

JANUARY 2024

Calendar Highlights

Trips – Sign-up for all trips will begin at 9 am on **Tuesday, January 2nd**. Please call 617-361-7778 to sign up!

Trip to Museum of Fine Arts “Fashioned by Sargent” Exhibition – Thursday, January 4th at 10 am

Registration for this trip is formally closed, but if you would like to go, please contact Muriel and we can try to purchase an additional ticket for you. The trip will cost \$37.50, to be billed to your account. This covers timed entrance to the Sargent exhibition, general admission to the museum, and a portion of parking. Attendees will also have access to each of the museum’s 3 on-site cafes for lunch on their own. The van will return by 4 pm.

Trip to Ron’s Bowling and Ice Cream – Tuesday, January 9th at 1 pm

Candlepin bowling and delicious homemade ice cream! Ron’s is a short drive away and is a fun way to spend your afternoon, whether you want to bowl or just socialize over a sundae! There are also reasonably priced lunch items for sale, including hot dogs and pizza. Please bring cash to cover any food as well as shoe rentals (\$3.50/person) and bowling (\$4.50/person/game) for those who want to play.

Trip to Talbots Outlet in Hingham – Thursday, January 11th at 10 am

Talbots is known for its fashionable women’s clothing, shoes, and accessories and the outlet store is sure to have some good deals!

Trip to Forbes House Museum – Tuesday, January 16th at 2 pm

The Forbes House Museum is located atop Milton Hill, overlooking Boston’s skyline, the Neponset River marshes, and Boston Harbor in the distance. Their China trade collection includes 19th-century export porcelain, paintings, furniture, and other unique items brought back from China by Captain Robert Bennet Forbes and his family. The hour-long tour will include both floors of the Forbes House Museum and does include a flight of stairs. *Please note if you have mobility issues and we can arrange for them to provide a slideshow of the other floors as an alternative.* The tour costs \$10, which will be charged to your account.

Women’s Lunch to Mr. Chan’s – Tuesday, January 23rd at 11 am

This month, the Women’s Lunch will visit Mr. Chan’s Restaurant in East Milton for creative Asian cuisine. The Chan family has been serving delicious Chinese and Asian fusion across the area for over 20 years. Their menu includes excellent lunch specials as well.

Men’s Lunch to Eire Pub – Thursday, January 25th at 12 pm

Located in the heart of one of Boston’s oldest neighborhood, the Eire Pub has been a fixture for over 50 years. Originally opened as a traditional “Men’s Bar”, the Eire has evolved into a world class eating and drinking establishment. With boisterous regulars, a jovial proprietor, and a generous and satisfying menu, the Eire Pub is a place you will remember whether you stop there once, or once a day.

Trip to Gourmet Garden with Molly – Tuesday, January 30th at 11 am

Join Executive Director, Molly Welch, for a fun and delicious lunch at Gourmet Garden in Canton. They serve fresh and delicious Chinese & Japanese food. They also offer separate checks for an easy group dining experience. Priority goes to those who have not attended a lunch with Molly yet.

Brush Hill Bingo Returns! - Wednesday, January 31st at 7 pm (Brush Hill Function Room)

We are excited to bring Bingo back to Brush Hill this month, now run by student volunteers from Curry College! Come play and meet some new friends. We hope to make this a new tradition!

SUN	MON	TUE	WED	THUR	FRI	SAT
New Year's Eve 31 Happy New Year! 4:00 New Year's Eve Buffet Dinner (BL) 7:00 Sound Investment Acapella (BR)	New Year's Day 1 Offices, Cafe, Pool, & Fitness Center Closed 	2 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	3 10:00 Stop & Shop in Hyde Park 10:45 Cornhole (BL) 12:45 Chorus (BR) 2:00 Catholic Mass (BR) 2:30 Aqua Fit with Crystal (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR)	4 10:00 Towel Cardio (BR) 10:00 Museum of Fine Arts "Fashioned by Sargent" Exhibit 10:30 Adult Swim Lessons with Izzy 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 2:00 NeedlePoint (BR)	5 9:00 Walking Club with Joey 10:00 Aqua Fit with Crystal (BR) 10:30 Chair Yoga with Carol (BL) 1:00 Rich Travers (BL) 2:00 Stop & Shop in Hyde Park 6:30 Cribbage (BR) 7:00 Herbie Rae Duo (BL)	6 9:00 Pancake Breakfast (BR) 10:00 Pickleball 7:00 Movie Night (BR/BL)

