

Weekend Highlights: Friday 9/5- Sunday 9/7

See what's happening this weekend!

Friday, Sept. 5

9AM Walking Club with Joey

9:30AM One on One Tech Help with Liz Flaig

Please call Muriel for an appointment (617) 361-7778. **(Brush Hill Library)**

10AM Van trip to Stop & Shop

3PM Rosary (Blue Hill Multi-Purpose Room)

3PM Weekly Highlights Read Aloud (Brush Hill Library)

6PM Grill Night (BR Café Patio)

7PM Music with Richie Bern

Join Richie for a Fun Friday Night of your favorite tunes! **(Blue Hill Activity Room)**

Saturday, Sept. 6

11:30AM Brush Hill Café Open

7PM Movie Night

“Amadeus” The story of The life and work of Wolfgang Amadeus Mozart as seen through the eyes of his contemporary and rival, Antonio Salieri. Winner of 8 Academy Awards starring Tom Hulce and F. Murray Abraham. **(Blue Hill Activity Room)**

“Shakespeare in Love” A romantic comedy set in the 1590s. It imaginatively unfolds the witty, sexy and timeless tale behind the creation of the greatest love story ever told. A young Shakespeare (Joseph Fiennes) is out of cash and ideas, he meets his ideal woman (Gwyneth Paltrow) and she inspires him to write one of his most famous plays. Winner of 7 Academy Awards. **(Brush Hill Function Room)**

Sunday, Sept. 7

2:30PM Blue Hill Bridge (Blue Hill ActivityRoom)

7PM Music with Dave and Marcia Burbank

You love them with their band, the David Burbank Orchestra, and you love them as a talented (and married!) duo. Dave and Marcia will delight you with songs from across the ages and genres! **(Brush Hill Function Room))**

Weekly Highlights: Monday 9/8– Sunday 9/14

Look out for these special events and offerings next week!

Monday, Sept.8

11AM United Congregational Church Meeting (Brush Hill Card Room)

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Van Trip to Market Basket Hanover

2PM “Opera on Demand”

Deborah Warner’s new production of Tchaikovsky’s tragic romance, directed by Fiona Shaw, opened the Met’s 2013–14 season. Anna Netrebko stars as Tatiana, the young woman whose impulsive declaration of love is coolly rejected by Mariusz Kwiecien’s Onegin—with unexpected consequences years later. **(Blue Hill Activity Room)**

2:30 PM Knitters/Handcrafters (Blue Hill Activity Room)

Tuesday, Sept. 9

10AM Birthday Breakfast- Come and celebrate September Birthdays with friends and neighbors. All are welcome! **(Blue Hill Activity Room)**

10:45AM Van trip to The Irish Cultural Center (THIS TRIP IS FULL)

11AM Bocce

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men’s Poker Club (Brush Hill Function Room)

Wednesday, Sept. 10

8AM Bike Club Trip

10AM Cornhole at Blue Hill! Join us for this fun and friendly competition! **(Blue Hill Activity Room or outside weather permitting)**

12:45PM Chorus (Brush Hill Function Room)

2PM FVRA Monthly Board Meeting (BRUSH HILL FUNCTION ROOM)

3PM Special Violin Performance! Lysander Jaffe plays a strolling violin performance in the Foster building sitting areas. Join us for this midweek musical treat! **(BL Foster)**

Thursday, Sept. 11

9:30AM Pickleball with Marybeth

11AM Bocce (Brush Hill Bocce Court)

10AM Van trip to The Boston Athenaeum

Join us for a one-hour docent-led tour highlighting the history of the Athenaeum, the iconic building and its collections. **(THIS TRIP IS FULL)**

3:30PM Social Justice Action Group

Want to take tangible steps to promote racial justice, democracy, affordable housing and climate justice? Join us for our monthly SJAG! Each month, we will focus on a different action, such as calling elected officials, signing petitions, and more. You'll receive training and support throughout the session as well as a community of fellow residents with whom to take action! **(Brush Hill Function Room)**

Friday, Sept. 12

9AM Walking Club with Joey

10AM Van trip to Stop & Shop

1PM Music with Rich Travers (Blue Hill Activity Room)

This lecture will include a look into the composers, performers and arrangers who made The Great American Songbook an integral part of the American way of life. The greatest songs from stage and screen- from the 1900's to today; composers, lyricists and performers will be discussed along with a list of the top ten great American Songs.

