

# **Weekend Highlights: Friday 5/9-5/11**

## **See what's happening this weekend!**

### **Friday, May 9**

**9:45AM Wakefield Estate Trip has been postponed.**

**11AM Pride Parade Meeting- All are Welcome (Brush Hill Function Room)**

**1:30PM 1-on- 1 Tech Help (Blue Hill Activity Room)**

**2PM Bank of Canton FREE Estate Planning Seminar (Brush Hill Function Room)**

**7PM Music with The Nancy Carr Trio (Blue Hill Activity Room)**

Come hear favorites from The Great American Songbook with a focus on music from "Cities Around the World"

### **Saturday, May 10**

**11:30 Brush Hill Brunch (Brush Hill Café)**

**7PM Movie Night**

**"Misery" starring James Caan, Kathy Bates and Richard Farnsworth**

After a famous author is rescued from a car crash by a fan of his novels, he comes to realize that the care he is receiving is only the beginning of a nightmare of captivity and abuse. **(Blue Hill Activity Room)**

**"The Cider House Rules" starring Tobey Maguire, Charlize Theron & Michael Caine** During World War II, an orphan grows up under the tutelage of a doctor who runs an orphanage. However, he yearns for freedom and soon decides to leave in order to make a life for himself. **(Brush Hill Function Room)**

### **Sunday, May 11**

**1PM Mother's Day Brunch in The Gordon House Dining Room- Reservations Only.**

**7PM Music with David Won and Tim Steele (Brush Hill Function Room)**

Enjoy "Songs of Struggle, Empathy, and Hope" with this talented duo.

## **Weekly Highlights: Monday 5/12– Sunday 5/18**

**Look out for these special events and offerings next week!**

### **Monday, May 12**

**1PM Brush Hill Bridge-** All are welcome-we will teach you! **(Brush Hill Card Room)**

**1PM Van departs for shopping at Wegmans. Please call Muriel to sign up.**

### **2PM Opera (Blue Hill Activity Room)**

During the 2019–20 season, one of America’s greatest operas returned to the Met stage for the first time in 30 years, with the premiere of James Robinson’s vibrant new production of Porgy and Bess. Bass-baritone Eric Owens and soprano Angel Blue star in the title roles, headlining a phenomenal ensemble cast.

### **7PM FVRA Game Night: Left, Right and Center!**

Super easy and super fun! Bring \$3- There will be one expert at each table to show you how to play. It’s easy...Just throw the dice! 😊 **(Brush Hill Function Room)**

### **Tuesday, May 13**

### **9:30AM Van departs for Encore Casino**

Lots of options for lunch and a beautiful outdoor riverwalk in addition to lots of slots in this no smoking Casino! Please call Muriel to sign up.

### **10AM Birthday Breakfast (Blue Hill Activity Room)**

**Celebrate May birthdays with your friends and neighbors! All are welcome!**

### **1PM Meditation with Andy Kelley, “The Boston Buddha” (Blue Hill Activity Room)**

### **3PM Brain Games with Susie**

Join us for some fun collaborative word pictures and puzzles- we play as a group and laugh a lot! **(Blue Hill Activity Room)**

### **7PM Blue Hill Bingo (Blue Hill Activity Room)**

### **7PM Men’s Poker Club (Brush Hill Function Room)**

## **Wednesday, May 14**

### **8AM Bike Club**

**10AM Cornhole at Blue Hill!** Join us for this fun and friendly competition!  
(Blue Hill Activity Room)

**10AM Van departs for Stop & Shop (Sign up with Muriel)**

**12:45PM Chorus (Brush Hill Function Room)**

**2PM FVRA Monthly Board Meeting (Blue Hill Activity Room)**

## **Thursday, May 15**

**2PM Author Talk with Dr Bruce Cohen**

**“Excusercise”- Inexcusable Excuses for not Exercising-** Learn fun new strategies for incorporating exercise into your life! **(Brush Hill Function Room)**

**2PM Pickleball with Marybeth**

**6:30 Pub Nite with “The Rockin’ Chairs” (Brush Hill Function Room)**

The Rockin’ Chairs is a dynamic 4-piece show band fronted by a guy who played with The Everly Brothers, known for their electrifying performances of the best rock and roll hits from the 50’s & 60’s! With their energetic stage presence, they not only entertain with timeless tunes but also share fascinating stories about the history of each song.

## **Friday, May 16**

**12:30PM Boston Nature Center Trip**

Bring a lunch and enjoy a picnic and an easy hike in this beautiful urban community nature center with wildlife sanctuary trails that traverse meadows, woods, and wetlands. Explore two miles of trails at the Boston Nature Center in Mattapan, including a one mile universally accessible trail. This fully accessible self-guided nature trail features a wide, primarily level crushed stone path, and a narrated audio tour that is accessible from your cell phone or audio player from the BNC. Sign up with Muriel (617) 361-7778.

