Weekend Highlights: Friday 9/12- Sunday 9/14 See what's happening this weekend!

Friday, Sept. 12
9AM Walking Club with Joey

10AM Van trip to Stop & Shop

1PM Music with Rich Travers (Blue Hill Activity Room)

This lecture will include a look into the composers, performers and arrangers who made The Great American Songbook an integral part of the American way of life. The greatest songs from stage and screen will be discussed.

3PM Rosary (Blue Hill Multi-Purpose Room)

3PM Weekly Highlights Read Aloud (Brush Hill Library)

7PM Music with Skye Darling

Hailing from Scotland, Skye Darling is a Boston-based violinist, guitarist, and singer-songwriter. She has been featured at Silkroad's Global Musician's Workshop Festival and was selected as one of Portsmouth Music Hall's Emerging Artists. With a bachelor's degree from UNH and a Master's from Boston Conservatory and Berklee, her heartfelt melodies have gone from being heard on the summer night air around campfires to reverberating in historic concert halls with musicians from around the world. Skye's indie-folk style combines her classical training with elements of her Celtic roots, old time folk, and jazz. (Blue Hill Activity Room)

Saturday, Sept. 13 11:30AM Brush Hill Café Open

7PM Movie Night

"Amadeus" The story of The life and work of Wolfgang Amadeus Mozart as seen through the eyes of his contemporary and rival, Antonio Salieri. Winner of 8 Acadamy Awards starring Tom Hulce and F. Murray Abraham. (Brush Hill Function Room)

"Shakespeare in Love" A romantic comedy set in the 1590s. It imaginatively unfolds the witty, sexy and timeless tale behind the creation of the greatest love story ever told. A young Shakespeare (Joseph Fiennes) is out of cash and ideas, he meets his ideal woman (Gwyneth Paltrow) and she inspires him to write one of his most famous plays. Winner of 7 Acadamy Awards. (Blue Hill Activity Room)

Sunday, Sept. 14

2:30PM Blue Hill Bridge (Blue Hill ActivityRoom)

7PM Music with The Liam Manares Band

You've seem them play with MHS Holiday shows, now welcome them back for their very own Fuller Village performance! This energic and talented group of high school musicians will knock your socks off- you can say you saw them before they became famous! (Brush Hill Function Room))

Weekly Highlights: Monday 9/15—Sunday 9/21 Look out for these special events and offerings next week!

Monday, Sept.15

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Van Trip to Wegmans

2:30 PM Knitters/Handcrafters (Blue Hill Library)

3PM Library Book Club (PLEASE NOTE LOCATION-BRUSH HILL)

FV readers discuss Nathaniel Philbrick's Mayflower with MPL's Will Adamczyk.

Tuesday, Sept. 16

9:45AM Van trip departs for Boston by Foot Beacon Hill Tour

11AM Bocce

2PM Rich Travers presents "The Music of Kander and Ebb"

Kander and Ebb were a highly successful songwriting team consisting of John Kander and Fred Ebb. Known primarily for their stage musicals which include *Cabaret* and *Chicago*, Kander and Ebb also scored several movies, including the song "New York, New York". (Brush Hill Function Room)

3PM Brain Games with Susie (BL Activity Room))

Join friends and neighbors for brain teasers, word games, puzzles, and laughs!

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, Sept. 17

7:45AM PINE MEADOW TOURS DEPARTS FOR BLACKSTONE REVOLUTION TOUR

8AM Bike Club

10AM Cornhole at Blue Hill! Join us for this fun and friendly competition! (Blue Hill Activity Room or outside weather permitting)

12:45PM Chorus (Brush Hill Function Room)

2PM Catholic Mass (Brush Hill Function Room)

3PM Caring Committee (Brush Hill Library)

Jon us for a discussion about staying healthy and thriving as we age. All are welcome!

Thursday, Sept. 18

8AM Birdwatching with Jack Lash (Brush Hill Patio)

Join naturalist Jack Lash as he leads an interpretive walk around FV campus.