3PM Rosary (Blue Hill Multi-Purpose Room)

3PM Weekly Highlights Read Aloud (Brush Hill Library)

7PM Music with Skye Darling

Hailing from Scotland, Skye Darling is a Boston-based violinist, guitarist, and singer-songwriter. She has been featured at Silkroad's Global Musician's Workshop Festival

and was selected as one of Portsmouth Music Hall's Emerging Artists. Her journey as a singer-songwriter has been anything but linear, and this is reflected in her performances. With a bachelor's degree from UNH and a Master's from Boston Conservatory and Berklee, her heartfelt melodies have gone from being heard on the summer night air around campfires to reverberating in historic concert halls with musicians from around the world. Skye's indie-folk style combines her classical training with elements of her Celtic roots, old time folk, and jazz. **(Blue Hill Activity Room)**

Saturday, Sept. 13

11:30AM Brush Hill Café Open

**7PM Movie Night TBD
(BL/BR)**

Sunday, Sept. 14

2:30PM Blue Hill Bridge (Blue Hill ActivityRoom)

7PM Music with The Liam Manares Band

You've seen them play with MHS Holiday shows, now welcome them back for their very own Fuller Village performance! This energetic and talented group of high school musicians will knock your socks off- you can say you saw them before they became famous! **(Brush Hill Function Room))**

Notes from the Program Director

Fuller Village is pleased to announce that the Fuller Village Residents' Association's (FVRA) 2025 Community Fair, will be held on Saturday, October 18, 2025, from 10:00 am to 2:00 pm in the Brush Hill Function Room

This annual event serves as both a fundraiser and an opportunity to showcase the diversity of talent among Fuller Village residents. It's greatly anticipated by the residents and since its inception in 2003, it continues to expand each year. Under the creative leadership of Jane McClellan and Karen Fortier, this year's Co-Chairs, there will be 28 tables offering a range of items including baked goods, knitting, sewing, handcrafts and quilts. At least 30 raffle baskets will be featured, always a highlight of the fair.

Among the products offered by this year's vendors are handmade jewelry, wood and cork gifts, handmade bath products, decoupage shells, hand decorated picture frames, gourmet sour dough breads, and honey from hives here at Fuller Village. We will also feature two antique quilts, plus a few big items: a TV new in the box and a Keurig Coffee Maker new in the box.

Peg Riley, Ellen Dunn and their committees are eager to get started on the Raffles. They love assembling your donations and turning them into beautiful prizes. The Fair co-chairs are ready to accept donations from anyone who wants to participate. Please contact us for a pick-up.

Jane McClellan at bizziquilter@gmail.com 617-697-3654

Karen Fortier at karenfortier@yahoo.com 617-953-8918

Prison Book Program

Would you be interested in volunteering for a program that puts books into the hands of prisoners in jails and prisons around the country? Volunteers read letters sent by prisoners and then select books that best match requests. Other volunteers package the books or shelve them by category. All training is provided. The Prison Book Program has a 50 year track record serving almost 20,000 prisoners who don't have access to the internet or books. It is located in the United First Parish Church Basement in Quincy Center. If you would like to learn more about this program, please contact Eileen Sharkey at eileenssharkey@gmail.com. (Don't forget the "s" between eileen and sharkey). If there's enough interest, we can meet to talk more about the program. Find more info. here: prisonbookprogram.org.

The September issue of *The Voices of Fuller* newsletter was distributed by email from Molly Welch on Tuesday, Sept. 2nd. Search your email for this listing from Molly, then click on the underlined section so The Voice of Fuller newsletter will pop up. Please click on the underlined, green link below to read the September 2025 Voices of Fuller Newsletter [The Voices of Fuller Newsletter -Sept 2025.pdf](#)

If you need a printed copy due to eyesight issues or lack of computer devices, then please contact resident Marty Allen, BR to be added to the hard copy distribution list. A copy is available in the BR sitting room and in the BL library.

