

## **Weekend Highlights: Friday 9/19- Sunday 9/21**

**See what's happening this weekend!**

### **Friday, Sept. 19**

**9AM Walking Club with Joey**

**10AM Van trip to Stop & Shop**

**1:15PM Belly Dancing with Betty Tamer (Brush Hill Studio)**

Join us to practice this beautiful art form and see some of Betty's new moves!

### **Saturday, Sept. 20**

**11:30AM Brush Hill Café Open for Brunch**

**7PM Movie Night**

***"Dancing Queens"* starring Claes Malmberg, Rakel Warmlander, and Mattias Nordkvist-** The story of Dylan Petersson, a 23 year old girl from a small island in the Swedish archipelago with big dancing aspirations. **(BR/BL)**

### **Sunday, Sept. 21**

**9AM Pancake Breakfast**

Join friends and neighbors for pancakes, sausages, coffee, tea and juice- all proceeds to benefit charity! **(Brush Hill Function Room)**

**10:30AM Tech Help with Nik Kalra- FULL**

Milton Academy student and tech wunderkind Nik helps with all sorts of tech questions! Sign up with Muriel for an appointment (617)361-7778.

**7PM Music with the Barry Shapiro Orchestra**

Join us for this special musical celebration of Rosh Hashanah-this is fun happy music- a great time for everyone! All are Welcome! **(Brush Hill Function Room)**

## **Weekly Highlights: Monday 9/22– Sunday 9/28**

**Look out for these special events and offerings next week!**

### **Monday, Sept.22**

**10AM Forest Therapy with Jen- Sign up with Jen**

**1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)**

**1PM Van Trip to Stop & Shop Quincy- Sign up with Muriel (617) 361-7778.**

**2:30 PM Knitters/Handcrafters (Blue Hill Library)**

**Tuesday, Sept. 23**

**11AM Bocce**

**12PM Trip to Arnold Arboretum has been cancelled.**

**1PM Meditation with Andy Kelley (Blue Hill Activity Room)**

**7PM Blue Hill Bingo (Blue Hill Activity Room)**

**7PM Men's Poker Club (Brush Hill Function Room)**

**Wednesday, Sept. 24**

**8AM Bike Club**

**10AM Cornhole at Blue Hill** Join us for this fun and friendly competition!  
**(Blue Hill Activity Room or outside weather permitting)**

**12:45PM Chorus (BR Function Room)**

**3:30PM Newcomer's Meeting (Brush Hill Café)**

Calling all newcomers! Join us for an informative and fun meeting with Executive Director Molly Welch and resident Marty Allen- bring your questions!

**7PM History with Paolo (Brush Hill Function Room)**

**"The Fall of the Roman Republic: Civil War, Discord, and the Birth of Empire"**

With the end of the Punic Wars in the second century BCE, Rome dominated the Western Mediterranean, and was poised to expand eastward. Yet, the tremendous growth of Roman power caused social turmoil in Rome itself. The result was civil war, dictatorship, and the eventual collapse of the Roman Republic. This lecture will look at the forces that caused the transformation from Roman Republic to Roman Empire.

**Thursday, Sept. 25**

**8AM Birdwatching with Jack Lash (Brush Hill Patio)**

Join naturalist Jack Lash as he leads an interpretive walk around FV campus.

**11AM Bocce (Brush Hill Bocce Court)**

**11:30AM Men's Lunch to Port 305 in Quincy**

**2PM Music Lovers – Come and enjoy “Jazz Pianists with Judy”! (Blue Hill Activity Room)**

**3PM Art Cart Party (Brush Hill Function Room)**

The art cart rolls out the fun with stamping, card-making, painting, & coloring!

**7PM Brush Hill Bingo**

Come on down and win big bucks at Brush Hill Bingo! **(Brush Hill Function Room)**

**Friday, Sept. 26**

**9AM Walking Club with Joey**

**10AM Van trip to Stop & Shop**

**9:45AM AARP Driving Refresher Class (Classroom course)**

Learn techniques for handling left turns, right of way and roundabouts, as well as reducing traffic violations, crashes and risks of injury. **Check with your agent-**

**Completing this course could save you money on your car insurance- and make you a better, safer driver!** \$20 for AARP members/ \$25 for non-members.

