

SUN MON TUE WED THUR FRI SAT

2:00 Canton Choral Society (BR) 2:30 Blue Hill Bridge (BL) 5:30 Mr. Chan's Chinese Food Cafe Dinner Event (BR)	3 10:00 Pickleball 10:00 Wegman's 10:15 Chair Fitness w/Carol (BL) 10:30 Blue Hill Coffee Hour 11:00 Floor Yoga w/Carol (BR) 11:15 Aqua Fit w/Jean (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Water Volleyball 7:00 History with Paolo (BL)	4 10:00 Pickleball 10:00 Wegman's 10:15 Chair Fitness w/Carol (BL) 10:30 Blue Hill Coffee Hour 11:00 Floor Yoga w/Carol (BR) 11:15 Aqua Fit w/Jean (BR) 12:00 Chair Yoga w/Carol (BR) 1:00 Bridge (BR) 2:00 Handcrafters (BL) 3:00 Water Volleyball 7:00 History with Paolo (BL)	5 10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 10:30 Curry College Nursing School Breakfast Trip 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	6 10:00 Stop & Shop 10:15 Mobility & Stability w/Carol (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 12:45 Chorus (BR) 2:00 Catholic Mass (BR) 2:30 Aqua Fit w/Crystal (BR) 3:00 Rosary (BL) 3:00 Newcomers Q&A Hour (BR) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR)	7 10:00 Towel Cardio (BR) 10:30 Sandi the Therapy Dog (BR Parlor) 10:30 Adult Swim Lessons w/ Izzy 10:30 News, Coffee & Convo (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing w/Jean (BR) 1:00 Derby Street Shoppes 1:30 Crafts with Cindy (BL) 2:00 NeedlePoint (BR) 3:00 Newcomers Q&A Hour (BR) 3:30 Social Justice Action Group (BR)	Hanukkah 9:00 Walking Club with Joey 10:00 Aqua Fit with Crystal (BR) 10:30 Chair Yoga with Carol (BL) 1:00 Rich Travers (BL) 2:00 Stop & Shop in Hyde Park 4:30 Friday Night Services (BR) 6:30 Cribbage (BR) 7:00 Jeffrey Folmer (BL)	8 10:00 Pickleball 2:00 Holiday Sing Along (BR) 7:00 Movie Night (BR/BL)	9
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The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. She will be closed on 11/23 & 11/24. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Mondays and Thursdays at Blue Hill from 10 am to 3 pm. Please call 508-535-5675 to make an appointment.

The Podiatrist will be here on Wed 12/13 & 12/27 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic will be on Tuesday from 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Grocery trips: Stop & Shop trips are on **Wednesdays at 10 am** & **Fridays at 2 pm**. On **Mondays at 10 am**, we alternate between other area grocery stores (see calendar for specific locations & dates). Call 617-361-7778 to sign up.

Brush Hill Coffee Hour is Mon-Fri at 9 am. **Blue Hill Coffee Hour** is on Mondays & Thursdays at 10:30 am.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

December 2023

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekend Highlights: Friday 12/1 - Sunday 12/3

See what's happening this weekend!

Friday, December 1st

World AIDS Day Speaker: Dr. Gary Bailey at 7 pm (Brush Hill Function Room)

Every year on December 1st, the world unites to commemorate World AIDS Day, a reminder of the global struggle to end HIV-related stigma, an opportunity to honor those we have lost, and a rallying cry to continue working toward a day when HIV is no longer a public health threat. In 2023, we mark the 35th commemoration of this important day with the theme “World AIDS Day 35: Remember and Commit”. To mark the day, we will be joined by Dr. Gary Bailey, the MSW Program Director for the School of Social Work at Simmons University. Professor Bailey has devoted his career to sharing his deep knowledge, expertise, and leadership in the fields of Social Work, Public Health, and Affordable Housing. He was a member and served as Chair of the Board of the AIDS Action Committees (AAC), Inc. Advisory Council; and the AIDS Action Committees Program Committee.

We will have a block of the AIDS Memorial Quilt on display from 10 am - 4 pm on Thursday, November 30th and 10 am - 7 pm on Friday, December 1st. The AIDS Memorial Quilt is the largest ongoing community folk art project in the world. It celebrates the lives of people who have died of AIDS-related causes. The Quilt is a source of remembrance, healing and hope. Within each panel are sewn the names and stories of more than 110,000 friends, family members and loved ones whose precious lives were lost to this devastating disease. *This event is co-sponsored by the Fuller Village Residents Association.*

Saturday, December 2nd

Movie Night at 7 pm (BL & BR)

BRUSH HILL showing: *The Caine Mutiny*

Cast: Humphrey Bogart, Jose Ferrer, Van Johnson

When a U.S. Naval captain shows signs of mental instability that jeopardizes the ship, the first officer is urged to consider relieving him of command.

