



From the desk of Molly S. Welch
February 23, 2024

This week marks my one-year anniversary as Executive Director at Fuller Village. It has been a very full year of getting to know the wonderful residents that make our community so special, while acclimating to the day-to-day operations and working closely with our dedicated and talented team of managers and staff. Thank you for your kindness and sharing this past year, and I look forward to our relationships growing in the years ahead. We have a great deal to be proud of at Fuller Village. I am very privileged and delighted to be your Executive Director.

February Speaker Reminder - All residents are welcome and encouraged to attend an important presentation by Milton Police Chief, John King, and Milton Safety Officer, Mark Alba, on crime prevention and community safety, on Wednesday, February 28th at 3:00 pm in the Brush Hill Function Room.

Programming Update - Our new Program Director, Susan Swanson, will be starting at Fuller Village next week. We want to thank Julia MacMahon for her coordination and planning of March's calendar programming, along with her assistance for a smooth transition process with Susan next week. *Susan will attend coffee hours on Tuesday, March 5th at 9:00 am at the Brush Hill Café and on Thursday, March 7th at 10:30 am at the Blue Hill Coffee Room.* Please welcome Susan to our community!

Dining Update - We will be hosting a St. Patrick's Day Dinner Buffet on Sunday, March 17th in the Gordon House Dining Room. Flyer with menu and reservation details coming soon! We are pleased to share that we had a successful first Saturday evening in the Gordon House Lounge this past weekend. The Gordon House Lounge is now open on Wednesdays, Thursdays, Fridays, and Saturdays from 5 pm to 7 pm. Reservations are not accepted for the Gordon House Lounge, as it provides first come, first served seating and dining services. We want to thank you all for supporting our dining services and offerings!

Bank of Canton Banking Hour Changes - Commencing on Tuesday, March 5th Bank of Canton's weekly banking hours at Fuller Village will be every Tuesday from 9:00 am – 10:00 am in the Brush Hill Function Room and from 10:30 am – 11:30 am in the Blue Hill Coffee Room. *Please make note of the time change for Blue Hill's banking hours.* Bank of Canton will have informational sessions on Wednesday, March 20th for Fuller Village residents to stop by and have one-on-one discussions to ask questions and learn more about Bank of Canton and our weekly banking program they offer to Fuller Village residents and staff. Watch March calendar and highlights for more details!

Fitness Center – We are having window shades installed in our Fitness Center after 2:00 pm on Wednesday, February 28th. Depending on installation procedures, please note that the Fitness Center may be unavailable at that time. The addition of shades is to help eliminate afternoon sun glare for our residents' benefit while using the Fitness Center's equipment.

COVID Status - Fuller has been notified of one new individual that tested positive for COVID in the last week. The individual is following guidance with self-isolation and has notified any exposed residents and staff. Should you test COVID positive, please notify Joey DiGiano at 617-361-3231 along with any close contact fellow residents.

SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 Brian Calhoon's Marimba Cabaret (BR)	10:00 Market Basket Brockton 10:00 Pickleball 10:15 Chair Yoga with Carol (BL) 10:30 Blue Hill Coffee Hour 11:00 Floor Yoga w/ Carol (BR) 11:00 Greenhouse Meeting (BL) 11:15 Aqua Fit with Jean (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 2:00 "New States of Play: On Tween and Teen Mobile Device Use" (BL) 2:00 Handcrafters (BL) 3:00 Library Book Club (BR) 3:00 Water Volleyball	9:00 Museum of African American History Trip 10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 11:00 Hamilton Hall Lecture Series (BL/BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability with Carol (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit with Crystal (BR) 3:00 Milton Police Chief & Safety Officer Talk (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 History with Paolo (BR) 7:00 Handcrafters (BR)	10:00 Towel Cardio (BR) 10:30 Adult Swim Lessons with Izzy 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:00 Men's Lunch to Stockholders (BR) 12:30 Line Dancing with Jean (BR) 2:00 Music Lovers Club (BL) 2:00 NeedlePoint (BR) 3:00 Senior Ballet (BR) 3:30 Memoir Writing Group with Betsy (BL) 4:30 Blue Hill Book Club (BL) 7:00 Bingo with Curry College Students (BR)	9:00 Walking Club with Joey 10:00 Aqua Fit with Crystal (BR) 10:30 Chair Yoga with Carol (BL) 1:00 Rich Travers (BL) 2:00 Stop & Shop in Hyde Park 6:30 Cribbage (BR) 7:00 The Long Lost String Band (BL)	10:00 Pickleball 2:00 Family Swim 7:00 Movie Night (BR/BL)

February 2024

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —



Weekend Highlights: Friday 2/23 - Sunday 2/25

See what's happening this weekend!

