

## **Weekend Highlights: Friday 5/23-5/25**

### **See what's happening this weekend!**

#### **Friday, May 23**

**1PM “The Music of Neil Diamond and Burt Bacharach” with Musicologist John Clark**

A celebration of the careers of these Jewish-American singer/songwriters.

**(Brush Hill Function Room)**

**3PM Weekly Highlights “Read Aloud” in the Brush Hill Library**

Join us to listen along and discuss next week's Highlights!

**7PM “Music for Memorial Day Weekend” with Elaine Woo and Tom Lamarck**

Elaine Woo sings toe-tapping tunes for the unofficial beginning of summer!

**(Blue Hill Activity Room)**

#### **Saturday, May 24**

**11:30AM Brush Hill Café open for Brunch**

**7PM Movie Night (BR/BL)**

**“The Life List” starring Sofia Carson, Kyle Allen, and Sebastian DeSouza**

A young woman revisits her childhood aspirations, endeavoring to achieve her old goals, only to discover that pursuing these lifelong dreams takes her on an unforeseen and surprising journey.

#### **Sunday, May 25**

**7PM Music with Michael Leidig (Brush Hill Function Room)**

Come on down and enjoy these unique “musical mashups” with talented pianist and all-around nice guy Michael Leidig!

## **Weekly Highlights: Monday 5/26– Sunday 6/1**

**Look out for these special events and offerings next week!**

**Monday, May 26- Memorial Day Holiday- Offices and Café are closed**

**Yoga classes with Carol will meet as scheduled.**

**1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)**

**Tuesday, May 27 THIS TRIP IS FULL**

**11:30AM Van departs for Tony's Clam Shack- THIS TRIP IS FULL**

**1PM Meditation with Andy Kelley, "The Boston Buddha" (Blue Hill Activity Room)**

**7PM Blue Hill Bingo (Blue Hill Activity Room)**

**7PM Men's Poker Club (Brush Hill Function Room)**

**Wednesday, May 28**

**8AM Bike Club**

**10AM Cornhole at Blue Hill! Join us for this fun and friendly competition! (Blue Hill Activity Room)**

**10AM Van departs for Stop & Shop (Sign up with Muriel)**

**12:45PM Chorus (Brush Hill Function Room)**

**3:00PM Boston Pride Parade Meeting (Brush Hill Function Room)**

Please come with any questions regarding Boston Pride Parade on June 14<sup>th</sup>. We will also discuss Town of Milton Pride event on June 7<sup>th</sup>. We will also stuff luggage tags!

**Thursday, May 29**

**9:30AM Van departs for Garden in the Woods Trip**

Explore this beautiful woodland garden via golf cart tour and discover gifts galore in a beautiful garden shop. **THIS TRIP IS FULL**

**10:30 AM Bible Study (Brush Hill Parlor)**

**2PM Pickleball with Marybeth**

**4:30PM Blue Hill Book Club**

**7PM Brush Hill Bingo**

Come on down and win big! **(Brush Hill Function Room)**

**Friday, May 30**

**1PM Crafts with Donna Schleicher**

Use your own photos to create beautiful customized ceramic coasters.

**(Blue Hill Activity Room)**

**1:30PM One on One Tech Help with Liz Flaig (BR)**

Please sign up with Muriel for an appointment.

**3PM Weekly Highlights “Read Aloud” in the Brush Hill Library**

Visually impaired? Think you missed something? Come hear the highlights! All are welcome!

**4:30PM Friday Evening Services with Rabbi Benjamin (Brush Hill Function Room)**

Share Shabbat Shalom with friends and neighbors!

**7PM Music with Josh Friedman**

Josh Friedman makes his Fuller Village debut with a wide range of songs from pop, jazz, and country to soul! **(Blue Hill Activity Room)**

**Saturday, May 31**

**11:30AM Brush Hill Café open for Brunch**

**7PM Movie Night TBD (BR/BL)**

**Sunday, June 1**

**7PM Music with Retropolitan (Brush Hill Function Room)**

Retropolitan specializes in playing Vintage Rock and Roll and Classic Pop Hits from the Golden Era of music with soaring vocals and an infectious sense of fun.

## Notes from the Program Director

**Calling all Bocce players!** The Fuller Village Bocce group will meet on Tuesdays and Thursdays starting at 11AM on June 3<sup>rd</sup> at the bocce court. Please join us for this easy and fun game with some great folks! Don't know the rules? We will teach you!

**Walking Club with Joey** will begin trekking the campus on Friday mornings at 9AM beginning Friday June 6<sup>th</sup>. Meet on the Brush Hill Front Patio.