The Silver Linings Hair Salon at the Gordon House is open Thu & Fri starting at 9 am. She will be closed on 11/23 & 11/24. Please call 617-361-8746 to make an appointment.

Massage Therapist, Jen Borges, is available on Mondays and Thursdays at Blue Hill from 10 am to 3 pm. Please call 508-535-5675 to make an appointment.

The Podiatrist will be here on Wed 1/10 & 1/24 at 1 pm. Please call 781-986-3668 to schedule an appointment.

The Wellness Clinic will be on Tuesday from 8:30 - 11 am. Please call 617-361-7900 for an appointment.

Blood Pressure Clinics are Wed 12 - 1 pm at Blue Hill and 1 - 2 pm at Brush Hill.

Grocery trips: Stop & Shop trips are on **Wednesdays at 10 am & Fridays at 2 pm**. On **Mondays at 10 am**, we alternate between other area grocery stores (see calendar for specific locations & dates). Call 617-361-7778 to sign up.

Brush Hill Coffee Hour is Mon-Fri at 9 am. **Blue Hill Coffee Hour** is on Mondays & Thursdays at 10:30 am.

Gordon House Dining:
To schedule a dinner reservation or to-go order please call 617-361-6958

Bank of Canton
Tuesdays
Brush Hill 9 - 10 am
Blue Hill 11 am - 12 pm

Sign Ups
To sign up for rides between campus, grocery trips or any other scheduled trips, please call 617-361-7778

January 2024

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Weekend Highlights: Saturday 12/30 - Monday 1/1

See what's happening this weekend!

Saturday, December 30th

Movie Night at 7 pm (BL & BR)

We are moving to streaming movies directly from Netflix, which allows us to show the same film at both campuses! This week's showing is:

Maestro

Cast: Bradley Cooper, Carey Mulligan

The story of renowned composer Leonard Bernstein with special emphasis on his 27 year marriage to Felicia Monteleager, an actress from Costa Rica.

Sunday, December 31st

New Year's Eve



New Year's Eve Dinner at 4 pm (Gordon House Dining Room)

By reservation only. See flyer on Touchtown under "Week at Fuller" icon for menu and more information. Call Joey at 617-361-3231 to make a reservation.

Sound Investment at 7 pm (Brush Hill Function Room)

Sound Investment is back with their popular New Year's Eve show, a Fuller Village tradition! This accomplished group is a throw-back to the days of college octets and glee clubs, performing timeless favorites and appealing to a variety of musical tastes and generations.

Monday, January 1st

New Year's Day – Happy New Year!

Offices, Café, Pool, and Fitness Center Closed

**HAPPY NEW YEAR
2024!**

Weekly Highlights: Tuesday 1/2 – Sunday 1/7

Look out for these special events and offerings next week! (Page 1)

Tuesday, January 2nd

Sign-ups for trips open at 9 am. Please call Muriel at 617-361-7778 to reserve your spot on any January trips.

Wednesday, January 3rd

Chorus Rehearsal at 12:45 pm (Brush Hill Function Room)

Chorus rehearsals resume for 2024!

Catholic Mass at 2 pm (Brush Hill Function Room)

Father Bennett will be on site to celebrate Mass.

