

Weekend Highlights: Friday 1/12 - Sunday 1/14

See what's happening this weekend!

Friday, January 12th

Belly Dancing with Betty Tamer at 12:30 pm (Brush Hill Yoga Studio)

Unleash your inner dancer! Our very own fuller resident, Betty Tamer, will guide you in 30 minutes of creative movement, inspired by Betty's very own experience and love of dancing. No experience necessary!!

Lenny Weiner "Pop Songs of the Past" at 7 pm (Blue Hill Activity Room)

Lenny has been singing since he was in his early 20s. He started in an acappella group with two friends. He loves singing all genres of music from Frank Sinatra to Elvis and lots of the standards from the 50's, 60's, & 70's. The audience is encouraged to sing right along with him!

Saturday, January 13th

Movie Night at 7 pm (BL & BR)

Brush Hill showing: *The Holdovers* (2023)

Cast: Paul Giammati, Davine Joy Randolph, Dominic Sessa

A professor at a private boys' school is forced to stay over the holidays with a group of boys who have no place to go.

Blue Hill showing: *The Blues Brothers*

Cast: John Belushi, Dan Ackroyd, James Brown, Ray Charles, Aretha Franklin

Two brothers who were orphans decide to visit the Catholic Orphanage that brought them up. When the priest told them it was closing because of nonpayment of taxes, they decide to help them.

Sunday, January 14th

Emil Altschuler (Violin) at 7 pm (Brush Hill Function Room)

Acclaimed violinist Emil Altschuler is a master of his instrument who performs with incredible technique, magnificent expression, and a profound artistry across a wide-ranging repertoire. With degrees from The Juilliard School and The Yale School of Music, he entrances audiences worldwide. Do yourself a favor and do not miss this special performance!

Weekly Highlights: Monday 1/15 – Sunday 1/21

Look out for these special events and offerings next week! (Page 1)

Monday, January 15th

Martin Luther King, Jr. Day

Offices & Café Closed; Pool & Fitness Center Open Regular Hours

**Martin
Luther
King
Day**



Card Party from 1-4 pm (Brush Hill Function Room)

Join us for fun card games & prizes! Play a game of Mahjong, Poker, Gin Rummy, Cribbage, Bridge, Whist, Pinochle, Spades, Hearts, etc. Proceeds will be used for prizes and as a donation to the Fuller Village Residents' Association. **In order to play, you must make a reservation.** Call Ellie Forman at 617-910-9225 or Anne Segal at 857-345-9933. ***Please pay \$5 cash to register by Friday, 1/12 at 3 pm.*** No payments at the door. You may form your own group or ask to be seated with a group who needs an extra player. Bring your own cards, chips, etc.

Milton Interfaith Clergy Association Annual Rev. Dr. Martin Luther King, Jr. Celebration at 6:30 pm (via livestream in Blue Hill Activity Room & Brush Hill Library)

We will livestream this inspiring program, featuring a keynote address by Rick Pinderhughes, Psy.D., Deputy VP of Consulting at VISIONS, Inc. For those who would like to attend in person, the event will be held at Concord Baptist Church at 180 Blue Hill Avenue in Milton.

Tuesday, January 16th

Tour of the Forbes House Museum at 2 pm

The Forbes House Museum is located atop Milton Hill, overlooking Boston's skyline, the Neponset River marshes, and Boston Harbor in the distance. Their China trade collection includes 19th-century export porcelain, paintings, furniture, and other unique items brought back from China by Captain Robert Bennet Forbes and his family. The hour-long tour will include both floors of the Forbes House Museum and does include a flight of stairs. *Please note if you have mobility issues and we can arrange for them to provide a slideshow of the other floors as an alternative.* The tour costs \$10, which will be charged to your account. There is one spot left on this trip so please call 617-361-7778 ASAP while it is still available!

Maria Judge's Storytelling: The Five-Year Honeymoon at 3 pm (Blue Hill Activity Room)

One week after their wedding, Jerome and Eleanor Judge moved to Ireland to study at University College, Dublin under the GI Bill. They expect to spend one year away but instead stay for 5 years, during which they travel around Ireland and Germany, work for Catholic Relief Services, have three children, perform on stage with Carroll O'Connor and eventually get a PhD. Fuller Village resident Maria Judge presents more stories of her family's early years and travels around the world.

Weekly Highlights: Monday 1/15 – Sunday 1/21

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Wednesday, January 17th

Catholic Mass at 2 pm (Blue Hill Activity Room)

Father Bennett will be on site to celebrate Mass.

