

Weekend Highlights: Friday 11/28- Sunday 11/30

See what's happening this weekend!

Friday, Nov.28th

Staff Offices and Café are closed

3PM Rosary (BL Multipurpose Room)

All are welcome- please join us!

3PM Highlights Read Aloud (Brush Hill Library)

Saturday, Nov. 29th

11:30AM Brush Hill Café Open for Brunch

7PM Movie Night BL/BR

“Life of the Party” starring Melissa McCarthy and Maya Rudolph

When her husband suddenly dumps her, longtime and dedicated housewife Deanna turns regret into reset by going back to college. Unfortunately, Deanna winds up at the same school as her less-than-thrilled daughter. Plunging headlong into the campus experience, the outspoken new student soon begins a journey of self-discovery while fully embracing all of the fun, freedom and frat boys that she can handle. (BR/BL)

Sunday, Nov. 30th

7PM Music with The Atwater Donnelly Duo

Award-winning, internationally acclaimed duo, Aubrey Atwater and Elwood Donnelly present delightful programs of traditional American and Celtic folk songs and percussive dance. Elwood and Aubrey blend gorgeous harmonies and play an astonishing array of instruments including guitar, Appalachian mountain dulcimer, mandolin, tin whistle, harmonica, banjo, limberjacks, and other surprises including a thrilling interpretation of freestyle Appalachian clog dancing. Their performance is appealing to all ages, and with humor and audience participation, Aubrey and Elwood explain song origins to give more relevance to the material. Married since 1989, Aubrey and Elwood perform widely in the United States and abroad and their fourteen recordings receive international airplay and streaming. **(Brush Hill Function Room)**

Weekly Highlights: Monday 12/1– Sunday 12/7

Look out for these special events and offerings next week!

Monday, Dec. 1st

10AM Aquafit with Angel

1PM Brush Hill Bridge- All are welcome-we will teach you! **(Brush Hill Card Room)**

1PM Shopping trip to Market Basket- Sign up with Muriel.

2PM “Hope, Progress, and Community: Understanding HIV Today” Join Dr. Taimur Khan of Fenway Health for an accessible and uplifting World AIDS Day conversation focused on the extraordinary progress made in HIV treatment, prevention, and community support. Dr. Khan will share a brief history of the epidemic, highlight medical advances that have transformed HIV into a manageable chronic condition, and discuss how community organizations like Fenway Health continue to lead the way in compassionate care, research, and advocacy. **(Brush Hill Function Room)**

2:30PM Knitters/Handcrafters (Blue Hill Library)

6:30PM “A Historical and Musical Exploration of the AIDS Memorial Quilt and Corgliano’s Symphony No. 1” with Professor Rick Brabander. The **AIDS Memorial Quilt** stands as a vast, collective act of remembrance—each panel a deeply personal testament to a life lost to the AIDS epidemic and a defiant assertion of human dignity amid the widespread silence and stigma of the early epidemic. In his *Symphony No. 1* (1990), American composer John Corigliano transforms the spirit of the Quilt into sound, crafting a musical monument that gives voice to the grief, rage, and compassion of an era ravaged by loss. Like the Quilt’s patchwork of individual stories, Corigliano’s symphony weaves contrasting musical textures—anguish and lyricism, chaos and serenity—to reveal the intimate human tragedy behind the statistics--- in a very real sense, bringing the Quilt to life. If you would like to listen to the symphony beforehand, it can be found on You Tube: <https://youtu.be/rTX7-Zam1BM?si=VvobXWiFE5-W6Mhg>

Tuesday, Dec. 2nd

9AM Coffe Hour with New FV Maintenance Director John Barros (Brush Hill Café)

11:45AM Van trip to Eustis Estate Tea THIS TRIP IS FULL

1PM Meditation with Andy Kelley “the Boston Buddha”

Join us for this relaxing practice. (**Brush Hill Function Room**)

6:30 Holiday Hors D'Oeuvres Workshop (Brush Hill Café)

Join your hosts, residents Jeanne Lake and Marty Allen, for another fun holiday tasting & cooking class to be held on **Monday, Dec. 2nd at 6:30pm in the Brush Hill Cafe**. Sample all the hors d'oeuvres and also make two of each item to take home! We will walk you through step-by-step, with simple instructions. Recipes are included. Please register with Muriel on Tuesday, Nov. 25th at 9 a.m. \$20 per person cash upon arrival. Class is limited to 12 residents. This is an FVRA Activity.

