21	SUN	MON	TUE	WED	THUR	FRI	SAT
	2:00 Resident and Guest Swim 2:30 Blue Hill	10:00 Pickleball 10:15 Chair Yoga with Carol (BL) 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Wakefield Estate 2:00 Handcrafters (BL) 2:00 Wegman's 3:00 Library Book Club (BL) 3:00 Water	Fitness (BR)  10:30 Wrentham Outlets Trip  12:00 Back to Basics (BL)  1:00 Meditation (BL)  1:00 Tai Chi (BR)  1:00 Visit with Janice McIntyre of "Jenny's Baby's Doll Hospital" (BR)  4:00 Restorative Yoga (BR)  7:00 Bingo! (BL)  7:00 Men's Poker	Shop in Hyde Park  10:15 Mobility & Stability with Carol (BR)  10:45 Cornhole (BL)  11:00 Floor Yoga w/ Carol (BR)  12:00 Chair Yoga w/ Carol (BR)  12:45 Chorus (BR)  1:00 Author Talk with Marian Knapp (BL)  2:00 Forest Therapy Walk with Jen  2:30 Aqua Fit with Crystal (BR)  3:00 Rosary (BL)  3:00 Resident and Guest Swim (BR)  7:00 Handcrafters	Birdwatching with Ecologist Jack Lash 10:00 Towel Cardio (BR) 10:30 Adult Swim Lessons with Izzy 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:00 Men's Lunch to Tavern in the Square 12:30 Line Dancing with Jean (BR) 2:00 Bike Club Interest Meeting (BR) 2:00 Music Lovers (BL) 2:00 NeedlePoint (BR) 3:00 Senior Ballet (BR) 3:15 Racial Justice Learning Circle (BR) 4:30 Blue Hill Book Club (BL) 7:00 Bingo with Curry College	9:00 Walking Club with Joey 10:00 Aqua Fit with Crystal (BR) 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Carol (BL) 12:30 1-on-1 Tech Help (BL) 1:00 Volunteer Lemonade Social (BR Patio) 6:30 Cribbage (BR) 7:00 Shelley Otis	10:00 Pickleball 2:00 Family Swim 7:00 Movie Night (BR/BL)

### April 2024

If you need transportation between campuses please call 617-361-7778





# Weekend Highlights: Friday 4/19 - Sunday 4/21 See what's happening this weekend!

### Friday, April 19th

4:30PM Friday Night Services with Rabbi Benjamin (Brush Hill Function Room)

### Saturday, April 20th

7PM Movie Night at 7 PM (BL & BR) – The Glass Onion: A Knives Out Mystery

### Weekly Highlights: Monday 4/22 – Sunday 4/28 Look out for these special events and offerings next week!

### Monday, April 22<sup>nd</sup>

**1PM Visit to the Wakefield Estate-** Come learn about all the history and natural beauty that our next door neighbor has to offer! \$5 donation

2PM Shopping Trip departs for Wegmans- Please call 617-361-7778 to sign up.

3PM Library Book Club meets to discuss Six Walks in the Footsteps of Henry David Thoreau. Please bring your books to return to the MPL. (Blue Hill Activity Room)

### Tuesday, April 23<sup>rd</sup>

10:30 AM Spring shopping galore at the Wrentham Premium Outlets Mall. Enjoy lunch on your own at any of a variety of great eateries right here! Please call 617-361-7778 to sign up.

1PM Visit with Janice McIntyre of Jenny's Babys Doll Hospital Come and see her beautiful collection of antique dolls and toys and hear her story of launching and running her amazing small business! (Brush Hill Function Room)

### Wednesday, April 24th

1PM Author Talk with Marian Knapp Marian shares her book "Prohibition Wine" a family drama of inspiration and resilience in the days of Prohibition. (Blue Hill Activity Room)

**2PM Forest Therapy Walk with Jen** ON PROPERTY. Meet at the Gazebo at Brush Hill. Participants must be comfortable walking on uneven surfaces and interested in gently exploring their natural surroundings. Please call Muriel to sign up 617-361-7778.

