



Around the Village – April 2024

Happy Passover!

Patriots' Day – April 15th

Celebrate Earth Day – April 22nd

Welcome to our newest Fuller Village resident: Susan Barrett, Brush Hill B-107

Patriots' Day Holiday is Monday, April 15th – The offices will be closed on Monday, April 15th. We will be on answering service for the holiday from Friday, April 12th at 5:00 pm until Tuesday, April 16th at 8:30 am. If you have any urgent maintenance issues, please call 617-361-7900 and our on-call maintenance team member will assist you. There will be front desk attendants at both concierge desks between the hours of 10:00 am to 10:30 pm for the holiday. *The Brush Hill Café will be closed for the holiday.*

April Speaker Talks – Please mark your calendars! We will have weekly reminders about these scheduled talks at Fuller Village in our weekly Highlights.

On **Monday, April 1st** at Blue Hill and **Monday, April 29th** at Brush Hill do not miss our **NEW** Current Events News Roundup with Professor Rick Brabander of Brandeis University. Rich will lead residents in a guided discussion about everything in the headlines and beyond while considering all perspectives. These engaging discussions will be at 3:00 pm. On **Friday, April 5th at 2:00 pm** in the Brush Hill Function Room we are pleased to have Milton Fire Chief, Chris Madden, return for his annual talk about fire safety at Fuller Village and share about Milton's new Fire Station Headquarters. We will be holding a "Meet the Candidates Night" on **Monday, April 8th at 6:00 pm** in the Brush Hill Function Room. This will be a special opportunity to learn about the candidates before the Milton Town Elections. In recognition of April being Hearing Loss Prevention Month, we will welcome Dr. Michelle Yoon, ENT from BI- Milton Hospital, to discuss new preventative measures and treatments on **Thursday, April 11th at 2:00 pm** in the Blue Hill Activity Room. We are delighted to have Janice McIntyre, an entrepreneur, collector, and owner of a doll hospital in Hopkinton, join us for a visit on **Tuesday, April 23rd at 1:00 pm** in the Brush Hill Function Room. She will be sharing with residents her experiences and her collection of beautiful, historic dolls. Our monthly author talk will be by author Marian Knap on **April 24th at 1:00 pm** in the Blue Hill Activity Room to discuss her book *Prohibition Wine: A True Story of One Woman's Daring in Twentieth-Century America*, which tells the story of her grandmother's efforts to make a living as an immigrant and single mother during Prohibition.

Dining Services Update - Let's Go Red Sox Let's Go! We will be hosting a Boston Red Sox Opening Day on Tuesday, April 9th from 2:00 pm to 4:00 pm in the Gordon House Lounge. See flyer with special lounge menu offering and reservation details.

Access Road – A reminder that the Access Road is available for resident vehicle use to drive up to the Blue Hill campus from the Brush Hill campus during the hours of 4:00 pm to 8:00 pm. Cars are not allowed to drive down to the Brush Hill at any time of day on the Access Road. This applies to staff (except in the case of emergencies) as well as residents. We appreciate your understanding as the Access Road is narrow and there are conduits buried underneath the ground on one side of the road and a gas line on the other. Please always use caution on the Access Road and all roads on our campuses as we have many walkers and golf cart use will begin soon as well. Should you see any misuse of the Access Road that is a concern please contact me directly.

Sprinkler Irrigation System – Spring is here! We will be turning on the irrigation system starting the week of April 1st.

SUN

MON

TUE

WED

THUR

FRI

SAT

Easter
 1:00 Easter Sunday Buffet (BL)
 2:00 Resident and Guest Swim
 2:30 Blue Hill Bridge (BL)

10:00 Pickleball
 10:15 Chair Yoga with Carol (BL)
 10:30 Blue Hill Coffee Hour (BL)
 11:00 Floor Yoga w/ Carol (BR)
 12:00 Chair Yoga w/ Carol (BR)
 1:00 Bridge (BR)
 2:00 Handcrafters (BL)
 2:00 Market Basket
 3:00 Hanover Current Events - News Roundup (BL)
 3:00 Water Volleyball

10:00 Taza Chocolate
 10:30 Functional Fitness (BR)
 11:00 Hamilton Hall Lecture Series (BL/BR)
 12:00 Back to Basics (BL)
 1:00 Meditation (BL)
 1:00 Tai Chi (BR)
 2:00 BI - Milton Dr. Michelle Yoon (BR)
 4:00 Restorative Yoga (BR)
 7:00 Bingo! (BL)
 7:00 Men's Poker Club (BR)