10:30AM Bible Study (Brush Hill Card Room)

Join us to study Scripture and discover guideposts for living a full life- All are welcome!

11AM Bocce (Brush Hill Bocce Court)

1:30PM Crafts with Cindy (Blue Hill Activity Room)

With fall colored felt strips, autumn printed fabrics and bright sunflowers, we will create a beautiful fall wreath to decorate your home.

2PM Bank of Canton Social Security/ Medicare Workshop

Join Bank of Canton experts who will help explain new Medicare and Social Security changes and answer your questions! (Brush Hill Function Room)

3PM Art Cart Party (Blue Hill Activity Room)

The art cart rolls out a fun, short lesson on collaging! Learn the art of cutting and pasting with new and exciting materials. Also stamping, card-making, painting, & coloring!

6:30PM Pub Night with The Mike Mosca Trio! (Brush Hill Function Room)

From Stevie Wonder to James Taylor, John Coltrane to Carole King, classic songs to original compositions...join The Moscas and traverse the styles, sounds, and genres of music with freedom and spontaneity. Snacks served at 6:30pm- music starts at 7PM.

Friday, Sept. 19 9AM Walking Club with Joey

10AM Van trip to Stop & Shop

1:15 Belly Dancing with Betty Tamer (Brush Hill Studio)

Join us to preactice this beautiful art form and see some of Betty's new moves!

Saturday, Sept. 20

11:30AM Brush Hill Café Open for Brunch

7PM Movie Night TBD (BR/BL)

Sunday, Sept. 21

9AM Pancake Breakfast

Join friends and neighbors for pancakes, sausages, coffee, tea and juice- all proceeds to benefit charity! (Brush Hill Function Room)

10:30AM Tech Help with Nik Kalra

Milton Academy student and tech wunderkind Nik helps with all sorts of tech questions! Sign up with Muriel for an appointment (617)361-7778.

7PM Music with the Barry Shapiro Orchestra

Join us for this special musical celebration of Rosh Hashanah- All are Welcome! (Brush Hill Function Room)

Notes from the Program Director

Fuller Village is pleased to announce that the Fuller Village Residents' Association's (FVRA) 2025 Community Fair, will be held on Saturday, October 18, 2025, from 10:00 am to 2:00 pm in the Brush Hill Function Room

Peg Riley, Ellen Dunn and their committees are eager to get started on the raffle baskets. They love assembling your donations and turning them into beautiful prizes. The Fair cochairs are ready to accept donations from anyone who wants to participate.

Jane McClellan at <u>bizziquilter@gmail.com</u> 617-697-3654 Karen Fortier at <u>karenefortier@yahoo.com</u> 617-953-8918 The AARP "Smart Driver" Driving Refresher Course will be held here at Fuller Village on Friday, Sept. 26th from 9:45AM-3:30PM (with a break for lunch at noon). This class will help you to refresh your driving skills and could save you money on auto insurance! AARP Smart Driver will focus on techniques for better handling left turns, right of way, and managing roundabouts, as well as providing proven methods to help reduce traffic violations and accidents. The fee for this class is \$20 for AARP members and \$25 for non-members, payable to the instructor at the beginning of the session. Please sign up with Muriel at (617) 361-7778 if you would like to reserve a seat!

Milton Academy student and HEAT (Helping Elderly Access technology) SQUAD leader Nik Kalra will be here on Sunday, Sept 21st from 10:30-11:30AM to help residents with technology issues. Please sign up with Muriel for an appointment.

Please be on the lookout for a small white plastic folding table that was removed from the flower decorating team's closet at Brush Hill. It belongs to a resident and the team needs it to help with their spectacular flower arranging efforts! Please speak with Susie if you know where it is! Thanks!

Blue Hill Bingo is still looking for a Bingo Caller for Bingo on Tuesdays! Please let me know if you could join the team for one Tuesday a month! Thanks!

Line Dancing is back! Join us in the BR studio on Thursdays at 12:30 for a hip-hop happenin' good time!