**Attention Fuller Village Gardeners!** We have one available space that could be used for a community garden plot. (#8 at Brush Hill) Please check in with Susie if you would be interested in leading a volunteer effort to raise some crops for the Milton Community Food Pantry and helping to get some excess produce delivered to folks in need Milton.

**Get on out there!** There is SO much to do outside! Join Fuller friends and neighbors for Pickleball on Thursdays at 2PM, Biking on Wednesdays at 8AM, and occasional beginning hiking trips and forest bathing with Jen. In addition, we will have lots of opportunities for dining "alfresco" with Grill Nights on the Brush Hill Patio on June 20<sup>th</sup>, July 25<sup>th</sup> and Aug. 15<sup>th</sup>, as well as our (hopefully) outdoor summer concert series happening on June 26<sup>th</sup>, July 17<sup>th</sup> and Aug. 21. We also plan to have some chances for sipping some ice cold Pina Coladas and other fun frozen drinks outside, perhaps while doing a little painting "en plein air". Feel like going a little further afield? Look for upcoming van trips on the calendar for a walking tour of the North End, Boston Harbor Architecture Cruise (followed by lunch at The Cheesecake Factory!) and seaside hotspots like Sullivan's and Tony's Clam Shack! So grab your sunscreen and favorite floppy hat and head out! 😊

**There's something for everyone out there this *Spring!*- *Susie***

# **Save the Dates**

**6/2 3PM History with Paolo BL**

**6/2 7PM Singo BR**

**6/3 9:30AM Plainridge Casino Trip**

**6/3 11AM Bocce**

**6/3 3PM “China Adventure” with Jeanne Bronk and Jeff Li BR**

**6/5 1PM Wakefield Estate “Dogwood Days” trip**

**6/6 7PM Music with Michael Goodwin BL**

**6/8 7PM Music with The Continentals BR**

**6/9 2PM Metropolitan Opera on Demand- “The Merry Widow” BL**

**6/10 11:30AM Women’s Lunch to Inn at Bay Pointe**

**6/10 2PM Music with Rich Travers BR**

**6/10 6PM Youth Violin Concert BR**

**6/11 2PM FVRA Monthly Board Meeting BL**

**6/12 10:30AM Bible Study BR**

**6/12 11:30AM Men’s Lunch to Inn at Bay Pointe**

**6/13 3PM Meet and Greet with Geriatric Dentist Dr. Sadhnani BL**

**6/13 7PM Music with Classical Pianist Olga Vinokur BL**

**6/14 8:15AM Van departs for Boston Pride Parade**

**6/18 4PM Resident Annual Budget Meeting BR**

SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 <b>Music with Michael Leidig (BR)</b>	<b>Memorial Day</b> Offices & Cafe Closed 10:15 Chair Yoga w/ Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR)	9:00 Pickleball 10:30 Functional Fitness (BR) 11:00 Bocce (BR) <b>11:30 Tony's Clam Shack</b> 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	<b>8:00 Bike Club</b> 10:00 Cornhole (BL) 10:00 Stop & Shop 10:15 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit with Crystal 3:00 Pride Parade Meeting (BR) 3:00 Resident and Guest Swim (BR) 7:00 Handcrafters (BR)	<b>9:30 Garden in the Woods Framingham Trip</b> 10:00 Towel Cardio (BR) <b>10:30 Bible Study (BR)</b> 10:30 News & Coffee Chat (BL) 11:00 Core on the Floor (BR) 11:00 Bocce (BR) 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 Pickleball with Marybeth 2:00 NeedlePoint (BR) <b>4:30 Blue Hill Book Club (BL)</b> 7:00 Brush Hill Bingo (BR)	9:00 ASL Class 2 (BR) 10:00 Aqua Fit with Crystal 10:00 Stop & Shop 10:30 Chair Yoga w/ Carol (BL) <b>1:00 Crafts with Donna Schleicher (BL)</b> <b>1:30 1-on-1 Tech Help (BR)</b> 3:00 Rosary (BL) 3:00 Weekly Highlights Read Aloud (BR) <b>4:30 Friday Night Services (BR)</b> 6:30 Cribbage (BR) <b>7:00 Music with Josh Friedman (BL)</b>	9:00 Pickleball <b>11:30 Brush Hill Cafe Open (BR)</b> 2:00 Family Swim <b>7:00 Movie Night (BR/BL)</b>



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, May 26<sup>th</sup>

Beef Noodle Soup (GF)  
or Salad du Jour  
Chicken Kiev (GF)  
Stuffed Shells Florentine (GF) (V)  
Confetti Rice, Seasoned Green Beans (GF)  
Berry Crunch Cookie or Cinnamon Sugar Fried Dough

