<u>Friday, Mar. 21</u> 9:30AM AARP Tax Prep help- FULL

1PM "Lucille Ball- Laughter and Legacy" with Theatre Educator Debra Block Learn all about why we love Lucy! **(Blue Hill Activity Room)**

3PM History with Paolo "The Emblem of Equality: Women's Rights, Suffrage, and the 19th Amendment"

The 19th Amendment, which granted women in the United States the right to vote, was ratified in 1920. This lecture will examine the long road to liberty and voting equality for women. (Brush Hill Function Room)

4:30PM Friday Night Services (Brush Hill Function Room)

Sat. Mar. 22

5:30PM DON'T MISS THE BEST CHINESE FOOD AND THE BEST DEAL AROUND! Mr. Chan's Chinese Dinner- Sponsored by the FVRA Activities Committee Brush Hill Cafe \$20 Call Muriel to sign up. <u>Pre-set Menu Platter:</u> Spring Rolls, Crab Ragoon, Peking Raviolis, <u>Sesame</u> Chicken, Pork Fried Rice. Tea, Water, Soda N/A for take-out. No waiting list. No-shows will be billed. JUST A FEW SPOTS LEFT-SIGN UP WITH MURIEL!!

7PM Saturday Movie

The Best Exotic Marigold Hotel starring Judi Dench, Maggie Smith, Bill Nighy A group of British retirees make plans to retire someplace different. Lured by the ads for the Marigold Hotel in India, they go there only to find it's not what they expected. However, they stay and learned that love has no age limits. **(Brush Hill Function Room)**

The Last Rifleman starring Pierce Brisbane, John Amos

Haunted by the death of his friend on D-Day, Artie Crawford escapes his care home and battles his way back to France to reconcile the ghosts of his past. (BL Activity Room)

Sun. Mar. 23

7PM Dueling Pianos with Ethan Stone and Adam Bergeron (BR Function Room) Back by Popular Demand! Don't miss these talented musicians go head to head!

Weekly Highlights: Monday 3/24–Sunday 3/30 Look out for these special events and offerings next week!

Monday, Mar. 24 11AM Blue Hill Knitters (Blue Hill Coffee Room)

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Van departs for Market Basket. Please sign up with Muriel (617)361-7778.

2PM Adult Coloring- Relax and Unwind with some peaceful communal coloring! All materials will be supplied. **(Blue Hill Activity Room)**

3PM Milton Public Library Book Club meets to discuss Abigail Adams: A Life

Tuesday, Mar. 25

9:15AM Van Trip departs for The Mapparium at The Christian Science Center-Come see this beautiful Boston icon! Sign up with Muriel (617) 361-7778.

10AM Blue Moon Orchestra Open Rehearsal (Blue Hill Activity Room) Come and hear this great dance band work out the kinks! All are welcome!

1PM Meditation with Andy Kelley "The Boston Budda" (Blue Hill Activity Room)

2PM Best of Care Talk with Jenn St Onge- Every item has a story- what's yours? Join us for a fun, interactive event where we'll explore the meaning behind the things we cherish most and capture the memories! Bring one special item that has value to you (a keepsake, an old photo, a quirky knick-knack) and discover how to preserve its story, honor your memories, and even lighten your mental load using Artifcts! Whether you're downsizing, or just curious, this event is for you! Let's turn "stuff" into something truly priceless. Bring one object, your phone or tablet & let's have some fun! (Blue Hill Activity Room)

3PM Brain Games with Susie (Blue Hill Activity Room)

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

<u>Wednesday, Mar. 26</u> 10AM Cornhole at Blue Hill! Join us for this fun and friendly competition! (Blue Hill Activity Room)

10AM Van departs for Stop & Shop (Sign up with Muriel)

11:30AM Mindful Mandala Making with Jen (Blue Hill Activity Room) Join us for this peaceful meditation.

11:45AM "Seniors to Seniors" lunch trip to Curry College. FV residents are invited to Curry to share a FREE lunch in their beautiful cafeteria with a graduating senior looking for advice. Come and share your wisdom! Please sign up with Muriel (617)361-7778.

