

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 Frederick Moyer (BR)	<b>Patriots Day</b> Offices & Cafe Closed 10:00 Pickleball 10:15 Chair Yoga with Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Family Swim 2:00 Handcrafters (BL) 3:00 Tabletop Scavenger Hunt (BR) 3:00 Water Volleyball	9:30 Blithewold Manor Tour & Lunch 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 1:00 Family Swim 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability with Carol (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 1:00 Family Swim 2:00 Catholic Mass (BL) 2:00 Forest Therapy Walk with Jen 2:30 Aqua Fit with Crystal (BR) 2:45 Treats & Tea (BL) 3:00 Caring Committee (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR) 7:00 History with Paolo (BR)	8:00 Birdwatching with Ecologist Jack Lash 10:00 Towel Cardio (BR) 10:30 Adult Swim Lessons with Izzy 10:30 Bible Study (BR) 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 11:30 Best of Care Info Session (BL) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 1:00 Best of Care Info Session (BR) 1:00 Family Swim 1:30 Crafts with Cindy (BL) 2:00 NeedlePoint (BR) 3:00 Senior Ballet (BR) 6:30 Pub Night with The Wolverine Trio (BR)	9:00 Walking Club with Joey 10:00 Aqua Fit with Crystal (BR) 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Carol (BL) 4:30 Friday Night Services (BR) 6:30 Cribbage (BR)	10:00 Pickleball 2:00 Family Swim 7:00 Movie Night (BR/BL)

## April 2024

If you need transportation between campuses please call 617-361-7778



## **Weekend Highlights: Friday 4/12 - Sunday 4/14**

### **See what's happening this weekend!**

#### **Friday, April 12th**

**12:30PM Calling All Pickleball Players!** We will have a Pickleball Interest meeting for everyone interested in playing pickleball (especially those who are interested in learning how to play!) The meeting will be held in the **Brush Hill YOGA STUDIO**.

**7PM International Jazz with The Renato Malavasi Trio "Triology"** Celebrating cultures around the world through their music, this trio has something for everyone- music for Passover, Springtime, and jazz classics you'll love. (**Blue Hill Activity Room**)

#### **Saturday, April 13th**

**5:30PM Italian Night! Lasagna all around! (Brush Hill Café) FULL**

**Movie Night at 7 PM (BL & BR) "Marriage Story" starring Adam Driver and Scarlett Johansson**

#### **Sunday, April 14<sup>th</sup>**

**7PM Frederick Moyer Piano Concert (Brush Hill Function Room)**

## **Weekly Highlights: Monday 4/15 – Sunday 4/21**

### **Look out for these special events and offerings next week!**

**Monday, April 15<sup>th</sup> -Patriot's Day Holiday- Staff Offices will be closed**

**3PM Tabletop Scavenger Hunt!**

#### **Tabletop Indoor Scavenger Hunt:**

Simply pack a grocery/tote bag with at least 20 small items or more from any or all rooms from your home. Then come to the Brush Hill Function Room with your bag and join any table. Simple! Each table of residents is a team and will be asked to produce an item. If at least one person at your table has that item, then your table/team wins a point! **The table with the most points wins and everyone at your table will get a prize.** Sponsored by the FVRA Activities Committee. Please see the flyer in this package for more information. (Brush Hill Function Room)

## **Tuesday, April 16th**

**9:30AM Van departs for Blithewold Mansion and Gardens Tour- This trip is FULL.**

## **Wednesday, April 17<sup>th</sup>**

**2PM Forest Therapy Walk with Jen** Location will be determined closer to the date and information will be emailed prior to the walk. Participants must be comfortable walking on uneven surfaces and interested in gently exploring their natural surroundings. Please call Muriel to sign up 617-361-7778.

**7PM History with Paolo- “The Wars of Religion: Power, Politics, and Faith in Early Modern Europe”-** In the aftermath of the Reformation, Europe was religiously divided and torn by a series of religious conflicts. These wars caused decades of destruction and upheaval across the continent. This lecture will explore the history and legacy of the Wars of Religion. **(Brush Hill Function Room)**

## **Thursday, April 18<sup>th</sup>**

**8AM Join Jack Lash Ecologist to identify and learn more about birds and other wildlife here at Fuller Village, as you take a guided walk of the grounds. Meet by the GAZEBO at 8AM.** Jack will be here for 4 sessions: 4/18, 4/25, 5/2 and 5/9.

**Best of Care Drop in Info. sessions. 11:30-12:30 Blue Hill and 1-2PM Brush Hill** Come and talk with Jennifer Morris, Best of Care LICSW, and Cara Kelly, Care Manager. They can answer all your questions about health care proxies, MOLST forms, and advance care planning. **(BL Coffee Room and BR Card Room)**

**1:30PM Crafts with Cindy-** Come create a beautiful glass bead pendant necklace with artist Cindy Scheff. Class size is limited. Call 617-361-7778 to sign up. **Blue Hill Activity Room**

**6:30PM Pub Night with The Wolverine Trio! Brush Hill Function Room**

## **Friday, April 19th**

**4:30PM Friday Night Services with Rabbi Benjamin (Brush Hill Function Room)**

## **Saturday, April 20th**

**7PM Movie Night at 7 PM (BL & BR) – Titles to be announced**

# Notes from the Program Director

Patriots' Day is nearly upon us, and while here in Massachusetts we usually celebrate by cheering on the Boston Marathon runners, (live or on TV) there is nothing more patriotic than being an informed and involved citizen by participating in our Democracy. Thanks to everyone who helped make "Meet the Candidates Night" on Monday a success, especially moderator Bob Lash and timekeepers Jeane Bronk and Kaye Richardson. Special thanks also to FV's own Social Justice Action Group for providing such thoughtful questions. Thanks to FV residents who educate themselves and contribute to the community by coming out to hear what the candidates have to say and then getting out there and VOTING! (Don't forget to get your ballots in the mail or hop on the FV van on April 30<sup>th</sup> and head to the polls!) Speaking of being informed, on April 29<sup>th</sup> join us for a current events/ news roundup with Professor Rick Brabander. Rick will present his news and media literacy program at 3PM in the Brush Hill Function Room, with a special focus on interpreting the news from an "All Sides" perspective.

