Weekend Highlights: Friday 7/25- Sunday 7/27 See what's happening this weekend!

Friday, July 25

3PM Drinks on the Deck

Enjoy Frozen Pina Coladas and Strawberry Daiquiris on the Blue Hill Deck. \$9 alcoholic/\$5 non-alcoholic beverages will be charged to your account. Sign up with Muriel 7/21 @ 9AM. Limited to 18.

3PM Weekly Highlights Read Aloud (Brush Hill Library)

4:30PM Friday Night Services with Rabbi Benjamin All are welcome. (Brush Hill Function Room)

6PM Grill Night (Brush Hill Patio) THIS EVENT IS FULL

7PM Music with Violinist Tomoko Iwamoto (Blue Hill Activity Room)

Born in Osaka, Japan, Tomoko Iwamoto has been an accomplished violinist from the age of six. She graduated from Berklee College of Music and has taught the Suzuki Method to hundreds of Boston area violin students. She plays "jazzy" violin in genres from classical, rock, pop to world music. Don't miss her fabulous Friday night performance!

Saturday, July 26

11:30AM Brunch at The Brush Hill Café

7PM Movie Night

La Dolce Villa starring Scott Foley, Violante Placido and Maia Reficco

A successful businessman travels to Italy to stop his daughter from spending all her money to restore an old villa, but Italy has other romantic plans. (BL/BR)

Sunday, July 27

7PM Music with pianist Michael Leidig

Back by popular demand! Come hear this talented and innovative pianist for a unique concert of classical combinations! (Brush Hill Function Room)

Weekly Highlights: Monday 7/28—Sunday 8/3 Look out for these special events and offerings next week!

Monday, July 28

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Shopping trip to Walmart in Walpole. Sign up with Muriel (617) 361-7778.

2PM Opera "Aida" 2025 Act 3 (Blue Hill Activity Room)

7PM History with Paolo

"His Excellency" A Brief History of the Governors of Massachusetts

The position of Chief Magistrate of Massachusetts was created in 1780 with the drafting of the Constitution of the Commonwealth. Over the next 240 years, the office has been held by distinguished, sometimes controversial figures who have left an indelible mark on the state and the nation. This lecture will discuss the governors of the Commonwealth, from Hancock to Healey. (**Brush Hill Function Room**)

Tuesday, July 29

11:30AM Sullivans Castle Island Trip THIS TRIP IS FULL

11AM Bocce

3PM Art Cart Party

Come and play- make small art to keep and share! (Brush Hill Function Room)

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, July 30

8AM Bike Club

10AM Cornhole at Blue Hill! Join us for this fun and friendly competition! (Blue Hill Activity Room or outside weather permitting)

10AM Van departs for Stop & Shop (Sign up with Muriel)

3PM Hot Dog Taste Test!

Join us for samples of this summertime favorite treat. FREE- limited to 12. Sign up with Muriel starting July 25th at 9AM (617) 361-7778.

Thursday, July 31

9:30AM Pickleball with Marybeth

9:30AM Boston Duck Tour Trip THIS TRIP IS FULL

11AM Bocce (Brush Hill Bocce Court)

11AM Music Theory Class with Jane Lash (Brush Hill Function Room)

Fuller Village resident Jane Lash will be hosting a Music Theory Workshop -a fun introduction to reading music. Please bring a pencil and paper to jot down some notes!

2PM Needlepoint (Brush Hill Café)

Friday, Aug. 1

8:30AM Architecture/Lunch Cruise Trip THIS TRIP IS FULL

1PM Music with Rich Travers

"Opera Verdi" Giuseppe Verdi was an Italian Romantic composer known primarily for his operas. This lecture includes scenes from Aida, Macbeth, Rigoletto, La Traviata and Nabucco. (Blue Hill Activity Room)

3PM Rosary (Blue Hill Multipurpose Room)

7PM Music with Grace Etzkorn

Grace's talents have taken her across the country, with several notable performances on Broadway. Enjoy her unique mixture of musical theater and jazz classics that draw you in and gives you a glimpse of that Broadway magic. (Blue Hill Activity Room)

Saturday, Aug.2

11:30AM Brunch at The Brush Hill Café

7PM Movie Night

"The Intern" starring Robert DeNiro, Ann Hathaway and Rene Russo Seventy-year-old widower Ben Whittaker has discovered that retirement isn't all it's cracked up to be. Seizing an opportunity to get back in the game, he becomes a senior intern at an online fashion site, founded and run by Jules Ostin. (BL/BR)

Sunday, Aug. 3

1PM Villa "Halfway Home" Resident Party- Gordon House Dining Room and Deck Please join us for a fun gathering for Villa residents with an afternoon of fun, friendship and "potluck" finger foods. Beer, wine and sodas will be available for purchase. Please RSVP and sign up to share appetizer finger foods or desserts by emailing or texting Nancy Wilber or Mary Harman —Nancy — nrwilber@gmail.com or text 617-418-9468 Mary — maryharman@mac.com or text 401-835-6688

