

Weekend Highlights: Friday 10/24- Sunday 10/26

See what's happening this weekend!

Friday, Oct. 24th

10AM Van trip to Stop & Shop

10:30AM NEW!!! Mah Jongg for Beginners with Annie MacDonough

1PM “Sustainable Milton and Article 4- Setting Climate Goals for Milton” with Alex Hasha, Brush Hill Activity Room

3PM Rosary (Blue Hill Multipurpose Room)

All are welcome- Please join us!

3PM Weekly Highlights Read Aloud (Brush Hill Library)

7PM Music with Chris Carter

Chris plays fun guitar tunes to put you in a weekend mood! (Blue Hill Activity Room)

Saturday, Oct. 25th

11:30AM Brush Hill Café Open for Brunch

7PM Movie Night (BR/BL)

***“The Lincoln Lawyer”* starring Matthew McConaughey, Marisa Tomei & Ryan Phillippe**
Defense lawyer Mick Haller lands a case defending a wealthy realtor's son who is accused of raping a prostitute. Believing his client to be innocent, Haller soon finds evidence that proves otherwise. **(BR/BL)**

Sunday, Oct. 26th

7PM Dueling Pianos with Adam Bergeron and Ethan Stone

Don't miss this incredible demonstration of musical talent! These friends and piano artists have traveled the world making music from classical to jazz, performing as soloists and with dozens of bands and ensembles before enthralled audiences. Tonight they battle it out for your entertainment- and bragging rights! (Brush Hill Function Room)

Weekly Highlights: Monday 10/27– Sunday 11/2

Look out for these special events and offerings next week!

Monday, Oct. 27th

1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)

1PM Shopping trip to Trader Joes. Sign up with Muriel (617) 361-7778.

2:30 PM Knitters/Handcrafters (Blue Hill Library)

3PM Open Enrollment Options for People Losing BCBS or Other Advantage Plans

Join us for a Q&A session with friendly & knowledgeable (retired) SHINE counselor Jane McClellan! Jane can help you understand your options, review other Advantage plans with Blue Cross, Tufts, United, etc., explain why some PCs are refusing to accept Blue Cross, and answer your questions. **(Brush Hill Function Room)**

Tuesday, Oct. 28th

10AM Van trip to Boston's Museum of Science. Sign up with Muriel (617) 361-7778.

2PM "Seeing Public Monuments in a New Light" with Susan Wilson

Historian and author Susan Wilson explores important questions around the creation and maintenance of public monuments: Who are the heroes of any given era? How are honored statuary subjects chosen? What messages do they relay and whose voices are they representing? And what happens when they are deemed offensive or obsolete? Come and explore these and other fascinating questions! **(Brush Hill Function Room)**

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, Oct. 29th

10AM Cornhole at Blue Hill Join us for this fun and friendly competition! **(Blue Hill Activity Room or outside weather permitting)**

10AM Shopping trip to Stop & Shop. Sign up with Muriel (617) 361-7778.

10:30AM Fuller Village Fitness Offerings- An Overview with FV Fitness Director Jen DeLeonardis (BR)

12:45PM Chorus (BR Function Room)

7PM WEDNESDAY NIGHT- BRUSH HILL BINGO!

Come on down and win big on Wednesday! **(Brush Hill Function Room)**

Thursday, Oct. 30th

10:30AM Bible Study (BR Card Room)

11:30AM Men's Lunch Trip to Molinari's

12:30PM Line Dancing with Jean (BR Studio)

4:30PM Blue Hill Book Club (Blue Hill Coffee Room)

7PM "Spirited" with The Greater Boston Paranormal Society (BR Function Room)

The Greater Boston Paranormal Society is a group of individuals (believers and skeptics alike) who share an interest in the paranormal and have had the opportunity to investigate and observe numerous unexplainable phenomena in sites all over New England. These "ghost hunters" will share with us some of their most exciting and unusual discoveries.

Friday, Oct. 31st

10AM Van trip to Stop & Shop

3PM Rosary (BL Multipurpose Room)

All are welcome- please join us!