12:45PM Chorus (Brush Hill Function Room)

7PM FVRA Trivia It's Easy! It's Fun! It's Free! Come alone or bring another resident. Join any table. Great Night to Socialize. Questions cover a variety of categories. (**Brush Hill Function Room**)

Thursday, Mar. 27

11:15AM Van departs for The Museum of Bad Art/ Dorchester Brewing Company in Dorchester- Come on- You Know You Want To join us for this fun trip out to eat great BBQ and look at bad art! Still a few spots left! Museum is free- lunch is on you.

2PM "Music for Spring" Music Lovers program with Judy Cobble (Blue Hill Activity Room)

3PM History with Paolo- "Zeal for Liberty: European Volunteers in the American Revolution" When Britain's American colonies began their struggle for independence in the 1770s, many European states doubted whether the Americans could defeat the mighty British. Yet, some individuals were inspired by the struggle, and sought to help the colonists gain their liberty. These foreign volunteers, from across Europe, played a vital role in the eventual outcome of the Revolutionary War. (Blue Hill Activity Room)

7PM Brush Hill Bingo Come on down- you might get lucky! (Brush Hill Function Room)

Friday, Mar. 28

12:30 Author talk with Radio personality Candy O'Terry

Meet popular radio host, entertainer and philanthropist Candy O'Terry and her daughter Collen who have collaborated on a number of projects, including a new children's book-Nelson's Garden. (Brush Hill Function Room)

12:30 Tech help with Liz Flai Brush Hill Library) This program is FULL.

3PM Come and hear the Weekly Highlights read aloud in the Brush Hill Parlor All are welcome! Please let Susie know if you would like to read!

7PM Music with Chris Carter Our favorite Grill Night guitarist joins us for some fun Friday night tunes! (Blue Hill Activity Room)

Saturday Mar. 29 7PM Movie Night (BL/BR) TBD

Sunday, Mar. 30 7PM Music with The Continentals Duo

Notes from the Program Director

Last call for garden plots for 2025! If you would like a garden plot, there are 2 still available at Brush Hill. Please reach out to Susie if you are interested.

Meet the Candidates Night will be held April 3rd from 6-7:30 here at Fuller Village. This will be an opportunity to hear the candidates for Milton Town positions answer questions put forth from our own Social Justice Action Group.

Get out there! Monday April 7th 9AM Beginner's Hiking Group Interest Meeting and Wed. April 16th 9AM Bike Group Interest Meeting will be held in the Yoga Studio. Please see Jen if you have any questions.

Fuller Village Upcycle Treasure Hunt Friday, April 4, 2025 from 11AM – 7PM Sponsored by the Residents' Association Activities Committee and the Green Team Residents are invited to upcycle new or almost new household and other items by participating in this one-day event. Donated items should be tabletop in size, in new or in almost perfect condition, for your neighbors to choose (No clothing, large electronics, or jewelry). Residents, family members and staff may "shop" at this event. No money will change hands. **(Brush Hill Function Room)**

We are looking for volunteers who might be willing to read aloud the Weekly Highlights newsletter on Friday afternoons, and the Voices of Fuller Village Newsletter once a month.! Please reach out to Susie if you are interested.

On April 1st, we will head to Twin River Casino for our first Casino trip of the season! <u>Sign ups for this trip will be open to everyone on March 24th starting at 9AM</u>. Please call Muriel at (617) 361-7778 to sign up!

There's something for everyone out there this SPRING!- Susie

Save the Dates

3/31 1PM Poetry reading with Father Thoams Fitzpatrick (Blue Hill Activity Room)

3/31 2PM Sea Glass Project with Artist Kim Krueger- STILLA COUPLE OF SPOTS LEFT! See some beautiful samples in the Brush Hill Lobby!