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, Dec. 3rd

10AM Shopping trip to Stop & Shop

10AM Cornhole at Blue Hill Join us for this fun and friendly competition!
(**Blue Hill Activity Room**)

10:30 Mah Jongg Class (Brush Hill Card Room)

12:45 Chorus (Brush Hill Function Room)

2PM Catholic Mass (Brush Hill Function Room)

Thursday, Dec. 4th

10:30AM Coffee Hour with New Maintenance Director John Barros (Blue Hill Coffee Room)

11:30 Crafts with Cindy (Also 1:30PM)

We will assemble an adorable tiny table top tree. Using beads, pinecones, pom poms and an assortment of goodies you'll make lots of fun ornaments to decorate your tree. Please bring a snack to share with the group. (**Blue Hill Activity Room**)

1:30 Writing Class with Kathleen (Brush Hill Parlor)

3PM Bladder Health Talk with Urogynecologist Dr. Merchia

Dr. Vikas Merchia is a board-certified physician in internal medicine and an associate professor at MGH Institute of Health Professionals (Mass General) in Boston, MA, as

well as at Tufts University. He has lectured locally and nationally on topics of urogynecology, incontinence and prolapse surgeries. **(Blue Hill Activity Room)**

4PM Van trip to Winterlights at the Bradley Estate in Canton

Just a few tickets left for this festive night time display of holiday lights! \$20 per person. Just 2 spots left! Sign up with Muriel at (617) 361-7778.

4:30 Blue Hill Book Club (Blue Hill Coffee Room)

6:30 Game Night (Brush Hill Function Room)

Join us for a fun night of friendly competition! Scrabble, Ping Pong, Cards, Dominoes, Left, Right and Center and More! Bring your games and your friends- all are welcome! **(Brush Hill Function Room)**

Friday, Dec. 5th

10:30 Mah Jongg class (BR Card Room)

1PM Music with Rich Travers

Holiday Songs and Stories- This lecture includes the music and stories of some of our most beloved holiday music. Did you know that the song “Jingle Bells” was written by a guy from Medford, MA? This lecture will feature music from The Nutcracker and other holiday classics. **(Blue Hill Activity Room)**

2PM Brush Hill Holiday Gathering

Join us for festive music and holiday treats to celebrate the season with friends and neighbors! **(Brush Hill)**

3PM Rosary (BL Multipurpose Room)

All are welcome- please join us!

3PM Highlights Read Aloud (Brush Hill Library)

7PM Music with Elaine Woo and John Mulroy

Come on out for festive tunes with Elaine and John that will get you in the holiday spirit! **(Blue Hill Activity Room)**

Saturday, Dec. 6th

10:30AM Art Cart Party!

Come on out and get creative! We have all the supplies for painting, sketching, collaging, and more! **(Blue Hill Activity Room)**

11:30AM Brush Hill Café Open for Brunch

2PM Songs of the Season Singalong!

A group of local musicians and singers will lead a sing-along of favorite songs of the season. Songs for Christmas, songs for winter and other fun holiday songs will be offered up. Join in for a fun time of celebration where you can participate or just listen and enjoy. Following the singing, there will be seasonal refreshments and time to socialize as we keep humming our favorite tunes. **(Brush Hill Function Room)**

7PM Movie Night BL/BR TBD

Sunday, Dec. 7th

7PM Music with Portrait in Jazz.

(Brush Hill Function Room)

Words of Wisdom from C104- “Ban pre-shredded lettuce- Make Amaerica Grate Again!” 😊

Notes from the Program Director

The Milton Residents Fund Holiday Gift Program for Children Needs *YOUR* Help!

For more than 100 years, The Milton Residents Fund has existed to help Milton families in need, including an important effort to help deserving children and teens. Please join Fuller neighbors in making a contribution to The Milton Residents Fund and help needy families right here in Milton. Donations can be left at Fuller front desks by Dec. 16th. Please write checks out to “Milton Residents Fund” and leave in a sealed envelope with your name and Milton Residents Fund. You can also drop off envelopes with donations at #54 Caroline Drive to Barb Widmayer’s Mailbox. Thanks for your support!

Festive Saturdays in December! Don’t miss the Art Cart party at Blue Hill on Dec. 6th at 10:30AM- Lots of creative fun for all! In the afternoon, the festivity continues at Brush Hill with a “Songs of the Season” singalong at 2PM with holiday music and treats for everyone! On Dec. 13th, we will welcome Independent Dance Art for a special holiday dance performance at Brush Hill at 3PM. Come and check out these incredible dancers!