Join us for fantastic late summer trip to Boston's beautiful Beacon Hill Tuesday Sept. 16th! Explore the connection between architecture and politics on this Boston by Foot tour along the charming streets of Beacon Hill's South Slope while walking amongst this historic collection of Federal and Greek Revival row homes on the shaded streets of Beacon Hill. Get a peek into some of Beacon Hill's private gardens, and enjoy the early American architecture of Charles Bulfinch. After the tour there will be time to grab a sandwich or a snack on Charles Street. \$22 per person. Food is on your own. This walk is a 3/4 mile walk with hills. Weather looks good! Sign up with Muriel at (617) 361-7778.

Enjoy an early Fall visit to the Arnold Arboretum on Tuesday Sept. 23rd. This flat quarter-mile tour on paved and wood-chipped paths through the Explorers Garden features stories from the Arboretum's century of collecting plants from around the world. Please wear comfortable footwear and dress for the weather- tour happens rain or shine. \$14 per person. Sign up with Muriel (617) 361-7778.

There's something for everyone out there this Summer!- Susie

Save the Dates

9/22 10AM Forest Therapy with Jen-Please sign up with Jen

9/22 Shopping trip to Stop & Shop in Quincy

9/23 12PM Van trip to Arnold Arboretum- Explorers Tour

9/24 3:30PM Newcomer's Meeting (BR Café)

9/24 7PM History with Paolo (BR)

9/25 8AM Birdwatching with Jack Lash (BR Patio)

9/25 11:30AM Men's Lunch to Port 305 at Marina Bay

9/25 2PM Music Lovers with Judy Cobble (BL)

9/25 3PM Art Cart party (Blue Hill Activity Room)

9/25 7PM Brush Hill Bingo (BR)

9/26 9:45AM AARP Driving Course (BR)

9/26 2PM "Amazing Places" with Eric Spahl (BL)

9/26 7PM Music with Lenny Weiner (BL)

9/28 7PM Music with Michael Leidig (BR)

9/29 1PM Shopping trip to Trader Joes West Roxbury

9/30 11:30AM Women's Lunch to McGonagles

9/30 2PM Current Events with Professor Rick Brabander (BR)

9/30 3PM Brain Games with Susie (BR)

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SUN	MON	TUE	WED	THUR	FRI	SAT
Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 Music with Liam Manares Band (BR)	10:15 Chair Yoga w/ Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Van Trip to Wegman's 2:30 Knitters/ Handcrafters (BL) 3:00 Library Book Club (Brush Hill)	7:45 Fitness Center and Studio 9:00 Pickleball 9:45 Boston by Foot Beacon Hill Tour 10:30 Functional Fitness (BR) 11:00 Bocce (BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 2:00 Rich Travers (BR) 3:00 Brain Games with Susie (BL) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	8:00 Bike Club 10:00 Cornhole (BL) 10:00 Stop & Shop Van Trip 10:15 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:00 Catholic Mass (BR) 2:30 Aqua Fit with Crystal 3:00 Caring Committee (BR) 6:30 Bocce (BR) 7:00 Handcrafters (BR)	7:45 Fitness Center and Studio 8:00 Birdwatching (BR) 9:30 Pickleball with Marybeth 10:00 Towel Cardio (BR) 10:30 Bible Study (BR) 10:30 News & Coffee Chat (BL) 11:00 Core on the Floor (BR) 11:00 Bocce (BR) 12:00 Mobility & Stability (BL)	9:00 Walk Club w/ Joey (BR) 9:00 ASL Class (BR) 10:00 Aqua Fit with Crystal 10:00 Stop & Shop Van Trip 10:30 Chair Yoga w/ Carol (BL) 1:15 Belly Dancing w/ Betty Tamer (BR) 3:00 Rosary (BL) 3:00 Weekly Highlights Read Aloud (BR) 6:30 Cribbage (BR)	9:00 Pickleball 11:30 Brush Hill Cafe Open (BR) 2:00 Family Swim 7:00 Movie Night (BR/BL)
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September 2025







Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, September 15th

Spilt Pea Soup (GF) (V)
or Salad du Jour
Mustard Crusted Pork Loin (GF)
Cracker Crusted Haddock
Butternut Squash Risotto, Roasted Asparagus (GF)