4/1 9:30AM Twin River Casino Trip

4/1 11:30AM NEW ART CLAS! "Drawing for Pleasure" with Nancy Harman (Blue Hill Activity Room)

4/1 1PM Visit with Milton Fire Chief Chris Madden (Brush Hill Function Room)

4/3 9AM Boston Symphony Orchestra Trip

4/3 1:30PM Floral Foraging Class with The Milton Garden Club (Brush Hill Function Room)

4/3 6PM Meet The Candidates Night (Brush Hill Function Room)

4/4 11AM Upcycle Treasure Hunt- Find YOUR Treasure! (Brush Hill Function Room)

4/4 2PM "Flapper Fashion" with Stylist Ren Antonowicz (Blue Hill Activity Room)

4/4 2PM Red Sox Opening Day Party (Brush Hill Café)

4/4 7PM Music with The Blue Shades- Music NOT to be Missed! (BL Activity Room)

Breakfast (BR)with Carol (BR)Mapparium at The Carolio(BL)Cardio (BR)2:00 Resident and Guest Swim(BL)11:00 Aqua Fit with MadisonAt The Christian10:00 Stop & Shop in Hyde Park(BR)10:30 News, Coffee and10:2:30 Blue Hill Bridge (BL)11:00 Floor Yoga w/ Carol (BR)TripStability w/ ConversationConversation (BL)10:11:00 Blue Hill (BL)Coffee Hour (BL)10:30 Functional Fitness (BR)Carol (BR)(BL)11:00 Blue Hill (BL)Fitness (BR) (BL)11:00 Floor Yoga w/ (BL)11:00 Core on the Bad Art and Dorchester12:11:00 Chair Yoga w/ Carol (BR)11:00 Tai Chi (BR) 1:00 Bridge (BR)10:00 Best of Care Talk - How to11:45 Curry "Seniors For Seniors"Company Trip Stability & 60	<u>h</u> .					
Breakfast (BR)with Carol (BL)Mapparium at The(BL) (BL)Cardio (BR)2:00 Resident and Guest Swim11:00 Aqua Fit with MadisonChristian Science Center10:00 Stop & Shop in Hyde Park(BR)(BR)2:30 Blue Hill Bridge (BL)11:00 Floor Yoga w/ Carol (BR)Trip 10:30 Functional10:15 Mobility & Carol (BR)10:30 Functional Carol (BR)Conversation10: 10:30 Functional11:00 Blue Hill Bridge (BL)11:00 Blue Hill Coffee Hour (BL)10:30 Functional Floor S(BR)Carol (BR) (BL)11:00 Floor Yoga w/ (BL)11:00 Floor Yoga w/ (BL)11:10 Floor Yoga w/ (BL)11:10 Floor Yoga w/ (BL)11:30 Mindful Mandala11:15 The Museum of Bad Art and12:0 (BL)1:00 Aridet Basket Brockton1:00 Tai Chi (BR) Preserve YourJen (BL) Stability (BL)7: 2:00 Chair Yoga w/ Carol (BR)12:00 Chair Yoga w/ (Carol (BR)12:30 Line Dancing with Jean (BR)2:00 Celebrate Spring with Adult Coloring (BL)3:00 Brain Games 3:00 Brain Games 3:00 Library Book Club (BL)3:00 Resident and 3:00 Resident and 3:00 History with Paolo (BL)2:00 NeedlePoint 4:30 Blue Hill Book Club (BL)3:00 Library Book Club (BL)7:00 Fing (BL) 7:00 Fing Yeb (FR)7:00 Fing Arivita 3:00 History with 4:30 Blue Hill </th <th>SUN</th> <th>MON</th> <th>TUE</th> <th>WED</th> <th>THUR</th> <th></th>	SUN	MON	TUE	WED	THUR	
	9:00 Pancake Breakfast (BR) 2:00 Resident and Guest Swim 2:30 Blue Hill	10:15 Chair Yoga with Carol (BL) 11:00 Aqua Fit with Madison 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 11:00 Knitters (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Bridge (BR) 1:00 Market Basket Brockton 2:00 Adult Swim Lessons with Madison 2:00 Celebrate Spring with Adult Coloring (BL) 3:00 Library Book	9:15 The Mapparium at The Christian Science Center Trip 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 2:00 Best of Care Talk - How to Preserve Your Story (BL) 3:00 Bereavement Support Group #2 (BL Multi Purpose Room) 3:00 Brain Games with Susie (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker	10:00 Cornhole (BL) 10:00 Stop & Shop in Hyde Park 10:15 Mobility & Stability w/ Carol (BR) 11:00 Floor Yoga w/ Carol (BR) 11:30 Mindful Mandala Making with Jen (BL) 11:45 Curry "Seniors for Seniors" Lunch Trip 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit with Crystal 3:00 Resident and Guest Swim (BR) 7:00 FVRA Trivia (BR) 7:00 Handcrafters	10:00 Towel Cardio (BR) 10:30 News, Coffee and Conversation (BL) 11:00 Core on the Floor (BR) 11:15 The Museum of Bad Art and Dorchester Brewing Company Trip 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 Music Lovers (BL) 2:00 NeedlePoint (BR) 3:00 History with Paolo (BL) 4:30 Blue Hill Book Club (BL) 7:00 Brush Hill	10:00 10:30 12:30 12:30 3:00 6:30 7:00