Friday, February 23rd

Farewell Gathering for Julia from 2-3:30 pm (Brush Hill Function Room)

Please join us as we say farewell and thank Julia for her contributions to the Fuller Village community. Contact Pat Kelleher with any questions.

Grace Etzkorn at 7 pm (Blue Hill Activity Room)

Originally from Chicago, Grace has been in the Boston area for three years. Her talents have taken her across the country, with notable performances including "Annie" & "Kate" on the 30th Anniversary National Tour of *Annie*, a recurring role as "Sophie" on NBC's *Chicago Fire*, and on Broadway stages as the Illinois-Best Actress at the esteemed Jimmy Awards on the Minskoff Stage. Her most recent performance in the Boston area was in Greater Boston Stage Company's production of *Beehive: The 60's Musical*, understudying several of the female roles. Enjoy her unique mixture of musical theater and jazz classics in a clear, expressive mezzo-soprano that draws you in and gives you a glimpse of that Broadway magic.

Saturday, February 24th

Mr. Chan's Buffet Dinner at 5:30 pm (Brush Hill Café)

Presented by the FVRA Activities Committee - \$20 when seated

The New Pre-Set Menu is: Spring Rolls, Crab Rangoon, Peking Raviolis, Sesame Chicken, and Pork Fried Rice. Tea, Water, Ginger Ale, etc. Note: This is a set menu – no replacements – each dinner plate is the same.

Reservations Only – Limited to 25 Residents. Each individual, or couple, must call the **Brush Hill Receptionist at (617) 361-7778** to make a reservation. *There are still a few spots available.*

Movie Night at 7 pm (BL & BR)

Showing at both campuses: *The Bank of Dave*

Cast: John Fry, Rory Kinnear, Jo Hartley

Dave is fed up with local banks and decides to open his own bank. The frustrating events that occur keeps him more determined than ever.

Sunday, February 25th

Brian Calhoon Marimba Cabaret at 7 pm (Brush Hill Function Room)

Brian Calhoon invites you to come out of the musical closet with MARIMBA CABARET, an hour of showtunes and pop songs reimagined for marimba and his voice. The marimba (like a giant xylophone) is a versatile percussion instrument that Brian plays while singing his heart out. Joined by his husband Tom on drums, you will hear Brian's unique covers of music by Broadway legends Jerry Herman and Stephen Sondheim and pop songs made famous by Patsy Cline and Patti Page. There may even be a classical surprise and a singalong! In 2023, Brian released his debut album titled MARIMBA CABARET and has garnered praise from coast to coast. Co-sponsored by the Fuller Village Residents Association.

Weekly Highlights: Monday 2/26 – Sunday 3/3

Look out for these special events and offerings next week! (Page 1)

Monday, February 26th

Trip to Market Basket in Brockton at 10 am

We take a trip to a different grocery store every Monday – call 617-361-7778 to sign up!

Greenhouse Meeting at 11 am (Blue Hill Activity Room)

If you are interested in being a part of our new Greenhouse, please join this meeting to learn more. Contact residents Robert Wright or Jan Fiske for more information.

Curry College Professor Talk: New States of Play: on Tween and Teen Mobile Device Use at 2 pm

(Blue Hill Activity Room)

The latest forms of human-technology intermingling are fundamentally altering the way people communicate, perceive, remember, think, act and play in this age of algorithmically-enabled devices and information feeds. The current research describes patterned activity taking shape between kids and a variety of ‘others,’ both human and machine. The presentation is informed by a series of field observations and in-depth interviews with parents of primary and secondary school children. Prof. Robert MacDougall's teaching and research centers on the cognitive, social, and epistemological roles played by communication media and technology today and through history. Focusing previous work related to long-emerging cybernetic relationships between human biological and technological systems, his most recent research interrogates interactions between young people and screen-based digital devices of various kinds.

Library Book Club at 3 pm (Brush Hill Function Room)

Join Milton Public Library Director, Will Adamczyk, for a discussion of this month's book: *New England Bound* by Wendy Warren. He will also hand out copies of next month's book: *Rough Sleepers* by Tracy Kidder. If you are unable to make it but would like a copy of the next book, please contact Muriel at 617-361-7778.

Tuesday, February 27th

Trip to the Museum of African American History & Lunch at the Tip Tap Room at 9 am

Sign-ups for this trip are closed.

Birthday Breakfast at 10 am (Blue Hill Activity Room)

Rescheduled from earlier this month! All are welcome to join as we celebrate February birthdays! As always, we will have fresh fruit, pastries, and coffee. Generously sponsored by our friends at Bank of Canton.

