

## **Weekend Highlights: Friday 5/24 - Sunday 5/26**

### **See what's happening this weekend!**

#### **Friday, May 24th**

**1PM Spring Beauty Bonanza with Mary Kay representative Deb Deluca**

Come and check out Spring's hot beauty trends! **(Blue Hill Activity Room)**

**7PM Herbie Rae Duo (Blue Hill Activity Room)**

Join a Fuller Village favorite for some Friday night tunes!

#### **Saturday, May 25<sup>th</sup>**

**11:30AM- 2:00PM Brush Hill Café is open.** Join us for a delicious Brunch Menu (and Children's Menu) before Family Swim!

#### **7PM Movie Night**

**"One Life"** The True story of Nicholas Winton who organized the rescue of hundreds of predominantly Jewish children from the Nazis on the verge of WWII. Half a century later, he is haunted by those he could not save. Starring Sir Anthony Hopkins, Helena Bonham Carter and Johnny Flynn. **(Blue Hill Activity Room)**

**"I am Woman"** In 1966 single mother Helen Redding leaves Australia for New York for a better life and is disappointed by how difficult it is to get started in the music business until she records a song taken over by the Women's March in Washington DC. Starring Danielle McDonald and Evan Peters. **(Brush Hill Function Room)**

## **Weekly Highlights: Monday 5/27 – Sunday 6/2**

### **Look out for these special events and offerings next week!**

#### **Monday, May 27th**

Memorial Day- Fuller Village Staff Offices and Brush Hill Café will be closed.

#### **Tuesday, May 28th**

**9:30AM Van departs for Top Golf** Please sign up with Muriel at (617-361-7778)

**2PM What's New in Town?** Philip Driscoll and Tom Sharkey, our Town Meeting representatives, would like to share with us the highlights of Milton's Town Meeting (May 6-8). They will be meeting Tuesday, May 28<sup>th</sup> at 2 PM to discuss the issues and the decisions that arose during Town Meeting. **(Brush Hill Function Room)**

**Wednesday, May 29th**

**8:00AM Bike Club**

**10:45AM Cornhole** Join us for this super fun to play game **(Blue Hill Activity Room)**

**2:30PM "Photographs that Changed the Way We See the World" with photographer Mitch Fischman** We will examine how photographs and photography "giants" such as Dorothea Lange, Margaret Bourke-White, Robert Capa, Paul Strand, W. Eugene Smith have influenced the way we see the world. Included will be the influence of the early photographer journalism pioneers such as Matthew Brady's Civil War photographs, Walker Evans' Americana experience, and Lewis Hines and Jacob Reiss' social documentary. We will also examine iconic photographs such as Huynh Cong Ut's "The Terror of War", showing napalm bombing of a Vietnamese village, and The Flag in the Plaza where the American Flag was used to attack a black man walking in City Hall Plaza during Boston's Busing Crisis. **(Brush Hill Function Room)**

**Thursday, May 30th**

**11AM Van departs for Sullivan's at Castle Island. THIS TRIP IS FULL.**

**6PM Chorus Dinner (Blue Hill)**

**Friday, May 31st**

**12:30 1 on 1 Tech Help with Liz Flaig (Brush Hill Activity Room)**

Bring your phone or tablet with your questions for Liz!

**7PM Music with Dan Mackowiak**

Dan Mackowiak grew up playing the accordion, and now he plays with several ensembles, including his own ballroom dance quartet. Dan's programs feature music from the American Songbook and from various European traditions: Scandinavian, Polish, German, Italian, French and Celtic. He particularly enjoys getting his audiences to remember the music they heard and loved years ago. **(Blue Hill Activity Room)**

**Saturday, June 1<sup>st</sup>**

### **7PM Movie night**

**“One Life”** The True story of Nicholas Winton who organized the rescue of hundreds of predominantly Jewish children from the Nazis on the verge of WWII. Half a century later, he is haunted by those he could not save. Starring Sir Anthony Hopkins, Helena Bonham Carter and Johnny Flynn. **(Brush Hill Activity Room)**

**“I am Woman”** In 1966 single mother Helen Redding leaves Australia for New York for a better life and is disappointed by how difficult it is to get started in the music business until she records a song taken over by the Women’s March in Washington DC. Starring Danielle McDonald and Evan Peters. **(Blue Hill Function Room)**

### **Sunday, June 2<sup>nd</sup>**

**7PM The Continentals – Drums and Keyboards Duo (Brush Hill Function Room)**

## **Notes from the Program Director**

June means it’s time for Pickleball! Meet at the Tennis Court at Brush Hill weather permitting Thursdays at 3PM. All are welcome anytime to join in to play or learn the game. Residents who have never played before must have a valid Fitness Waiver on file with the Fitness Director. Please wear comfortable clothing, and good sneakers or court shoes for your safety. For more information, and for a waiver, please contact Jen DeLeonardis at (617) 361-7196.

