


SUN	MON	TUE	WED	THUR	FRI	SAT
2:30 Blue Hill Bridge (BL) 19	9:00 Pickleball 20 10:00 Trader Joe's Patriot Place 10:15 Chair Fitness w/Carol (BL) 10:30 Blue Hill Coffee Hour 11:00 Floor Yoga w/Carol (BR) 11:15 Aqua Fit w/Jean (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 1:00 Wakefield Estate Trip 2:00 Handcrafters (BL) 3:00 Library Book Club (BL) 3:00 Water Volleyball	1:00 Tai Chi (BR) 21 3:00 Fresh Floral Arrangement Workshop (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Stop & Shop in Hyde Park 22 10:15 Mobility & Stability (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit w/Crystal (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR)	Thanksgiving 23 Offices, Gym, Pool, Salon, & Cafe Closed 2:00 Thanksgiving Dinner Buffet (BL) <i>By reservation only</i> 	Offices & Salon Closed 24 Pool Open: 8 am - 1 pm 9:00 Walking Club with Joey 10:00 Aqua Fit w/Crystal (BR) 10:30 Chair Yoga w/Carol (BL) 6:30 Cribbage (BR)	25 9:00 Pickleball 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. She will be closed on 11/23 & 11/24. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Mondays and Thursdays at Blue Hill from 10 am to 3 pm. Please call 508-535-5675 to make an appointment.

The Podiatrist will be here on Wed 11/22 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic will be on Tuesday from 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Grocery trips: Stop & Shop trips are on **Wednesdays at 10 am & Fridays at 2 pm**. On **Mondays at 10 am**, we alternate between other area grocery stores (see calendar for specific locations & dates). Call 617-361-7778 to sign up.

Brush Hill Coffee Hour is Mon-Fri at 9 am. **Blue Hill Coffee Hour** is on Mondays & Thursdays at 10:30 am.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

November 2023

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekend Highlights: Friday 11/17 - Sunday 11/19

See what's happening this weekend!

Friday, November 17th

Curry College Professor Talk: Blacklash Cinema at 2 pm (Brush Hill Function Room)
Jayson Baker, PhD, Chair & Associate Professor of Communication at Curry College, will share his presentation, *Blacklash Cinema: Movies and Representation*. This presentation discusses the representation of race relations through contemporary American film. The lecture will share and explain how the volume of antebellum-themed (ex: *Lincoln*, *Emancipation*, *Harriet*, *Django Unchained*) and Civil Rights Era (*Green Book*, *The Butler*, *Till*, *BlacKkKlansman*, *Judas and the Black Messiah*) movies are reimagined in the contemporary era. The audience will be asked to think about ways movies contribute to racial discourses and citizenship rights in the US by drawing on historical films.

Friday Night Services at 4:30 pm (Brush Hill Function Room)
Rabbi Benjamin will be on site for monthly services.

Saturday, November 18th

Movie Night at 7 pm (BL & BR)

BRUSH HILL showing: *Dr. Zhivago (Part II)*

Cast: Omar Sharif, Julie Christie, Geraldine Chaplin, Alec Guinness, Rod Steiger

Boris Pasternak's epic tale of war and love. Omar Sharif plays the title role, Julie Christie his love, and both caught up in the tidal wave of history. Winner of 5 Academy Awards including a haunting melody: Lara's Theme.

BLUE HILL showing: *Ghost*

Cast: Patrick Swayze, Demi Moore, Whoopi Goldberg

This romantic mystery won two Academy Awards. Patrick Swayze who is living as a ghost discovers his death was no accident. To help him reconnect with the love of his life Demi Moore, he enlists the help of a psychic (Whoopi Goldberg) to solve his murder.

Weekly Highlights: Monday 11/20 – Sunday 11/26

Look out for these special events and offerings next week! (Page 1)

Monday, November 20th

Trip to Trader Joe's Patriots Place at 10 am

We visit a different grocery store every Monday - Call 617-361-7778 to sign up.

Wakefield Estate Trip at 1 pm

Join Deb Merriam, Executive Director, for a private guided tour of this beautiful resource – right across the street from us! Tour is rain or shine; in the case of inclement weather, the tour will take place indoors in the historic mansion. Call 617-361-7778 to sign up.

Library Book Club at 3 pm (Blue Hill Library)

Join Milton Public Library Director, Will Adamczyk, for a discussion of this month's book: *Sons and Brothers* by Richard Mahoney. He will also hand out copies of next month's book: *Mountains Beyond Mountains* by Tracy Kidder. If you are unable to make it but would like a copy of the next book, please contact Julia at 617-361-2116.

