

Weekend Highlights: Friday 4/26 - Sunday 4/28

See what's happening this weekend!

Friday, April 26th

1PM Fuller Village celebrates the spirit of volunteerism and community with a lemonade social on the Brush Hill back patio. Please join us- all are welcome. (Brush Hill Patio, weather permitting)

7PM Music with Fuller Village fan favorite Shelly Otis (BL Activity Room)

Saturday, April 27th

7PM Movie Night at 7 PM (BL & BR) – “*The Trial of the Chicago 7*”

Cast: Sasha Baron Cohen, Eddie Redmayne, Jeremy Strong, Martin Luther King, Jerry Daley- In 1969, thousands of anti-Vietnam protestors marched in protest at the Democratic National Convention. Hundreds were arrested. This is the story of 7 men on trial for inciting a riot and contempt of court- and an out of control judge.

Sunday, April 28th

7PM Sharon Music Academy Spring Concert (Brush Hill Function Room)

Join us for a great show by these fantastic young performers!

Weekly Highlights: Monday 4/29 – Sunday 5/5

Look out for these special events and offerings next week!

Monday, April 29th

2PM Shopping Trip departs for Shaws at Cobbs Corner- Please call 617-361-7778 to sign up.

3PM Current Events- News Roundup with history and political science Professor Rick Brabander

Join us for a guided conversation around news media literacy and an introduction to an “All Sides” framework which will help us to explore, understand and consider the world today from all perspectives. **(Brush Hill Function Room)**

7:15PM SPECIAL MONDAY NIGHT CONCERT- NOT TO BE MISSED!

Come on down for a night of classical and semi-classical music- including folk songs, love songs, show tunes and sea chanteys with **The Apollo Club of Boston**- our nation's second-oldest all men's chorus. (**Brush Hill Function Room**)

Tuesday, April 30th

9AM and 11AM GET OUT THE VOTE!!

Van to the polls departs at 9AM and 11AM. Please call 617-361-7778 to sign up.

11AM Green Team Meeting (Blue Hill Activity Room)

Attention environmental enthusiasts! The Fuller Village Green Team will meet today to discuss possible green initiatives at Fuller Village. Bring your questions, ideas, and suggestions. All are welcome.

Wednesday, May 1st

2PM Music Mashup with Michael Leidig (Blue Hill Activity Room)

Join talented and innovative pianist Michael Leidig for a unique concert of classical combinations! You're going to love this guy!

Thursday, May 2nd

8AM Join Jack Lash Ecologist to identify and learn more about birds and other wildlife here at Fuller Village, as you take a guided walk of the grounds. Meet by the GAZEBO at 8AM. Jack will be here for 2 more sessions- today and 5/9.

9AM and 10:30AM Blue Hill and Brush Hill Coffee hours- Donna Cullinan Nurse Practitioner and Dr. Milica Perosevic from Beth Israel Lahey Health's Extended Care Community Program (ECCP) will be joining both the Brush Hill (9AM) and Blue Hill (10:30 AM) Coffee Hours to discuss their services and availability for Fuller Village Residents. See flyer for more details.

9:30AM Van Departs for Twin River Casino

2:00PM Forest Therapy Walk with Jen. Forest Therapy Walk with Jen Participants must be comfortable walking on uneven surfaces and interested in gently exploring their natural surroundings. **Please call 617-361-7778 to sign up.**

Friday, May 3rd

11:30AM- 2PM Goodbye to Carl (Brush Hill Function Room)

Come say Bon Voyage to foodie favorite Carl McDonald.

1PM Rich Travers Presents The Life and Music of John Williams (Blue Hill Activity Room)

Saturday, May 4th

5PM Kentucky Derby Night (Brush Hill Function Room)

Grab your fascinator and come on down to play the ponies at the 150th Anniversary running of the Kentucky Derby! Delicious Southern fare and fun for all!

Reservations only- please call Joey to sign up at 617-361-3231 by 4/29. See flyer for menu details.

7PM Movie Night “Seabiscuit” The true story of the undersized Depression-era racehorse whose victories lifted not only the spirits of the team behind it but also those of their nation. **(Blue Hill Activity Room ONLY)**

Sunday, May 5th

9AM Pancake Breakfast (Brush Hill) Flapjacks galore for a good cause! Come on down for pancakes, sausages and all the fixings! We even have gluten free! \$5

Table Utensils Needed for FVRA Activities Committee

In order to reduce plastic waste, FVRA Activities Committee member Jeff Li came up with the wonderful idea for us to use real silverware instead of plastic ware! We are asking residents to contact Marty Allen 617-312-8058 if you have sets of silverware you no longer use and could donate for our food events that we hold each month (Pizza Party, Mr. Chan, Italian Nite, etc.). Thank you.