**1PM (RESCHEDULED FROM 5/2) Rich Travers presents “Latin Music”**

Latin music encompasses music from Spanish speaking areas of the world- (Latin America, Mexico and Spain) It can also include Portuguese-language music from Brazil. Bring your dancing shoes to this lecture as we listen and learn about the many different rhythms of Latin music. **(Blue Hill Activity Room)**

**3:30PM Weekly Highlights Read Aloud (Brush Hill Library)**

**Saturday, May 17**

**11:30AM Brush Hill Café open for Brunch**

**7PM Movie Night TBD (BR/BL)**

**Sunday, May 18**

**9AM FVRA Pancake Breakfast**

**\$5- Come and eat pancakes for a good cause! (Brush Hill Function Room)**

## **Notes from the Program Director**

### **Fuller Village Spring Chorus Concert!**

Mark your calendar for **May 22nd 7PM for the Fuller Village Spring Chorus Concert!** Not a night owl? If you are unable to attend that night, join us for an **open rehearsal THE DAY BEFORE on MAY 21<sup>st</sup> at 1PM-** where our wonderful singers will delight us with joyful songs of the season! **(Brush Hill Function Room)**

### **Calling All Day Trippers!**

I am looking for some “Trip Team” volunteers who have their finger on the pulse of where people want to go and what folks want to do! Spring and summer bring lots of opportunities to get out and about and we don’t want to miss a thing! Please let me know if you would like to be part of this small group of program advisors. Also, please reach out if you would be interested in any of the following trips:

Boston Duck Tour

Franklin Park Zoo

Tour of Deer Island Recycling Plant

Boston by Foot Tour- North End, Beacon Hill, or Chinatown

Commuter Rail/ Walking trip to the Rose Kennedy Greenway

Speaking of trips, next week we will welcome **Peter Pineo of Pinemeadow Tours on Wed. May 14<sup>th</sup> at 3PM for a presentation on day trip offerings through Pine Meadow Tours.** Pinemeadow organizes bus day trips all over New England, specializing in discovering new and unusual adventures! Grab a friend and join us!

**There’s something for everyone out there this *Spring!*- *Susie***

# Save the Dates

**5/19 2PM Flying High Frisbee Dogs Outdoor Frisbee Demonstration- Brush Hill Gazebo Field DON'T MISS! 😊**

**5/20 New England Botanic Garden at Tower Hill trip**

**5/21 12:45 Chorus Warm Up**

**5/21 2PM Catholic Mass BL**

**5/21 1PM Chorus Concert Open Rehearsal BR**

**5/21 2:45PM Tea and Treats BL**

**5/22 12PM Men's Lunch to Venezia**

**5/22 History with Paolo BL**

**5/22 7PM FV Spring Chorus Concert BR**

**5/23 1PM Music Lecture with John Clark- "Neil Diamond and Burt Bacharach- BR**

**5/25 7PM Music with Michael Leidig BR**

**5/26 Memorial Day Holiday- Offices & Café closed**

**5/27 11:30AM Trip to Tony's Clam Shack**

**5/29 9:30AM Garden in the Woods Trip**

**5/30 1PM Crafts with Donna Schleicher BL**

**5/30 1:30PM 1-on-1 Tech Help with Liz Flaig BR**

**5/30 4:30PM Friday Night Services BR**

**5/31 Music with Josh Friedman BL**

SUN	MON	TUE	WED	THUR	FRI	SAT
Mother's Day 11 1:00 Mother's Day Brunch (BL) 2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 David Won & Tim Steele (BR)	10:15 Chair Yoga w/ Carol (BL) 12 11:00 Aqua Fit with Madison 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 11:00 Knitters (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Wegman's 2:00 Adult Swim Lessons with Madison 2:00 Opera on Demand (BL) 7:00 FVRA Game Night: Left, Right & Center (BR)	9:30 Encore Casino Trip 13 10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 3:00 Brain Games with Susie (BL) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	8:00 Bike Club 14 10:00 Cornhole (BL) 10:00 Stop & Shop 10:15 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:00 FVRA Monthly Board Meeting (BL) 2:30 Aqua Fit with Crystal 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR)	10:00 Towel Cardio 15 10:30 Bible Study (BR) 10:30 News & Coffee Chat (BL) 11:00 Core on the Floor (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 Author Talk with Dr. Bruce Cohen (BR) 2:00 Pickleball with Marybeth 2:00 NeedlePoint (BR) 6:30 Pub Night with The Rockin Chairs (BR)	9:00 ASL Class 2 16 10:00 Aqua Fit with Crystal 10:00 Stop & Shop 10:30 Chair Yoga w/ Carol (BL) 12:30 Boston Nature Center Trip <b>1PM Music with Rich Travers</b> 3:00 Rosary (BL) 3:00 Weekly Highlights Read Aloud (BR) 6:30PM Cribbage (BL)	11:30 Brush Hill Cafe Open 17 2:00 Family Swim 7:00 Movie Night (BR/BL)