5:30 Halloween Lounge Night (Blue Hill Lounge)

Saturday, Nov. 1st

11:30AM Brush Hill Café Open for Brunch

2:30 Art Cart Party (Brush Hill Café)

7PM Movie Night TBD (BR/BL)

Sunday, Nov. 2nd

7PM Music with Will McMillan and Molly Ruggles

This talented duo will perform all your favorite songs by Burt Bacharach – “That’s What Friends Are For”, “Walk On By”, “Raindrops Keep Falling On My Head” and many others! **(Brush Hill Function Room)**

Notes from the Program Director

Coming in November: Creative Writing Class with Kathleen Olesky. Kathleen Olesky (MA, MFA) is a certified Amherst Writers & Artists (AWA) affiliate with more than 20 years of experience leading writing workshops. She trained in 2004 with Pat Schneider, founder of AWA and author of *Writing Alone and With Others*. A former chair of the AWA board of directors, Kathleen has spent over a decade leading trainings for new workshop leaders. She currently offers workshops for adults fostering a supportive and creative space where every voice is valued. Her poetry has appeared in *Peregrine*, and her nonfiction is featured in *The Buddha’s Apprentices* and the national publication *Living Buddhism*. **Kathleen will offer her “Managing Your Muse” workshop for six sessions (Nov. 6th, 13th, 20th and Dec. 4th, 11th and 18th from 1:30-3PM).** This workshop, based on the Amherst Writers & Artists method, will help you unlock your creativity and embrace your unique voice and creative genius in a supportive, non-critical environment. Write freely from prompts or your own inspiration and receive constructive responses that will nurture your artistic growth. No matter your previous writing experience or preferred genre, this is a space where your writing is celebrated and your craft can flourish. Limited to 8 participants- sign up with Muriel beginning Oct. 30th. \$40 per person will be charged to your account.

NEW!!! LUNCH AND THEATRE TRIP!

The Norwood Theatre is offering a Lunch and Theatre Combo Package on **Wed. Nov. 12th** which includes a special luncheon (Chicken d’jour, rice or potatoes, vegetables, salad, dessert, tea or coffee and dessert- ***tax and tip included***) at a local Norwood restaurant and a matinee performance of “Ghost: The Musical.” The show is adapted from the hit film starring Patrick Swayze and Whoopi Goldberg, written by Academy Award-winning screenwriter Bruce Joel Rubin. The show is a poignant romance that builds comedy, suspense and deeply felt emotion to an ethereal climax that audiences will never forget. Please see flyer for full description. **Cost is \$60 per person- SIGN UP WITH SUSIE STARTING MONDAY OCT. 27th at 9AM. I need to have a headcount count by Friday, Oct. 31st. Van will leave 11AM and return approx. 4PM.**

A new series of four Mah Jong classes for beginners will start on Friday Nov. 7th at 10:30AM with 4 “newbies.” Folks who have already taken Annie’s class are welcome to join us to play at this time as well. We will offer another class in December so that anyone who wants to learn can get a spot at the Mah Jongg table!

There’s something for everyone out there this *Fall!* *Susie*

Save the Dates

11/3 10AM Forest Therapy with Jen

11/3 1PM Van trip to Cobb's Corner

11/4 9:30AM Van trip to the Polls

11/4 11:30AM Van trip to "American Ancestor's Exhibit" (rescheduled from 10/23)

11/5 2PM Catholic Mass

11/5 3PM Pie Making Workshop with Susie (BR Café)

11/6 9AM Van trip to the BSO

11/6 1:30PM Writing Workshop with Kathleen Olesky

11/6 3PM "Your Latest Read" (BR)

11/6 7PM Game Night (BR)

11/7 11AM Milton High School Fall Show Preview "Frozen" (BR)

11/7 12PM The Poetry of Emily Dickinson with Professor Larry Lowenthal (BL)

11/7 1PM Music with Rich Travers (BL)

11/7 2PM Art Reception featuring the Paintings of Rasma Dos (BL)