Tuesday, November 21st

Fresh Flower Centerpiece Class for Fall/Thanksgiving at 3 pm (Brush Hill Café)

Each resident will make their own fresh flower centerpiece to enjoy in their home or to give as a hostess gift at Thanksgiving. Join for this easy & fun activity led by an instructor from Market Floral Studio, Boston. Bring \$25 cash or check. Register with Marty Allen at 617-312-8058.

Thursday, November 23rd

Happy Thanksgiving

Offices, Gym, Salon, Pool, and Café Closed



Friday, November 24th

Offices & Salon Closed

Fitness Center, Café and Lounge Open Regular Hours

Pool Open from 8 am – 1 pm

Saturday, November 25th

Movie Night at 7 pm (BL & BR) – Titles to be announced

Sunday, November 26th

Dave & Marcia Duo at 7 pm (Brush Hill Function Room)

You love them with their band, the David Burbank Orchestra, and you love them as a talented and engaging (and married!) duo. Dave and Marcia will delight you with songs from across the genres!

Upcoming Forest Therapy Walk with Jen

Monday, November 27th at 10 am

The practice of taking a Forest Therapy Walk (aka Forest Bathing) is an intentional and mindful way of engaging with the natural world around you through your primary senses. Jen will guide the group through a slow-paced, mindful outdoor experience. Residents will meet offsite (transportation on your own). Participants should be able to walk about half a mile unassisted. Please call 617-361-7778 by end of day on Wednesday, November 22nd to sign up. Jen will follow up with those who register with information about the meeting location.

Holiday Cookie Sale Seeking Bakers!

The 2nd Annual Holiday Cookie Sale will be held on Saturday December 16th from 10-noon. The proceeds will go to the FVRA and earmarked for the Father Bills lunch program, which the Residents Association participates in by providing bagged lunches one day each month for Father Bills. The Cookie Sale will be open to all Fuller Village residents, their families and friends. We are looking for residents who bake to consider baking an extra batch of cookies, bars, brownies, cupcakes, fudge or candy for our sale. There will be no cakes, pies, or breads at this sale. Baked items may be holiday themed, but that is not a requirement. Please call or text Mimi Roos at 781-608-0552, email to pmroos@aol.com, or leave a note in my box, Brush Hill H207. Our proceeds in 2022 were over \$1400... let's make even more this year!

Art Gallery Update

Did you know that Fuller Village has two locations where we display resident artwork throughout the year? At Brush Hill, the gallery hangs in the hallway on the way to the C/D building (take a left past the Fitness Center!). At Blue Hill, the gallery hangs in the hallway on the way to the Foster Building. We have several artists lined up for the coming year, but always need more! Whether you have just a few pieces or many to choose from, please reach out to Julia at 617-361-2116 or jmacmahon@fullervillage.org.

Thank you to Brush Hill resident Anne Piacentini for lending us several paintings, which will be on display through early January. Keep an eye out for information about our next Blue Hill artist, whose work will go up in December.

Brush Hill featured artist: Anne Piacentini

Encouraged by her father, a commercial artist, at an early age, Anne was always trying to copy pictures in the newspapers. She took her first lesson at age 12 in the Museum of Fine Arts in Boston. After she raised her family she took a night course at Franklin High School, and then more classes at Dean College. From there she went to the Museum School in Boston to complete her art lessons. After she moved to Fuller Village, she worked under professional artist Jim Hooley.

Residents' Association Corner

The 2023 Harvest Festival was a wonderful success. The number of people in the morning was like Filene's basement on sale day! All the tables beautifully displayed their merchandise. Thanks to all the volunteers who worked the many tables: Baked Goods, Pocketbook and Scarves, Jewelry, Handcrafters, Crafts, Bird Prints, Raffles and the Café. The baskets were magnificent. The framed certificates were done with class. A lot of work was involved in preparation by many residents. Residents who attended witnessed the resident volunteers working at the various tables. Many other residents spent hours creating the beautiful baskets as well as many other tasks.

I would like to give special thanks to the experienced steering committee who planned and executed the Harvest Festival. Thank you to Pat Kelleher, Irene Brannelly, Barbara Smith, Nancy Kearns, Carol Balfe, and Peg Riley.

An amazing part of our fundraiser was the number of residents who donated to the event. Over 100 residents donated approximately \$6,800.00 worth of certificates, goods and/or money. The results are as follows:

• Baking	1,887.00
• Pocketbooks/scarves	1,227.00
• Jewelry	351.75
• Handcrafters (knitting)	1,770.00
• Crafts	205.00
• Café	243.00
• Bird Prints	390.00
• Raffles	<u>5,995.00</u>

Table Totals	\$12,068.75
---------------------	--------------------

• Donations	1,030.00
• Vender Space Fee	200.00

Total	\$13,298.75
--------------	--------------------

Less Expenses	1,912.19
---------------	----------

Revenue after Expenses	\$11,386.56
-------------------------------	--------------------

We have several items left which will be in a Silent Auction at a Pub Night in 2024. A special thanks to the Fuller staff for their assistance and help getting everything ready.

