

Weekend Highlights: Friday 2/28 – Sunday 3/2

See what's happening this weekend!

Friday, Feb. 28

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

1PM “Music of the Civil Rights Movement” with John Clark

This program begins with a controversial Marian Anderson concert and a sobering Billie Holiday song, then leads up to the Civil Rights songs **You’ve Got to Be Carefully Taught** from *South Pacific* and Nat King Cole’s **We are Americans Too**. The rest of the program is devoted to the history of 1950s and 1960s Civil Rights anthems like **We Shall Overcome, Eyes on the Prize, Blowin’ in the Wind** and other Bob Dylan songs that brought racial issues to a new level of national attention. **(Blue Hill Activity Room)**

7PM Music with The Dave Burbank Duo

You love them with their band, the David Burbank Orchestra, and you love them as a talented (and married!) duo. Dave and Marcia will delight you with songs from across the ages and genres! **(Blue Hill Activity Room)**

Saturday, March 1

11:30-2 Brunch in the Café Join us for a delicious brunch with your family!

7PM Movie Night

“Me Before You” From the best selling book of the same name. Lou lives in an English town and applies for a job as a care person for Will who is completely paralyzed from an accident. She realizes Will really doesn’t want to live and she does everything she can to get him to change his mind. **Brush Hill Function Room**

“Wicked” One of the most beloved musicals on stage now comes to the screen. **Wicked** is the untold story of the witches of Oz. Elphaba who has not discovered her true powers and Glinda who has yet to discover her true heart. They meet at University and form an unlikely true friendship before their lives take different paths. Starring Cynthia Erivo and Arianna Grande. **Blue Hill Activity Room**

Sunday, March 2

7PM Music with David Won and Tim Steele

This program, entitled “*Dream with Me*” is a celebration of Life & Legacy of Leonard Bernstein (1918-1990) with David Won, tenor vocalist and Timothy Steele, pianist. **(Brush Hill Function Room)**

Weekly Highlights: Monday 3/3– Sunday 3/9

Look out for these special events and offerings next week!

Monday, Mar. 3

11AM Blue Hill Knitters (Blue Hill Coffee Room)

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Van departs for Roche Brothers in Westwood. Please sign up with Muriel

Tuesday, Mar. 4

11:45AM Van Trip departs for the Fuller Craft Museum (THIS TRIP IS FULL)

2PM Brain Games with Susie (Blue Hill Activity Room)

**3:30 PM Boston College Beyond Continuing Education Series Online Lecture
“How the Diploma Divide is Transforming American Politics” with Professor
David Hopkins (Brush Hill Function Room)**

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men’s Poker Club (Brush Hill Function Room)

Wednesday, Mar. 5

**10AM Cornhole at Blue Hill! Join us for this fun and friendly competition!
(Blue Hill Activity Room)**

10AM Mindful Mandala Making with Jen (BR Card Room)

10AM Van departs for Stop & Shop (Sign up with Muriel)

12:45PM Chorus (Brush Hill Function Room)

6:30PM “Art History and Experiments” with Madeline Ludtke

Please join art therapist, Madeline Ludtke to take a dive into some of the great masters of art! Each week we will learn about an artist and their famous works. After learning about each artist’s unique style, we will then create our own masterpieces inspired by them using a variety of art materials. No prior art experience necessary. This week- Jackson Pollock. **(Blue Hill Activity Room)**

Thursday, Mar. 6

10:30AM Bible Study (Brush Hill Parlor)

2:15 Van trip departs for Muse Paint Bar in Dedham

Join us for an artist's day out! Muse has a bar and kitchen that are fully stocked with drinks, bar bites, and desserts to keep your inner artist inspired during your class. Follow along with our artist instructor during your paint class to turn your blank canvas into a work of art. When you're done, your masterpiece is yours to keep. Fun for everyone! **\$30 per person for the class- beverages and snacks are on your own.**

3PM Town Meeting Update

Fuller Village resident and Milton Town Meeting Representative Tom Sharkey will hold a Town Meeting Update following last week's Town Meeting. Stop by to hear the news. **(Brush Hill Function Room)**

7PM FVRA Jigsaw Puzzle Contest (Brush Hill Function Room)

Sponsored by the FVRA Activities Committee-No reservations needed – just join in! Tables of 4 all compete with the same 200-piece puzzle. Join any table. The first team to finish the 200-piece puzzle receives prizes. Runner-up team, based on remaining number of pieces, will also win prizes.