Join us for fantastic late summer trip to Boston's beautiful Beacon Hill Tuesday Sept. 16th ! Explore the connection between architecture and politics on this Boston by Foot tour along the charming streets of Beacon Hill's South Slope while walking amongst this historic collection of Federal and Greek Revival row homes on the shaded streets of Beacon Hill. Get a peek into some of Beacon Hill's private gardens, learn how Boston's elite created an exclusive neighborhood next to the site of the state capital, and enjoy the early American architecture of Charles Bulfinch. After the tour (if the weather cooperates), there will be time to grab a sandwich or a snack on Charles Street. \$22 per person. Food is on your own. This walk is a 3/4 mile walk with hills. Sign up with Muriel at (617) 361-7778.

There's something for everyone out there this *Summer!- Susie*

Save the Dates

9/15 1PM Van Trip to Wegmans

9/15 3PM Library Book Club discusses Nathaniel Philbrick's "Mayflower" See Susie if you need a copy. (BL)

9/16 9:45AM Van departs for Boston by Foot Beacon Hill Tour

9/16 2PM Rich Travers presents "The Music of Kander and Ebb" (BL)

9/16 3PM Brain Games with Susie (BL)

9/17 12:45PM Chorus (BR)

9/17 7:45AM PineMeadow Tours Blackstone Revolution Bus Trip departs BR

9/17 2PM Catholic Mass (BR)

9/17 3PM Caring Committee (BR)

9/18 8AM Birdwatching with Jack Lash (BR Patio)

9/18 10:30AM Bible Study (BR)

9/18 1:30PM Crafts with Cindy- Sign up with Muriel (BL)

9/18 2PM Social Security and Medicare Workshop with Bank of Canton (BR)

9/18 3PM Art Cart Party (BL Activity Room)

9/18 Pub Night with The Mike Mosca Trio (BR)

9/19 1:15PM Belly Dancing with Betty Tamer (BR)

9/21 9AM Pancake Breakfast (BR)

9/21 7PM Music with The Barry Shapiro Orchestra- Don't Miss this Special Performance! (BR)

SUN	MON	TUE	WED	THUR	FRI	SAT
2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 Music with Dave and Marcia Burbank (BR)	7 10:15 Chair Yoga w/ Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 11:00 UCC Meeting (BR Card Room) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Van Trip to Market Basket Hanover 2:00 Opera on Demand (BL) 2:30 Knitters/ Handcrafters (BL)	8 9:00 Pickleball 10:00 Birthday Breakfast (BL) 10:30 Functional Fitness (BR) 10:45 Van Trip to The Irish Cultural Center for Lunch 11:00 Bocce (BR) 12:00 Back to Basics (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	9 8:00 Bike Club Trip 10:00 Cornhole (BL) 10:15 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:00 FVRA Monthly Board Meeting (BR) 3:30 Violinist Lysander Jaffe (BL) 6:30 Bocce (BR) 7:00 Handcrafters (BR)	10 9:30 Pickleball with Marybeth 10:00 Towel Cardio (BR) 10:00 Van Trip to The Boston Athenaeum 10:30 News & Coffee Chat (BL) 11:00 Core on the Floor (BR) 11:00 Bocce (BR) 12:30 Line Dancing with Jean (BR) 2:00 NeedlePoint (BR) 3:30 Social Justice Action (BR)	11 9:00 Walk Club w/ Joey (BR) 9:00 ASL Class (BR) 10:00 Aqua Fit with Crystal 10:00 Stop & Shop Van Trip 10:30 Chair Yoga w/ Carol (BL) 1:00 Rich Travers (BL) 3:00 Rosary (BL) 3:00 Weekly Highlights Read Aloud (BR) 6:30 Cribbage (BR) 7:00 Music with Skye Darling (BL)	12 9:00 Pickleball 11:30 Brush Hill Cafe Open (BR) 2:00 Family Swim 7:00 Movie Night (BR/BL)

September 2025

If you need transportation between campuses please call 617-361-7778

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, September 8th

Navy Bean Soup (GF)
or Salad du Jour
Honey Pork Tenderloin (GF)
Brown Butter Trout (GF)
Baked Sweet Potato, Roasted Beets (GF)

Friday, September 12th

Manhattan Clam Chowder (GF)
or Salad du Jour
Glazed Ham (GF)
Fish & Chips (GF)
Mashed Potatoes, Sauteed Greens (GF)

