
in Milton

— LIVE A FULLER LIFE —

**LET'S GO
FLY A KITE!**



**FRIDAY, JULY 28TH – 1:00 PM
BRUSH HILL FUNCTION ROOM
COST PER KITE IS \$6.00**

Join Don McCasland from Blue Hill Observatory to build your own kite.
Come with a friend, family member or grandchild!

The workshop features the Frustrationless Flier, a kit made of Tyvek
with a fiberglass frame. As the name implies,
It's easy to build and easy to fly. With care it can last decades.

The workshop covers a little bit of a lot of things,
History, Math, Physics, Art and Nostalgia.

Kite making: 1:00 – 2:00 PM

Kite Flying: 2:00 – 3:00 PM

We will display your creations in August at
Blue Hill and Brush Hill for all to enjoy!

Please call Joey at 617-361-3231 to make your reservation!
Space is limited.

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, July 24th

Split Pea Soup (GF)
or Salad du Jour
BBQ Chicken (GF)
Fish and Chips
French Fries, Coleslaw
Chocolate Chip Cookie or
Boston Cream Pie

Friday, July 28th

Chicken Noodle Soup
or Salad du Jour
Chicken Parm over Penne Pasta
Seafood Stuffed Sole (GF)
Roasted Sweet Potatoes, Brussel Sprouts
Double Chocolate Cookie or
Pecan Pie

Tuesday, July 25th

Broccoli Cheddar Soup (GF)
or Salad du Jour
Pork Milanese (GF)
Teriyaki Glazed Salmon (GF)
Roasted Potatoes, Broccoli
Carnival Cookie or
New York Cheesecake

Saturday, July 29th

Beef and Barley Soup
or Salad du Jour
Meatloaf (GF)
Oven Baked Cod (GF)
Potato Wedges, Peas
Peanut Butter Cookie
or Pecan Pie

Wednesday, July 26th

Loaded Baked Potato Soup (GF)
or Salad du Jour
Herb Marinated Airline Chicken (GF)
Pan Seared Halibut (GF)
Tomato Risotto, Asparagus
Oatmeal Raisin Cookie
or Bread Pudding

Sunday, July 30th

Minestrone (GF)
or Salad du Jour
Marinated Pork Chops (GF)
Grilled Salmon (GF)
Baked Potato, Chef's Vegetable Medley
Oatmeal Raisin Cookie or
Assorted Desserts

Thursday, July 27th

Butternut Squash Bisque (GF)
or Salad du Jour
Pot Roast
Lemon Dill Haddock (GF)
Mashed Potato, Honey Glazed Carrots
Sugar Cookie or Apple Pie

Fuller Village  UNIDINE
in Milton
— LIVE A FULLER LIFE —

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Bruschetta

Served on a Garlic Crostini topped with a Balsamic Reduction

SIGNATURES

a non-alcoholic beverage and your choice of side is included with signature selections

Sides: *Sweet Potato Fries, French Fries, Baked Potato, Coleslaw*

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Served with Entrée Sides

Sandwich of the Month...14.00

Waldorf Chicken Salad Wrap

Served with Choice of Side

Salad of the Month...12.00

Watermelon Spinach Salad

Spinach, Watermelon, Red Onion and Feta Cheese

Veggie Special of the Week... 15.00

Loaded Mushroom Risotto

Topped with Crispy Leeks

Served with Side Salad

Fuller Village

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion.

Served with Choice of Side

Impossible Burger ...15.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion.

Served with Choice of Side

Lighter Fare...10.00

Large Garden Salad

served with Roll and Butter

add **Grilled Chicken**...5.00

add **Tuna** or **Chicken Salad**...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke /Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

Brush Hill Café Specials

– Daily Specials –
all served with one side...14.00

Monday July 24th

Ham and Swiss Omelet

Served with Potato Wedges and Fresh Fruit

Tuesday July 25th

Steakhouse Burger

Beef Patty Topped with A1 Sauce,
Onions Straws and Crispy Bacon

Wednesday July 26th

Grill Day

Pineapple Teriyaki Chicken
Marinated Grilled Salmon

Thursday July 27th

BBQ Chicken Flatbread

Caramelized Onions, BBQ Sauce and
Mozzarella

Friday July 28th

Fried Shrimp

Served with French Fries and Remoulade