March 2025

If you need transportation between campuses please call 617-361-7778

Fuller Village in Milton

— LIVE A FULLER LIFE —



- 00 Aqua Fit with Crystal
- 00 Stop & Shop in Hyde Park
- 30 Chair Yoga with Carol (BL)
- 30 1-on-1 Tech with Liz Flaig (BR)
- 30 Author Talk with Candy O'Terry (BR)
- 00 Rosary (BL)
- 30 Cribbage (BR)
- 00 Music with Chris Carter (BL)

11:30 Brush Hill Cafe Open (BR) 2:00 Family Swim 7:00 Movie Night (BR/BL)

SAT



Gordon Mouse

Dining Room Dinner Menu call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, March 24th

French Onion South or Salad du Jour Veal Cutlets Seafood Casser(187) Baked Sweet Pot(187), Roasted Zucch(187) Lemon Poppy Seed Cookieshocolate Cake

Tuesday, March 25th

Loaded Potato So(OpF) or Salad du Jour Beef Medallio((SF) Breaded So(EF) Roasted Potato(ESF), Grilled Asparag(OsF) Strawberry Shortcake Cookiespole Pie

Wednesday, March 26th Beef Noodle Soup or Salad du Jour Grilled Pork Ti(SF) Lemon Pepper CoF() Rice Vegetable P(IaF), Yellow Squash & Ton(IaF) Strawberry Shortcake CookiTeisaonisu

Thursday, March 27th Lentil Sou(GF)(V) or Salad du Jour Chicken Milane(GF) Seared Tilap(GF) Penne W/ Red Sauce, Sauteed BG/Ccoli Chocolate Chip Cookies or Cupcakes

Friday, March 28th

Seafood Chowder or Salad du Jour Dijon Roasted Pork (Gr) Parmesan Crusted Hadder Sweet Potato Wedger, BroccolinGF) Carnival Cookies or Chocolate Terte

Saturday, March 29th

Chicken Wild Rice S or Salad du Jour Liver & Onions w/ Ba Seared Tro (CF) Mashed Potato ESF), Steamed Green Be Peanut Butter Cookies or Carrot Cak

Sunday, March 30th

Roasted Tomato Solo (V) or Salad du Jour Chicken Pot RieF) Sauteed Shrin(PF) Risotto Mushroog (RF), Chef's Medle (PF) Assorted Cookies or Creat (RF)



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies. Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added) *Made gluten-free upon request

Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad ask about our selection of house made dressings *

Weekly Special ... 7.00 2 Mini Crabcakes w/ Dijon Aioli

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich Special and Fuller Burger / Impossible Burger Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF) Baked with Buttered GF Crumbs

Sandwich Special...14.00

* Cuban Ciabatta

Sliced Ham, Sliced Pork, Pickles, Swiss Cheese,

Dijon Mustard and Red Onion Salad Special...12.00 (V) (GF)

