

Weekend Highlights: Friday 8/2 - Sunday 8/4

See what's happening this weekend!

Friday, Aug. 2nd

10AM Van departs for shopping at Stop & Shop

1PM Music Lecture with Rich Travers

The nineteenth century was a time in which passionate nationalism was prevalent and which saw many political upheavals. Influenced by nationalist works by Hungarian rhapsodies of Franz Liszt, composers from many European countries became determined to develop a “national style” of music of their homeland. To this day they turn to the dances, folk songs, history and national legends of their countries as a basis for their musical compositions. **(Blue Hill Activity Room)**

2PM Ice cream truck- Ellie's Sweet Treats (Blue Hill)

3:15 PM Ice cream truck- Ellie's Sweet Treats (Brush Hill)

7PM Music with Steve King (Blue Hill Activity Room)

Join Fuller Village Favorite pianist Steve King for an hour of music and laughter!

Saturday Aug. 3

11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children's menu. Come and enjoy the Brush Hill Café on Saturdays! Residents can view the Café's new Saturday menus on Uniguest (formerly Touchtown) under the “Dining” icon.

7PM Movie Night- *Molly's Game* starring Jessica Chastain, Kevin Costner, Idris Elba, and Molly Bloom. The true story of an Olympic Skier who has a career-ending accident and decides to run an illegal poker game in a basement. **BL/BR**

Sunday, Aug. 4

7PM Music with Portraits in Jazz

Portrait In Jazz covers the full spectrum of jazz with songs representing the traditional period of 1920's New Orleans through the Great American Songbook and Blue Note era of the 1940's and 1950's into the gospel-infused tone of the 1960's and right up to present with a good mixture of blues and Latin mixed in. If you're a fan of jazz there promises to be something for everyone at this concert! **(Brush Hill Function Room)**

Weekly Highlights: Monday 8/5 – Sunday 8/11

Look out for these special events and offerings next week!

Monday, Aug. 5

1PM Van departs for Wegmans Please call Muriel to sign up (617) 361-7778

3PM “The Neponset River Trail” with Asst. Director of the Neponset River Watershed Association Andres Ripley

Hear all about the history and plans for the future of the Neponset River Trail- a wonderful neighborhood resource! **(Brush Hill Function Room)**

Tuesday, Aug. 6

11 AM Milton Town Tour

Calling all Newcomers! Are you new to Milton? Would you like to learn more about where to shop, eat, and gather? Join us for this approximately 1 hour long tour of the most important places to know in your new home town! Call (617) 361-7778 to sign up.

2PM Rich Travers presents “The Life and Music of Judy Garland” Judy Garland was an American actress, singer, and dancer. With a career spanning 45 years, she attained international stardom in both musical and dramatic roles, as a recording artist, and on the concert stage. Renowned for her versatility, she received a Golden Globe Award and a Tony. Garland was the first woman to receive a Grammy Award for her 1961 live recording of “Judy at Carnegie Hall.” **(Brush Hill Function Room)**

3PM Brain Games with Lindsey and Susie

Join us for a few rounds of collaborative games, word puzzles, and trivia designed to keep our brains sharp! **(Blue Hill Activity Room)**

Wednesday, Aug. 7

8 AM Bike Club

11AM Music Theory Class with Jane Lash

Come and learn how to read music with Jane in this fun introductory class. Bring a pencil and paper to take notes. **(Brush Hill Function Room)**

2PM Catholic Mass (Brush Hill Function Room)

3PM History with Paolo – “The One Termers”

Forty-six men have held the office of President of the United States. Nearly half of those have served only one term or less as chief magistrate. This lecture will examine why some of our presidents have been unable or unwilling to serve more than four years as president. **(Brush Hill Function Room)**

6:30 PM Abstract Art Class with Madeline Ludtke (Brush Hill Café)

Join Art Therapist Madeline Ludtke for 4 weeks of exploring the joy of making art. We will be using a new approach that is fun, failure-free and requires no “talent” or previous experience. A \$30 materials fee will be charged to your account. Sign up with Muriel at (617) 361-7778. Class is limited to 12.

Thursday, Aug. 8th

11:30AM Women’s Lunch Trip departs to Tavern on the Square

Dedham’s hottest new restaurant for good food in a fun atmosphere! Please sign up with Muriel at (617) 361-7778

3:30PM Social Justice Action Group Meeting in the Brush Hill Function Room

Come check it out and see how YOU can help change the world!

Friday, Aug. 9th

2PM Ice Cream Taste Test with Susie

Join us for a blind taste test of some of our area’s best local home made ice cream! Vote for your favorite and be prepared to defend your choice! Free- Limited to 20. Please call Muriel to sign up (617)361-7778. **(Brush Hill Cafe)**

7PM Piano Music with Mark West (Blue Hill Activity Room)

Enjoy Classical, Ragtime and Jazz favorites with this incredibly talented pianist!

Saturday Aug. 10

11:30AM – 2:00 PM – Brush Hill Café is NOW open on Saturdays offering a delicious brunch menu along with a children’s menu. Come and enjoy the Brush Hill Café on Saturdays! Residents can view the Café’s new Saturday menus on Uniguest (formerly Touchtown) under the “Dining” icon. *As previously announced, please note that this offering on Saturdays is a dining charge to your house account, and residents’ \$60 per month dining benefit cannot be used on Saturdays in the Café.*

7PM Movie Night (Movie TBD)

Sunday, Aug. 11

9AM FVRA Pancake Breakfast

Stop by for pancakes galore with family, friends, and neighbors! \$5 per person. Proceeds to benefit the Milton Council on Aging.