11/7 7PM Music with Heather Lynn (BL)

11/9 9AM Pancake Breakfast (BR)

11/9 7PM Music with The Justin Meyer Trio (BR)

11/12 11AM "Ghost" The Musical Lunch & Theatre trip

SUN	MON	TUE	WED	THUR	FRI	SAT
1:00 Open Swim 26 2:00 Resident and Guest Swim 2:30 Blue Hill Bridge (BL) 7:00 Dueling Pianos with Adam Bergeron and Ethan Stone (BR)	10:15 Chair Yoga w/ Carol (BL) 27 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Bridge (BR) 1:00 Van Trip to Trader Joe's at Patriot Place 2:30 Knitters/ Handcrafters (BL)	9:00 Pickleball 28 10:00 Van Trip to Boston Museum of Science 10:30 Functional Fitness (BR) 11:00 Bocce (BR) 12:00 Back to Basics (BL) 1:00 Current Events w/ Prof. Brabander (BR) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 2:00 "Public Monuments in a New Light" with Susan Wilson (BR) 4:00 Restorative Yoga (BR) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Cornhole (BL) 29 10:00 Stop & Shop Van Trip 10:15 Mobility & Stability (BR) 10:30 Fitness Offerings w/ Jen (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:30 Aqua Fit with Crystal 7:00 Handcrafters (BR) 7:00 Brush Hill Bingo (BR)	10:00 Towel Cardio (BR) 30 10:30 Bible Study (BR) 10:30 News & Coffee Chat (BL) 11:00 Adult Swim Lessons 11:00 Core on the Floor (BR) 11:30 Men's Lunch to Molinari's 12:00 Mobility & Stability (BL) 12:30 Line Dancing with Jean (BR) 2:00 NeedlePoint (BR) 4:30 Blue Hill Book Club (BL) 7:00 "Spirited" with The Greater Boston Paranormal Society (BR)	Halloween 31 10:00 Aqua Fit with Crystal 10:00 Stop & Shop Van Trip 10:30 Chair Yoga w/ Carol (BL) 3:00 Rosary (BL) 3:00 Weekly Highlights Read Aloud (BR) 5:30 Halloween Lounge Night (BL) 6:30 Cribbage (BR)	2:30 Art Cart Party BR Cafe

October 2025

If you need transportation between campuses please call 617-361-7778

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, October 27th

Butternut Squash Apple Bisque (GF) (V)
or Salad du Jour
Honey Dijon Pork Tenderloin (GF)
Seafood Cakes
Mushroom Rice Pilaf, Broccoli (GF)

Friday, October 31st

New England Clam Chowder (GF)
or Salad du Jour
BBQ Ribs (GF)
Cranberry Glazed Salmon (GF)
Pumpkin Risotto, Garlic Butter Peas (GF)

Tuesday, October 28th

Roast Vegetable Soup (GF) (V)
or Salad du Jour
Roast Beef (GF)
Lemon Garlic Shrimp Skewers (GF)
Au Gratin Potatoes, Sautéed Spinach (GF)

Saturday, November 1st

Chicken & Rice Soup (GF)
or Salad du Jour
Shepherd's Pie (GF)
Manicotti w/ Marinara (V)
Sautéed Yellow Green Squash (GF)

Wednesday, October 29th

Broccoli Cheddar Soup (GF)
or Salad du Jour
Chicken Marsala (GF)
Blackened Tilapia (GF)
Mashed Potatoes, Green Beans (GF)

Sunday, November 2nd

Split Pea Soup (GF)
or Salad du Jour
Chicken Pot Pie
Pan Fried Catfish (GF)
Oven Roasted Potatoes, Carrot Vichy (GF)

Thursday, October 30th

Beef Noodle Soup*
or Salad du Jour
Rosemary Turkey (GF)
Seared Trout (GF)
Farro, Roasted Butternut Squash (GF)

Weekly Dessert Specials

Lemon Glazed Pound Cake
Orange Blueberry Cake
Apple Pie
Peanut Butter Cookies
Peppermint Chocolate Cookies
Chocolate Torte (GF)



