| SUN MON TUE WED | THUR |
|--|---|
| 2:00 Christmas Eve Dinner (BL) Merry Christmas! Offices & Cafe Closed Pool & Fitness Center Closed I:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR) I:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Men's Poker Club (BR) I:2:00 Back to Basics (BL) 10:15 Mobility & Stability w/ Carol (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/Carol (BR) 12:00 Chair Yoga w/Carol (BR) 12:00 Documentary: "Won't You Be My Neighbor" (BL) 2:30 Aqua Fit w/ Crystal (BR) 4:00 Restorative Yoga (BR) 12:00 Chair Yoga My Neighbor" (BL) 2:30 Aqua Fit w/ Crystal (BR) 4:00 Restorative My Neighbor" (BL) 10:15 Mobility & Shop 10:15 Mobility & Stability w/ Carol (BR) 11:00 Floor Yoga W/Carol (BR) 12:00 Chair Yoga My Neighbor" (BL) 3:00 Rosary (BL) | 0:00 Towel Cardio (BR) 0:30 Adult Swim Lessons w/Izzy 0:30 News, Coffee & Convo (BL) 1:00 Core on the Floor (BR) 2:00 Mobility & Stability (BL) 2:00 Men's Lunch to Molinari's 2:00 NeedlePoint (BR) 4:30 Blue Hill Book Club (BL) 7:00 History with Paolo (BR) |

The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. She will be closed on 11/23 & 11/24. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Mondays and Thursdays at Blue Hill from 10 am to 3 pm. Please call 508-535-5675 to make an appointment.

The Podiatrist will be here on Wed 12/27 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic will be on Tuesday from 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Grocery trips: Stop & Shop trips are on Wednesdays at 10 am & Fridays at 2 pm. On Mondays at 10 am, we alternate between other area grocery stores (see calendar for specific locations & dates). Call 617-361-7778 to sign up.

Brush Hill Coffee Hour is Mon-Fri at 9 am. Blue Hill Coffee Hour is on Mondays & Thursdays at 10:30 am.

December 2023

If you need transportation between campuses please call 617-361-7778

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— LIVE A FULLER LIFE —



29 Club with Joey 200 Stop & Shop 30 Cribbage (BR) 10:00 Pickleball 30 7:00 Movie Night (BR/BL)

SAT

Gordon House Dining: To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton

Tuesdays Brush Hill 9 - 10 am Blue Hill 11 am - 12 pm

Sign Ups

To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

Weekend Highlights: Friday 12/22 - Monday 12/25 See what's happening this weekend!

Friday, December 22nd

Holiday Singalong with Rosemary & Edwards at 9:30 am (Brush Hill Café) They're taking their show on the road and will be at Brush Hill's Coffee Hour today! Coffee Hour still starts at 9 am so come grab a cup and a seat, then join in the song!

Saturday, December 23rd

Movie Night at 7 pm (BL & BR) BRUSH HILL showing: *Paul Simon Concert - Graceland: The African Concert (1987)* A concert given in Zimbabwe, Africa, by singer Paul Simon, featuring such South African musicians as Miriam Makeba and Hugh Masakela.

BLUE HILL showing: Last Christmas

Cast: Emilia Clark, Henry Golding

By Academy Award winner Emma Thompson comes a heartfelt romantic comedy, inspired by the music of George Michael. Kate works at a holiday gift store as an elf and has made many bad decisions and is down on her luck until she meets Tom who tries to challenge her world view of negativity.

Sunday, December 24th

Christmas Eve

Christmas Eve Dinner at 2 pm (Gordon House Dining Room)

By reservation only. See flyer on Touchtown under "Week at Fuller" icon for menu and more information. Call Joey at 617-361-3231 to make a reservation.

Monday, December 25th

Christmas Day – Merry Christmas! *Offices, Café, Pool, and Fitness Center Closed*



<u>Weekly Highlights: Tuesday 12/26 – Sunday 12/31</u> Look out for these special events and offerings next week!

Wednesday, December 27th

Documentary: *Won't You Be My Neighbor* at 2 pm (Blue Hill Activity Room) This award-winning documentary is a powerful, emotional portrait of the man many say was the most genuine person to grace this earth. When Fred Rogers found his calling in television, his unassuming children's show was beloved by generations for his kindness, empathy, and understanding. (*Run time: 1 hr, 34 min*)

Thursday, December 28th

Men's Lunch at Molinari's at 12 pm

Join the guys for a lunch out at Molinari's Pizzeria in Dorchester, where they serve wood-fired brick-oven pizzas, old world-style pasta, and Italian sandwiches, plus a hearty selection of beer and wine and amazing daily specials. Call 617-361-7778 to sign up.

History with Paolo at 7 pm (Brush Hill Function Room)

Topic: The Fate of the Nation: Lincoln, the Union, and the Pivotal Election of 1860

Perhaps no presidential election in our history has been more consequential than that of 1860. As the nation teetered on the brink of disunion, fractured by sectionalism, the spectacle of American electoral politics fueled passions across the country. The outcome of the election led to secession and, ultimately, Civil War, and shaped the fate of the United States.

<u>Saturday, December 30th</u> Movie Night at 7 pm (BL & BR) – *Titles to be announced*

<u>Sunday, December 31st</u> New Year's Eve



New Year's Eve Dinner at 4 pm (Gordon House Dining Room)

By reservation only. See flyer on Touchtown under "Week at Fuller" icon for menu and more information. Call Joey at 617-361-3231 to make a reservation.