7PM Music with Triology

Mixing Jazz & Latin in eclectic arrangements of old and new, famous and obscure, hot and cool, Triology plays a wide variety of material with international influences. The members originate from three different continents and each brings their own unique experience to the music. Ranging from Sinatra standards & Jazz tunes, to explorations of Latin rhythms, original compositions, folk melodies, and the occasional pop hit, Triology puts its unique imprint on the music. **(Brush Hill Function Room)**

Notes from the Program Director

Beat the heat with some exciting outings and adventures this August!

Don't Miss Ellies Sweet Treats Ice Cream truck FRIDAY AUG. 2nd at 2PM at Blue Hill and 3:15 at Brush Hill. Scoops, frappes, banana splits and everything in between! Please bring cash- all treats less than \$7.

Calling all newcomers! On **Tuesday, Aug. 6th** we will venture out to explore our wonderful hometown of Milton, to see all the useful and fun spots to see and be seen!

Pancake Breakfast Aug.11th 9-11AM. Bring your friends and family & eat pancakes for a good cause! \$5 per person. Proceeds benefit Milton COA. **Brush Hill Function Room**

On **Tuesday, Aug. 20th** We will visit the NEW and IMPROVED Milton Fire house to learn about all the new technologies and lifesaving updates to equipment that first responders are now using. We will also bring along a special thank you to the Milton firefighters.

Thursday, August 22nd will find us exploring all the best of Italy- right in Boston's Back Bay! We will explore "Eataly"- a vibrant three-floor Italian marketplace and food hall with stores, cafes and restaurants that all feature authentic Italian, food, wine, décor and gifts. Bring along some \$ for lunch and maybe dessert- the gelato is amazing!

Looking to learn something new this summer? **Get creative with our “Exploring Abstract Art” class with Art therapist Madeline Ludtke.** This class will be held on Wednesday evenings in August at 6:30 in the Brush Hill Café. It will use a new approach to art-making that is fun, failure-free and requires no “talent” or previous art experience. It is art for the JOY of it! Class is limited to 12- please sign up with Muriel starting Aug. 5 at 9AM. There will be a \$30 materials fee per person.

Attention Ice Cream fanatics (you know who you are!) **On Friday Aug. 9th at 2PM in the Brush Hill Café, we will have an Ice Cream Taste Test-** where we blind taste test homemade ice cream from some of our favorite local dairies and ice cream parlors and vote on our favorites. Sign up with Muriel on Aug. 5th at 9AM. Free and limited to 20.

Looking for a good beach (or porch or patio) read? While Milton Librarian Will Adamczyk takes a brief hiatus in August, Susie will fill in with a summer book group on Aug. 19th at 3PM. **We will be reading NY Times best-selling author and CBS Sunday Morning host Mo Rocca’s *Roctogenerians- Late in Life Debuts, Comebacks, and Triumphs.*** This book celebrates all the achievements and adventures of folks who made their biggest marks later in life- inspiration for us all! The book is available on Amazon; there will also be copies of excerpts to read available at both the front desks.

Family Swim! Bring the kiddos to jump in the pool Aug. 12-Aug. 15 starting at 1PM. This is your chance to make a big splash with the grandkids!

It’s hot out there! Cool down with some Pina Coladas on the Patio! We will fire up the blenders and serve frozen Strawberry Daiquiris and Pina Coladas on the Brush Hill Patio- \$5 for non-alcoholic and \$9 for alcoholic drinks charged to your account. Friday, Aug. 9th at 2PM. Limited to 20- sign up with Muriel beginning Aug. 5 at 9AM.

The Voices of Fuller newsletter will return with a Fall issue in September. The volunteer newsletter team is on a well-deserved break so there will be no August issue. Thank you for your support!

The Council on Aging's "Meet and Greet the Candidates" will be taking place on August 9th at 10 AM at the Council on Aging building. There will be many candidates there who are running for county and state seats. Registration for the event beforehand is requested. Please call the COA to sign up #617-898-4893.

There’s something for everyone out there this *Summer!*- *Susie*



August 2024 Fitness & Aquatics Update

Line Dancing is taking a break in August. We hope that Jean returns mid-September refreshed and renewed!

Adult Swim Lessons are also on hold for August. New days & times will be featured in September with our new Full-Time Lifeguard, Madison.

Family Swim Week in August!

We will offer one last Summer Family Swim the week of August 12th – 15th. Please note that on Wednesday, August 14th Family Swim will end at 2:30 to allow for our popular Aqua Fit Class. Please refer to our posted guidelines regarding Family & Guest Swim.

The pool schedule is in transition mode as some of our long-time lifeguards move on to college, and others return after a summer of work at Fuller. We are looking for additional part-time lifeguards who can work throughout the school year. If you have a grandchild who is interested, please have them reach out to me directly. Please note that there may be some pool closures until we are able to hire the best candidates.

There are so many things to do here at Fuller, with about 18 Fitness-related classes per week! And that doesn't include all the outdoor offerings like Pickleball, Bike Club, Hiking Club, Forest Therapy, and the weekly Walks on the property with Joey! If you haven't tried something new recently, give it a go!

If you are a new resident and have questions about the Fitness Center, Fitness Classes, Pool Activities, or anything fitness-related, please give me a call or email to discuss.

I can be reached at 617.361.7196 / jdeleonardis@fullervillage.org