10:00 Stop & Shop in Hyde Park
 10:15 Mobility & Stability with Carol (BR)
 10:45 Cornhole (BL)
 11:00 Floor Yoga w/ Carol (BR)
 12:00 Chair Yoga w/ Carol (BR)
 12:45 Chorus (BR)
 2:00 Catholic Mass (BR)
 2:30 Aqua Fit with Crystal (BR)
 3:00 Rosary (BL)
 3:00 Resident and Guest Swim (BR)
 7:00 Handcrafters (BR)
 7:00 History with Paolo (BL)

10:00 Towel Cardio (BR)
 10:30 Adult Swim Lessons with Izzy
 10:30 Bible Study (BR)
 10:30 News, Coffee and Conversation (BL)
 11:00 Core on the Floor (BR)
 12:00 Mobility & Stability (BL)
 12:30 Line Dancing with Jean (BR)
 2:00 NeedlePoint (BR)

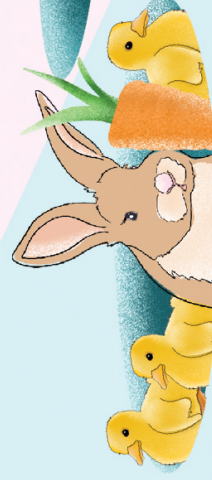
9:00 Boston Symphony Orchestra & Brunch
 9:00 Walking Club with Joey
 10:00 Aqua Fit with Crystal (BR)
 10:00 Stop & Shop in Hyde Park
 10:30 Chair Yoga with Carol (BL)
 1:00 Rich Travers (BL)
 2:00 Milton Fire Chief Talk (BR)
 6:30 Cribbage (BR)
 7:00 Atwater-Donnelly Duo (BL)

9:00 Pancake Breakfast (BR)
 10:00 Pickleball
 2:00 Family Swim
 7:00 Classical Pianist Olga Vinokur (BR)

April 2024

If you need transportation between campuses please call 617-361-7778

Fuller Village
 in Milton
 — LIVE A FULLER LIFE —



Weekend Highlights: Friday 3/29 - Sunday 3/31

See what's happening this weekend!

Friday, March 29th

2PM Get your shopping done for Easter! Van departs for Stop & Shop at 2PM.

Saturday, March 30th

6:30PM Movie Night - PLEASE NOTE EARLIER START TIME (BL & BR)

***"Oppenheimer"* Academy Award Winner!**

Sunday, March 31st

1PM Easter Sunday Buffet in the Gordon House Dining Room reservations only

Weekly Highlights: Monday 4/1 – Sunday 4/7

Look out for these special events and offerings next week!

PLEASE NOTE: Starting in April, Monday shopping trips will depart at 2PM.

Wednesday and Friday shopping trips will depart at 10AM.

Monday, April 1st

2PM Trip to Market Basket in Hanover

We take a trip to a different grocery store every Monday – call 617-361-7778 to sign up!

3PM Current Events/ News Roundup (Blue Hill Activity Room) Please join us for a guided conversation with **Brandeis Professor Rick Brabander**. The first 30 or so mins will be a roundup of some of the most important newsworthy events of the past two weeks from an "All Sides Now" framework, then a deep dive into a particular pressing issue of the time (showing perspectives coming from left, right, and center) and allow time for general Q & A. All are welcome.

Tuesday, April 2nd

10AM Taza Chocolate Private Tour! Join us for a fascinating tour of TAZA Chocolate in Somerville. We will sample their amazing chocolates and enjoy a steaming cup of hot chocolate along with the opportunity for discounted chocolate purchases! Taza Chocolate makes stone ground chocolate with organic cacao beans ground into perfectly unrefined,

minimally processed chocolate with bold flavor and texture, unlike anything you have ever tasted. Taza is a pioneer in ethical cacao sourcing, and was the first U.S. chocolate maker to establish a third-party certified Direct Trade Cacao Certification program and they partner only with cacao producers who respect the rights of workers and the environment. Van returns around 1:00 PM.

11AM Hamilton Hall Lecture Series on World Affairs (BL and BR)

Geoffrey Kemp, Director of Regional Security Programs , Center for the National Interest “Reflections on 50 Years of Setbacks and Hopes”

Wednesday, April 3rd

10:45AM Cornhole (Blue Hill Activity Room)

Join us for this fun and relaxing game- easy to learn and a hoot to play!

12:45PM Fuller Village Chorus (Brush Hill Function Room)

2:00PM Catholic Mass (Brush Hill Function Room)

7PM History with Paolo (Blue Hill Function Room)

Short of Glory: A Brief History of Presidential Scandals- The office of President is a position of great power and dignity. But sometimes, Presidents misbehave. When they do, it becomes a field day for the press and the public. This talk will examine some of the more colorful episodes of our presidential history.