The proceeds go to the Residents' Association and will be spent on a variety of events for the enjoyment of the residents as well as donations to local charities.

Thank you,

John Gallagher,
President FVRA

Fuller Village Handyperson Directory Update Project



The Handyperson Directory will be two years old in January, and a number of entries are outdated, whether due to the person/business no longer being available, or the recommending resident no longer being here. With that in mind, the FVRA is asking those residents who are listed in the current edition as recommending a particular individual and/or business to contact them within the next week or two to ascertain their current availability. A copy of the current directory can be viewed at the Touchtown Community Apps website under “Resident Resources, Handypersons Guide.”

In addition, we recognize that other residents, including recent arrivals, might have had occasion to engage service providers who are not listed in the current directory but might wish to have their names added to the next directory. In those cases, we ask those residents to contact their handyperson or business to determine if they would like to be included in the directory. If they would like to be listed, please complete the information requested below. It should be noted that not every person or business that wishes to be included in the directory will be.

Please leave your completed form in the **E-103 mailbox of Gail Zaslow by Dec. 21, 2023.** If you have any questions, Gail can be reached at 301-520-2462 or by email at gzasl506@gmail.com. Thank you for your speedy response.

Service Category: _____

Contact Name: _____

Business Name, if applicable: _____

Vendor’s Address: _____

Contact’s Phone Number: _____

Your Name and Phone #: _____

Please reply no later than December 21, 2023.

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, November 20th

Split Pea & Bacon Soup
or Salad du Jour
Salisbury Steak (GF)
Stuffed Sole (GF)
Truffled Tater Tots, Garden Peas (GF)
Chocolate Chip Cookie or
Rice Pudding

Friday, November 24th

Clam Chowder (GF)
or Salad du Jour
Yankee Pot Roast (GF)
Grilled Swordfish (GF)
Country Mashed Potatoes, Baby Carrots (GF)
Custard Pie
or Carnival Cookie

Tuesday, November 21st

Tomato Orzo Soup (GF)
or Salad du Jour
General Tso's Chicken
Seafood Croquette (GF)
Jasmine Rice, Broccoli Stir-fry
Sugar Cookie
or Pumpkin Pie

Saturday, November 25th

French Lentil Soup (GF)
or Salad du Jour
Fenway Sausage Grinder
Seafood Casserole (GF)
Sweet Potato Fries, String Beans (GF)
Peanut Butter Brownie
or Apple Pie

Wednesday, November 22nd

Mushroom Barley Soup
or Salad du Jour
Grilled Pork Chop (GF)
Basil Pesto Salmon (GF)
Mashed Potatoes (GF), Asparagus (GF)
M&M Cookie
or Flourless Chocolate Torte

Sunday, November 26th

Chicken and Wild Rice (GF)
or Salad du Jour
Roasted Chicken Thighs (GF)
Baked Stuffed Shrimp (GF)
Brown Rice (GF), Roasted Zucchini (GF)
Assorted Cookies or Assorted Desserts

Thursday, November 23rd

Thanksgiving Buffet
2PM-4PM
Reservations
Required



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Always Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Mini Cheese Quesadilla With Salsa

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich of the Month and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs
Served with Entrée Sides.

Sandwich Special...14.00

Four Cheese Grilled Cheese Sandwich

Served with Choice of Side

Salad Special...12.00 (V)

Mixed Greens with Berries and Feta

Tossed with Raspberry Vinaigrette

add **Grilled Chicken**...5.00

add **Tuna** or **Chicken Salad**...5.00

Vegetarian Special... 15.00 (V)

Vegetable Quiche

Served with Side Salad.

Fuller Village

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun
with Lettuce, Tomato, and Onion.

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add **Grilled Chicken**...5.00

add **Tuna** or **Chicken Salad**...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke/ Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.



Brush Hill Café Specials

– Daily Specials –
all served with one side...14.00

Monday, November 20th

Cowboy Burger

Beef Patty, Cheddar Cheese, BBQ Sauce and
Onion Rings

Tuesday, November 21st

Chicken Parmesan Sandwich

Wednesday, November 22nd

“The Works” Hot Dog

Diced Onions, Pickles, Ketchup and Onions on a
Hotdog Roll

Thursday, November 23rd

Closed For The Holiday

Friday, November 24th

Fish & Chips

Served with Coleslaw and Tater Sauce