Thursday, January 4th

Trip to Museum of Fine Arts “Fashioned by Sargent” Exhibition at 10 am

Registration for this trip is formally closed, but if you would like to go, please contact Muriel and we can try to purchase an additional ticket for you. The trip will cost \$37.50, to be billed to your account. This covers timed entrance to the Sargent exhibition, general admission to the museum, and a portion of parking. Attendees will also have access to each of the museum's 3 on-site cafes for lunch on their own. The van will return by 4 pm.

Friday, January 5th

Rich Travers at 1 pm (Blue Hill Activity Room)

Topic: Rhinestones and Outlaws - Country and Western Music

Country Music originated in the Southern United States in the 1920s. It takes its roots from the southeastern genre of American Folk Music, Old Time Music and Hillbilly music. This lecture will include the greatest songs and performers from the Grand Ol' Opry (Patsy Cline, Roy Acuff, Ernest Tubb, Chet Atkins etc), music from the Outlaws (Johnny Cash, Willie Nelson, Merle Haggard etc) and present some of today's artists and musicians who are the new voice of Country Music.

Herbie Rae Duo at 7 pm (Blue Hill Activity Room)

Herbie has been performing for over 20 years as a band leader, vocalist, and master of ceremonies. Join him and his pianist Steve Heck for a non-stop, upbeat hour of music from the Great American Songbook!

Weekly Highlights: Tuesday 1/2 – Sunday 1/7

Look out for these special events and offerings next week! (Page 2)

Saturday, January 6th

Pancake Breakfast from 9-11 am (Brush Hill Function Room)

Come enjoy a pancake breakfast served fresh all morning. \$5 will get you pancakes (regular and/or blueberry), turkey sausage, coffee, tea, and juice, with all proceeds going to the Father Bill's bag lunch program run by Fuller Village residents. Contact Bob Lash at 781-828-2657 with questions.

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, January 7th

New Yorker Short Stories Discussion at 11 am (Brush Hill Function Room)

Do you enjoy reading Short Stories? Haven't read any recently? Consider joining a *New Yorker* Short Story Group. We will read and discuss stories from the *New Yorker Magazine*. The *New Yorker* publishes a new piece of fiction each week. Stories are written by established authors, as well as newcomers. The 4 stories that have been chosen vary in length and content. Stories will be available online, in print and some in audio format. This is the first of four meetings (the remaining dates are Monday, January 22nd at 7 pm, Sunday, February 4th at 11 am, and Sunday, February 19th at 7 pm). Come to one meeting or many and let's share our thoughts and opinions. If interested or have questions, please call Ruth Segal at (617) 910-9207. Ruth will send titles with links or copies of the short stories, once she knows who will be joining.

Frederick Moyer (Pianist) at 7 pm (Brush Hill Function Room)

Back by popular demand! Frederick is a classically trained pianist who puts on a creative, engaging, and entertaining show. To help you fully enjoy the performance, he uses his innovative MoyerCam, which projects a view of his fingers on the keys for the audience to see. Thank you to the Fuller Village Residents' Association for co-sponsoring this special performance.

Notes from the Program Director

Special Weekend Activities

We have three resident-run activities taking place on the weekends in January including a **Pancake Breakfast** on Saturday, January 6th from 9-11 am in the Brush Hill Function Room and a **Pizza Dinner** on Saturday, January 27th at 5:30 pm in the Brush Hill Café. The **New Yorker Short Story Discussion Series** will return and will meet twice a month through February. The first meeting will be on Sunday, January 7th at 11 am in the Brush Hill Function Room. Mark your calendars and be sure to read the Weekly Highlights section of each week's packet for more information.

Duplicate Bridge Starting January

Residents are organizing a duplicate bridge game starting January 11th at 6:30 pm in the Brush Hill Card Room. People interested should contact Philip Driscoll at 617-922-8646.