Sign up with Muriel (617) 361-7778.

**2PM “Amazing Places” with Eric Spahl**

Stonehenge, Pompeii, The Amazon, even Disneyworld- Join Eric Spahl for fascinating facts about amazing places! **(Blue Hill Activity Room)**

**7PM Music with Lenny Weiner (Blue Hill Activity Room)**

Lenny loves singing all genres of music from Frank Sinatra to Elvis and lots of tunes from the 50's, 60's, & 70's. Come sing along with Lenny!

**Saturday, Sept. 27**

**11:30AM Brush Hill Café Open for Brunch**

**7PM Movie Night TBD (BR/BL)**

**Sunday, Sept. 28**

**7PM Music with Michael Leidig**

Join Micahel for classic piano mashups of Fall Favorites! **(Brush Hill Function Room)**

## Notes from the Program Director

**Bakers are Needed for the 2025 Fuller Village Community Fair! Saturday, Oct. 18<sup>th</sup>, 2025.** If you bake, please consider making a batch of cookies or brownies, cupcakes or muffins, breads, pies, cakes, etc. for the BAKE TABLE at the Fuller Village Community Fair. Please reach out to Anne Segal (781)799-9633 and she will put your name on our list. Drop off will be Fri. Oct. 17<sup>th</sup> in the BR Function Room.

### **Calling all ARTISTS!**

Everyone has been SUPER creative this spring and summer, learning new skills and producing awesome works of art! (Thanks Art Cart crew!) **If you have a piece that you would like to show off, please set it aside and we will be displaying NEW resident artwork in the Brush and Blue Hill art hallways in the upcoming weeks.** Stay tuned for more details!

**Birdwatching at Fuller! Join naturalist Jack Lash on 9/25 and 10/2 at 8AM for outdoor adventures in birdwatching! We will meet at Brush Hill on the back patio.**

**Attention Newcomers! The newcomers dinner with Marty Allen is Wed. Oct. 15<sup>th</sup> at 5:30PM. Please connect with Marty (617)312-8058 or [martyallentours@gmail.com](mailto:martyallentours@gmail.com) to reserve your space!**

**AARP Driving Refresher Course- Fri. Sept 26<sup>th</sup> 9:45AM-3PM (with a break for lunch) Right here at Fuller Village! Don't miss this chance to become a better driver and possibly save money on your car insurance! \$20 AARO members/ \$25 non-members. Sign up with Muriel.**

**Please note: The Shopping trip to Trader Joes on Sept 29<sup>th</sup> is cancelled.**

**Please be on the lookout** for a small white plastic folding table that was removed from the flower decorating team's closet at Brush Hill. It belongs to a resident and the team needs it to help with their spectacular flower arranging efforts! Please speak with Susie if you know where it is! Thanks!

**Curry Nursing Volunteers are need for this semester. Please see schedules and simulation scenario printouts at the BR/BLfront desks and reach out to Susie to sign up for this important communityoutreach effort!**

