

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>9:00 Pancake Breakfast (BR) 5</p> <p>2:00 Resident and Guest Swim</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 David Won & Tim Steele (BR)</p>	<p>9:30 Bike Club Interest Meeting (BR) 6</p> <p>10:00 Pickleball</p> <p>10:15 Chair Yoga with Carol (BL)</p> <p>10:30 Blue Hill Coffee Hour (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Market Basket Brockton</p> <p>2:00 Handcrafters (BL)</p> <p>3:00 Current Events - News Roundup (BL)</p> <p>3:00 Water Volleyball</p> <p>7:00 Singo (BR)</p>	<p>8:45 Day of Beauty and Lunch 7</p> <p>10:30 Functional Fitness (BR)</p> <p>12:00 Back to Basics (BL)</p> <p>1:00 Meditation (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>2:00 Rich Travers (BR)</p> <p>3:30 Spring Flower Arranging Class (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>10:00 Stop & Shop in Hyde Park 8</p> <p>10:15 Mobility & Stability with Carol (BR)</p> <p>10:45 Cornhole (BL)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>12:45 Chorus (BR)</p> <p>2:00 Residents' Association Board Meeting (BL)</p> <p>2:30 Aqua Fit with Crystal (BR)</p> <p>3:00 Rosary (BL)</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>7:00 Handcrafters (BR)</p>	<p>8:00 Birdwatching with Ecologist Jack Lash 9</p> <p>10:00 Towel Cardio (BR)</p> <p>10:30 Adult Swim Lessons with Izzy</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>11:30 Women's Lunch to Venezia</p> <p>12:00 Mobility & Stability (BL)</p> <p>12:30 Line Dancing with Jean (BR)</p> <p>1:30 Crafts with Cindy (BL)</p> <p>2:00 NeedlePoint (BR)</p> <p>2:30 Music Lovers "Calypso" (BL)</p> <p>3:00 History with Paolo (BR)</p>	<p>9:00 Walking Club with Joey 10</p> <p>10:00 Aqua Fit with Crystal (BR)</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>3:00 Around the World with Barry Pell (BR)</p> <p>4:30 Friday Night Services (BR)</p> <p>6:30 Cribbage (BR)</p> <p>7:00 "Love Letters" with Bob and Maureen (BL)</p>	<p>10:00 Pickleball 11</p> <p>11:30 Brush Hill Cafe Grand Opening (BR)</p> <p>2:00 Family Swim</p> <p>7:00 Movie Night (BR/BL)</p>

May 2024

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton

— LIVE A FULLER LIFE —

Weekend Highlights: Friday 5/3 - Sunday 5/5

See what's happening this weekend!

Friday, May 3rd

11:30AM- 2PM Goodbye to Carl (Brush Hill Function Room)

Come say Bon Voyage to everybody's favorite bartender Carl McDonald.

1PM Rich Travers Presents "The Life and Music of John Williams"

John Williams is an American composer, conductor, and pianist. With a career spanning over six decades, he has composed some of the most popular and recognizable film scores in cinematic history. Williams has composed the music for all but three of Stephen Spielberg's feature films. **(Blue Hill Activity Room)**

7PM Adam and Marcia Feldman- Making music together for over 25 years, These Berklee graduates are a dynamite duo! (Blue Hill Activity Room)

Saturday, May 4th

5PM Kentucky Derby Night (Brush Hill Function Room)

Grab your fascinator and come on down to play the ponies at the 150th Anniversary running of the Kentucky Derby! Delicious Southern fare and fun for all! See flyer for menu details.

7PM Movie Night "Seabiscuit" The true story of the undersized Depression-era racehorse whose victories lifted not only the spirits of the team behind it but also those of their nation. (Blue Hill Activity Room ONLY)

Sunday, May 5th

9AM Pancake Breakfast (Brush Hill) Flapjacks galore for a good cause! Come on down for pancakes, sausages and all the fixings! We even have gluten free! \$5

7PM David Won and Tim Steele "Songs from Stage and Screen" with tunes from classic films and Broadway shows! Not to be missed! (Brush Hill Function Room)

Weekly Highlights: Monday 5/6 – Sunday 5/12

Look out for these special events and offerings next week!