Weekly Highlights: Monday 2/26 – Sunday 3/3

Look out for these special events and offerings next week! (Page 2)

Tuesday, February 27th (Continued)

Hamilton Hall Lecture Series at 11 am (Brush Hill Library & Blue Hill Multipurpose Room)

We are excited to participate again in the Hamilton Hall Lecture Series in World Affairs, which allows us to screen replays of lectures from their weekly series of expert talks. We will screen these each Tuesday at 11 am in the Brush Hill Library as well as the Blue Hill Multipurpose Room, located upstairs down the hall from the wellness center. This week's talk will be *China Global: Impacts in Latin America and Africa*, given by Kevin P. Gallagher, Professor of Global Development Policy; Director, Global Policy Development Center, the Frederick Pardee School of Global Studies, Boston University.

Wednesday, February 28th

Milton Police Chief and Safety Officer Talk at 3 pm (Brush Hill Function Room)

All residents are welcome and encouraged to attend an important presentation by Milton Police Chief, John King, and Milton Safety Officer, Mark Alba, on crime prevention and community safety.

History with Paolo at 7 pm (Brush Hill Function Room) ***Rescheduled!***

Topic: Art in the Age of Revolution, 1789-1914

The 19th century was a period of dramatic change in Europe. It was a period of industrialization, revolution, and social upheaval, with the hopes of progress and the threat of repression always looming. The social upheaval was reflected in the art created during the period. Artists challenged established artistic norms, pushed the boundaries of perception and representation, and created a revolution in art.

Thursday, February 29th

Men's Lunch to Stockholder's at 12 pm

Stockholders is a big city style steakhouse dropped into the heart of the South Shore. Their menu boasts both traditional and inventive steak options and a variety of cuts utilizing only the highest quality USDA choice beef products prepared on their oak-burning grill, a sizeable selection of farm-raised and wild seafood from both local waters and abroad, and an array of fresh pasta dishes. *Please note that Stockholder's has agreed to provide separate checks so you may bring cash or credit card to cover your meal.*

Music Lovers Club at 2 pm (Blue Hill Activity Rm)

All are welcome for this monthly meeting of music lovers! This month's topic is *Classical Music that Inspired Popular Songs, Part 2*. Judy Cobble will present videos of classical music themes that inspired pop tunes. You'll be tapping your toes while you learn something new!

Weekly Highlights: Monday 2/26 – Sunday 3/3

Look out for these special events and offerings next week! (Page 3)

Thursday, February 29th (Continued)

Bingo with Curry College Students at 7 pm (Brush Hill Function Room)

Come join the fun for our monthly student-led Bingo game at Brush Hill! Curry College students will run the games for you! In addition to the cash prizes, they will mix in a few surprise awards and some Curry College swag. \$5 gets you two cards. Be sure to come meet our college neighbors and see what you can win! *Please note that this has been changed from Wednesday night to Thursday night and will be held on the last Thursday of the month moving forward!*

Friday, March 1st

Rich Travers at 1 pm (Blue Hill Activity Room)

Topic: Messiah - George Frideric Handel

George Frideric Handel's "Messiah" is such an iconic piece of music — and is so ingrained as a Christmas tradition — that it's easy to take its exuberance and its greatness for granted. Drawing from the Old and New Testaments, Handel designed it in three sweeping sections: Prophecy and Fulfillment, Suffering, and Redemption. Although religious, its message remains universal, and Handel intended it for the concert hall. Its theatricality is another reason for its popularity for nearly 300 years.

Long Lost String Band at 7 pm (Blue Hill Activity Room)

Looking for something different? Come check out this innovative Appalachian roots music fiddle/banjo duo as they explore old time songs & fiddle tunes. They always give a good show!

Saturday, March 2nd

Movie Night at 7 pm (BL & BR) – *Titles to be announced*

Sunday, March 3rd

Area 9 Ensemble at 7 pm (Brush Hill Function Room)

Join us for some exciting entertainment! Area 9 Ensemble is a Boston-based trio dedicated to exploring the rich, diverse and ever growing chamber music repertoire for saxophone. Recent performances have included works by Bach, Debussy, Glazunov and Vaughan Williams, as well as compositions by Sidney Bechet, Paul McCartney, Freddie Mercury and Herbie Hancock. Area 9 is also proud to have commissioned and debuted new works by contemporary composers, including Jun Feng's "Somehow, Tango", performed at the Longy School of Music in Cambridge, MA in 2015, and Michael Kosch's "Castle in the Air", which Area 9 premiered at the Metropolitan Playhouse in NYC in December of 2016. Please come out to see what this amazing group has to offer!

Notes from the Program Director

Sketching with Bob Farrell returns in March!