BLUE HILL showing: *All The President's Men*

Cast: Robert Redford, Dustin Hoffman, Jason Robards

In the Watergate Building, the lights go on and four men are caught in the act of a burglary. That night triggered revelations that drove a U.S. president from office. Bob Woodward and Carl Bernstein stayed with it through doubts, denials and discouragement.

Sunday, December 3rd

Canton Choral Society at 2 pm (Brush Hill Function Room)

Come enjoy our first holiday concert of the season! The Canton Choral Society is a non-profit, community-focused organization open to adult residents of Canton and surrounding towns. The Society is dedicated to fostering enthusiasm and accessibility to a variety of music types. Founded in 2003 by Crosby Goshgarian Jr., the Society has performed at numerous civic and private events.

Mr. Chan's Chinese Food FV Café Dinner Event at 5:30 pm (Brush Hill Café)

This event is full – keep an eye out for more fun weekend events soon! *Presented by the Fuller Village Activities Committee.*

Weekly Highlights: Monday 12/4 – Sunday 12/10

Look out for these special events and offerings next week! (Page 1)

Monday, December 4th

Trip to Wegman's at 10 am

We visit a different grocery store every Monday - Call 617-361-7778 to sign up.

History with Paolo at 7 pm (Blue Hill Activity Room)

Topic: 1941: The Last Year of Peace - By late 1939, much of the world had descended into the chaos of the Second World War. As armies marched across Europe and Asia, the US remained out of the fray, still recovering from the Great Depression, but enjoying the fruits of peace. That peace was suddenly, tragically shattered on December 7, 1941. This lecture will look at life in the United States during that last year before our entry into WWII.

Tuesday, December 5th

Birthday Breakfast at 10 am (Blue Hill Activity Room)

All are welcome to join us to celebrate our residents with December birthdays! As always, we will have fresh fruit, pastries, and coffee. Generously co-sponsored by our friends at Bank of Canton.

Curry College Nursing School Breakfast Tuesday at 10:30 am

We will take a van full of residents to celebrate our first semester of partnership with the Curry College Nursing School! Students will be dropping in for a breakfast break throughout the morning as they prep for finals. Priority for this trip will go to residents who participated in the Simulation Labs this semester, but we will gladly take other interested residents in any remaining seats on the van! Call 617-361-7778 to sign up.

Wednesday, December 6th

Catholic Mass at 2 pm (Brush Hill Function Room)

Father Bennett will be on site to celebrate Mass.

Newcomers Q&A Hour at 3 pm (Brush Hill Café)

We realize there is so much to learn about living at Fuller Village that it can't possibly be completely covered in the orientation meeting. So, here is a fabulous opportunity to meet some other newcomers in a small group setting and to listen to some information to help you navigate life at Fuller. Hosts: Marty Allen and Molly Welch. Choose one of these dates to attend: Wed. Dec. 6th or Thurs. Dec 7th, both at 3 pm in the Brush Hill Café. ***Free Door Prize Drawing***

Weekly Highlights: Monday 12/4 – Sunday 12/10

Look out for these special events and offerings next week! (Page 2)

Thursday, December 7th

Sandi the Certified Therapy Dog at 10:30 am (Brush Hill Parlor)

Sandi the bernadoodle is a wonderful certified therapy/comfort dog. He and his owner, Kim, are coming back to visit us! Please come to meet them - stay a few minutes or the whole hour!

Derby Street Shoppes at 1 pm

Take care of your holiday shopping all in one trip! Derby Street Shoppes in Hingham has 65 stores and restaurants, including Crate & Barrel, Barnes & Noble, Chico's, Kohls, Williams Sonoma, and Shake Shack for a little treat along the way.

Crafts with Cindy at 1:30 pm (Blue Hill Activity Room)

Join Cindy for a fun craft during the most wonderful time of the year! Using all the Bells and Whistles you will make a festive holiday wreath for your door. This is one of the year's most favorite workshops. Spots are limited so please call 617-361-7778 to reserve yours.

Newcomers Q&A Hour at 3 pm (Brush Hill Café)

See the description from Wednesday on page 1 – choose Wednesday or Thursday!

Social Justice Action Group at 3:30 pm (Brush Hill Function Room)

The Social Justice Action Group will meet to debrief the outcome of last month's signature gathering for the letter to Milton Town Meeting members to support compliance with the MBTA Communities Act in order to promote affordable housing in our town. We will also begin discussing our next action areas moving into 2024. New members are always welcome!

