

SUN	MON	TUE	WED	THUR	FRI	SAT
1:00 Tea Party (BR Cafe) 2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL)	10:00 Pickleball 10:15 Chair Yoga with Carol (BL) 10:30 Blue Hill Coffee Hour (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Wakefield Estate 2:00 Handcrafters (BL) 2:00 Wegman's 3:00 Current Events - News Roundup (BR) 3:00 Water Volleyball 5:00 Chinese Dance and Classical Music (BR)	10:15 Boston by Foot Tour 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 3:00 Green Team Meeting (BR Cafe) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability with Carol (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit with Crystal (BR) 3:00 Elliott Physical Therapy Talk (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR) 7:00 History with Paolo (BL)	10:00 Towel Cardio (BR) 10:00 Fuller Village Gardeners Meeting (BL/BR Plots) 10:30 Adult Swim Lessons with Izzy 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:00 Men's Lunch to Brick and Beam 12:30 Line Dancing with Jean (BR) 2:00 NeedlePoint (BR) 3:15 Racial Justice Learning Circle (BR) 7:00 Fuller Village Spring Chorus Recital (BR)	9:00 Walking Club with Joey 10:00 Aqua Fit with Crystal (BR) 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Jayne (BL) 1:00 Deb Deluca Spring Beauty Bonanza (BL) 6:30 Cribbage (BR) 7:00 Herbie Rae Duo (BL)	10:00 Pickleball 2:00 Family Swim 7:00 Movie Night (BR/BL)

May 2024

If you need transportation between campuses please call 617-361-7778

## **Weekend Highlights: Friday 5/17 - Sunday 5/19**

### **See what's happening this weekend!**

#### **Friday, May 17th**

**10AM Van departs for Stop & Shop. Please sign up with Muriel 617-361-7778.**

#### **Saturday, May 18<sup>th</sup>**

##### **7PM Saturday Night Movie "Set it Up"**

New York assistants, Harper (Zoey Deutch) and Charlie (Glen Powell), are used to going above and beyond for their high-powered (and highly demanding) bosses, Kristen (Lucy Liu) and Rick (Taye Diggs). But now they're teaming up for the biggest projects of their young careers - getting their bosses to fall in love. **(BL/BR)**

#### **Sunday, May 19<sup>th</sup>**

**1PM FVRA Tea Party** will be held on Sunday, May 19th at 1:00 in the Brush Hill Cafe. **\$15 for Scones & Strawberries, a Variety of Tea Sandwiches and Mini Desserts, and of course, Tea!** We will provide colorful hair fascinators upon arrival! Limited to 25 residents only. Call Muriel (617) 361-7778 at Brush Hill reception to sign up. This event is being sponsored by the FVRA Activities Committee.

## **Weekly Highlights: Monday 5/20 – Sunday 5/26**

### **Look out for these special events and offerings next week!**

#### **Monday, May 20<sup>th</sup>**

**1PM Wakefield Estate Visit** Come see what's blooming at our nature-loving next-door neighbors!

**2PM Opera – RESCHEDULED from last week!** Don't miss this NEW Spanish Opera "Florenxia en el Amazonas" on **Monday May 20<sup>th</sup> at 2PM in the Blue Hill Activity Room.** Opera newbie? Come check it out with some knowledgeable Fuller fans!

**2PM Van departs for Wegman's** Please sign up with Muriel at (617-361-7778)

**3PM Current Events with Professor Rick Brabander** Come and chat about what's going on in the world. **(Brush Hill Function Room)**

**5PM JUST ADDED! *Special Performance in honor of Asian American and Pacific Islander heritage Month***- Fuller Village welcomes students from Mr. Farny's Violin Studio and Fan Li's Piano and Artisan Dance Academy in a concert featuring several pieces of classical violin and piano music and Chinese dance. Don't miss these fabulous young musicians and dancers in a wonderful display of culture and talent! **(Brush Hill Function Room)**

**Tuesday, May 21**

**10:15AM Van departs for Boston by Foot Tour.** Please sign up with Muriel at (617-361-7778)

**3PM Green Team Meeting** Let's meet to discuss some new green initiatives! All are welcome. **(Brush Hill Function Room)**

**Wednesday, May 22nd**

**10:45AM Cornhole** Join us for this super fun to play game **(Blue Hill Activity Room)**

**12:45PM Chorus Rehearsal for Spring Concert** **(Brush Hill Function Room)**

**3:00PM Elliot Physical Therapy Talk – “New Techniques for Managing Back Pain”**  
**(Brush Hill Function Room)**

**7:00PM History with Paolo- "We the People" Creating the Constitution of the United States-** At the end of the Revolutionary War, the newly independent United States were left with the question of how to govern themselves. By 1786, it had become apparent that government under the Articles of Confederation was not effective. So, a new form of national government needed to be created. This talk will look at the struggle to create the Constitution of the United States. **(Blue Hill Activity Room)**