There’s something for everyone out there this *Holiday Season!* *Susie*

Save the Dates

12/8 12:30 Chorus van trip to the COA

12/8 1PM Van trip to Trader Joes at Patriot Place

12/8 2PM Metropolitan Opera (BL)

12/8 3PM History with Paolo (BR)

12/9 10AM Birthday Breakfast (BL)

12/9 10:45 Van trip to the ICC Senior Christmas Lunch (THIS TRIP IS FULL)

12/9 2PM Music with Rich travers (BR)

12/10 10:30AM Mah Jongg Class (BR)

12/10 2PM Fuller Village Chorus Holiday Open Rehearsal

12/11 10:30AM Bible Study (BR)

12/11 11AM Protestant Service (BR)

12/11 1PM Van Trip to Arts on Centre

12/11 1:30PM Writing Class with Kathy Oleski (BR)

12/11 3:30PM Social Justice Action Group (BR)

12/11 7PM Fuller Village Chorus Holiday Concert (BR)

12/12 10:30AM Mah Jongg Class (BR)

12/12 2PM Blue Hill Holiday Gathering (BL)

12/13 3PM Holiday Dance Performance with Independent Dance Arts (BR)

12/14 9AM Pancake Breakfast (BR)

SUN	MON	TUE	WED	THUR	FRI	SAT
	9:00 ASL Class (BR) 1 10:00 Aqua Fit with Angel 10:15 Chair Yoga w/ Carol (BL) 11:00 Floor Yoga w/ Carol (BR) 11:00 Blue Hill Coffee Hour (BL) 12:00 Chair Yoga w/ Carol (BR) 1:00 Van Trip to Market Basket 1:00 Bridge (BR) 2:00 World AIDS Day Program with Dr. Taimur Khan (BR) 2:30 Knitters/ Handcrafters (BL) 6:30 History & Music of the AIDS Quilt with Prof. Rick Brabander (BR)	9:00 Coffee Hour w/ New Maint. Dir. John Barros (BR) 2 11:45 Eustis Estate Holiday Tea Trip 12:00 Back to Basics (BL) 1:00 Meditation (BL) 1:00 Tai Chi (BR) 4:00 Restorative Yoga (BR) 6:30 Holiday Hors D'Oeuvres Workshop (BR Cafe) 7:00 Bingo! (BL) 7:00 Men's Poker Club (BR)	10:00 Cornhole (BL) 3 10:00 Stop & Shop Van Trip 10:15 Mobility & Stability (BR) 10:30 Mah Jongg (BR) 11:00 Floor Yoga w/ Carol (BR) 12:00 Chair Yoga w/ Carol (BR) 12:45 Chorus (BR) 2:00 Catholic Mass (BR) 2:30 Aqua Fit with Crystal 3:00 Resident and Guest Swim 7:00 Handcrafters (BR)	10:30 Coffee Hour w/ New Maint. Dir. John Barros (BL) 4 11:00 Adult Swim Lessons 11:30 Crafts with Cindy (BL) 12:30 Line Dancing with Jean (BR) 1:30 Crafts with Cindy (BL) 1:30 Writing Class w/ Kathleen (BR) 2:00 NeedlePoint (BR) 3:00 Bladder Health Talk with Dr. Merchia (BL) 4:00 Van Trip to Winterlights at the Bradley Estate 4:30 Blue Hill Book Club (BL) 6:30 Game Night (BR)	10:00 Aqua Fit with Crystal 5 10:00 Stop & Shop Van Trip 10:30 Chair Yoga w/ Carol (BL) 10:30 Mah Jongg (BR) 1:00 Music with Rich Travers (BL) 2:00 Brush Hill Holiday Gathering (BR) 3:00 Rosary (BL) 3:00 Weekly Highlights Read Aloud (BR) 6:30 Cribbage (BR) 7:00 Music with Elaine Woo and John Mulroy (BL)	10:30 Art Cart Party (BL) 6 11:30 Brush Hill Cafe Open (BR) 2:00 Songs of the Season Singalong (BR) 2:00 Family Swim 7:00 Movie Night (BR/BL)

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, December 1st

Tomato Basil Soup (GF) (V)
or Salad du Jour
Bulgogi Beef (GF)
Teriyaki Salmon (GF)
Fried Rice, Vegetable Stir-fry (GF)