Friday, Mar. 7

9:30AM-2:30PM AARP Tax Prep (Brush Hill Function Room)

There are still a couple of spots left- Call Muriel to sign up!

10AM Van departs for Stop & Shop Please sign up with Muriel (617) 361-7778.

1PM Music with Rich Travers- Join us for a special concert featuring selections from The Great American Songbook, light jazz, and pop favorites along with some relaxing classical music. This concert is a one hour spoken theater show and a performance of various piano styles. Perhaps a few Irish Tunes as well! **(Blue Hill Activity Room)**

1:15 Tech Help with Liz Flaig (Blue Hill Coffee Room)

Sign up with Muriel for an appointment (617)361-7778.

2PM Stained Glass Art Project with Donna Schleicher

FREE- Class is limited to 10. Blue Hill Activity Room Make the most of sunnier days with this *beautiful* stained glass art project. Donna specializes in easy to make, eye catching crafts. Sign up with Muriel at (617)361-7778.

3PM Voices of Fuller Village Read Aloud (Brush Hill Parlor)

New! Sit and enjoy the new edition of the Voices of Fuller Village read aloud by your friendly neighborhood Program Director.

3PM Rosary (Blue Hill Multi-Purpose Room 2nd floor)

7PM Music with The Long Lost String Band

Chris Reckling (guitar, banjo, vocals) and Anne Rouillard (fiddle, vocals) are the Long Lost String Band, exploring old time fiddle tunes and early country songs. You can find them bringing joy and toe-tapping happiness to eastern Massachusetts and beyond. Their show is sure to be a good time for all, whether you're a long-time country music fan or just looking for something different. **(Blue Hill Activity Room)**

Saturday, March 8

11:30-2 Brunch in the Café

Join us for a delicious brunch with your family!

1PM Brown University Aging & Tech Workshop Part 2

Join us for another exciting interactive workshop where we will discuss new technologies that use artificial intelligence (AI) to help with daily life activities and strategies for staying safe while using them. This workshop is part of a series on technology hosted by researchers from the Sociotechnical Systems and Wellbeing Research Lab at Brown University. Your perspectives are important and can help shape research on educational tools for supporting technology safety and usability. Attendees will receive a \$10.00 gift card for joining the workshop. **PLEASE SIGN UP WITH MURIEL (617) 361-7778.**

7PM Movie Night Movie TBD (BR/BL)

Sunday, March 9

2:30 PM Blue Hill Bridge (Blue Hill Activity Room)

Notes from the Program Director

Calling all Gardeners! Spring is almost here and it's time to get organized for a new growing season! At this time, all of the Blue and Brush Hill garden plots are spoken for, but sharing a plot with a friend or neighbor or utilizing a raised bed could also be an option. Please reach out to Susie if you would like to be put on the wait list, or if you have questions or requests. Garden info sessions will be held on Friday March 14th at 10AM in the Blue Hill Activity Room and 2PM in the Brush Hill Café.

Fuller Village resident and Town Meeting Representative Tom Sharkey will hold a Town Meeting Update following last week's Milton Town Meeting. Don't miss it! 😊

Curry College is once again looking for volunteers to help with their nursing simulation program this Spring. This is an important community service effort that several FV residents help support. The time invested is small and the impact is great! There are copies of the simulation descriptions and the schedule at the front desks. Please reach out to Susie with your availability or if you have any questions.

Reading Aloud *The Voices of Fuller Village*

New! On Friday, March 7th, we will gather in the Brush Hill Parler at 2PM to read aloud the March edition of The resident monthly newsletter. Please join us if you have visual challenges that make it difficult for you to read it, or if you would just enjoy hearing it read aloud! Susie will lead the first reading- please let her know if you might like to take a turn in the future!