SINGO is back on Monday, May 6th at 7pm. \$5 a card (exact change please). Win BIG money up to \$140! Easy to play! The DJ gives you the title and you mark your card. Enjoy the free cookies & popcorn & soda. Over 70 residents attend. Sorry.....no guests, friends or family allowed. This is a Resident ONLY event. Prize money is for residents only! Sponsored by FVRA Activities Committee.

Fresh Flower Arrangement Class: Award winning florist Jen Allen of Market Floral Studio, Boston will return to give a Spring fresh flower arranging course to 25 residents only pm Tuesday, May 7th at 3:30 in the cafe. \$30 cash or check will be collected the day of the class. **Registration:** Contact Muriel, BR reception starting on Monday, April 29th at 9:00 a.m.--not any sooner! You will be charged if you do NOT show up. The Fall class was a big success--so, Jen is back! Sponsored by FVRA Activities Committee.

The Caring Committee meets on May 15th at 3PM for news you can use about healthy aging. Don't miss this great opportunity to gather and share ideas and experiences!

Notes from the Program Director

Save the Dates for some special programs coming up this week-

The Apollo Club performs on **MONDAY April 29th at 7:15.** Join us for a night of classical and semi-classical music- including folk songs, love songs, show tunes and sea chanteys. A very special evening on a special night!

Music Mashup with Michael Leidig

Join talented and innovative pianist Michael Leidig in the Blue Hill Activity Room on Wednesday, May 1st at 2PM for a unique concert of classical combinations! Michael is well-known for these special performances and he is one of my favorite musicians- you're going to love him!

As the weather improves, we will be moving **Cornhole** outside to enjoy our favorite game with the backdrop of Spring sunshine and warm breezes. Come on out and join us for a game- it's easy-peasy and we welcome new players! **Wednesdays at 10:45AM at Blue Hill.**

There's lots to talk about in the news these days and Professor Rick Brabander will be here on Monday April 29th at 3PM at Brush Hill to offer a guided conversation around news media literacy and how to look at information from a variety of sources from an *All Sides* framework. He will be back in May (6th and 20th) to dive into the topics of the day with us. Check it out and share *your* perspective.

Get out the Vote! On April 30th, the Fuller Village van will make 2 trips to the polls at 9AM and 11AM. Be a part of Democracy in action and hop on the bus!

There's something for everyone out there this Spring!- *Susie*

SUN

MON

TUE

WED

THUR

FRI

SAT

28

2:00 Resident and Guest Swim
 2:30 Blue Hill Bridge (BL)
 7:00 Sharon Music Academy Students (BR)

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10:00 Pickleball
 10:15 Chair Yoga with Carol (BL)
 10:30 Blue Hill Coffee Hour (BL)
 11:00 Floor Yoga with Carol (BR)
 1:00 Bridge (BR)
 2:00 Handcrafters (BL)
 2:00 Shaws at Cobbs Corner
 3:00 Current Events- News Roundup (BR)
 7:15 Apollo Club

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9:00 Van to the Polls
 10:30 Functional Fitness (BR)
 12:00 Back to Basics (BL)
 1:00 Tai Chi (BR)
 3:00 Maria Judge Talk: Jake Hanna Jazz Book
 4:00 Restorative Yoga (BR)
 7:00 Men's Poker Club (BR)

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10:00 Stop & Shop in Hyde Park
 10:15 Mobility & Stability with Carol (BR)
 10:45 Cornhole (BL)
 11:00 Floor Yoga w/ Carol (BR)
 12:00 Chair Yoga w/ Carol (BR)
 12:45 Chorus (BR)
 2:00 Catholic Mass (BR)
 2:00 Music Mashup with Michael Ledig (BL)
 2:30 Aqua Fit with Crystal (BR)
 3:00 Rosary (BL)
 3:00 Resident and Guest Swim (BR)
 7:00 Handcrafters (BR)

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8:00 Birdwatching with Ecologist Jack Lash
 9:30 Twin River Casino
 10:00 Towel Cardio (BR)
 10:30 Adult Swim Lessons with Izzy
 10:30 Bible Study (BR)
 10:30 News, Coffee and Conversation (BL)
 11:00 Core on the Floor (BR)
 12:00 Mobility & Stability (BL)
 12:30 Line Dancing with Jean (BR)
 2:00 Forest Therapy Walk with Jen (BR)
 2:00 NeedlePoint (BR)
 3:00 Senior Ballet (BR)