**Thursday, May 23rd**

**10AM Blue Hill Gardeners meet for Coffee and Doughnuts** **(BL Activity Room)**

**10:30AM Brush Hill Gardeners meet for Coffee and Doughnuts** **(BR Cafe)**

**12PM Men's Lunch Trip departs for Brick and Beam**

**3:15PM Racial Justice Learning Circle** **(Brush Hill Function Room)**

**The Racial Justic Learning Circle** will meet for its final session of this series on Thursday May 23<sup>rd</sup> at 3:15 in the Brush Hill Function Room.

## **7PM Fuller Village Spring Chorus Concert (Brush Hill Function Room)**

Don't miss this fabulous group effort by our talented Fuller singers!

### **Friday, May 24<sup>th</sup>**

**1PM Deb Deluca Spring Beauty Bonanza-** Join us for a fun demo of some new skincare and beauty products. Free samples for everybody. **(Blue Hill Activity Room)**

**7PM Music with the Herbie Rae Duo-** These Fuller Village Favorites are back with Toe-tapping hits from the 50s and 60s! **(Blue Hill Activity Room)**

### **Saturday, May 25<sup>th</sup>**

**11:30AM- 2:00PM Brush Hill Café is open.** Join us for a delicious Brunch Menu (and Children's Menu) before Family Swim!

### **7PM Movie Night**

**“One Life”** The True story of Nicholas Winton who organized the rescue of hundreds of predominantly Jewish children from the Nazis on the verge of WWII. Half a century later, he is haunted by those he could not save. Starring Sir Anthony Hopkins, Helena Bonham Carter and Johnny Flyn. **(Blue Hill Activity Room)**

**“I am Woman”** In 1966 single mother Helen Redding leaves Australia for New York for a better life and is disappointed by how difficult it is to get started in the music business until she records a song taken over by the Women's March in Washington DC. Starring Danielle McDonald and Evan Peters. **(Brush Hill Function Room)**

## **Notes from the Program Director**

**Save the Dates for some special programs coming up this week!**

Don't miss a wonderful concert in honor of Asian American and Pacific Islander Month! **Monday, May 20<sup>th</sup> at 5PM in the Brush Hill Function Room** Violin, Piano and Artisan dance students will perform several classical European and traditional Chinese musical pieces. You'll be amazed at their talent!

**What's New in Town?** Philip Driscoll and Tom Sharkey, our Town Meeting representatives, would like to share with us the highlights of Milton's Town Meeting (May 6-8). They will be meeting at the Blue Hill Coffee Hour on Thursday, May 23<sup>rd</sup> at 10:30 AM, and again on Tuesday, May 28<sup>th</sup> at 2 PM in the Brush Hill Function Room.

Come hear about the issues and the decisions that arose during the three-days of Town Meeting.

**Mary Kay** representative Debra Deluca will be here at 1PM on Friday May 24 for a Spring Beauty show and tell about all the latest beauty trends. Stop in for free samples, a hand treatment, and chat!

### **In the Works...**

Here are a few ideas and potential outings I am working on. If they sound interesting to you, PLEASE give Muriel a call so we can create an interest list and plan to put things in motion. Very often if I know of interest in advance, I can order tickets in advance that can save us \$\$\$!

### **Wine and Chocolate Tasting-**

Imagine a fine summer evening on the patio, sipping small batch artisan wine, paired with local sustainable chocolates, guided by an expert sommelier. This event will be limited to 20 or 25 people, and I am hoping to keep the event at \$20 or under.

### **Scooperbowl!**

I have made plans for an art and architecture tour of the Boston Public Library, followed by a stop at Boston's own Scooperbowl at Government Center- This is an ALL YOU CAN EAT ice cream event that doubles as a fundraiser for The Jimmy Fund. The trip will run about \$28, depending on how many go and if we can purchase a block of tickets in advance.

**"All Shook Up" at the Reagle Theatre in Waltham Wed July 17<sup>th</sup> 2 PM matinee.** This is a great show that combines the music of Elvis with a Shakespearean twist! Tickets will be between \$36-\$40.