Monday, May 6th

9:30AM Bike Club meeting (rescheduled from 4/29) meets in the Yoga Studio

1PM Shopping Trip departs for Market Basket in Brockton- Please call 617-361-7778 to sign up.

3PM Current Events- News Roundup with history and political science Professor Rick Brabander Join us for a guided conversation around what's going on in today's news from All Sides. **(Blue Hill Function Room)**

7PM SINGO with DJ Jim Hislop (Brush Hill Function Room)

SINGO is back on Monday, May 6th at 7pm. \$5 a card (exact change please). Win BIG money up to \$140! Easy to play! The DJ gives you the title and you mark your card. Enjoy the free cookies, popcorn & soda. Over 70 residents usually attend. Sorry...no guests, friends or family allowed. This is a Resident ONLY event. Prize money is for residents only! Sponsored by FVRA Activities Committee.

Tuesday, May 7th

8:45AM Day of Beauty and Lunch! Join us for this special outing to Blue Hills Tech to experience first-hand the skills of their cosmetology and culinary students!

Pamper yourself with a facial, scalp treatment and manicure, followed by a delicious lunch- all for only \$40! Please also bring along \$ for a tip.

2:00PM "Latin Music" with Rich Travers Latin music is a category that encompasses music from Spanish speaking areas of the world, also including Portuguese speaking Brazil. Bring your dancing shoes to this lecture as we listen and learn about the many rhythms of Latin music. **(Brush Hill Activity Room)**

3:30 Fresh Flower Arrangement Class Award winning florist Jen Allen of Market Floral Studio, Boston will return to give a Spring fresh flower arranging course to 25 residents only Tuesday, May 7th at 3:30pm in the cafe. \$30 cash or check will be collected the day of the class. Contact Muriel, BR reception starting on Monday, April 29th at 9:00 am. You will be charged if you do NOT show up. The Fall class was a big success--so, Jen is back! Sponsored by FVRA Activities Committee. **(Brush Hill Cafe)**

Wednesday, May 8th

2PM Resident Association Board Meeting (Blue Hill Activity Room)

Thursday, May 9th

8AM Join Ecologist Jack Lash to identify and learn more about birds and other wildlife here at Fuller Village, as you take a guided walk of the grounds. Meet by the GAZEBO at 8AM.

11:30AM Women's Lunch Trip departs for Venezia- THIS TRIP IS FULL.

1:30PM Crafts with Cindy - Where's my glasses? With colorful beads of all shapes and sizes we will make beautiful beaded eyeglass holders to hang around our necks. Never misplace your readers or sunglasses again! Call 617-361-7778 to sign up. **(Blue Hills Activity Room)**

2:30PM Music Lovers Explore Calypso Music with Richard Reithner (Blue Hill Activity Room) Love that Island Music...

3:00PM History with Paolo "Beyond Cinco de Mayo: A Brief History of Mexico from Independence to Revolution"- To many of us in the US, the history of Mexico begins and ends with May 5th, even if we don't really know why that day is celebrated. Yet, the story of Mexico in the 19th and early 20th centuries is much bigger than just one misunderstood date. It is a dramatic, tragic, and complex tale that still resonates and shapes modern Mexican society. This talk will highlight the story of Mexico from the War of Independence to the Mexican Revolution. **(Brush Hill Function Room)**

Friday, May 10th

3:00 PM travel to the Channel Islands with World traveler and Photojournalist Barry Pell. "The Timeless Landscape of the Channel Islands"

Located in the English Channel between England and France, the Channel Islands belong to Britain but have been self-administered for centuries. During World War II, the Islands were the only British land occupied by the German Army, and Islanders' lives were severely restricted. German defense fortifications still litter the islands, as well as sculptures and monuments celebrating the end of Occupation. There are five main islands, including Jersey and Guernsey, known for their famous dairy cows. Barry Pell has visited each of the islands, documenting its history and culture. Other than a few towns, the Islands are filled with farms, hundreds of years old stone homes, ancient churches with atmospheric cemeteries, and dramatic weathered rocky coastlines. Little known or visited by Americans, the Channel Islands are a very worthy destination.