# May 2025

If you need transportation between campuses please call 617-361-7778



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, May 12<sup>th</sup>

Ham & Lentil Soup (GF)  
or Salad du Jour  
Roasted Chicken Breast (GF)  
Garlic Butter Shrimp (GF)  
Rice, Sauteed Green & Yellow Squash (GF)  
Lemon Poppy Seed Cookies or Butter Pecan Cake

### Tuesday, May 13<sup>th</sup>

Cream of Chicken Soup (GF)  
or Salad du Jour  
Roast Beef (GF)  
Pan Fried Trout (GF)  
Roasted Sweet Potatoes, Sauteed Swiss Chard (GF)  
Smores Cookie or Blueberry Crumble

### Wednesday, May 14<sup>th</sup>

Navy Bean Soup (GF)  
or Salad du Jour  
Bacon Wrapped Pork Loin (GF)  
Grilled Salmon (GF)  
Farro Pilaf, Grilled Asparagus (GF)  
Lime Coconut Cookies or Apple Cinnamon Cake

### Thursday, May 15<sup>th</sup>

Tomato Basil Soup (GF) (V)  
Braised Brisket (GF)  
Herb Crusted Haddock (GF)  
Roasted Potatoes, Broccoli (GF)  
Chocolate Chip Cookies or Frosted Brownies

### Friday, May 16<sup>th</sup>

Seafood Chowder (GF)  
or Salad du Jour  
Honey Glazed Ham (GF)  
Lemon Pepper Cod (GF)  
Mashed Potatoes, Steamed Carrots (GF)  
Peanut Butter Cookies or Chocolate Torte (GF)

### Saturday, May 17<sup>th</sup>

Vegetable Soup (GF) (V)  
or Salad du Jour  
Turkey Divan (GF)  
Eggplant Parmesan  
Scalloped Potatoes, Green Beans (GF)  
Oatmeal Cookies or Chocolate Cake

### Sunday, May 18<sup>th</sup>

Beef Vegetable Soup (GF)  
Chicken Carbonara (GF)  
Red Clam Sauce (GF)  
\*Spaghetti, Chef's Medley (GF)  
Assorted Cookies, Assorted Dessert

Fuller Village  UNIDINE  
in Milton  
— LIVE A FULLER LIFE —

### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

\*Made gluten-free upon request



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad  
ask about our selection of house made dressings \*

## Weekly Special ... 7.00

### Chicken Wings (4ea)

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

### Sandwich Special...14.00

#### \* Italian Ciabatta

Pepperoni, Ham, Provolone, Lettuce, Tomato,  
Red Onion

### Salad Special...12.00 (GF)

#### Southwestern Salad

With Romaine, Corn, Tomato, Red Onion,  
Cheddar Cheese Tortilla Strips, Southwest  
Ranch Dressing

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

NEW! add Grilled Salmon...7.00

### Veggie Special of the Week... 15.00 (V)

#### Cheese Ravioli w/ Red Sauce

Served with Side Salad

### \*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

### \*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

### Lighter Fare...10.00 (V)

Large Garden Salad  
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

NEW! add Grilled Salmon...7.00

### Veggie Special of the Month... 15.00 (V)

#### Cheese Omelet

Served with Side Salad

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne  
illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked.

\*Made gluten-free upon request.



# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

**MONDAY, MAY 12<sup>th</sup>**

### **Avocado Mango Salad**

Mixed Greens, Mango, Avocado, Almonds, Red Wine Vinaigrette

**TUESDAY, MAY 13<sup>th</sup>**

### **Hummus & Veggie Rice Bowl w/ Falafel**

Falafel, Romaine, Tomato, Pickled Red Onion, Kalamata Olives,  
Cucumber w/ Hummus Over Rice

**WEDNESDAY, MAY 14<sup>th</sup>**

### **Grilled Orange Glazed Chicken**

Grilled Chicken, Orange Honey Glaze, w/ Classic Potato Salad

**THURSDAY, MAY 15<sup>th</sup>**

### **Pepperoni Flat Bread**

w/ Side Salad

**FRIDAY, MAY 16<sup>th</sup>**

### **BBQ Ribs**

w/ Baked Beans & Pineapple Broccoli Slaw

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

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