The popular Sketching with Bob Farrell class will start back up on Thursday, March 7th! Bob will teach a 3-week series of classes for all stages of learning, this time held indoors in the Blue Hill Activity Room. The class will run from 9:30 – 11:30 am on March 7th, 14th, and 21st and is limited to 10 participants. Participants will be charged \$30 (billed to your account), which will cover instruction and all supplies. Please call Muriel at 617-361-7778 to sign up. **Sign-ups will open on Monday, February 26th at 9 am.**

Library Book Drop-off Program Reminder

If you participate in the Library Book Drop-off Program, please be sure to get your books to the concierges by 4:30 pm on Thursday. Edwards drops the books off at the library each Friday, but the time may vary so we need to have them in-hand at the beginning of the day. Thank you for your cooperation!

Reminder: Curry College Nursing Simulation Partnership starts back in March!

We are excited to bring back our partnership with the Curry College School of Nursing's Simulation Lab for the spring semester! Residents are invited to volunteer as healthcare actors in these simulation labs which are a critical part of student training. Volunteer opportunities will take place on Tuesdays and Fridays from March 8th through May 7th. Interested participants are invited to attend a Lunch and Learn at Curry College on Tuesday, March 5th from 11:30-3:30 pm. If interested, please contact Muriel at 617-361-7778 to have your name added to the list.



Brush Hill Café Specials

– Daily Specials –
all served with one side... 14.00

Monday, February 26th

Hawaiian Teriyaki Burger

With Lettuce, Fresh Grilled Pineapple, and
Teriyaki Sauce

Tuesday, February 27th

Ham and Smoked Gouda Panini

With Grilled Onions and Lettuce

Wednesday, February 28th

Philly Cheese Chicken Grinder

Served with Potato Wedges

Thursday, February 29th

Greek Salata

With Tomatoes, Cucumbers, Red Onions, Feta
Cheese, Capers and Red Wine Vinaigrette

Friday, March 1st

Baja Fish Tacos

Beer Battered Fish Topped with Slaw and
Creamy White Sauce in a Corn Tortilla

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday February 26th

Cream of Mushroom (GF)
or Salad du Jour
Beef and Pork Meatballs (GF)
Cod Puttanesca (GF)
Spaghetti, Italian Green Beans (GF)
Chocolate Chip Cookie
or Tiramisu

Friday, March 1st

Clam Chowder (GF)
or Salad du Jour
Chicken Cordon Bleu (GF)
Lemon Cod (GF)
Parslied Potatoes (GF), Creamy Coleslaw (GF)
Oatmeal Raisin Cookie
Or Oreo Chocolate Cake

Tuesday, December 27th

Garden Vegetable Soup (GF)
or Salad du Jour
Stuffed Goat Cheese Chicken (GF)
Clam Fritters (GF)
Lyonnais Potatoes (GF), Mixed Vegetables (GF)
Carnival Cookie
or Chocolate Mousse

Saturday, March 2nd

Chicken Noodle Soup (GF)
or Salad du Jour
Prime Rib (GF)
Grilled Salmon (GF)
Oven Brownd Potatoes (GF), Glazed Carrots (GF)
Chocolate Chunk Cookie
or Carrot Cake

Wednesday, December 28th

Broccoli and Cheese Soup (GF)
or Salad du Jour
Pork Schnitzel (GF)
Sole and Salmon Roll (GF)
Mashed Potatoes (GF)
Caramelized Onions and Peas (GF)
Peanut Butter Cookie
or Pumpkin Pie

Sunday, March 3rd

Roasted Tomato Bisque (GF)
or Salad du Jour
Meatloaf (GF)
Maryland Crab Cake (GF)
Scalloped Potatoes (GF)
Parmesan Roasted Asparagus (GF)
Carnival Cookie
or Baked Custard

Thursday, December 29th

Tomato Basil Soup (GF)
or Salad du Jour
Beef Stew (GF)
Sea Bass With Tomatoes and Olives (GF)
Herbed Rice , Broccoli (GF)
White Chocolate Macadamia Cookie
or Apple Cobbler



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

Always Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Chicken Livers

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich of the Week and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs
Served with Entrée Sides.

Sandwich Special...14.00 (GF)

Italian Meatball Grinder

Served with Side Salad

Salad Special...12.00 (V)

Greek Salad With Greek Dressing

Lettuce, Tomato, Cucumber, Feta Cheese,
and Olives

add **Grilled Chicken**...5.00

add **Tuna** or **Chicken Salad**...5.00

Vegetarian Special... 15.00 (V)

Creamy Vegetarian Lasagna

Served with Side Salad and Dinner Roll

Fuller Village

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun
with Lettuce, Tomato, and Onion.

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add **Grilled Chicken**...5.00

add **Tuna** or **Chicken Salad**...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...3.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke/ Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne illness,
especially if you have certain medical conditions. *These items
may be served raw or undercooked. *Made without gluten
ingredient options available upon request.