7:00PM “Love Letters”with Bob DiCicco & Maureen Pilot(Blue Hill Activity Room)

The 1940s were the golden age of the American Songbook. World War II and the music from that era go hand-in-hand. WW II was the centerpiece of the decade and as one music critic wrote, “In a very real sense, American popular music was the popular music of World War II. The war was an emotional period and the songs tapped a reservoir of emotions: hope, longing, loneliness, and love. 'Love Letters from The Front' takes us back in time to the war years of 1940-1945 when American GI's were sending off letters to their spouses and loved ones. This production showcases some of those letters with the appropriate song from that era as a backdrop. We take time out to honor those brave men and women who fought valiantly for our country during that tumultuous time and will look forward to an evening of beautiful music through “Love Letters from The Front”.

Saturday, May 11th

7PM Movie Night Movie (BL/BR) TBD

11:30AM- 2:00PM Brush Hill Café Grand Opening! Join us for a delicious Brunch Menu (and Children’s Menu) before Family Swim! Yummy food and fun with balloon art creations for kids!

Sunday, May 12th

1PM Mother’s Day Buffet in the Gordon House Dining Room. See flyer for menu details and call Joey at #617-361-3231 for reservations.

7PM Music with the Mike Mosca Duo (Brush Hill Function Room)

The MAY issue of The Voices of Fuller is now available online. See your email from Molly Welch from April 30thand click on the underlined, green link to open and read the PDF- May 2024 “The Voices of Fuller”

Limited print copies to those who need them due to a lack of electronic devices or poor eyesight may contact resident Marty Allen for a monthly printed copy.

Wednesday and Thursday Fuller Village will have a video production company onsite filming our beautiful campus, activities, and amenities. There may be short periods of time when community spaces will be unavailable while filming is taking place. We appreciate your cooperation and understanding. If you have any questions please reach out to Andrea Doherty, adoherty@fullervillage.org.

Congratulations to Tom Sharkey, FV resident and new Milton Town Meeting member! Please see his note below:

Dear Friends,

Thanks to your support and encouragement, I've become a Town of Milton Meeting Member. On Election Day, I emerged fifth out of the fourteen candidates, so I'm privileged to represent you to the Town for the next three years.

This year's Town Meeting begins next Tuesday (May 7th). My hope is to keep you updated on what's happening there, and as time goes on, gather your thoughts and ideas on Milton issues and bring them to the attention of Town leaders and fellow Milton residents.

I appreciate all that you did to help me. Thank you.

Tom Sharkey, 35 Caroline Drive

Notes from the Program Director

Save the Dates for some special programs coming up this week!

If the flowers outside are inspiring you, join us for a **Spring flower arranging class** with florist Jen Allen of Market Floral Studio, Boston on Tuesday May 7th at 3:30PM. Sign up with Muriel #617-361-7778.

News you can Use! Professor Rick Brabander will be here on Monday May 6th at 3PM at Blue Hill (and Monday May 20th at 3PM at Brush Hill) to talk about what's in the news and listening to the news using various podcasts. Bring your smartphones to this meeting and we'll hook you up! Check it out and share *your* perspective.

Music Lovers- We will take another shot at enjoying some **Calypso music** with Rich Reithner on Thursday, May 9th in the Blue Hill Activity Room. If you yearn for the sound of music from the Islands, join us!

Calling all Armchair Travelers! Don't miss "Around the World with Barry Pell" as this photojournalist and world traveler shares insights and photography from his recent trip to the Channel Islands. 3PM Friday May 10th in the Brush Hill Function Room

Memorial Day (May 27) is later this month and Fuller Village welcomes performers Bob DiCicco and Maureen Pilot on Friday May 10th at 7PM in the Blue Hill Activity Room with a special musical program called "**Love Letters from the Front**"- a tribute to those who served, and those they left behind.