### Thursday, April 25th

8AM Join Jack Lash Ecologist to identify and learn more about birds and other wildlife here at Fuller Village, as you take a guided walk of the grounds. Meet by the GAZEBO at 8AM. Jack will be here for 4 sessions: 4/18, 4/25, 5/2 and 5/9.

12:00PM Men's Lunch departs for Tavern in the Square Join the Gents for a tasty treat at this trendy new eatery in Dedham. Please call 617-361-7778 to sign up.

2:00PM Bike Club Interest Meeting meets in the Yoga Studio at Brush Hill. Attention Bikers! Get it in gear and get to this meeting! All are welcome.

**3:15PM Racial Justice Learning Circle meets with Julia (Brush Hill Function Room)** 

7PM Bingo with Curry College Students (Brush Hill Function Room)

### Friday, April 26th

12:30PM Tech Help with Liz Flaig (Blue Hill Activity Room) Please call 617-361-7778 to sign up for an appointment.

### 1PM Lemonade Social Celebrating Fuller Village Volunteers

Join friends, neighbors and staff as we celebrate the spirit of community and volunteerism here at Fuller Village. (Brush Hill Patio, weather permitting)

### **FVRA Upcoming May Events - Hold The Date**

- Mon. May 6th 7PM SINGO
- Tues. May 7th 3:30PM Fresh Flower Arrangement Class
- Sun. May 19th: 1PM Tea Party (Scones/sandwiches/mini pastries.) Also, hair fascinators for each guest will be distributed!

Watch for more information in this weekly distribution.

### **Notes from the Program Director**

### Get out and about this week- Exploring Nature is good for the body and soul!

On Monday at 1PM we will head over to the Wakefield estate to see early spring in action and learn about the history of our beautiful neighbor across the street. Want to stay closer to home? Jen Leonardis will lead a forest therapy walk here on campus Wednesday at 2PM, and Join Jack Lash & the birdwatching crew Thursday at 8:30AM for a fascinating exploration of wildlife sights and sounds here at FV. Both walks depart (on foot!) from the Gazebo.

Lots happening inside on Tuesday and Wednesday with 1PM visits from Janice McIntyre, who will bring her amazing doll collection to share (BR), and Author Marian Knapp who will tell her family's story of bootlegging during Prohibition (BL). Got tech trouble? Make an appointment with Muriel to see Tech wiz Liz Flaig on Friday at Blue Hill from 12:30 to 3PM. Don't forget to stop by & grab a sweet treat and say a fond farewell to our favorite Café host, Carl McDonald who retires in early May. The FVRA is sponsoring a goodbye pop up on Friday May 3<sup>rd</sup> from 11:30-2PM in the Brush Hill function room. We will miss him!

The spirit of kindness and generosity clearly run deep at Fuller Village. In the six weeks I have been here, I have been continually inspired by the culture of volunteerism in this community. Fuller Village is a very loving place to be- made especially so by the efforts of the people who live here and embrace taking care of one another and the world around them. They are everywhere- librarians, decorators, golf cart drivers, fair organizers, pancake flippers and countless others. Cheering up a neighbor after a tough surgery or driving folks to doctors' appointments. The list is endless of the many ways big and small that very special people contribute to this very special community without fanfare to make Fuller Village (and the world) a better place. Let's celebrate that spirit on Friday April 26<sup>th</sup> at 1PM with a Lemonade Social and Salute to the volunteer spirit on the patio at Brush Hill. All are welcome!

Grab your fancy hats and fascinators and come on out for the Kentucky Derby party! We celebrate the 150<sup>th</sup> year of the Derby on May 4<sup>th</sup> from 5-7 PM. Delicious Southern food and cocktails all around! Come and bet on your favorites!

There's something for everyone out there this Spring!-





### Celebrate Derby 150

Saturday, May 4<sup>th</sup> – 5:00 until 7:00 pm Brush Hill Function Room

Hibiscus Lemonade
Tea Sandwiches with Louisville Spread
Caesar Salad with Homemade Croutons
Southern Fried Chicken Sliders with
Macaroni and Cheese and Creamed Spinach
Mint Julep Cupcakes
Served Buffet Style with Full Bar Service
\$29.95 per person (excludes alcoholic beverages)

Full Screen Derby Viewing
Please call Joey at 617-361-3231
to reserve your seat at the finish line!



## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

#### Passover Monday April 22nd

Matzo Ball Soup or Salad du Jour Onion Braised Brisket (GF) Baked Salmon (GF) Noodle Kugel, Carrot Tzimmins (GF) Chocolate Chunk Cookie or Rugelach

### Tuesday, April 23rd

Garden Vegetable Soup (GF)
or Salad du Jour
Statler Chicken (GF)
Butter Crusted Sole (GF)
Herb Rice, Mixed Vegetables (GF)
Carnival Cookie
or Chocolate Mousse

### Wednesday, April 24th

Broccoli and Cheese Soup (GF)
or Salad du Jour
Orange Glazed Steak Tips (GF)
Cod With Coconut Curry Sauce (GF)
Mashed Potatoes (GF), Onions and Peas (GF)
Peanut Butter Cookies
or Pumpkin Pie

### Friday, April 26th New England Clam Chowder (GF)

or Salad du Jour Honey Glazed Chicken (GF) Lemon Haddock (GF) Parslied Potatoes (GF), Creamy Coleslaw (GF) Oatmeal Raisin Cookie or Chocolate Cake

#### Saturday, April 27th

Chicken Noodle Soup (GF)
or Salad du Jour
Prime Rib (GF)
Grilled Swordfish (GF)
Oven Browned Potatoes (GF), Glazed Carrots (GF)
Chocolate Chip Cookies
or Carrot Cake

### Sunday, April 28th

Corn Chowder (GF)
or Salad du Jour
Maple Roasted Turkey (GF)
Seafood Casserole (GF)
Scalloped Potatoes (GF), Vegetable Medley (GF)
Carnival Cookies
or Strawberry Shortcake

### Thursday, April 25th

Tomato Basil Bisque (GF)
or Salad du Jour
Pasta With Bolognese Sauce (GF)
Shrimp Scampi (GF)
Rice Pilaf, Sauteed Broccoli (GF)
White Chocolate Macadamia Cookie
or Apple Cobbler



#### **Vegetarian Options Available Upon Request**

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Please Request Vegetarian Options When Placing Orders / Reservations

### APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad \* ask about our selection of house made dressings \*

### Weekly Special ... 7.00 **Beef Slider**

#### **SIGNATURES**

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich of the Week and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs Served with Entrée Sides.

### Sandwich Special...14.00 (GF)

Turkey and Provolone Sub

With Lettuce, Tomato, Mayonnaise and Italian Vinaigrette

Salad Special...12.00 (V)

Spinach Strawberry Salad

With Slivered Almonds, Red Onions and **Balsamic Dressing** 

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Vegetarian Special... 15.00 (V)

Sauteed Curried Squash

Served with Side Salad and Dinner Roll

#### **DESSERTS**

a la carte...4.00

Cookie of the Day...3.00 Fresh Fruit Cup...5.00 Sugar-Free Jell-O...3.00

Ice Cream...3.00

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. \*These items may be served raw or undercooked. \*Made without gluten

ingredient options available upon request.

### Fuller Village Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion.

### Impossible Burger...15.00 (V

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion

### Lighter Fare...10.00 (V)

### Large Garden Salad

Served with Roll and Butter add Grilled Chicken...5.00 add Tuna or Chicken Salad...5.00



Coke/ Diet Coke Ginger Ale / Diet Ginger Ale V-8 2% Milk





### Brush Hill Café Specials

– Daily Specials –
all served with one side...14.00

Passover Monday April 22nd
Braised Brisket Sandwich
Served on Unleavened Bread with
Your Choice of Side

Tuesday, April 23rd

Sundried Tomato And Chicken Flatbread

Served with Your Choice of Side

Wednesday, April 24th
Chopped Salmon Salad

Cucumbers, Red Bell Peppers, Red Onions, Avocado and Tangy Citrus Dressing

Thursday, April 25th

Meatball Sub

Served with Your Choice of Side

Friday, April 26th **Fish Cakes**Served with Your Choice of Side

Before ordering, please make sure your server is aware of any food allergies