There's something for everyone out there this *Fall!* *Susie*

## **Save the Dates**

**9/30 11:30AM Women's Lunch to McGonagles**

**9/30 2PM Current Events with Professor Rick Brabander (BR)**

**9/30 3PM Brain Games with Susie (BR)**

**10/1 2PM Catholic Mass (BL)**

**10/2 1PM Van trip to the Menino Art Center**

**10/2 2PM BIDMC Doctor Talk (BL)**

**10/3 1PM Music with Rich Travers (BL)**

**10/3 7PM Music with Alan and Linda Pearlmutter (BL)**

**10/5 7PM Music with Emil Altschuler**

**10/6 7PM Singo (BR)**

**10/7 2PM Music with Rich Travers (BR)**

**10/9 2PM "The Life and Times of Elvis Presley" with Judie Magidson (BL)**

**10/9 7PM History with Paolo (BL)**

**10/10 Author Talk with Jane Healy (BR)**

**10/10 Music with Ethan Stone (BL)**

**10/12 7PM Music with David Won (BR)**

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>9:00 Pancake Breakfast (BR)</b> 11:30 1-on-1 Tech Help with Nik Kalra (BR) 2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) <b>7:00 Music with The Barry Shapiro Orchestra (BR)</b>	<b>10:00 Forest Therapy</b> 10:15 Chair Yoga w/ Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) <b>1:00 Van Trip to Stop &amp; Shop in Quincy</b> 2:00 Opera on Demand (BL) 2:30 Knitters/ Handcrafters (BL)	7:45 Fitness Center and Studio <b>9:00 Pickleball</b> 10:30 Functional Fitness (BR) 11:00 Bocce (BR) 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	8:00 Bike Club 10:00 Cornhole (BL) 10:00 Stop & Shop Van Trip 10:15 Mobility & Stability (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit with Crystal 6:30 Bocce (BR) 7:00 Handcrafters (BR) <b>7:00 History with Paolo (BR)</b>	7:45 Fitness Center and Studio <b>8:00 Birdwatching (BR)</b> 9:30 Pickleball with Marybeth 10:00 Towel Cardio (BR) 10:30 News & Coffee Chat (BL) 11:00 Core on the Floor (BR) 11:00 Bocce (BR) <b>11:30 Men's Lunch Port 305</b> 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) <b>2:00 Music Lovers (BL)</b> 2:00 NeedlePoint (BR) <b>3:00 Art Cart Party (BR)</b> 4:30 Blue Hill Book Club (BL) <b>7:00 Brush Hill Bingo (BR)</b>	9:00 Walk Club w/ Joey (BR) 9:00 ASL Class (BR) <b>9:45 AARP Driving Refresher Class (BR)</b> 10:00 Stop & Shop Van Trip 10:30 Chair Yoga w/ Carol (BL) <b>2:00 "Amazing Places" Eric Spahl (BL)</b> 3:00 Rosary (BL) 3:00 Weekly Highlights Read Aloud (BR) 6:30 Cribbage (BR) <b>7:00 Music with Lenny Weiner (BL)</b>	9:00 Pickleball 11:30 Brush Hill Cafe Open (BR) 2:00 Family Swim 7:00 Movie Night (BR/BL)



# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, September 22<sup>nd</sup>

Matzo Ball Soup  
or Salad du Jour  
Onion Braised Brisket (GF)  
Cranberry Orange Glazed Salmon (GF)  
Jeweled Rice, Carrot Tzimmes (GF)

### Friday, September 26<sup>th</sup>

New England Chowder (GF)  
or Salad du Jour  
Herb Turkey w/ Cranberry Sauce (GF)  
Blackened Tilapia (GF)  
Mashed Potatoes, Brussels Sprouts (GF)

### Tuesday, September 23<sup>rd</sup>

Butternut Squash Soup (GF)  
or Salad du Jour  
Braised Chicken (GF)  
Sauteed Shrimp (GF)  
Roasted Root Vegetables, Potato Wedges (GF)

### Saturday, September 27<sup>th</sup>

Beef Noodle Soup (GF)  
or Salad du Jour  
Orange Chicken (GF)  
Garlic Ginger Sole (GF)  
Asian Noodle Salad, Steamed Broccoli (GF)

### Wednesday, September 24<sup>th</sup>

White Bean Florentine Soup (GF)  
or Salad du Jour  
Maple Roast Pork Loin (GF)  
Crab Cakes (GF)  
Mushroom Risotto, Roasted Asparagus (GF)

### Sunday, September 28<sup>th</sup>

Cream of Spinach Soup (GF)  
or Salad du Jour  
Steak Diane (GF)  
Seared Trout (GF)  
Sweet Potato Mashed, Chef's Medley (GF)

### Thursday, September 25<sup>th</sup>

Vegetable Chowder (GF) (V)  
or Salad du Jour  
Veal Parmesan  
White Wine Garlic Mussels (GF)  
Spaghetti, Green Beans (GF)