The March issue of *The Voices of Fuller* newsletter will be distributed by email from Molly Welch on Monday, March 3rd. If you need a printed copy due to eyesight issues or lack of computer devices, then please contact Marty Allen, BR to be added to the hard copy distribution list. A copy is available in the BR sitting room and in the BL library.

There is still time to get your taxes done! Call Muriel at (617) 461-7778 to sign up for the AARP Tax Prep program on 3/21. Just a few spots are left!

On Friday, February 28th I will celebrate my one year anniversary as your Fuller Village Program Director! I just wanted to thank everyone- residents and staff for all the support, patience, and good suggestions as I have settled into my new role! I'm so grateful to be here at Fuller- it's a very special community

There's something for everyone out there this Winter!- *Susie*

Save the Dates

3/10 7:30PM Special Monday Night Performance with The Apollo Club
Don't miss this special concert! **(Brush Hill Function Room)**

3/11 12PM Women's Lunch Trip to La Scala

Our favorite Italian restaurant with homemade pasta dishes- they only accept **CASH**.

3/11 3PM Author Talk with Mike Bernard

Mike will be discussing his new book- *GAELIC & GARLIC*, a hilarious and heartwarming story about discovering love when you least expect it, and finding comfort in family and traditions. **(Brush Hill Function Room)**

3/12 2 PM Fuller Village Residents' Association Monthly Meeting-All residents are welcome to attend. (Brush Hill Function Room)

3/12 3:30PM "Great Women in Science" talk with Senior U. Discover the trailblazing women scientists who revolutionized physics, engineering, technology and medicine!
(Blue Hill Activity Room)

3/13 10AM Visit with Sandi the Therapy Dog

Come on out for some furry snuggles! **(Blue Hill Activity Room)**

3/13 9:15AM Wang Theatre Trip

Visit the historic Boch Center Wang Theatre and get a unique opportunity to take a behind-the-scenes tour of one of Boston's most prominent landmarks - and an exclusive look at the Folk Americana Roots Hall of Fame. **\$20 per person.**

3/14 12PM Intro to Basket Weaving with William Krier

\$30 per person- Class is limited to 10. Try your hand at this ancient and amazing craft! Basket artist William Krier will lead you step by step through an afternoon of this meditative practice and useful craft. Leave with a treasured keepsake or gift! **(Brush Hill Function Room)**

3/17 Town of Milton New DPW Director Visit – We are pleased to have Marina Fernandes, Director of Public Works for the Town of Milton, come talk to Fuller Village residents on March 17th at 3:00 pm in the Brush Hill Function Room.

3/20 Pub Night with Irish Step Dancers from Showcase Studio at 6PM, followed by The Elizabeth Steen Irish Trio at 7PM. (Brush Hill Function Room)