A gentle reminder that a group meets for Rosary at 3PM on Wednesdays upstairs in the multi-purpose room at Blue Hill. All are welcome!

Summer is just around the corner and we will be heading out for lots of fun adventures in the sun. Remember to wear good walking shoes and stay hydrated by carrying a water bottle with you. If you are out and about in wooded or grassy areas, watch out for ticks and prevent bites by tucking socks into long pants and wearing long-sleeved shirts.

Enjoy the Memorial Day Holiday on Monday and remember our veterans.

There’s something for everyone out there this Spring!- *Susie*

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>26</b> 2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL)	<b>27</b> <b>Memorial Day</b> Offices and Cafe are Closed 10:00 Pickleball	<b>28</b> 9:30 Top Golf Trip 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	<b>29</b> 8:00 Bike Club 10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability with Carol (BR) 10:45 Cornhole (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 2:30 Aqua Fit with Crystal (BR) 2:30 Photographs that Changed the Way We See the World (BR) 3:00 Rosary (BL) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR)	<b>30</b> 10:00 Towel Cardio (BR) 10:30 Adult Swim Lessons with Izzy 10:30 Bible Study (BR) 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 11:00 Sullivan's and Castle Island 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 NeedlePoint (BR) 4:30 Blue Hill Book Club (BL) 6:00 Chorus Dinner (BL)	<b>31</b> 9:00 Walking Club with Joey 10:00 Aqua Fit with Crystal (BR) 10:00 Stop & Shop in Hyde Park 10:30 Chair Yoga with Jayne (BL) 12:30 1-on-1 Tech Help (BR) 6:30 Cribbage (BR) 7:00 Dan Mackowiak (BL)	10:00 Pickleball 2:00 Family Swim 7:00 Movie Night

**May 2024** If you need

transportation between campuses please call 617-361-7778

# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Memorial Day , May 27<sup>th</sup>

Chunky Turkey Chili (GF)  
or Salad du Jour  
BBQ Pulled Pork (GF)  
Grilled Halibut (GF)  
Macaroni and Cheese, Green Beans (GF)  
Chocolate Chip Cookies or  
Blueberry Pound Cake

### Friday, May 31st

New England Clam Chowder (GF)  
or Salad du Jour  
Baked Pork Chop (GF)  
Trout Almondine (GF)  
Barley Mushroom Pilaf, Asparagus (GF)  
Oatmeal Cookies or  
Lemon Cake

### Tuesday, May 28th

Sweet Potato Bisque  
or Salad du Jour  
Grilled Lamb Chops (GF)  
Crab Stuffed Sole (GF)  
Baked Potato (GF), Braised Cabbage (GF)  
Carnival Cookies or  
Berry Tartlet

### Saturday, June 1st

Ham and Bean Soup (GF)  
or Salad du Jour  
Beef Stroganoff (GF)  
Garlic and Herb Cod (GF)  
Egg Noodles, Squash and Tomatoes (GF)  
Sugar Cookies  
or Cheesecake

### Wednesday, May 29th

Corn Chowder With Bacon (GF)  
or Salad du Jour  
Marinated Steak Tips (GF)  
Baked Pollock (GF)  
White Rice, Roasted Zucchini (GF)  
White Chocolate Macadamia Cookie or  
Cherry Pie

### Sunday, June 2nd

Southwest Chicken Soup (GF)  
or Salad du Jour  
Rotisserie Chicken Leg (GF)  
Eggplant Parmesan (V) (GF)  
Sweet Potato Wedges (GF), Corn (GF)  
Assorted Cookies or  
Chocolate Torte (GF)

### Thursday, May 30

Garden Vegetable Soup (GF)  
or Salad du Jour  
Chicken Picatta (GF)  
Honey Salmon (GF)  
Mashed Potatoes (GF), Broccoli (GF)  
Peanut Butter Cookies  
or Apple Turnover