Thursday, April 4th

10:30AM News, Coffee and Conversation (Blue Hill Coffee Room)

Friday, April 5th

1PM Rich Travers presents “The Jazz Age” (BL Activity Room)

The Jazz Age was a period in the 1920’s and 1930’s in which jazz music and dance styles rapidly gained nationwide popularity in the United States. The Jazz Age’s cultural repercussions were primarily felt in the United States, the birthplace of Jazz.

2PM Fire Safety Talk with Milton’s Fire Chief Christopher Madden (Brush Hill Function Room)

7PM The Atwater-Donnelly Duo (Blue Hill Activity Room)

The Atwater Donnelly Duo presents a unique blend of traditional American and Celtic Folk music and dance along with original songs and poetry. They perform on many instruments including the mountain dulcimer, old-time banjo, tin whistle, guitar, mandolin, harmonica and more! Aubrey's joyous clogging draws from many dance traditions and is not to be missed! They have traveled extensively in the US and the UK, performing and learning new songs and dances to add to their repertoire. In their 36-year career, they have produced 14 albums and 10 books.

Saturday, April 6th

7PM Classical Pianist Olga Vinokur performs (Brush Hill Function Room)

Sunday, April 7th

Movie Night at 7 PM (BL & BR) – *Titles to be announced*

Notes from Father Bill's:

We are in need of a few people who would be willing to assist in preparing bagged lunches, and a few substitute shoppers who would be willing to buy the food necessary to make the sandwiches. We are willing to train! Fuller Village residents make bagged lunches for Father Bill's in Quincy the third Wednesday of each month at 10AM in the cafe at Brush Hill. If interested, please call Anne Segal at (857) 345-9933 or Gail Zaslow at (301) 520-2462

Notes from the Program Director

Coming Up in April!

Spring has sprung and our thoughts have turned to gardening, tiptoeing through the tulips (or daffodils) and dining al fresco! Don't miss opportunities this month to stop and look up at the solar eclipse (We'll provide the safety glasses.), get out there and connect with local politicians at our Meet the Candidates Night on April 8th), and take a walk down memory lane with Janice McIntyre's inspiring story of running a doll hospital and gathering an amazing collection of dolls- many of which she will share with us! Let's check in with Brandeis Professor Rick Brabander who will help us navigate the crazy world of current events in a "News Roundup" which will help us look at the news from all angles. We will also eat our fill of pancakes for a good cause on Saturday morning April 6th, and gather in the lounge to cheer on the Red Sox for their home opener on April 9th. On April 26th at 1PM we will celebrate National Volunteer Week by recognizing all Fuller Village volunteers with a lemonade social on the Brush Hill Patio (weather permitting). There's something for everyone out there this Spring!- *Susie*



April 2024 Fitness & Aquatics Update

There is no Functional Fitness class or Back to Basics class on Tuesday, April 9th.

Monday, April 15th is Patriot's Day holiday. The pool will be open regular hours (7am-12pm and 1-5pm). The gym will also be open regular hours (8am-5pm) but please make sure to have your FOB on hand to access the Fitness Center.

Floor Yoga & Chair Yoga are as scheduled.

April School Vacation week is coming and along with it comes extra Family Swim opportunities! From 1pm-3pm on Monday, April 15th through Thursday, April 18th, you may bring your grandchildren (under the age of 18) to swim in our pool. Residents must be with the children, and a family member must *fully* fill out a Waiver form. Forms are available in the Pool by the sign in sheet. If your grandchild is not potty trained, they must wear a swim diaper.

Please note that on Wednesday, April 17th, Family Swim will end at 2:30pm.

Forest Therapy Walks with Jen continue at the end of April. All walks require a sign-up & space is limited, so please call Muriel to get your name on the list as soon as possible. Walks are weather-dependent. Participants must provide their own transportation (or carpool!), locations will be determined closer to the dates.

Wednesday, April 17th & Wednesday, April 24th

Both walks are scheduled for 2pm and will last around 2 hours.

CALLING ALL BIKERS/CYCLISTS!

A Bike Club interest meeting will be held on Thursday, April 25th at 2pm in the Yoga Studio. Interested participants must have access to their own bike and be comfortable riding.

If you are a new resident and have questions about the Fitness Center, Fitness Classes, Pool Activities, or anything fitness-related, please give me a call or email to discuss.

I can be reached at 617.361.7196 / jdeleonardis@fullervillage.org

Fuller Village
in Milton

— LIVE A FULLER LIFE —



Boston Red Sox Opening Day

Gordon House Lounge

Tuesday, April 9th - 2:00 pm until 4:00 pm

Complimentary Bar Snacks

2 Fenway Franks on Grilled Buns

Crispy French Fries

Ice Cream Sundae

\$17.95

MAKE A RESERVATION BY CALLING JOEY AT 617-361-3231
STARTING MONDAY, APRIL 1ST AT 9:00 AM
SEATING IS LIMITED