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request

Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Eggplant Parmesan Sliders

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

* Baked Haddock...21.95 (GF)

Baked with Buttered Ritz Cracker Crumb

Sandwich Special...14.00

* Chicken Roasted Red Pepper Ciabatta

Grilled Chicken, Roasted Red Peppers, Red Onion, Provolone Cheese

Salad Special...12.00 (GF)

Greek Salad

Romaine, Tomato, Cucumber, Red Onion, Kalamata Olive, Feta Cheese, w/ Greek Dressing

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

Veggie Special of the Week... 15.00 (V)

Butternut Squash Ravioli w/ Cream Sauce

Served with Side Salad

*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with Lettuce, Tomato, and Onion

*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad

Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

Veggie Special of the Month... 15.00 (V)

Vegetable Quiche

Served with Side Salad

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

*Made gluten-free upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, OCTOBER 27th

Roast Beef Cheddar Club

Roast Beef, Bacon, Lettuce, Tomato, Red Onion, Horseradish
Mayo on White Bread

TUESDAY, OCTOBER 28th

Spinach Roasted Butternut Squash Salad

Spinach Roasted Butternut Squash, Red Onion, Dried
Cranberries, Goat Cheese

WEDNESDAY, OCTOBER 29th

Miso Salmon w/ Soba Noodles

Seared Miso Salmon w/ Soba Noodles

THURSDAY, OCTOBER 30th

Gorgonzola Pear Flatbread w/ Side Salad

Gorgonzola Cheese, Sliced Pear, Balsamic Glaze Flatbread w/
Side Salad

FRIDAY, OCTOBER 31st

Chicken Caprese Panini on Focaccia

Grilled Chicken, Mozzarella Cheese, Tomato, Basil, on Focaccia

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

Fuller Village
in Milton
— LIVE A FULLER LIFE —



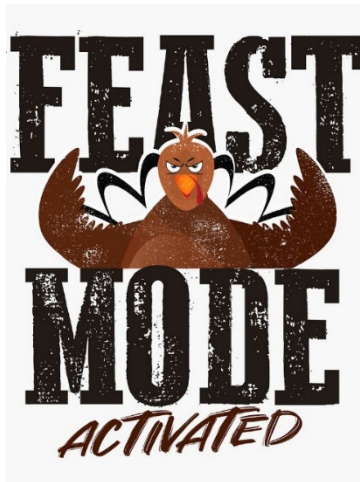
THANK YOU to every resident who volunteered or donated to our annual Community Fair. It takes a village to produce a successful fair, and there is no village better than Fuller Village! We made lots of money for the Residents Association and we had a great time doing it. We joined together as we always do for a fabulous annual event and put money in the bank to fund our programs for the year ahead. Steve Golas, our treasurer has reported the following breakdown of revenue which we all like to see.

Baking	2,148.00
Knitting and Sewing	1,844.00
Jewelry	813.50
Buy it Now	945.00
Bizziquilter	384.00
Vendor Fees	300.00
Business Donations	<u>11,850.00</u>
	25,019.50

73 residents volunteered to make our Fair a success. Of the 45 raffles, half of the winners (23) were Fuller Village Residents. Thank you again for helping to make the 2025 Fair a success.

Proceed from the Community Fair go to support the following programs here at Fuller Village:

Library Books	Father Bill's Place	Pancake Breakfasts
Fuller Voices Newsletter	Singo	Netflix
Pizza Party & Tea Party	Music Performances	Staff Appreciation Breakfast
Resident Directory	Coffee Hours	Italian Night, BBQ Night, Chinese
Milton Times Subscription	Staff Gifts	Milton Food Pantry Contributions
Newcomers Gatherings	MFHC Benevolent Fund Gifts	Milton Residents Fund Contributions



November 2025 Fitness & Aquatics Update

This month's Forest Therapy Excursion is Monday, November 3rd at 10am! There are 5 spots still available. If you're interested in going, please call me as soon as possible. We will gently explore the natural environment of the Eustis Estate, right down the road. Participants must provide their own transportation (or carpooling is great!) to the location. Participants must also be able to walk, unassisted over uneven terrain and be comfortable outdoors for about 1.5 hours. Sign ups are required for this outing, please call or email Jen to do so (email/phone number listed below).