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in Milton  
— LIVE A FULLER LIFE —

### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)





# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

\* ask about our selection of house made dressings \*

## Weekly Special ... 7.00

**Tortilla Chips With House Made Salsa**

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

**Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup**

**Baked Haddock...21.95 (GF)**

Baked with Buttered GF Crumbs

Served with Entrée Sides

**Sandwich of the Special...14.00 (GF)**

**Chicken and Pesto Panini**

With Lettuce and Tomato

Served with Your Choice of Side

**Salad Special...12.00 (V)**

**Vegetarian Cobb Salad**

Romaine, Tomatoes, Hard Boiled Eggs,

Avocado, Chickpeas and Red Wine

Vinaigrette

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

**Veggie Special of the Week... 15.00 (V)**

**Vegetable Lasagna**

Served with a Side Salad and Dinner Roll

**Fuller Village's**

**Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

**Impossible Burger...15.00 (V)**

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

**Lighter Fare...10.00 (V)**

Large Garden Salad

Served with Roll and Butter

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne  
illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked. \*Made  
without gluten ingredient options available upon request.

# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

**MONDAY, MAY 27th**

**Closed For Holiday**

**TUESDAY, MAY 28th**

**\*Ham and Gouda Panini (GF)**

Sliced Ham, Smoked Gouda Cheese and Mayonnaise on an  
Onion Roll

**WEDNESDAY, MAY 29th**

**Grill Day**

Choice Of: Grilled Teriyaki Chicken **OR** Marinated Shrimp  
Served with Orzo Salad

**THURSDAY, MAY 30th**

**Greek Salad (V) (GF)**

Romaine, Cucumbers, Tomatoes, Olives, Feta Cheese, Red  
Onions and Housemade Greek Dressing

**FRIDAY, MAY 31st**

**Fish and Chips**

Served with Sweet and Tangy Coleslaw

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

*Fuller Village*  
in Milton  
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## June 2024 Fitness & Aquatics Update

Spring is in full swing, and summer is right around the corner! With this comes lots of opportunity to get outside, and of course, vacations...I will be away on vacation from Friday, June 21<sup>st</sup> returning to the Fitness Center on Monday, July 8<sup>th</sup>. Some classes will be taught by Carol, our Yoga Teacher, and others will be canceled. All updates will be reflected on the monthly calendar, but see below for a preview. The July changes will be posted at the end of the month.



**NO Functional Fitness class on Tuesday, June 4<sup>th</sup> or Tuesday, June 25<sup>th</sup>**

**NO Back to Basics on Tuesday, June 4<sup>th</sup>**

**NO Towel Cardio on Thursday, June 27<sup>th</sup>**

**The Fuller Village Bike Club season has begun! If you are new to Fuller, have a bike & a helmet, and are interested in learning more about how to participate, please see me for more information.**

**In June, there will only be one Forest Therapy Walk on Wednesday, June 12<sup>th</sup> @ 2pm. The location is TBD. All walks require a sign-up & space is limited, so please call Muriel to get your name on the list as soon as possible. Walks are weather-dependent. Participants must provide their own transportation (or carpool!).**

**If you are a new resident and have questions about the Fitness Center, Fitness Classes, Pool Activities, or anything fitness-related, please give me a call or email to discuss.**

**I can be reached at 617.361.7196 / [jdeleonardis@fullervillage.org](mailto:jdeleonardis@fullervillage.org)**





**Celebrate Father's Day!**

**Sunday, June 16<sup>th</sup> 2:00 – 4:00 PM**

**Brush Hill Function Room**

**Build Your Own Burger Bar**

**(Choice of 6 oz. Beef, Salmon or Veggie)**

**Over 15 toppings and Sauces!**

**Fuller Village House Chips, Garden Pasta Salad and**

**Tuscan Potato Salad**

**Toasted Brioche Buns/Gluten Free Buns**

**Water or Soda**

**Chocolate Fudge Brownies and Assorted Cookies**

**\$29.95 per person**

**Beer and Wine available at a separate charge**

**Bring your family and enjoy a special day!**

**For some added entertainment, we will have a**

**caricature artist doing funny one-of-a-kind**

**complimentary portraits.**

**Call Joey to Reserve your seats at 617-361-3231!**