Friday, December 5th

Seafood Chowder (GF)
or Salad du Jour
Roasted Chicken (GF)
Sautéed Shrimp & Sausage
Scalloped Potatoes, Green Beans (GF)

Tuesday, December 2nd

Ham & Lentil Soup (GF)
or Salad du Jour
Honey Bourbon Chicken
Tilapia Almondine (GF)
Farro Kale Risotto, Braised Red Cabbage (GF)

Saturday, December 6th

Garden Vegetable Soup (GF) (V)
or Salad du Jour
Roasted Turkey w/ Cranberry Chutney (GF)
Sole Piccata (GF)
Mashed Potatoes, Broccoli (GF)

Wednesday, December 3rd

Butternut Squash & Apple Soup (GF) (V)
or Salad du Jour
Two Grilled Hotdogs & Beans
Fish Cakes (GF)
Parmesan Potato Wedges, Rainbow Swiss Chard (GF)

Sunday, December 7th

Beef Vegetable Soup (GF)
or Salad du Jour
Spaghetti & Meatballs (GF)
Vegetable Carbonara (GF) (V)
Spaghetti, Chef's Medley (GF)

Thursday, December 4th

Chicken Noodle Soup (GF)
or Salad du Jour
Liver & Onions w/ Bacon (GF)
Broiled Trout (GF)
Roasted Sweet Potatoes, Sautéed Asparagus (GF)

Weekly Dessert Specials

Apple Cake
Frosted Brownie
Blueberry Crumble
Chocolate Chip Cookies
Oatmeal Cookies
Chocolate Torte (GF)



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Chicken Pesto Flat Bread

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

Sandwich Special...14.00 (V)

* Roast Beef Cheddar

Roast Beef, Cheddar Cheese, Lettuce, Tomato,
Red Onion, Horseradish Mayo

Salad Special...12.00 (GF)

Cobb Salad

With Romaine, Cucumber, Tomato, Red Onion,
Bacon, Hardboiled Egg, Avocado

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

Veggie Special of the Week... 15.00 (V)

Tortellini, Sauteed Spinach w/ Marinara

Served with Side Salad

*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with
Lettuce, Tomato, and Onion

*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with
Lettuce, Tomato and Onion

Lighter Fare...10.00 (V)

Large Garden Salad
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

Veggie Special of the Month... 15.00 (V)

Vegetable Cheese Omelet

Served with Side Salad

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,
shellfish or eggs may increase your risk of food-borne
illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

*Made gluten-free upon request.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, DECEMBER 1st

Monte Carlo w/ Onion Rings

Pan-fried Sandwich w/ Ham & Swiss Cheese Layered Between Slices of Savory French Toast.