MLK Day Card Party

There will be fun card games & prizes on Monday, January 15th from 1-4 pm in the Brush Hill Function Room! Join to play a game of Mahjong, Poker, Gin Rummy, Cribbage, Bridge, Whist, Pinochle, Spades, Hearts, etc. Proceeds will be used for prizes and as a donation to the Fuller Village Residents' Association. **In order to play, you must make a reservation.** Call Ellie Forman at 617-910-9225 or Anne Segal at 857-345-9933. Please pay \$5 cash to register by Wednesday, 1/10. No payments at the door. You may form your own group or ask to be seated with a group who needs an extra player. Bring your own cards, chips, etc.

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday January 1st

Tomato Bisque (GF)
or Salad du Jour
Chicken Picatta (GF)
Pan Seared Salmon (GF)
Mashed Potatoes (GF), Sauteed Zucchini (GF)
Chocolate Chip Cookie
or Cheesecake

Friday, January 5th

Clam Chowder (GF)
or Salad du Jour
Veal Parmesan With Spaghetti (GF)
Grilled Marinated Trout (GF)
Creamy Polenta, Green Beans (GF)
Sugar Cookie
or Cream Cheese Swirl Brownie

Tuesday, January 2nd

Tortellini & Sausage Soup
or Salad du Jour
Marinated Steak Tips (GF)
Grilled Swordfish (GF)
Parmesan Risotto (GF), Broccoli (GF)
Mocha Cookie
or Chocolate and Vanilla Pudding Parfait

Saturday, January 6th

Beef & Potato Soup (GF)
or Salad du Jour
Squash Raviolis w/ Sage Brown Butter (V) (GF)
Baked Cod (GF)
Couscous (GF), Sauteed Spinach (GF)
Cranberry Orange Cookie
or Rice Pudding

Wednesday, January 3rd

Chicken Noodle Soup (GF)
or Salad du Jour
Herbed Pork Chops (GF)
Lemon Shallot Haddock (GF)
Jasmine Rice (GF), Brussels Sprouts (GF)
Peanut Butter Cookie
or Oreo Chocolate Cake

Sunday, January 7th

Salmon and Dill Soup (GF)
or Salad du Jour
Baked Chicken Breast With Tomato Cream Sauce (GF)
Tuscan Butter Shrimp (GF)
Baked Potato (GF), Chef's Medley (GF)
Assorted Cookies
or Assorted Desserts

Thursday, January 4th

Loaded Baked Potato Soup (GF)
or Salad du Jour
Fried Chicken (GF)
Blackened Fish Tacos (GF)
French Fries (GF), Coleslaw (GF)
Oatmeal Raisin Cookie
or Apple Pie



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

Always Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Caprese Salad

Fresh Sliced Mozzarella, Tomatoes, and Sweet Basil with Balsamic Reduction

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich of the Month and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs
Served with Entrée Sides.

Sandwich Special...14.00 (GF)

Chicken Waldorf and Lettuce Wrap

Chicken Salad Mixed with Apples,
Grapes, Cranberries and Pecans in a Wrap

Salad Special...12.00 (V)

Chopped Salad

Romaine Lettuce, Cucumbers, Tomatoes,
Red Onions, Peppers and Feta Cheese
add **Grilled Chicken**...5.00
add **Tuna** or **Chicken Salad**...5.00

Vegetarian Special... 15.00 (V)

Vegetable Primavera Pasta

Served with Side Salad

Fuller Village

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun
with Lettuce, Tomato, and Onion.

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter
add **Grilled Chicken**...5.00
add **Tuna** or **Chicken Salad**...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke/ Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne illness,
especially if you have certain medical conditions. *These items
may be served raw or undercooked. *Made without gluten
ingredient options available upon request.



Brush Hill Café Specials

– Daily Specials –
all served with one side... 14.00

Monday, January 1st
Closed For The Holiday

Tuesday, January 2nd
Egg Salad On Croissant
With Lettuce and Tomato

Wednesday, January 3rd
Pineapple Teriyaki Chicken
Served with Choice of Side

Thursday, January 4th
BBQ Bacon Burger
Grilled Onions, House Made BBQ Sauce and
Crispy Bacon

Friday, January 5th
Marinated Grilled Shrimp
Served with Choice of Side