There's something for everyone out there this Spring!- *Susie*



Join us for Mother's Day Buffet – Gordon House Dining Room
Sunday, May 12th from 1:00 – 3:00 PM

Special Mother's Day Spring Salad

*Cucumbers, Tomatoes, Radishes, Carrots and Red Onions
over Spring Mix with Creamy Red Wine Vinaigrette*

Entrees

*Salmon baked with Dill Sauce
Roast Beef Tenderloin with Demi-Glace*

Sides

*Carbonara Pasta
Mashed Potatoes*

Vegetables

*Roasted Asparagus
Sautéed Tomatoes and Squash*

Desserts

*French Silk Pie
Cheesecake
Chocolate Torte (GF)*

\$29.95 per person

Please call Joey at 617-361-3231 to make a reservation.

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday May 6th

Split Pea Soup (GF)
or Salad du Jour
Chicken Marsala (GF)
Baked Crusted Scallops, Shrimp and Fish (GF)
Parslied Potatoes (GF), Corn (GF)
Chocolate Chunk Cookies
or Cheesecake

Friday, May 10th

New England Clam Chowder (GF)
or Salad du Jour
Honey Glazed Pork Loin (GF)
Sole Piccata (GF)
Macaroni and Cheese, Roasted Broccolini (GF)
Oatmeal Raisin Cookie
or Chocolate Cake

Tuesday, May 7th

Mushroom Barley
or Salad du Jour
BBQ Pork Ribs (GF)
Seared Swordfish (GF)
Mashed Potatoes (GF), Green Beans (GF)
Carnival Cookies
or Apple Cobbler

Saturday, May 11th

Garden Vegetable Soup (GF)
or Salad du Jour
Rotisserie Seasoned Chicken (GF)
Dijon Halibut (GF)
Smashed Sweet Potatoes (GF), Green Peas (GF)
Chocolate Chip Cookies
or Tiramisu

Wednesday, May 8th

Italian Wedding Soup (GF)
or Salad du Jour
Orange Glazed Chicken (GF)
Lobster Ravioli With Brandy Cream Sauce
Saffron Rice, Sauteed Zucchini (GF)
White Chocolate Macadamia Cookies
or Lemon Bar

Sunday, May 12th

Mothers Day Buffet

RESERVATIONS ONLY

1PM - 3PM

Thursday, May 9th

Tomato Basil Soup (GF)
or Salad du Jour
Beef and Rice Stuffed Peppers
Cod Puttanesca (GF)
Lyonnais Potatoes (GF), Asparagus (GF)
Peanut Butter Cookies
or Pecan Pie



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)



Always Available Menu

Call 617-361-6958 Between 1pm and 3pm For Take Out Orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad

* ask about our selection of house made dressings *

Weekly Special ... 7.00

Beef and Vegetable Kabobs

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich of the Week and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs
Served with Entrée Sides.

Sandwich Special...14.00 (GF)

Turkey B.L.T. Panini

Served with Your Choice of Side

Salad Special...12.00 (V)

Spring Salad With Lemon Dressing

Mixed Greens, Asparagus, Radishes, Peas,
Chickpeas, Feta Cheese, Toasted Pine Nuts
and Hard-Boiled Eggs

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Vegetarian Special... 15.00 (V)

Butternut Squash Raviolis With Red Sauce

Served with Side Salad

Fuller Village

Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun
with Lettuce, Tomato, and Onion.

Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion.

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke/ Diet Coke

Ginger Ale / Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne illness,
especially if you have certain medical conditions. *These items
may be served raw or undercooked. *Made without gluten
ingredient options available upon request.

Brush Hill Café Specials

– Daily Specials –
all served with one side... 14.00

Monday May 6th

Mushroom Swiss Burger

Beef Patty, Sauteed Mushrooms, Caramelized Onions, Lettuce, Tomato and Swiss Cheese

Tuesday, May 7th

Chicken and Sundried Tomato Panini

Served with Your Choice of Side

Wednesday, May 8th

Cobb Salad

Romaine, Chicken, Tomato, Bacon, Hard Boiled Eggs, Avocado, Shredded Cheddar Cheese

Thursday, May 9th

Pizza Day

Cheese or Pepperoni
Served with Side Salad

Friday, May 10th

Shrimp Po'Boy

Served with Your Choice of Side

**Before ordering,
please make sure your
server is aware of any food allergies**