Music in April abounds with Jazz from around the world with "Triology" at 7PM April 12<sup>th</sup> at Blue Hill and a classical piano performance with Frederick Moyer at Brush Hill on April 14<sup>th</sup> at 7PM. Don't forget to join us for Pub Night April 18<sup>th</sup> at 6:30 for the Wolverine Trio- and bring your dancing shoes!

There's something for everyone out there this Spring!- *Susie*

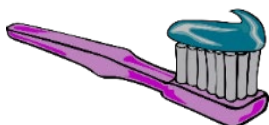
Prizes ---- Prizes ---- Prizes ---- Prizes

# Tabletop Indoor Scavenger Hunt

→ Monday, April 15 3pm Function Room - BR

**Free Event: Fun & So Easy**

**All are Welcome—Join Any Table Team**



**\*\* Simply pack a grocery/tote bag with at least 20 small items, or more if you wish, from any or all rooms from your home. (Example above)**

**\*\*Then come to the Brush Hill Function Room with your bag. Simple! There is no running around to find items; you bring them to the event.**

**\*\*Each table of residents is a team. I have approximately 35 or so Items your table will be asked to produce. Need at least One person to have it in order for your table to get 1 Point for that round.**

**\*\*The table with the most points will win prizes!**

## **Prizes for the Winning Table!**

We had 26 residents play the last time! An FVRA Activities Committee Event.

# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday April 15th

Garden Vegetable Soup  
or Salad du Jour  
Beef Medallions (GF)  
Shrimp Scampi (GF)  
Roasted Red Potatoes (GF), Southern Succotash (GF)  
Chocolate Chip Cookie  
or Apple Pie

### Friday, April 19th

New England Clam Chowder (GF)  
or Salad du Jour  
Filet Steak (GF)  
Grilled Swordfish (GF)  
Mashed Potatoes (GF), Chef's Medley (GF)  
Oatmeal Raisin Cookie  
or Chocolate Chip Brownie

### Tuesday, April 16th

Navy Bean Soup (GF)  
or Salad du Jour  
Chicken Parmesan (GF)  
Lemon Dill Cod (GF)  
Sweet Potato Crisps (GF), Au Gratin Cauliflower (GF)  
Carnival Cookie  
or Chocolate Cake

### Saturday, April 20th

Chicken Noodle Soup (GF)  
or Salad du Jour  
Spaghetti and Meatballs  
Fish Cakes (GF)  
Bacon Herb Polenta, Zucchini and Tomatoes (GF)  
Chocolate Chip Cookies  
or Apple Crisp

### Wednesday, April 17th

Beef and Vegetable Soup (GF)  
or Salad du Jour  
Shepards Pie (GF)  
Stuffed Haddock (GF)  
Saffron Rice, Green Beans (GF)  
White Chocolate Macadamia Cookies  
or Rice Pudding

### Sunday, April 21st

Lentil Soup (GF)  
or Salad du Jour  
Chicken Marsala (GF)  
Sole Oscar (GF)  
Roasted Potato Wedges (GF), Butternut Squash (GF)  
Carnival Cookies  
or Crème Brulee

### Thursday, April 18th

Butternut & Apple Bisque (GF)  
or Salad du Jour  
Honey Dijon Pork Loin (GF)  
Grilled Salmon (GF)  
Israel Cous Cous , Lemon Broccoli (GF)  
Peanut Butter Cookie  
or Coconut Cream Pie



### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



# Always Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders

Please Request Vegetarian Options When Placing Orders / Reservations

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

\* ask about our selection of house made dressings \*

## Weekly Special ... 7.00

### Stuffed Clams

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich of the Week and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs  
Served with Entrée Sides.

### Sandwich Special...14.00 (GF)

#### Waldorf Chicken Sandwich

Chicken Salad Mixed with Apples,  
Grapes, Walnuts and Cranberries

### Salad Special...12.00 (V)

#### Greek Falafel Salad

Mixed Greens, Hummus, Cucumbers,  
Tomatoes and Crispy Falafel

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

### Vegetarian Special... 15.00 (V)

#### Spinach and Mushroom Gnocchi

Served with Side Salad and Dinner Roll

### Fuller Village

#### Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun  
with Lettuce, Tomato, and Onion.

### Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion.

### Lighter Fare...10.00 (V)

#### Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke/ Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne illness,  
especially if you have certain medical conditions. \*These items  
may be served raw or undercooked. \*Made without gluten  
ingredient options available upon request.

# Brush Hill Café Specials

– Daily Specials –  
all served with one side... 14.00

Monday April 15th  
**Closed For The Holiday**

Tuesday, April 16th  
**Philly Cheese Steak**  
Served with Your Choice of Side

Wednesday, April 17th  
**Cubano Hero Panini**  
Sliced Pork, Ham, Swiss Cheese and Pickles

Thursday, April 18th  
**Southwest Chicken Wrap**  
Crispy Chicken Tenders, Lettuce, Tomato, Corn,  
Black Beans and Shredded Cheddar Cheese

Friday, April 19th  
**Salmon Burger**  
Served with Your Choice of Side

**Before ordering,  
please make sure your  
server is aware of any food allergies**