Sound Investment at 7 pm (Brush Hill Function Room)

Sound Investment is back with their popular New Year's Eve show, a Fuller Village tradition! This accomplished group is a throw-back to the days of college octets and glee clubs, performing timeless favorites and appealing to a variety of musical tastes and generations.

RESIDENTS' ASSOCIATION CORNER

As the year ends, I would again like to thank all the residents who contributed so generously not only gifts for the Harvest Festival but all those who worked so hard to make this year's annual fund raiser such a success.

There are several additional gifts that the Residents' Association will make available in a silent auction during our next Pub Night on January 18th. More information will follow.

On behalf of the Residents' Association Board, I would like to wish residents and their families Happy Holidays.

- John Gallagher, President, FVRA

Thank Yous to the Fuller Village Community

On behalf of the Caring Committee, I would like to express our gratitude to the Fuller Village residents who so generously donated non-perishable items to the Food Pantry. Your generous donations have made a huge impact on those in our community who needed these items. Our Caring Committee members have delivered your donations to the pantry and now extend their gratitude to you all.

- Betsy Buchbinder, The Caring Committee Chair

Our Holiday Cookie Sale was a great success. We netted \$907. That money will be going to the FVRA, who will distribute it to our Father Bill's lunch program, where one day a month volunteers buy ingredients, make sandwiches, and bag lunches for the Father Bill's lunch program for the homeless. I send a big thank you to all those who baked for the sale, my volunteers who helped set up on Friday and sell on Saturday morning and to all of you who came to buy and support our sale.

- Mimi Roos, Holiday Cookie Sale Chair

Duplicate Bridge Starting January

Residents are organizing a duplicate bridge game starting January 11th at 6:30 pm in the Brush Hill Card Room. People interested should contact Philip Driscoll at 617-922-8646.

Last Call to Add to the Handy Person Directory!

The deadline for submission to our new Handy Person Directory is Friday, December 22nd. Contact Gail Zaslow 301-520-2462 if you have someone you'd like to recommend!

Gordon House

Dining Room Dinner Menu call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday December 25th

Merry Christmas Dining Room Closed For The Day

Friday, December 29th

Clam Chowder (GF) or Salad du Jour Chicken Statler Breast (GF) Tuscan Baked Cod (GF) Baked Potato (GF), Baby Carrots (GF) White Chocolate Macadamia Cookie or Apple Pie

Saturday, December 30th

Cheddar Broccoli Soup (GF) or Salad du Jour American Chop Suey With Macaroni (GF) Maryland Crab Cakes (GF) French Fries (GF), Cole Slaw (GF) Chocolate Chip Cookie or Rice Pudding

Sunday, December 31st

Happy New Year!

New Year's Eve Dinner 4 PM-6 PM Reservations Only



or Pecan Pie

Wednesday, December 27th

Mushroom Barley Soup (GF) or Salad du Jour Beef Stew (GF) Creamy Garlic Shrimp (GF) Egg Noodles (GF), Green Beans (GF) Carnival Cookie or Lemon Layer Cake

Thursday, December 28th

Leek and Potato Soup (GF) or Salad du Jour Grilled Pork Tenderloin (GF) Trout Almondine (GF) Rice Pilaf (GF), Asparagus (GF) Double Cookie or Berry Crisp

Juller Village

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

wans Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad * ask about our selection of house made dressings *

Weekly Special ... 7.00

Fig Jam and Prosciutto Served on a Crostini With Balsamic Reduction

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich of the Month and Fuller Burger / Impossible Burger Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs Served with Entrée Sides.

Sandwich Special...14.00 (GF) B.L.T Wrap With Avocado Wrapped in a Tortilla

Salad Special...12.00 (V)

Greek Salad With Greek Dressing Lettuce, Tomato, Cucumber, Feta Cheese, and Olives add Grilled Chicken...**5.00** add Tuna or Chicken Salad...**5.00**

Vegetarian Special... 15.00 (V)

Squash Ravioli's With Brown Butter Sauce Served with Side Salad

DESSERTS

a la carte...4.00 Cookie of the Day...3.00

Fresh Fruit Cup...3.00 Sugar-Free Jell-O...3.00 Ice Cream...3.00

Guller Dillage **Ünidine**

Fuller Village Hamburger/Cheeseburger...13.00 On a Toasted Brioche Bun

with Lettuce, Tomato, and Onion.

Impossible Burger...15.00 (V) On a Toasted Brioche Bun with Lettuce, Tomato, and Onion.

Lighter Fare...10.00 (V) Large Garden Salad Served with Roll and Butter add Grilled Chicken...5.00 add Tuna or Chicken Salad...5.00

BEVERAGES Coke/ Diet Coke Ginger Ale / Diet Ginger Ale V-8 2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made without gluten ingredient options available upon request.

Brush Hill Café Specials

– Daily Specials – all served with one side...14.00

Monday, December 25th **Closed For The Holiday**

Tuesday, December 26th **Chicken and Ranch Wrap**

With Crispy Bacon, Lettuce and Tomato

Wednesday, December 27th Flatbread Pizza Choice Of

Pepperoni, Cheese or Veggie Served with Side Salad

Thursday, December 28th Classic Meatloaf With Gravy

Served with Potato Wedges

Friday, December 29th Shrimp Cocktail With Pineapple Slaw Or Grilled Salmon Served with Mixed Vegetables