Friday, December 8th

First Day of Hannukah – Happy Hannukah!

Rich Travers at 1 pm (Blue Hill Activity Room)

Topic: Messiah - George Frideric Handel

George Frideric Handel's "Messiah" is such an iconic piece of music — and is so ingrained as a Christmas tradition — that it's easy to take its exuberance and its greatness for granted. Drawing from the Old and New Testaments, Handel designed it in three sweeping sections: Prophecy and Fulfillment, Suffering, and Redemption. Although religious, its message remains universal, and Handel intended it for the concert hall. Its theatricality is another reason for its popularity for nearly 300 years.



Weekly Highlights: Monday 12/4 – Sunday 12/10

Look out for these special events and offerings next week! (Page 3)

Friday, December 8th (Continued)

Friday Night Services at 4:30 pm (Brush Hill Function Room)

Rabbi Benjamin will be here for monthly services as Hannukah begins. Fresh latkes will be served in the café afterwards.

Jeffrey Folmer at 7 pm (Blue Hill Activity Room)

We are excited to welcome a new performer to Fuller Village – Jeffrey Folmer is a singer, songwriter, and guitar player. Join your neighbors for a fun night of music!

Saturday, December 9th

Holiday Singalong at 2 pm (Brush Hill Function Room)

A group of musicians and singers will lead a sing-along of favorite songs of the season. Songs for Christmas, songs for winter and other fun holiday songs will be offered up, along with requests from the audience. Join in for a fun time of celebration where you can participate or just listen and enjoy. Following the singing, there will be seasonal refreshments and time to socialize as we keep humming our favorite tunes. We hope you will join us!

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, December 10th

David Won (tenor) & Tim Steele (piano) at 7 pm (Brush Hill Function Room)

Fuller favorites David & Tim will perform a special holiday recital. These incredibly talented musicians are not to be missed!

FULLER VILLAGE

Cordially invites you to



Holiday Treats & Champagne

BRUSH HILL FUNCTION ROOM

Tuesday, December 12th 1:30-3 pm

with live Jazz Guitar played by Kevin Scollins

BLUE HILL DINING ROOM FOYER

Wednesday, December 13th 1:30-3 pm

with live Piano played by Kyle Kelleher



Let's celebrate the holidays together!



Join the Fuller Village Chorus For our annual Holiday Concert & Milton Food Pantry Drive Thursday, December 14th at 7 pm Brush Hill Function Room

Please join us as we gather to celebrate the Holidays with The Fuller Village Chorus under the direction of Ms. Penny Knight. The Chorus will perform favorite seasonal songs to delight all! Ms. Knight has given her hearty approval to the Caring Committee to use this special opportunity to collect **personal care products** for the Milton Food Pantry.

Donations may be brought to the Brush Hill Café prior to the concert. Only the following items are needed: **adult & children's toothbrushes, toothpaste, shampoo, soaps, boxed tissues, ChapStick and small hand sanitizers.**

The Caring Committee expresses our heartfelt thanks to Ms. Knight for offering the evening Concert to aid the Milton Food Pantry.

Thank you in advance for your kindness and generosity!



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CHRISTMAS EVE DINNER 2023

Sunday, December 24th 2:00 PM

Gordon House Dining Room

Holiday Salad with Pomegranate Seeds, Goat Cheese, Tomato,
Cucumber, Onions, and Candied Walnuts

Braised Lamb Shank

OR

Baked Stuffed Haddock with Crabmeat

Cheesy Scalloped Potatoes, Carrots and Turnips

Candy Cane Peppermint Brownie with Ice Cream

\$29.95

Please RSVP to Joey at 617-361-3231 by Friday, December 15th

Cancellations after Monday, December 18th will be charged.

There will be no take-outs or deliveries.

Monday, December 11th at 2 pm
Brush Hill Function Room

Author Talk: Emily Franklin *The Lioness of Boston*

A deeply evocative novel of the life of trailblazer Isabella Stewart Gardner, a daring visionary who created an inimitable legacy in American art and transformed the city of Boston itself. *The Lioness of Boston* is a portrait of what society expected a woman's life to be, shattered by a courageous soul who rebelled and was determined to live on her own terms. **Emily Franklin** is an award-winning author of more than twenty novels and a poetry collection, *Tell Me How You Got Here*. A lifelong visitor to the Isabella Stewart Gardner Museum, she lives outside of Boston with her family including two dogs large enough to be lions. *The Lioness of Boston* is now in its 4th printing.

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A related trip to the Gardner Museum will take place on 12/21
- see the front page of the packet for more details!