TUESDAY, DECEMBER 2nd

Chicken Quesadilla w/ Guacamole

Grilled Chicken, & Cheddar Cheese Folded into Grilled Tortilla

WEDNESDAY, DECEMBER 3rd

Grilled Vegetable Wrap

Roasted Red Peppers, Grilled Zucchini, Yellow Squash, Tomato w/ American Cheese

THURSDAY, DECEMBER 4th

Chicken Pesto Flatbread

Pepperoni Cheese on Flatbread w/ Side Salad

FRIDAY, DECEMBER 5th

Seafood Cakes

Seafood Cakes Served over a Side Salad

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

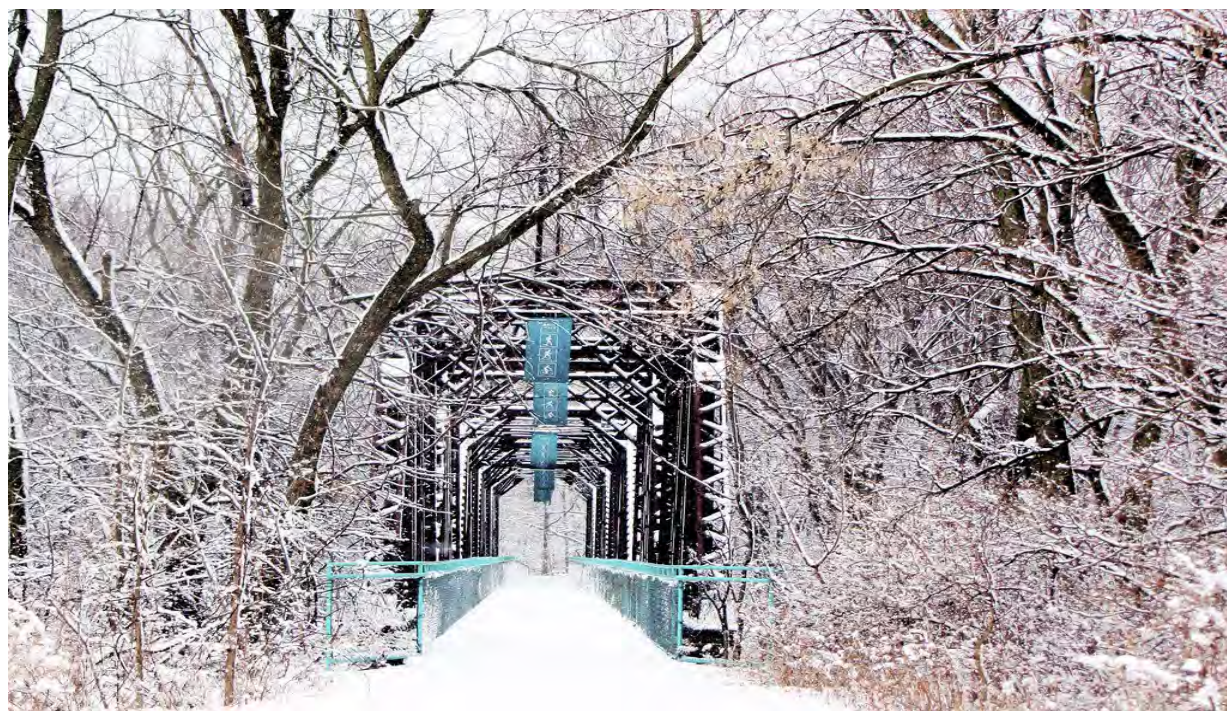
All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

Fuller Village
in Milton
— LIVE A FULLER LIFE —



Fuller Village
in Milton
— LIVE A FULLER LIFE —

Fuller Village Holiday Gatherings

Tis the Season to Celebrate!

Kick off the Holidays with your friends at Fuller Village as we gather and enjoy twinkling lights, festive music, a variety of sweet treats and sparking holiday punch.

Brush Hill

Friday, December 5th from 2:00 – 3:30 pm

Blue Hill

Friday, December 12th from 2:00 – 3:30 pm

Fuller Village Commemorates

International World AIDS Day *Monday Dec. 1st*

2PM Brush Hill Function Room-

“Hope, Progress, and Community: Understanding HIV Today” Join Dr. Taimur Khan of Fenway Health for an accessible and uplifting World AIDS Day conversation focused on the extraordinary progress made in HIV treatment, prevention, and community support. Dr. Khan will share a brief history of the epidemic, highlight medical advances that have transformed HIV into a manageable chronic condition, and discuss how community organizations like Fenway Health continue to lead the way in compassionate care, research, and advocacy. All are welcome.



6:30PM Brush Hill Function Room- “A Historical and Musical Exploration of the AIDS Memorial Quilt and Corigliano’s Symphony No. 1” with Professor Rick Brabander. The **AIDS Memorial Quilt** stands as a vast, collective act of remembrance—each panel a deeply personal testament to a life lost to the AIDS epidemic and a defiant assertion of human dignity amid the widespread silence and stigma of the early epidemic. In his *Symphony No. 1* (1990), American composer John Corigliano transforms the spirit of the Quilt into sound, crafting a musical monument that gives voice to the grief, rage, and compassion of an era ravaged by loss. Like the Quilt’s patchwork of individual stories, Corigliano’s symphony weaves contrasting musical textures—anguish and lyricism, chaos and serenity—to reveal the intimate human tragedy behind the statistics--- in a very real sense, bringing the Quilt to life.

If you would like to listen to the symphony beforehand, it can be found on You Tube:

<https://youtu.be/rTX7-Zam1BM?si=VvobXWiFE5-W6Mhg>

Milton Residents Fund 2025

Holiday

GIFT PROGRAM FOR CHILDREN

For more than 100 years, The Milton Residents Fund has existed to help Milton families in need, including an important effort to help deserving children and teens this holiday season!

Please join Fuller neighbors by making a contribution to The Milton Residents Fund by Dec. 16th and help needy kids right here in Milton (especially deserving teens) have a wonderful holiday!

Checks can be written out to “Milton Residents Fund” and left with a front desk ambassador in a sealed envelope with your name on it, OR left in Barb Widmayer’s Mailbox at 54 Caroline Drive.

Thank You for your support!