### Weekly Dessert Specials

Apple Pie  
Orange Vanilla Frosted Cake  
Chocolate Walnut Brownies  
Coconut Key Lime Cookies  
Peanut Butter Cookies  
Chocolate Torte (GF)



### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

\*Made gluten-free upon request



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad  
ask about our selection of house made dressings \*

## Weekly Special ... 7.00

**Chicken Lemon Grass Dumplings w/ Sweet Chili Sauce**

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

**Baked Haddock...21.95 (GF)**

Baked with Buttered GF Crumbs

**Sandwich Special...14.00**

**\* Italian Ciabatta**

Ham, Salami, Pepperoni, Lettuce, Tomato, Red  
Onion, Provolone

**Salad Special...12.00 (GF)**

**Spinach Pecan Goat Cheese Salad**

With Spinach, Toasted Pecans, Mandarin  
Oranges, Goat Cheese, Red Onion, & Craisins

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

**add Grilled Salmon...7.00**

**Veggie Special of the Week... 15.00 (V)**

**Ravioli w/ Spinach & Mushroom Alfredo**

Served with Side Salad

**\*Hamburger/Cheeseburger...13.00**

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

**\*Impossible Burger...15.00 (V)**

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

**Lighter Fare...10.00 (V)**

Large Garden Salad  
Served with Roll and Butter

**add Grilled Chicken...5.00**

**add Tuna or Chicken Salad...5.00**

**add Grilled Salmon...7.00**

**Veggie Special of the Month... 15.00 (V)**

**Vegetable Cheese Omelet**

Served with Side Salad

## DESSERTS

a la carte...4.00

Cookies of the Week...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne  
illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked.

**\*Made gluten-free upon request.**



# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

**MONDAY, SEPTEMBER 22<sup>nd</sup>**

### **Muffaletta w/ Sweet Potato Fries**

Grilled Ciabatta, w/ Ham, Salami, Provolone Cheese, & Olive Relish Spread

**TUESDAY, SEPTEMBER 23<sup>rd</sup>**

### **Grilled Chicken Autumn Cobb Salad**

Grilled Chicken, Mixed Greens, Butternut Squash, Bacon, Hardboiled Eggs, Red Onion, & Cheddar Cheese

**WEDNESDAY, SEPTEMBER 24<sup>th</sup>**

### **Roast Beef Wrap**

Roast Beef, Cheddar Cheese, Red Onion, Romaine Lettuce, Horseradish Mayo

**THURSDAY, SEPTEMBER 25<sup>th</sup>**

### **Sausage Pepper Onion Goat Cheese Flatbread**

Grilled Sliced Sausage, Sauteed Onions & Peppers Over a Spread of Goat Cheese on Flatbread w/ Side Salad

**FRIDAY, SEPTEMBER 26<sup>th</sup>**

### **Fish & Chips**

Beer Battered Fish w/ French Fries, Tarter Sauce & Coleslaw

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

*Fuller Village*  
in Milton  
— LIVE A FULLER LIFE —



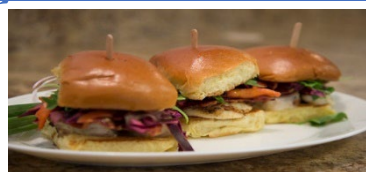
LOUNGE NIGHT WEDNESDAYS  
~RESERVATIONS ONLY~  
5:30 PM IN THE GORDON HOUSE LOUNGE

Wednesday, October 8<sup>th</sup> at 5:30 pm



Two Crab Cakes with Lemon Garlic Aioli  
Garden Salad with White Balsamic  
Vinaigrette Dressing  
Ice Cream Sundae

Wednesday, October 22<sup>nd</sup> at 5:30 pm



Slider Trio – BBQ Beef Slider, Chicken Slider,  
Fishcake Slider with Pineapple Slaw  
Apple Cobbler

\$19.95 PER PERSON (Alcohol & Tax not included)

-Delivery and Take Out are not offered-

Please call Joey to make your reservation at 617-361-3231  
starting on Monday, September 22<sup>nd</sup>

-Reservations are limited and cancellations will be charged-  
(Fixed Menu/No Substitutions)