3

9:00 Walking Club with Joey
 10:00 Aqua Fit with Crystal (BR)
 10:00 Stop & Shop in Hyde Park
 10:30 Chair Yoga with Carol (BL)
 11:30 Goodbye to Carl (BR)
 1:00 Rich Travers (BL)
 6:30 Cribbage (BR)
 7:00 Adam and Marcia Feldman Duo (BL)

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10:00 Pickleball
 2:00 Family Swim
 5:00 Kentucky Derby Night (BR)
 7:00 Movie Night (BL)

May 2024

If you need transportation between campuses please call
 617-361-7778



— LIVE A FULLER LIFE —



Fuller Village
in Milton
— LIVE A FULLER LIFE —



Celebrate Derby 150

Saturday, May 4th – 5:00 until 7:00 pm

Brush Hill Function Room

Hibiscus Lemonade

Tea Sandwiches with Louisville Spread

Caesar Salad with Homemade Croutons

Southern Fried Chicken Sliders with

Macaroni and Cheese and Creamed Spinach

Mint Julep Cupcakes

Served Buffet Style with Full Bar Service

\$29.95 per person (excludes alcoholic beverages)

Full Screen Derby Viewing

Please call Joey at 617-361-3231

to reserve your seat at the finish line!



Join us for Mother's Day Buffet – Gordon House Dining Room
Sunday, May 12th from 1:00 – 3:00 PM

Special Mother's Day Spring Salad

*Cucumbers, Tomatoes, Radishes, Carrots and Red Onions
over Spring Mix with Creamy Red Wine Vinaigrette*

Entrees

*Salmon baked with Dill Sauce
Roast Beef Tenderloin with Demi-Glace*

Sides

*Carbonara Pasta
Mashed Potatoes*

Vegetables

*Roasted Asparagus
Sautéed Tomatoes and Squash*

Desserts

*French Silk Pie
Cheesecake
Chocolate Torte (GF)*

\$29.95 per person

Please call Joey at 617-361-3231 to make a reservation.

Fuller Village
in Milton
— LIVE A FULLER LIFE —



Donna Cullinan, Nurse Practitioner servicing Fuller Village, has joined Beth Israel Lahey Health's Extended Care Community Program (ECCP) Physician Group.

We are pleased to announce that **Donna Cullinan, FNP** has joined a new physician group, **Beth Israel Lahey Health's Extended Care Community Program (ECCP)**, and will continue to provide nurse practitioner services to residents every Tuesday at Fuller Village. To schedule an appointment please call 617-361-7900.

In addition to Donna's services continuing, we are pleased to share that **Dr. Milica Perosevic**, an ECCP physician, is now available as a primary care physician to any Fuller Village resident in need. Dr. Perosevic will provide in-home physician visits and services to residents that establish her as their primary care physician. Residents can still use Donna's services without having Dr. Perosevic as their primary care physician.

If you are interested in establishing your primary care with Dr. Perosevic you may pick up a new patient informational pamphlet / packet at the Blue Hill or Brush Hill Concierge Desks or call ECCP Practice Manager at 781-474-3255.

Donna Cullinan and Dr. Milica Perosevic will be attending both our Brush Hill and Blue Hill Coffee Hours on Thursday, May 2nd to introduce themselves and share this news. New patient informational materials will also be available at Coffee Hours.

Fuller Village does not require any resident to utilize the services of ECCP. Donna Cullinan, FNP and Dr. Milica Perosevic offer ancillary, optional services available through ECCP for any Fuller Village resident to independently choose to utilize.



MAY FOREST THERAPY WALKS WITH JEN

THURSDAY, MAY 2ND

&

THURSDAY, MAY 16TH

BOTH AT 2PM

LOCATION WILL BE DETERMINED CLOSER TO THE DATES AND ALL
INFORMATION WILL BE EMAILED PRIOR TO THE WALK

PARTICIPANTS MUST BE COMFORTABLE WALKING ON UNEVEN
SURFACES AND INTERESTED IN GENTLY EXPLORING THEIR NATURAL
SURROUNDINGS

PLEASE CALL MURIEL AT THE BRUSH HILL FRONT DESK TO SIGN UP

617.361.7778