SUN	MON	TUE	WED	THUR	FRI	SAT
<p>2:00 Resident and Guest Swim 2</p> <p>2:30 Blue Hill Bridge (BL)</p> <p>7:00 David Won & Tim Steele (BR)</p>	<p>10:15 Chair Yoga with Carol (BL) 3</p> <p>11:00 Aqua Fit with Madison</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>11:00 Blue Hill Coffee Hour (BL)</p> <p>11:00 Knitters (BL)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>1:00 Bridge (BR)</p> <p>1:00 Roche Brothers in Westwood</p> <p>2:00 Adult Swim Lessons with Madison</p>	<p>10:30 Functional Fitness (BR) 4</p> <p>11:45 Fuller Craft Museum Trip</p> <p>12:00 Back to Basics (BL)</p> <p>1:00 Tai Chi (BR)</p> <p>2:00 Brain Games with Susie (BL)</p> <p>3:30 "How the Diploma Divide is Transforming American Politics" Online Lecture (BR)</p> <p>4:00 Restorative Yoga (BR)</p> <p>7:00 Bingo! (BL)</p> <p>7:00 Men's Poker Club (BR)</p>	<p>10:00 Cornhole (BL) 5</p> <p>10:00 Mindful Mandala Making with Jen (BR Card Room)</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:15 Mobility & Stability w/ Carol (BR)</p> <p>11:00 Floor Yoga w/ Carol (BR)</p> <p>12:00 Chair Yoga w/ Carol (BR)</p> <p>12:45 Chorus (BR)</p> <p>2:00 Catholic Mass (BR)</p> <p>2:30 Aqua Fit with Crystal</p> <p>3:00 Resident and Guest Swim (BR)</p> <p>6:30 "Art History and Experiments" Series with Madeline Ludtke (BL)</p> <p>7:00 Handcrafters (BR)</p>	<p>10:00 Towel Cardio (BR) 6</p> <p>10:30 Bible Study (BR)</p> <p>10:30 News, Coffee and Conversation (BL)</p> <p>11:00 Core on the Floor (BR)</p> <p>12:00 Mobility & Stability (BL)</p> <p>12:30 Line Dancing with Jean (BR)</p> <p>2:00 NeedlePoint (BR)</p> <p>2:15 Muse Paint Bar Trip in Dedham</p> <p>3:00 Town Meeting Update with Rep. Tom Sharkey (BR)</p> <p>7:00 FVRA Jigsaw Puzzle Contest (BR)</p>	<p>9:30 AARP Tax Prep (BR) 7</p> <p>10:00 Aqua Fit with Crystal</p> <p>10:00 Stop & Shop in Hyde Park</p> <p>10:30 Chair Yoga with Carol (BL)</p> <p>1:00 Rich Travers (BL)</p> <p>1:15 1-on-1 Tech with Liz Flaig (BL)</p> <p>2:00 Stained Glass Art Project with Donna Schleicker (BL)</p> <p>3:00 Rosary (BL)</p> <p>3:00 Voices of Fuller Village Read Aloud (BR)</p> <p>6:30 Cribbage (BR)</p> <p>7:00 Music with The Long Lost String Band (BL)</p>	<p>11:30 Brush Hill Cafe Open 8</p> <p>1:00 Brown University Aging & Tech Workshop Part 2 (BR)</p> <p>2:00 Family Swim</p> <p>7:00 Movie Night (BR/BL)</p>

March 2025

If you need transportation between campuses please call 617-361-7778



— LIVE A FULLER LIFE —



Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, March 3rd

Tomato Basil Soup (GF) (V)

or Salad du Jour

Chicken Marsala (GF)

Grilled Salmon (GF)

Mashed Potatoes (GF), Garlic Butter Broccoli (GF)

Lemon Poppy Seed Cookies or Cheesecake

Friday, March 7th

Seafood Chowder (GF)

or Salad du Jour

Veal Cutlets w/ Mushroom Sauce (GF)

Cod Tapenade (GF)

Baked Sweet Potato (GF), Peas & Corn (GF)

Peanut Butter Cookies or Torte (GF)

Tuesday, March 4th

Sausage Lentil Soup

or Salad du Jour

Roast Pork Loin (GF)

Crab Stuffed Haddock (GF)

Roasted New Potatoes (GF), Yellow Squash & Tomato (GF)

Strawberry Shortcake Cookies or Cream Pie

Saturday, March 8th

Cream of Mushroom Soup (GF) (V)

or Salad du Jour

Beef Stew (GF)

Seared Tilapia w/ Pineapple Salsa (GF)

Cheesy Grits, Brussels Sprouts (GF)

Peanut Butter Cookies or

Wednesday, March 5th

Beef Noodle Soup (GF)

or Salad du Jour

Citrus Grilled Chicken (GF)

Sole Piccata (GF)

Mediterranean Cous Cous, Carrot Vichy (GF)

Lime Coconut Cookies or Apple Pie

Sunday, March 9th

Sweet Potato Bisque (GF)

or Salad du Jour

Turkey Meatloaf (GF)

Seafood Casserole (GF)

Mac & Cheese, Chef's Medley (GF)

Assorted Cookies or Assorted Dessert

Thursday, March 6th

Chicken Rice Soup (GF)

or Salad du Jour

Marinated Petite Ribeye (GF)

Teriyaki Shrimp (GF)