Mindful Mandala Making will be held on Wednesday, November 12th at 10am in the Card Room of Brush Hill. All are welcome, but spaces are limited. Please call me to sign up to reserve your spot!

Adult Swim Lessons will return on Thursday, November 6th @ 11am. Angel is excited to welcome all levels of swimmers to the water! If you have questions, please feel free to stop into the pool and ask him.

Angel will also be offering an additional Aqua Fit class starting on Monday, November 17th @ 10am! You can now splash your way to health three times a week!

Family Swim hours have been extended to Saturdays from 2-6pm

Due to new the new carpet installation schedule in the Function Room at Brush Hill, NO Functional Fitness on Tuesday, November 25th. Thank you for your understanding!

As a reminder, new residents must have a waiver on file in the Fitness Center before participating in classes, using the pool, or any of the Fitness Center equipment. Please see Jen for a copy.

If you are a new resident and have questions about the Fitness Center, Fitness Classes, Pool Activities, or anything fitness-related, please give me a call or email to discuss.

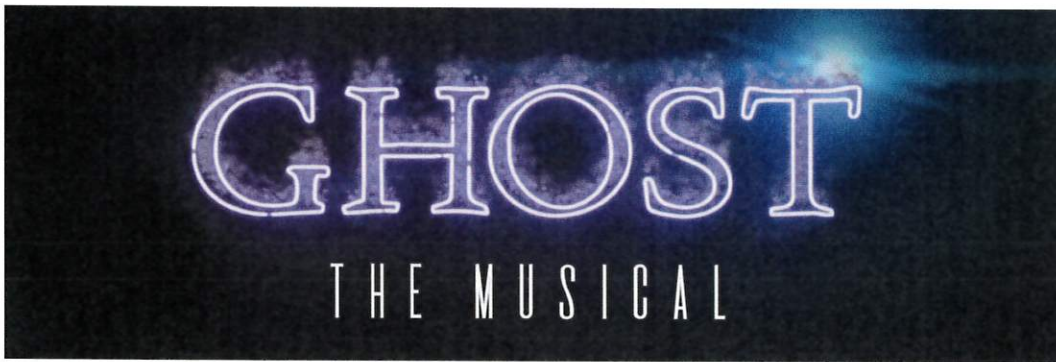
I can be reached at 617.361.7196 / jdeleonardis@fullervillage.org



LUNCH & THEATRE COMBO PACKAGE

The Norwood Theatre is proud to offer another Lunch & Theatre combo package for a special performance of **GHOST: THE MUSICAL**.

The Combo package includes a meal of chicken, potatoes or rice, small salad, vegetable, dessert, and coffee or tea at a neighboring restaurant.



Adapted from the hit film by its Academy Award-winning screenwriter, Bruce Joel Rubin, **GHOST: THE MUSICAL** follows Sam and Molly, a young couple whose connection takes a shocking turn after Sam's untimely death. The bond of love transcends the boundaries of life itself to grow stronger and more fully realized. Trapped between two worlds, Sam refuses to leave Molly when he learns she is in grave danger. Desperate to communicate with her, he turns to a storefront psychic, Oda Mae Brown, who helps him protect Molly and avenge his death. **GHOST THE MUSICAL** is a poignant romance that builds comedy, suspense, and deeply felt emotion to an ethereal climax that audiences will never forget.

WHAT TO KNOW:

LOCATION: The Norwood Theatre~109 Central St., Norwood

DATE: Wednesday, November 12th, 2025

TIME: Lunch: 12p-1p • Performance: 1:30p-approximately 4p

COST: \$60. per person (excludes transportation)

Please see your Activities Coordinator for more information.
Reservations are made on a first come, first served basis.