Friday, September 19th

New England Chowder (GF)
or Salad du Jour
Pork Tips w/ Gravy (GF)
Seafood Casserole (GF)
Mashed Potatoes, Creamed Spinach (GF)

Tuesday, September 16th

Pasta Fagioli Soup (GF)
or Salad du Jour
Roast Beef (GF)
Pecan Crusted Salmon (GF)
Baked Sweet Potato, Collard Greens (GF)

Saturday, September 20th

Chicken Noodle Soup (GF)
or Salad du Jour
Spaghetti & Meatballs (GF)
Eggplant Parmesan (GF)
Spaghetti, Green Beans(GF)

Wednesday, September 17th

Cream of Mushroom Soup (GF) (V)
or Salad du Jour
Chicken Teriyaki (GF)
Shrimp Stir-fry (GF)
Fried Rice, Broccoli (GF)

Sunday, September 21st

Beef Vegetable Soup(GF)
or Salad du Jour
Herb Roast Turkey (GF)
Lemon Baked Cod(GF)
Steak Fries, Chef's Medley (GF)

Thursday, September 18th

Broccoli Cheddar Soup (GF)
or Salad du Jour
Beef Tips w/ Mushroom Sauce (GF)
Baked Stuffed Sole (GF)
Roasted Potato Wedges, Yellow Squash (GF)

Weekly Dessert Specials

Blueberry Crisp Pumpkin Pie Chocolate Cake Oatmeal Cookies Snickerdoodle Cookies Chocolate Torte (GF)



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request

Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad ask about our selection of house made dressings *

Weekly Special ... 7.00

Chicken Pesto Flat Bread

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée, Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00 (V)

* Roast Beef Cheddar

Roast Beef, Cheddar Cheese, Lettuce, Tomato, Red Onion, Horseradish Mayo

Salad Special...12.00 (GF)

Cobb Salad

With Romaine, Cucumber, Tomato, Red Onion, Bacon, Hardboiled Egg, Avocado add Grilled Chicken...5.00 add Tuna or Chicken Salad...5.00 add Grilled Salmon...7.00

Veggie Special of the Week... 15.00 (V)

Tortellini, Sauteed Spinach w/ Marinara Served with Side Salad

*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion

*Impossible Burger...15.00

On a Toasted Brioche Bun with Lettuce, Tomato and Onion

Lighter Fare...10.00 (V

Large Garden Salad
Served with Roll and Butter
add Grilled Chicken...5.00
add Tuna or Chicken Salad...5.00
add Grilled Salmon...7.00

Veggie Special of the Month. 15.00

Vegetable Cheese Omelet Served with Side Salad

DESSERTS

a la carte...4.00

Cookie of the Day...3.00 Fresh Fruit Cup...5.00 Sugar-Free Jell-O...3.00 Ice Cream...3.00

Fuller Village

BEVERAGES

Coke / Diet Coke Ginger Ale/ Diet Ginger Ale V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. *These items may be served raw or undercooked.

*Made gluten-free upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, SEPTEMBER 15th

Monte Carlo w/ Onion Rings

Pan-fried Sandwich w/ Ham & Swiss Cheese Layered Between Slices of Savory French Toast.

TUESDAY, SEPTEMBER 16th

Chicken Quesadilla w/ Guacamole

Grilled Chicken, & Cheddar Cheese Folded into Grilled Tortilla

WEDNESDAY, SEPTEMBER 17th

Grilled Vegetable Wrap

Roasted Red Peppers, Grilled Zucchini, Yellow Squash, Tomato w/ American Cheese

THURSDAY, SEPTEMBER 18th

Chicken Pesto Flatbread

Chicken, Pesto, & Mozzarella Cheese on Flatbread w/ Side Salad

FRIDAY, SEPTEMBER 19th

Seafood Cakes

Seafood Cakes Served over a Side Salad

Gluten Free (GF), Vegetarian (V), Low Sodium (LS) Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