Tuesday, September 9th

Cream of Broccoli Soup (GF) (V)
or Salad du Jour
Beef Medallions w/ Demi Glace (GF)
Baked Stuffed Flounder (GF)
Potato Wedges, Collard Greens (GF)

Saturday, September 13th

Cream of Mushroom Soup (GF) (V)
or Salad du Jour
Chicken Pot Pie
Cranberry Ginger Salmon (GF)
Farro Pilaf, Asparagus (GF)

Wednesday, September 10th

Wonton Soup
or Salad du Jour
Chicken Stir-Fry (GF)
Teriyaki Tilapia (GF)
Fried Rice, Steamed Broccoli (GF)

Sunday, September 14th

Minestrone Soup (GF)
or Salad du Jour
Beef Bolognese (GF)
Shrimp Puttanesca (GF)
Spaghetti, Green Beans (GF)

Thursday, September 11th

Chicken Noodle Soup (GF)
or Salad du Jour
Maple Roast Turkey (GF)
Lobster Ravioli (GF)
Parsley Potatoes, Roasted Butternut Squash (GF)

Weekly Dessert Specials

Apple Crisp
Carrot Cake
Pumpkin Spice Cookies
Chocolate Chip Cookies
Chocolate Torte (GF)



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Potato Skins

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00

* **Chicken Caesar Wrap**

Chicken, Romaine, Parmesan Cheese, House-Made Caesar Dressing

Salad Special...12.00 (GF)

Spinach Apple Salad

With Spinach, Crisp Apples, Craisins, Walnuts & Goat Cheese

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

Veggie Special of the Week... 15.00 (V)

Gnocchi Pesto

Served with Side Salad

***Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion

***Impossible Burger...15.00 (V)**

On a Toasted Brioche Bun with Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

Veggie Special of the Month... 15.00 (V)

Vegetable Cheese Omelet

Served with Side Salad

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

***Made gluten-free upon request.**

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, SEPTEMBER 8th

Fried Chicken Sandwich

TUESDAY, SEPTEMBER 9th

Green Goddess Salad w/ Grilled Salmon

Grilled Salmon, Romaine, Hardboiled Egg, Bacon, Tomato,
Cucumber, Pickled Red Onion, Green Herb Dressing

WEDNESDAY, SEPTEMBER 10th

Santa Fe Turkey Wrap

Turkey, Avocado Alfalfa Sprouts, Bacon, Green Chili Dressing
Flour Tortilla

THURSDAY, SEPTEMBER 11th

Pepperoni Flatbread

Pepperoni, Marinara Sauce, Cheese, on Flatbread w/ Side Salad

FRIDAY, SEPTEMBER 12th

Chipotle Fish Tacos

Fried Fish, Lettuce, Pico De Gallo, Chipotle Sauce, on a Corn
Tortilla

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

Fuller Village
in Milton
— LIVE A FULLER LIFE —



September 2025 Fitness & Aquatics Update

Thank you for your patience as we filled our pool with sparkling new water! This is a procedure that we aim to do every 5-6 years, and it had come time. It is a bit of a process with the draining, filling, balancing, and bringing the water temperature back up to a comfortable level.

We are still seeking qualified part-time lifeguards! This is a great job for high school students! Please note that there may be days when the pool is closed due to lifeguard staffing until we successfully find the right candidates.

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Line Dancing with Jean returns on Thursday, September 11th at 12:30pm in the Yoga Studio. Bring your dancing shoes and get ready to have some fun!

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There will be no Stability & Mobility at Blue Hill on Thursday, September 11th due to the replacement of the windows in the Activity Room.

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Forest Therapy returns on Monday, September 22nd at 10am. Location is TBD, but participants must provide their own transportation (or carpooling is great!) to the location. Participants must also be able to walk, unassisted over uneven terrain and be comfortable in the outdoors for about 1.5 hours. Sign ups are required for this outing, please call or email Jen to do so (email/phone number listed below).

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If you are a new resident and have questions about the Fitness Center, Fitness Classes, Pool Activities, or anything fitness-related, please give me a call or email to discuss.

I can be reached at 617.361.7196 / jdeleonardis@fullervillage.org