7PM Music with Chris Carter

Enjoy great summertime tunes with this talented guitarist! (Brush Hill Function Room)

Notes from the Program Director

Singo is Back! Monday, Aug. 4th, 7:00 pm. in BR Function Room. Only \$5 to play and you could win over \$140. It's so easy to play; you don't need to know the songs. Just come join us at any table. Residents Only--no guests. Jim The DJ, plays the song and gives you the title. You simply cross it off on your card; just like bingo but MORE fun. We sing, we hum, we chat, we laugh.....and we enjoy delicious refreshments. Come join this incredibly popular event that draws more than 70 residents! Meet new folksPlease bring exact change. Buy more than 1 card. Starts on time- please don't be late. Sponsored by the FVRA Activities Committee.

Attention Newcomers!

You are invited to a small group dinner (6-8 guests) at The Gordon Hosue Dining Room with residetn Marty Allen of Brush Hill. This is an opportunity to meet other newcomers and to share anny questions you might have regarding life at Fuller Village. You may use your monthly \$60 dining credit for the dinner. If you are a Depoyan resident, your meal will be included for the evening. Please call/text or email Marty cell: (617) 312-8058 or email: martyallentours@gail.com and choose from one of the follwing dates: Aug.1st, 11th or 19th- 5:30PM. Reach out with any questions and Marty will confirm.

Grill Night sign up for Fri. Aug. 15th will be Monday Aug. 4^{ths} starting at 9AM. Please call Muriel at (617) 361-7778.

There's something for everyone out there this Summer!- Susie

Save the Dates

8/4 2PM "Underwater Archaeology" with Bob Michelson (BL)

8/4 7PM Singo (BR)

8/5 11:30AM Van trip to Tony's Clam Shack

8/5 2PM Music with Rich Travers (BR)

8/6 7PM History with Paolo (BL)

8/7 12PM Women's Lunch to Granite Links

8/7 3PM Art Talk with Kathleen Gilligan BR

8/8 9AM Walking Group with Joey

8/8 2PM & 3PM Ellies Ice Cream Truck BL & BR

8/8 7PM Music with Brandon Hehn BL

8/10 7PM Music with Ethan Stone BR

8/11 1PM Van trip to Trader Joes

8/11 2PM Metropolitan Opera BL

8/12 11:30AM Van trip to Christian Science Church Organ Concert and Lunch

8/13 6PM Wine Tasting & Piano Concert BR

8/14 10AM Gardner Museum trip

SUN	MON	TUE	WED	THUR	FRI	SAT
1:00 Open Swim 2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 Music with Michael Leidig (BR)	10:15 Chair Yoga w/ Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Walmart in Walpole Rte 1 7:00 History with Paolo (BR)	Pickleball 10:30 Functional Fitness (BR) 11:00 Bocce (BR) 11:30 Sullivan's & Castle Island Trip 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 3:00 Art Cart Party (BR Patio) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	8:00 Bike Club 10:00 Cornhole (BL) 10:00 Stop & Shop 10:15 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 2:30 Aqua Fit with Crystal 3:00 Hot Dog Taste Test (BR Cafe) 3:00 Resident and Guest Swim (BR) 6:30 Bocce (BR) 7:00 Handcrafters (BR)	Pickleball with Marybeth 9:30 Boston Duck Tour Trip 10:00 Towel Cardio (BR) 10:30 News & Coffee Chat (BL) 11:00 Core on the Floor (BR) 11:00 Music Theory Workshop (BR) 11:00 Bocce (BR) 12:00 Mobility & Stability (BL) 2:00 NeedlePoint (BR)	8:30AM Architecture Cruise 9AM Walking Group with Joey 10AM Aqua Fit with Crystal 10:30 Chair Yoga w/ Carol 1PM Rich Travers BL 3PM Rosary BL 3PM Highlights Read Aloud BR 6:30PM Cribbage BR 7PM Music with Brandon Hehn	







Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, July 28th

Carrot Ginger Soup (GF)

or Salad du Jour

Chicken Kiev (GF)

Ritz Cracker Cod

Rice Pilaf, Green Beans (GF)

Sugar Cookies or Apple Crisp

Tuesday, July 29th

Chicken Lemon Rice Soup (GF)

or Salad du Jour

Grilled Pork Tenderloin (GF)

Sole Tapenade

Potato Salad, Roast Yellow Green Squash (GF)

Smores Cookie or Blueberry Crumble

Friday, August 1st

Manhattan Clam Chowder (GF)

or Salad du Jour

Honey BBQ Grilled Turkey Tips (GF)

Grilled Salmon (GF)

Mashed Potatoes, Braised Greens w/ Bacon (GF)

Peanut Butter Cookies or Chocolate Torte

Saturday, August 2nd

Beef Noodle Soup (GF)

or Salad du Jour

Beef Medallions (GF)