Treats and Tea at 2:45 pm (Gordon House Dining Room)

Join your neighbors for some cookies, tea/coffee, and good company!

Caring Committee at 3 pm (Brush Hill Function Room)

Caring Committee gathers monthly to discuss topics important to your physical, social, and emotional health throughout the aging process. Led by Betsy Buchbinder.

Thursday, January 18th

Pub Night with the Dwayne Haggins Trio at 6:30 pm (Brush Hill Function Room)

Dwayne and his friend Ahren have been entertaining Fuller residents for years in their duo version – come enjoy them play an eclectic mix of rock, blues, country, funk, and soul as a trio! They will play anything to get you up and off your feet! Dwayne's silky voice and showmanship make him a standout performer and we are excited to welcome him and his bandmates to their first Pub Night! Food will be served at 6:30 pm and music will begin at 7. The Fuller Village Residents Association will also be putting on a special Silent Auction – please see attached flyer for the prizes that will be available for bidding.

Friday, January 19th

Friday Night Services at 4:30 pm (Brush Hill Function Room)

Rabbi Benjamin will be on site for monthly services.

Saturday, January 20th

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Upcoming Program Alert

Writing Our Way Home: A Memoir Writing Group led by Betsy Abrams, LCSW

We are excited to welcome back Betsy Abrams, a trained Amherst Writers Association facilitator who runs a 6-session memoir writing group several times a year at Fuller Village. In this group, participants use writing as a tool for reflection, to share stories, and write essays and poems about their life experiences. They develop a sense of community and appreciation for each person's journey. Beginning in February, this group will begin again, welcoming returning and new members. Together, group members will use writing prompts and poetry to inspire them and to further explore and write about their lives. Respect and confidentiality will be at the heart of this writing group.

Please contact Muriel at 617-361-7778 if you would like to sign up. Space is limited to 12 participants. The group will meet every other Thursday in the Blue Hill Activity Room from 3:30-5 pm over a 12-week period, meeting on 2/1, 2/15, 2/29, 3/14, 3/28, 4/11. Sign-up opens on Friday, January 12th at 9 am.

Letting Go

A New Year has begun; the old year past. Perhaps it is time to let go of things that have been troubling us this past year, time to step out of our comfort zone and face a new year with the resilience and strength within us.

"Letting go is not so much an act of doing, so much as it is one of undoing", suggests Nancy Callor, Social Worker and Minister. Are we being loyal to our grievances, grudges, concerns and rejections - by keeping them in our minds? Are we being stalked by them yet keeping them from fading away?

Letting go is freeing ourselves from obsessing over the negatives. It is detaching ourselves from unpleasantness and moving on. Most negative emotions are disruptive, making it hard to function and accomplish satisfactory goals.

Letting go of our negative thinking means shifting attention to all the good in our lives, our friends, our family, and all that we are able to do here in Fuller Village! Realistically there are some things that cannot be changed; what is possible is to focus on that which is within our control.

Martin Luther King said: "If you can't fly, then run. If you can't run, then walk. If you can't walk, crawl. But whatever you do, you have to keep moving forward."

Betsy Buchbinder
Chair, The Caring Committee

RESIDENTS' ASSOCIATION SILENT AUCTION

JANUARY 18, 2024

Come to Pub Night and bid on some wonderful prizes. If you cannot attend, ask a friend to bid for you on one or more of the items listed below. We can only accept cash or checks payable to FVRA, but if you forget your money and are the highest bidder, we will collect from you the next day.

These are all generous donations, which we put aside for this Silent Auction

\$100 La Scala Ristorante	Carol Jameson
\$100 Wegmans	Wegmans Corporation
\$100 Trader Joe's	Peg and Paul Riley
\$75 Steel & Rye Restaurant	Betty Tamer
\$50 Panera Bread	Pam and Bob Francis
Tranquility Basket Including	
60 min massage by Jen Borges	Ellen and Jim Dunn
Wine Basket with Bar Utensils	Eunice and Ray Krawczuk
Basket including \$75 certificate	The Nutshell
Longaberger Basket	Cathy and Steve Golas
Red Sox Basket including shirt with	
Tim Wakefield's number	Mary O'Halloran
Handmade Quilt	Jane McClellan
Handmade Lap Blanket	Maria Judge
Sam Adams Basket including	
Tour for ten at Sam Adams Brewery	Alice Nolan & Daughter