Greek Salad

With Kalamata Olive, Red Onion, Cucumber,

Tomato, Feta Cheese, and Greek Dressing Grilled Chicken...5.00 add Grilled Chicken...5.00 add Tuna or Chicken Salad...5.00 add Tuna or Chicken Salad...5.00

Veggie Special of the Week... 15.00 (V)

*Impossible Burger...15.00 (

Lettuce, Tomato, and Onion

On a Toasted Brioche Bun with

On a Toasted Brioche Bun with

Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad Served with Roll and Butter add *Hamburger/Cheeseburger...13.00 DESSERTS **BEVERAGES** a la carte...4.00 Coke / Diet Coke Cookie of the Day...3.00 Ginger Ale/ Diet Ginger Ale V-8 Fresh Fruit Cup...5.00 Sugar-Free Jell-O...3.00 Consuming raw or undercooked meats, poultry, seafood, 2% Milk Ice Cream...3.00 shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked. *Made gluten-free upon request.

Brush-Hill-Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, March 24th

Spinach Mushroom Swiss Burger

Sauteed Spinach & Mushrooms, Swiss Cheese on Brioche Roll TUESDAY, March 25th

*Roast Beef Panini

Sliced Roast Beef, Cheddar Cheese & Horseradish Mayonnaise

on a Ciabatta

WEDNESDAY, March 26th

Chicken Bacon Ranch Flat Bread

W/ Side Salad THURSDAY, March 27th

Steak Salad

Grilled Steak, Romaine, Parmesan Cheese, Housemade Croutons, Tomato, Cucumber

FRIDAY, March 28th

Salmon Burger

Grilled Salmon Patty, Dijon Mayo, Green Leaf Lettuce, Tomato, Red Onion, Served with Sweet Fries

Gluten Free (GF), Vegetarian (V), Low Sodium (LS) Gluten Free Bread / Wrap Available

All menu items are plus tax Before placing your order, please inform your server if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.







Fuller Village Upcycle Treasure Hunt Friday, April 4, 2025 from 11:00 am - 7:00 pm Brush Hill Function Room

Sponsored by the Residents' Association Activities Committee and the Green Team

Residents are invited to upcycle new or almost new household and other items by participating in this one-day event.

Donated items should be tabletop in size, in new or in almost perfect condition, for your neighbors to choose (No clothing or jewelry). Residents, family members and staff may "shop" at this event. No money will change hands.

→ Please drop off donated items from 9:30 – 11:00 am on Friday, April 4, 2025

Think about:

A fun upcycling experience



A future "regift" for a friend or family member

Helping a person set up a first apartment or a newly purchased home

Fuller Village Retired Teachers Association

We are reaching out to share an exciting initiative. We want to form a Fuller Village Retired Teachers Association. The purpose of this association is to advocate for excellent public education by engaging with local, state and federal legislators on issues that are crucial for safeguarding and enhancing opportunities for all students.

As retired educators, we have a unique perspective and a wealth of experience that can significantly contribute to these important discussions. As a member of this association, you would receive a template that can be used to assist in writing letters and making phone calls to legislators regarding relevant educational issues. Your voice and insights would be invaluable in our collective efforts to promoting positive change in the educational system.

We would hold periodic meetings to discuss pressing issues and strategize our advocacy efforts. This will be a wonderful opportunity to connect with fellow retired educators, share ideas, and collaborate on initiatives that matter to us and our communities.

If you are interested in joining this important association, please consider reaching out to us. Your participation will be greatly appreciated and together, we can make a meaningful impact on public education.

Thank you for considering this opportunity. We look forward to hearing from you soon. Please contact one of us if you are interested.

Betsy Buchbinder <u>Betsy.buchbinder@gmail.com</u>, Ellen Dunn <u>Ellen.dunn17@gmail.com</u>, Patricia Kelleher <u>patkell607@comcast.net</u>, Peg Riley <u>peg.riley@gmail.com</u>,