### Tuesday, May 27<sup>th</sup>

Country Vegetable Soup (GF) (V)  
or Salad du Jour  
Liver & Onions w/ Bacon (GF)  
Sole Bruschetta (GF)  
Baked Sweet Potato, Creamed Spinach (GF)  
S'mores Cookie or Cinnamon Chocolate Cake

### Wednesday, May 28<sup>th</sup>

Potato Leek Soup (GF) (V)  
or Salad du Jour  
Honey Pork Loin (GF)  
Pecan Crusted Salmon (GF)  
Garlic Whipped Potatoes, Peas & Corn (GF)  
Chocolate Chip Cookies or Chocolate Torte (GF)

### Thursday, May 29<sup>th</sup>

Lemon Chicken & Rice Soup (GF)  
Braised Short Rib (GF)  
Shrimp Creole (GF)  
Cheesy Grits, Braised Greens & Peppers (GF)  
Peanut Butter Cookies or Cheesecake

### Friday, May 30<sup>th</sup>

Manhattan Clam Chowder (GF)  
or Salad du Jour  
Harissa Turkey Cutlet (GF)  
Lemon Pepper Haddock (GF)  
Wild Rice Pilaf, Roasted Yellow Squash & Red Onion (GF)  
Oatmeal Cookies or Chocolate Cake

### Saturday, May 31<sup>st</sup>

Carrot Ginger Soup (GF) (V)  
or Salad du Jour  
Chicken Caprese (GF)  
Cod Almondine (GF)  
Roasted Garlic Herb Potatoes, Steamed Carrots (GF)  
Lime Coconut Cookies or Strawberry Pound Cake

### Sunday, June 1<sup>st</sup>

Pasta Fagioli Soup (GF)  
Beef Lasagna (GF)  
Baked Stuffed Sole (GF)  
Parslied Potato, Chef's Medley (GF)  
Assorted Cookies, Assorted Dessert

Fuller Village  UNIDINE  
in Milton  
— LIVE A FULLER LIFE —

### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

\*Made gluten-free upon request



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad  
ask about our selection of house-made dressings \*

## Weekly Special ... 7.00

### Garlic Ginger Salmon Bites

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

### Sandwich Special...14.00

\* **Cuban**

Pork, Ham, Swiss Cheese, Red Onion, Dijon Mustard

### Salad Special...12.00 (GF)

#### Strawberry Fields Salad

With Spinach, Strawberries, Almonds, Red Onion & Goat Cheese

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

### Veggie Special of the Week... 15.00 (V)

#### Brown Butter Gnocchi

Served with Side Salad

### \*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion

### \*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with Lettuce, Tomato and Onion

### Lighter Fare...10.00 (V)

Large Garden Salad  
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

### Veggie Special of the Month... 15.00 (V)

#### Cheese Omelet

Served with Side Salad

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked.

\*Made gluten-free upon request.



# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

**MONDAY, MAY 26<sup>th</sup>**

**Closed For Memorial Day**

**TUESDAY, MAY 27<sup>th</sup>**

**Cheese or Pepperoni Pizza**  
w/ Side Salad

**WEDNESDAY, MAY 28<sup>th</sup>**

**Grill Day**

French Onion Cheeseburger  
Grilled Salmon  
Italian Pasta Salad

**THURSDAY, MAY 29<sup>th</sup>**

**Chicken Tenders**  
w/ French Fries

**FRIDAY, MAY 30<sup>th</sup>**

**Grilled Citrus Shrimp Skewers**

Grilled Citrus Marinated Shrimp, Red Peppers, Onion, Green  
Peppers w/ Pineapple Salsa

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

*Fuller Village*  
in Milton  
— LIVE A FULLER LIFE —

# Brush Hill Café

## SATURDAY BRUNCH MENU

Every Saturday | 11:30 am – 2:00 pm

### FEATURES

all features served with a beverage

#### **Blue Hill Chicken Salad Croissant** **10**

tarragon and grape chicken salad with lettuce. served with house chips.

#### **Bagels & Lox 12**

bagel with cream cheese, capers, tomato, and red onion. served with fresh fruit cup.

#### **\*Brush Hill Breakfast Sandwich or Wrap 10**

fried egg and cheese on an english muffin with your choice of bacon or sausage.

#### **\*The Fuller Plate 15**

2 eggs any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

#### **\*The Little Fuller Plate 10**

1 egg any style, crispy potatoes, your choice of bacon or sausage, English muffin or biscuit.