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday January 15th

Corn Chowder With Bacon (GF)
Or Salad du Jour
Grilled Shrimp (GF)
Chicken Cordon Bleu (GF)
Cheesy Grits (GF), Escaloped Corn (GF)
Chocolate Chip Cookie
or Walnut Chocolate Brownie

Friday, January 19th

New England Clam Chowder (GF)
or Salad du Jour
Honey Glazed Chicken Thighs (GF)
Grilled Swordfish (GF)
Smashed Potatoes (GF) Roasted Vegetables (GF)
Carnival Cookie
or Rice Pudding

Tuesday, January 16th

Lentil Soup (V) (GF)
or Salad du Jour
Beef & Rice Stuffed Cabbage Roll (GF)
Cod Piccata (GF)
Au Gratin Potatoes (GF), Green Beans (GF)
Snickerdoodle Cookie
or Homemade Lemon Bars

Saturday, January 20th

Split Pea & Ham Soup (GF)
or Salad du Jour
Baked Sole Almondine (GF)
Sausage & Sauerkraut Pierogies
Confetti Rice (GF), Glazed Carrots (GF)
Mocha Cookie
or Mini Tiramisu

Wednesday, January 17th

Broccoli & Cheese Soup (GF)
or Salad du Jour
Lobster Raviolis With Brandy Cream Sauce
Apricot Pork Roast (GF)
Whipped Potatoes (GF), Roasted Asparagus (GF)
Oatmeal Cookie
or Pineapple Upside Down Cake

Sunday, January 21st

Chicken Noodle Soup (GF)
or Salad du Jour
Turkey Meatloaf (GF)
Crusted Haddock (GF)
Whipped Sweet Potatoes (GF),
Au Gratin Cauliflower (GF)
Assorted Cookies
or Strawberry Shortcake

Thursday, January 18th

Mushroom Barley Soup
or Salad du Jour
Maple Miso-Dijon Salmon (GF)
Prime Rib Jr. Cut (GF)
Baked Sweet Potatoes (GF), Sautéed Spinach (GF)
Peanut Butter Cookie
or Peach Crisp



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Always Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Mozzarella Sticks With Marinara Sauce

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich of the Month and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs
Served with Entrée Sides.

Sandwich Special...14.00 (GF)

Italian Panini

Ham, Capicola, Salami, Lettuce, Tomato
Onion, Provolone Cheese, Olive Oil

Salad Special...12.00 (V)

Chopped Salad

Romaine Lettuce, Cucumbers, Tomatoes,
Red Onions, Peppers and Feta Cheese

add **Grilled Chicken...5.00**

add **Tuna or Chicken Salad...5.00**

Vegetarian Special... 15.00 (V)

Gnocchi With Sage Butter

Served with Side Salad

Fuller Village

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun
with Lettuce, Tomato, and Onion.

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter
add **Grilled Chicken...5.00**

add **Tuna or Chicken Salad...5.00**

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke/ Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne illness,
especially if you have certain medical conditions. *These items
may be served raw or undercooked. *Made without gluten
ingredient options available upon request.

Brush Hill Café Specials

– Daily Specials –
all served with one side...14.00

Monday, January 15th
Closed For The Holiday

Tuesday, January 16th
Pear Salad

Candied Walnuts, Mixed Greens, Bleu Cheese,
Sliced Pears, White Balsamic Dressing
and Your Choice of Protein

Wednesday, January 17th
A1 Burger

Swiss Cheese, Grilled Onions, Mushrooms and
A1 Sauce

Thursday, January 18th
Chicken Fried Rice
Served with Vegetable Spring Rolls

Friday, January 19th
Crab Cakes
Served with Tarter Sauce

Fuller Village
in Milton

— LIVE A FULLER LIFE —



Happy Valentine's Day

Wednesday, February 14, 2024

6:00 PM Gordon House Dining Room

Dinner Buffet

Green Salad, Berries, Walnuts, Spinach and
Goat Cheese with a Berry Vinaigrette (GF)

Filet Oscar (Crab Cake) with Bearnaise Sauce (GF)
Parmesan Crusted Salmon with Dijonnaise Sauce (GF)

Served with Green Beans Almondine and
Cheesy Herbed Garlic Mashed Potatoes

Warm Rolls and Butter

Chocolate Strawberry Cake and White Chocolate Cookies

\$29.95

Reservations required please call Joey at 617-361-3231