| SUN  | MON  | TUE  | WED  | THUR  | FRI   | SAT   |
|--|--|--|--|---|---|---|
| 20   | 21   | 22   | 23   | 24  | 25  | 26  |
| 2:30 Bridge (BL)<br>7:00 Dwayne<br>Haggins Duo (BR)  | 9:00 Pickleball 10:00 Seated Zumba Gold (BL) 10:00 Wegman's 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Water Aerobics (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 7:00 Met Opera (BL) | 10:30 Functional Fitness (BR) 11:00 Milton Tour w/ Deborah Felton 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR) | 8:00 Bike Club 10:00 Mobility & Stability (BR) 10:00 Seated Zumba Gold (BL) 10:00 Stop & Shop in Hyde Park 11:00 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 2:30 Aqua Fit (BR) 3:00 Rosary (BL) 7:00 Knitters and Sewers (BR) | 10:00 Towel Cardio (BR) 10:00 Sketching on the Deck - Series (BL) 10:30 News and Conversations (BL) 11:00 Core on the Floor (BR) 12:00 Men's Lunch to Venezia's 12:00 Mobility & Stability (BL) 1:30 Crafts with Cindy (BL) 2:00 Sing-A-Long w/ Judy Cobble (BR) 4:30 Pickleball w/ MacKenzie (BR) 7:00 Brush Hill Bingo (BR) | 10:00 Aqua Fit(BR) 10:00 Forest Therapy Walk with Jen 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Carol (BL) 4:30 Friday Night Services (BR) 5:30 Brush Hill Grill Night (Patio) 6:30 Cribbage (BR) 7:00 Crooning with Crosby (BL) | 9:00 Pickleball<br>6:00 Make Your<br>Own Ice Cream<br>Sundae (BR Cafe)<br>7:00 Movie Night<br>(BR/BL) |
| <b>The Silver Linings Hair Salon</b> at the Gordon House is open Thursday - Friday starting at 9am. Please call 617-361-8746 to make an appointment.   |  |  |  |   |   |   |
| <b>Massage Therapist, Jen Borges,</b> is available on Tuesday and Thursday at Blue Hill from 9:30am to 1pm. She can be reached at 508-535-5675. She will not be here Mon 5/29. Mon June 12th, Thurs June 29th. |  |  |  |   |   |   |
| To schedule an appointment with <b>the Podiatrist</b> please call 781-986-3668.  |  |  |  |   |   |   |
| The Wellness Clinic is open weekly. Please call 617-361-7900 to schedule an appointment  |  |  |  |   |   |   |
| Blood Pressure Clinic are Wednesday 12pm - 1pm at Blue Hill and 1pm - 2pm at Brush Hill  |  |  |  |   |   |   |
|  | olds office hours on Tuesday   |  |  |   |   |   |
| Brush Hill Coffee Hou<br>the coffee room.  | <b>r</b> Monday -Friday 9am in the   | e Brush Hill Cafe. <b>Blue Hill (</b>  | Coffee Hour: Monday and T  | Γhursdays at 10:30 in   |   |   |

# August 2023

If you need transportation between campuses please call 617-361-7778



# **Weekend Highlights**

#### Friday, August 18, 2023

**11:30 AM: Blue Hills Observatory Talk (BR)** Dr. Minsinger comes to present on The Great New England Hurricane of 1938. This will be an interesting lecture on a unique time in New England history!

7:00 PM: History with Paolo (BL) Paolo returns to deliver one of his popular lectures!

#### Saturday, August 19, 2023

7:00 PM: Movie Night (BR/BL) - BR Function Room - Watch on the Rhine (1943) A German-born engineer, his American Wife and their children travel from Mexico to the United States to visit her family, but a Romanian count complicates their plans. Cast: Bette Davis, Paul Lukas, Geraldine Fitzgerald. BL Activity Room - The American Experience - Alexander Hamilton: Bryan O'Bourne portrays Alexander Hamilton the first secretary of the treasury in this wonderful documentary. He saved the republic from bankruptcy, founded Wall Street and the Coast Guard, and was a signer of the Constitution!

#### Sunday, August 20, 2023

**7:00 PM: Dwayne Haggins Duo (BR) -** The Dwayne Haggins Duo returns to bring you their signature jazzy sound!

#### Monday, August 21, 2023

**7:00 PM: Metropolitan Opera on Demand (BL)** Tosca - Cavaradossi, the painter and political revolutionary falls in love with the beautiful singer Tosca. Rome's diabolical chief of police, Baron Scarpia wants Tosca for himself - but he underestimates the fury of a woman in love.

#### Thursday, August 24, 2023

**12:00 PM: Men's Lunch to Venezia's** If you signed up for the Men's Lunch, please meet the van at 12:00pm from Brush Hill and at 12:10pm from Blue Hill.

#### Thursday, August 24, 2023

**2:00 PM:** Sing-A-Long with Judy Cobble (*BR*) Function Room at Brush Hill All are Welcome!

**7:00 PM:** Brush Hill Bingo (BR) Join Brush Hill residents Lorraine Allen, Libby Kaplan and Anne Piacentini this evening in the Function Room at Brush Hill - \$5 to play. Everyone is welcome!

#### Friday, August 25, 2023

10:00 AM: Forest Therapy Walk with Jen

**4:30 PM:** Friday Night Services (BR) Join Rabbi Benjamin for monthly on-site services.

5:30 PM: Brush Hill Grill Night (Patio) See attached menu

**7:00 PM: Crooning with Crosby (BL)** Join Crosby Goshgarian, Bass/Baritone Soloist and Mel Springer, Accompanist for a musical mix of Broadway Favorites, Old Time Favorites & Traditional Sing Along!

#### Saturday, August 26, 2023

7:00 PM: Movie Night (BR/BL) - To Be Announced.

#### Sunday, August 27, 2023

**7:00 PM:** The Continentals - Drum/Guitar Duo (BR) The Continentals bring their signature soft rock style back to Fuller Village.





### **CHANGE OF TIME AND TOPIC!**

#### THE GREAT NEW ENGLAND HURRICANE OF 1938

Presented by Dr. Bill Minsinger

Blue Hill Observatory

Friday, August 18th

11:30 AM

**Brush Hill Function Room** 

You don't want to miss this presentation!



# Sing-a-Long with Judy

Thursday, August 24th At 2:00 pm

## In the Function Room at Brush Hill

Join us for a Chorus Reunion Singalong!
A fun singalong led by our very own
Judy Cobble
No talent required – just come have fun!





# GRILL NIGHT @ Brush Hill August 25, 2023 – 5:30PM

Reservations Required - Space is Limited Cancellations Will Be Charged. Please Call Muriel 617-361-7778 Starting Friday August 18, 2023 \$29.95pp

#### WEDGE SALAD

tomato, pickled red onion, blue cheese crumbles, bacon, ranch dressing

#### SURF & TURF SKEWERS

beef tenderloin with grilled shrimp and scallops garlic smashed potatoes, balsamic grilled heirloom carrots

#### GRILLED PEACH CRUMBLE

topped with vanilla ice cream

Outside on the Cafe Patio.

In the event of rain, the location will be moved inside