Lemon Pepper Haddock (GF)

Baked Sweet Potatoes, Sauteed Spinach (GF)

Oatmeal Cookies or Strawberry Poundcake

Wednesday, July 30th

Potato Leek Soup (GF)

or Salad du Jour

Beef Stir-fry (GF)

Tempura Shrimp (GF)

Asian Noodle Salad, Roasted Asparagus (GF)

Lime Coconut Cookies or Chocolate Cream Pie

Sunday, August 3rd

Pasta Fagioli (GF)

or Salad du Jour

Spinach Feta Stuffed Chicken Breast (GF)

Pan Fried Tilapia (GF)

Orzo Salad, Chef's Medley (GF)

Assorted Cookies or Assorted Dessert

Thursday, July 31st

Chunky Vegetable Soup (GF)

or Salad du Jour

Grilled Hotdogs & Beans (GF)

Fried Fish Sandwich (GF)

Steak Fries, Broccoli Slaw (GF)

Chocolate Chip Cookies or Cherry Poke Cake



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad ask about our selection of house made dressings *

Weekly Special ... 7.00

Goat Cheese, Caramelized Onion Basil Flatbread

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00 (V)

*Chicken Caesar Wrap

Grilled Chicken, Romain, Parmesan Cheese, House Made Caesar Dressing

Salad Special...12.00 (GF)

Vegetarian Cobb

With Romain, Avocado, Tomato, Red Onion, Cucumber, Corn, Cheddar Cheese add Grilled Chicken...5.00 add Tuna or Chicken Salad...5.00 add Grilled Salmon...7.00

Veggie Special of the Week... 15.00 (V)

Spinach Pie

Served with Side Salad

*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion

*Impossible Burger...15.00

On a Toasted Brioche Bun with Lettuce, Tomato and Onion

Lighter Fare...10.00 (V

Large Garden Salad Served with Roll and Butter add Grilled Chicken...5.00 add Tuna or Chicken Salad...5.00 add Grilled Salmon...7.00

Veggie Special of the Month. 15.00

Cheese Omelet Served with Side Salad

DESSERTS

a la carte...4.00

Cookie of the Day...3.00 Fresh Fruit Cup...5.00 Sugar-Free Jell-O...3.00 Ice Cream...3.00

BEVERAGES

Coke / Diet Coke Ginger Ale/ Diet Ginger Ale V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked.

*Made gluten-free upon request.



DON'T BE SHY, PUT YOUR ART IN THE FLAG!

Fuller Village's <u>Free Little Art Gallery</u>, <u>FLAG</u>, was resident initiated, resident made, funded by the Resident Association and supported by the Fuller Village administration. It will be located outside the Blue Hill library.

Consider leaving your art for someone else to enjoy. Both concierge desks have baskets where you can leave your art to be included in the <u>FLAG</u>. There are also magnets available for your use to hang art on your refrigerator or metal surfaces.

Using the <u>FLAG</u> is simple. Leave small pieces of art. To share the art with everyone, please take only one piece at a time.



Make art, leave art, take art!



Fuller Village has two art carts which have been cleaned and restocked with fresh supplies. They are full of materials to paint, draw, color, stamp, do origami, and make cards or collages.

The art carts are always available – just ask the concierge or Fuller Village staff to bring it to the Café at Brush Hill or the activity room or the coffee room at Blue Hill.

Art is more fun together!

Invite neighbors, friends or your family to make art with you.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, JULY 28th

Sweet Chili Turkey Burger

Grilled Turkey Burger w/ Lettuce tomato red onion & Sweet Chili Sauce

TUESDAY, JULY 29th

Peruvian Chicken

Grilled Chicken Seasoned w/ Garlic, Cumin, Paprika, & Oregano
Over Rice

WEDNESDAY, JULY 30th

Grill Day

Grilled Cilantro Lime Salmon
Grilled Corn Cobb Salad

THURSDAY, JULY 31st

Caprese Chicken Flatbread

Chicken, Tomato, Mozzarella Cheese, Pesto Spread & Balsamic Glaze w/ Side Salad

FRIDAY, AUGUST 1st

Chermoula Cod

Baked Cod Filet Topped w/ Fragrant Herb Sauce

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)
Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.



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Villa Residents "Halfway Home" Party – A Fun Gathering of Villa Residents Sunday, August 3rd 1:00 pm to 3:00 pm

Gordon House Large Dining Room and Deck Please join us for an afternoon of fun, friendship and "potluck" finger foods.

Beer, wine and sodas will be available for purchase and ACH'd out of your Fuller Village account.

Please RSVP and sign up to share appetizer finger foods or desserts by emailing or texting

Nancy Wilber or Mary Harman -

Nancy - nrwilber@gmail.com or text 617-418-9468

Mary - maryharman@mac.com or text 401-835-6688