#### **Chicken Pesto Ciabatta 12**

Grilled Chicken Pesto, Tomato, Red Onion  
Mozzarella Cheese

**Gluten Free (GF), Vegetarian (V), Low Sodium (LS)**

**\*Gluten Free Bread / Wraps Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

### SIDES À LA CARTE

**Sausage 4**

**Bacon 4**

**Vegetarian Sausage 4**

**Crispy Potatoes 3**

**Fresh Fruit Cup 3**

### BEVERAGES

**Coffee**

**Tea**

**Hot Chocolate**

**Soda**

**Diet Soda**

**Apple Juice**

**Orange Juice**

**V8**

**2% Milk**

**1.75 Each**

### From The Griddle Monthly Specials

all specials served with choice of  
two sides and a beverage

#### **Vegetable Omelet 15**

traditional folded omelet with  
Spinach Peppers, Onion, & Cheese

#### **Strawberry French Toast 15**

With Strawberries whipped cream  
and maple syrup

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>02</b> Chef's Salad	<b>03 National Egg Day</b> Bacon Egg Salad Sandwich	<b>04 Grill Day</b> Steak Tips w/ Peppers & Onions Watermelon Feta Salad	<b>05</b> Chicken Pesto Flatbread w/ Side Salad <b>FLATBREADS</b> <i>al Fresco</i>	<b>06</b> Cilantro Lime Fish Tacos <b>SEAFOOD SHACK</b>
<b>09</b> Chicken Quesadilla	<b>10</b> Italian Sausage Onion & Peppers Sub	<b>11 Grill Day</b> Grilled Pineapple Teriyaki Shrimp Macaroni Salad	<b>12</b> Spinach Feta Salad	<b>13</b> Maryland Crabcakes <b>SEAFOOD SHACK</b>
<b>16</b> Green Goddess Cobb Salad	<b>17 National Eat Your Veggies</b> Grilled Vegetable Skewers Over Fried Rice	<b>18 Grill Day</b> Grilled Lemon Pepper Chicken Potato Salad	<b>19</b> Pepperoni Flatbread w/ Side Salad <b>FLATBREADS</b> <i>al Fresco</i>	<b>20</b> Beer Battered Fish & Chips <b>SEAFOOD SHACK</b>
<b>23</b> Pastrami & Swiss on Rye	<b>24</b> Southwestern Salad	<b>25 Grill Day</b> Grilled Salmon Orzo Mozzarella Salad	<b>26</b> Fried Chicken w/ Green Beans <b>DINER</b>	<b>27</b> Shrimp & Vegetable Skewers <b>SEAFOOD SHACK</b>
<b>30</b> Chicken Caesar Wrap				



## June 2025 Fitness & Aquatics Update

### A FEW HOUSKEEPING REMINDERS

Please remember to bring your FOB to the gym. We installed the FOB access so you can get into the gym during scheduled hours if the door is closed.

As a reminder, the Fitness Center opens at 7:45am Monday-Friday and at 9am on Saturday & Sunday. It closes at 5pm Monday/Wednesday/Friday, at 7pm Tuesday/Thursday and at 4pm on the Weekend.

*We politely request that you respect & observe these hours and if you are in the gym at closing time, please be sure to have wrapped up your workout by then.*

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Our Bike Club, Beginners Hiking Group, and Pickleball are all in full swing!

If you are a new resident and have interest in any of the above, please reach out to me, Jen DeLeonardis, Fitness & Aquatics Director, for more information. My contact info is below.

Forest Therapy returns on Monday, June 16<sup>th</sup>!

Location is TBD, but please sign up with Jen as space is limited. The outing will begin at 10am and you should plan for about 1.5 hours of time spent mindfully outside in nature. Please note, this is not vigorous exercise, but a quiet, thoughtful approach to enjoying your local environment.

Thursday, June 19<sup>th</sup> is Juneteenth and in observance of the holiday, there will be no Towel Cardio, Core on the Floor, or Stability & Mobility. Line Dancing w/Jean and Pickleball w/Mary Beth are scheduled as normal.

**The Pool will be closed in the morning as well. It will open from 4-6pm as regularly scheduled.**

If you are a new resident and have questions about the Fitness Center, Fitness Classes, Pool Activities, or anything fitness-related, please give me a call or email to discuss.

I can be reached at 617.361.7196 / [jdeleonardis@fullervillage.org](mailto:jdeleonardis@fullervillage.org)





Let's Celebrate Father's Day With a Barbecue Buffet!

Sunday, June 15<sup>th</sup> 2:00 – 4:00 PM

Gordon House Dining Room

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BBQ Pork Ribs

BBQ Grilled Salmon

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Buttered Corn

Brown Sugar Baked Beans

Green Beans Almondine

Creamy Mac-n-Cheese

-----  
Warm Cornbread with Butter

-----  
Chocolate Fudge Brownies with Ice Cream and

Assorted Cookies

\$29.95 per person (does not include alcohol or tax)

Call Joey to reserve your seats at 617-361-3231