**I am happy to announce that Fuller Village has been awarded a \$500 grant from the Milton Garden Club in support of our efforts to expand our horticultural horizons and grow our herb garden! Thank you so much to Ellen Dunn and all the Fuller gardeners who brought the grant opportunity to my attention and helped shepherd it along! Congratulations on another great Fuller Village Community effort! We will meet sometime in the next few weeks to plan!**

**I can't wait to hear the Fuller Village Chorus cut loose on 5/23 at 7PM. Be there or be square!**

There's something for everyone out there this Spring!- *Susie*



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, May 20th

Chicken and Rice Soup (GF)  
or Salad du Jour  
Marinated Pork Chop (GF)  
Teriyaki Salmon (GF)  
Oven Browned Potatoes (GF)  
Glazed Carrots (GF)  
Chocolate Chip Cookies or  
Peach Crisp

### Tuesday, May 21st

Bacon and Potato Soup  
or Salad du Jour  
Prime Rib (GF)  
Balsamic Glazed Seabass (GF)  
Parmesan Risotto  
Mixed Vegetables (GF)  
Carnival Cookies or  
Chocolate Mousse

### Wednesday, May 22nd

Broccoli and Cheese Soup (GF)  
or Salad du Jour  
Statler Chicken (GF)  
Garlic Herbed Baked Cod (GF)  
Yellow Rice  
Onions and Peas (GF)  
Peanut Butter Cookies  
or Red Velvet Cup Cake

### Thursday, May 23rd

Tuscan Cauliflower Soup (GF)  
or Salad du Jour  
Pasta With Bolognese Sauce (GF)  
Shrimp Scampi (GF)  
Spaghetti (GF)  
Sauteed Broccoli (GF)  
White Chocolate Macadamia Cookies  
or Apple Cobbler

### Friday, May 24th

New England Clam Chowder (GF)  
or Salad du Jour  
Fried Chicken Breast (GF)  
Lemon Thyme Trout (GF)  
Potato Wedges (GF)  
Roasted Brussel Sprouts (GF)  
Oatmeal Cookies or  
Mini Chocolate Cake

### Saturday, May 25th

Italian Beef and Vegetable Soup (GF)  
or Salad du Jour  
Glazed Baked Ham (GF)  
Crispy Fried Sole (GF)  
Garlic Orzo  
Creamy Coleslaw (GF)  
Chocolate Chip Cookies  
or Carrot Cake

### Sunday, May 26th

White Chicken Chili (GF)  
or Salad du Jour  
Roasted Turkey Breast (GF)  
Fish Stew (GF)  
(Cod, Salmon, Shrimp)  
Boiled Potatoes (GF)  
Parmesan Roasted Asparagus (GF)  
Assorted Cookies or  
Brownie Caramel Cheesecake

*Fuller Village* | **unidine**  
in Milton  
— LIVE A FULLER LIFE —

### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

**Please Request Vegetarian Options When Placing Orders / Reservations**

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

\* ask about our selection of house made dressings \*

## Weekly Special ... 7.00

### Spanakopita

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

**Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup**

### **Baked Haddock...21.95 (GF)**

Baked with Buttered GF Crumbs  
Served with Entrée Sides

### **Sandwich of the Special...14.00**

#### **Italian Sub**

Ham, Salami, Pepperoni, Lettuce, Tomato,  
Onions and Provolone Cheese  
Served with Your Choice of Side

### **Salad Special...12.00 (V)**

#### **Chopped Salad With Italian Dressing**

Romaine, Radicchio, Red Onions, Celery,  
Tomatoes, Chickpeas, Provolone Cheese

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

### **Veggie Special of the Week... 15.00 (V)**

#### **Pesto Pasta With Vegetables**

Served with a Side Salad and Dinner Roll

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

### **Fuller Village's**

### **Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

### **Impossible Burger...15.00 (V)**

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

### **Lighter Fare...10.00 (V)**

Large Garden Salad  
Served with Roll and Butter

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne  
illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made  
without gluten ingredient options available upon request.

# Brush Hill Café

## DAILY SPECIALS

all daily specials served with one side \$14

**MONDAY, MAY 20th**

**\*Chicken & Ranch Club Wrap (GF)**

With Bacon and Cheddar Cheese

**TUESDAY, MAY 21st**

**Grilled Sausage Sub (GF)**

With Peppers and Onions

**WEDNESDAY, MAY 22nd**

**\*Sirloin Steak Caesar Salad**

Served with Fruit Cup

**THURSDAY, MAY 23rd**

**\*Pesto Chicken Flatbread (GF)**

With Cherry Tomatoes and Fresh Mozzarella.

Served with Side Salad

**FRIDAY, MAY 24th**

**Salmon Burger With Garlic Aioli (GF)**

Served with Your Choice of Side

**Gluten Free (GF), Vegetarian (V), Low Sodium (LS)**

**\*Gluten Free Bread / Wraps Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.