Fried Rice, Stir-fry Vegetables (GF)

Chocolate Chip Cookies or Carrot Cake

Fuller Village  UNIDINE
in Milton
— LIVE A FULLER LIFE —

Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Chicken Slider w/ Pineapple Slaw

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00

* Pastrami & Swiss on Rye

Pastrami, Swiss Cheese, & Dijon Mustard

Salad Special...12.00 (GF)

Vegetarian Cobb Salad

With Romaine, Red Onion, Corn, Tomato,

Hardboiled Egg w/ Ranch

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

Cheese Omelet

Served with Side Salad

*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with

Lettuce, Tomato, and Onion

*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

*Made gluten-free upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, March 3th

Grilled Chicken Ciabatta

Grilled Chicken, Mozzarella, Pesto, Roasted Red Pepper, Green Leaf Lettuce

TUESDAY, March 4th

Grilled Beef Salad

Spring Mix, Grilled Beef, Mandarin Orange, Feta Cheese, Craisins, White Balsamic Vinaigrette

WEDNESDAY, March 5th

Tuna Melt

Hot Tuna Sandwich, cheese, and Toasted Bread

THURSDAY, March 6th

Caprese Flat Bread w/ Balsamic Glaze

Tomato, Fresh Mozzarella, Basil w/ Side Salad

FRIDAY, March 7th

Fish & Chips

Beer Battered Cod, Fries, Coleslaw, Tarter Sauce

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

UNIDINE

Fuller Village
in Milton
— LIVE A FULLER LIFE —



Art Classes in March

Put the news out of your mind, relax and come create with us! Try your hand at something new and spend some time with friends and neighbors! Fees are based on instructor's costs and materials. Sign up for ALL art classes on March 3rd with Muriel at (617) 361-7778.

Friday, March 7th 2-4PM Stained Glass Project with Donna Schleicher- FREE- Class is limited to 10.

Blue Hill Activity Room

Make the most of sunnier days with this beautiful stained glass art project. Donna specializes in easy to make, eye catching crafts.

Friday, March 14th 12PM Intro to Basket Weaving with William Krier \$30 per person- Class is limited to 10.

Brush Hill Function Room

Try your hand at this ancient and amazing craft! Basket artist William Krier will lead you step by step through an afternoon of this meditative practice and useful craft. You will leave with a treasured keepsake or gift!

Monday, March 24th 2PM Coloring for Adults- FREE

Blue Hill Activity Room

Remember the days when a fresh box of Crayons was enough to put a smile on your face? Feel your cares fade away as you relax with some peaceful music and soothing designs to color. All are welcome!

Monday, March 31st 2-4PM Sea Glass Shadowbox Project with Sea Glass artist Kim Krueger \$25 per person- Class is limited to 10. Brush Hill Cafe

Capture a day at the beach in your own shadow box with a custom sea glass design, using an amazing array of sea glass, shells, stones, and treasures from the sea!

Fuller Village
in Milton

— LIVE A FULLER LIFE —



Monday, March 17th, 2025

Depoyan St. Patrick's Day

5:00 PM - Activity Room

Traditional Irish Dinner

Homemade Irish Soda Bread

Traditional Corned Beef and Cabbage (GF)

Or Beer Battered Cod

Parmesan Roasted Carrots & Parsnips (GF)

Gnocchi Alfredo with Green Peas

St. Patrick's Day Cupcakes

Please RSVP to Joey at 617-361-3231

This is a resident only event.

Fuller Village
in Milton

— LIVE A FULLER LIFE —



Monday, March 17th, 2025

6:00 PM Traditional Irish Dinner Buffet

Homemade Irish Soda Bread

Traditional Corned Beef and Cabbage (G/F)

Beer Battered Cod

Parmesan Roasted Carrots & Parsnips (G/F)

Gnocchi Alfredo with Green Peas

St. Patrick's Day Cupcakes

\$29.95

Reservations begin Friday, February 28th at 9:00 am and will end
when we reach the dining seating capacity.

Cancellations after March 12th will be

charged to your account.

Call Joey at 617-361-3231.