

Weekend Highlights: Friday 1/2- Sunday 1/4

See what's happening this weekend!

Thursday, Jan. 1st *Happy New Year! Offices and Café are closed*

Friday, Jan. 2nd

1PM Music with Rich Travers

“The Music of Spain” Spanish music boasts a rich history forged from Roman, Moorish, and regional influences. Significant composers include Tomas Luis de Victoria and Issac Albeniz. Celebrated Spanish performers range from Flamenco guitarist Paco de Lucia to contemporary star Rosalia. **(Blue Hill Activity Room)**

3PM Rosary All are welcome- please join us! **(BL Multipurpose Room)**

3PM Highlights Read Aloud (Brush Hill Library)

7PM Music with Matt Browne (Blue Hill Activity Room)

Spend your first Friday night of 2026 with Fuller’s favorite singer and guitarist!

Saturday, Jan. 3rd

11:30AM Brush Hill Café Open for Special New Year’s Brunch!

Come and check out some new festive food offerings and fun beverages to ring in the new year! No reservations needed!

2:00PM Art Cart Gathering

Join us for a creative afternoon of arts & crafts, including a brief overview of what materials are kept in the art carts, where they’re stored, and when they are available for resident use. **(Blue Hill Activity Room)**

7PM Movie Night BL/BR

“*Jay Kelly*” starring George Clooney, Adam Sandler and Laura Dern

Famous movie actor Jay Kelly embarks on a journey of self-discovery, confronting his past and present with his devoted manager Ron. Poignant and humor-filled, pitched at the intersection of regrets and glories.

Sunday, Jan. 4th

2:30PM Blue Hill Bridge (Blue Hill Activity Room)

Weekly Highlights: Monday 1/5– Sunday 1/11

Look out for these special events and offerings next week!

Monday, Jan. 5th

10AM Aquafit with Angel

1PM Van trip to Market Basket Hanover

1PM Brush Hill Bridge- All are welcome-we will teach you! **(Brush Hill Card Room)**

2:30PM Knitters/Handcrafters (Blue Hill Library)

Tuesday, Jan. 6th

1PM Meditation with Andy Kelley (BL Activity Room)

1PM Van trip to Menino Art Center

The Menino Art Center is a local gallery, education and exhibition space right around the corner in Hyde Park. Come and explore this neighborhood gem! Admission is FREE!

Sign up with Muriel at (617) 361-7778 starting Friday, Jan. 2nd.

2PM Brain Games with Susie (Brush Hill Function Room)

Join friends & neighbors for collaborative word games, puzzles, trivia- and laughs!

3PM History with Paolo (Blue Hill Activity Room)

The Palace of the Sun King: Art and Power at Versailles- Louis XIV's palace at Versailles was more than the home of the king. It was a symbol of the power and prestige of the monarch who likened himself to Apollo, the ancient sun god. This lecture will examine the relationship between art, architecture, and the creation of absolute monarchy in 17th century France.

7PM Blue Hill Bingo (Blue Hill Activity Room)

7PM Men's Poker Club (Brush Hill Function Room)

Wednesday, Jan. 7th

10AM Shopping trip to Stop & Shop

10AM Cornhole at Blue Hill Join us for this fun and friendly competition!
(Blue Hill Activity Room)

12:45PM Chorus (Brush Hill Function Room)

3PM Exploring Chat GPT with Walter Chick

Take a look at the Power of Artificial Intelligence with Chat GPT **(BR Function Room)**

Thursday, Jan. 8th

10AM Van trip to Museum of Fine Arts Winslow Homer Exhibit

This exhibition brings dozens of the MFA's Homer watercolors back into the galleries, with material ranging from Homer's childhood drawings all the way to his final canvas. \$22 per person. Lunch is on your own- there is a café at the museum. Return approx. 3:30PM. **Sign up with Muriel Monday, Jan. 5th at 9AM.**

10:30AM Bible Study (Brush Hill Parlor)

11AM Protestant Service (Brush Hill Card Room)

3:30PM Social Justice Action Group

Want to take tangible steps to promote racial justice, democracy, affordable housing and climate justice? Join us for our monthly Action Group! **(Brush Hill Function Room)**

6:30PM Game Night

Join us for a night of friendly competition! Scrabble, Ping Pong, Cards, Dominoes, Left, Right & Center and More! Bring your friends and your games! **(BR Function Room)**

Friday, Jan. 9th

2:30PM Superfood Soup Demo with Therapy Gardens

Learn how to build immunity and fight inflammation with high-powered and great-tasting soup recipes. Plus tastings and recipe handouts. **Sign up with Muriel starting Friday, Jan. 2nd. (Brush Hill Café)**

3PM Rosary All are welcome- please join us! **(BL Multipurpose Room)**

3PM Highlights Read Aloud (Brush Hill Library)

7PM Music with Heather Lynn (Blue Hill Activity Room)

Upbeat tunes with a country flair from this rising Nashville artist!

Saturday, Jan. 10th

11:30AM Brush Hill Café Open for Brunch

2:30PM Art Cart Gathering

Join us for a creative afternoon of arts & crafts, including a brief overview of what materials are kept in the art carts, where they're stored and when they are available for resident use. **(Brush Hill Function Room)**

7PM Movie Night BL/BR TBD

Sunday, Jan. 11th

12-2PM Tech Help with Kelly Lenz

Sign up with Muriel starting Friday, Jan. 2nd **(Brush Hill Library)**

2:30PM Blue Hill Bridge

4:30PM New Yorker Short Story Group with Ruth Segal

Discussion of “Neighbors” by Zach Williams in March 25, 2024 edition of *The New Yorker*. Please see flyer for details. **(Brush Hill Function Room)**

7PM Music with The Red Line Band

Featuring talented young musicians (two singers, two guitarists, one bassist and a drummer!) from Milton High School who will be playing pop to rock from the 80s to the present! **(Brush Hill Function Room)**

Notes from the Program Director

Coming up in January

“Aging & Resilience” discussion group with Maria Tollefson

As we approach the start of the new year, we may expect to feel different—and yet, feelings of grief or loss may likely persist. If this feels familiar, come join us for a supportive and sacred space to share and be seen and heard. We will discuss ways to tap inner reserves of strength and wisdom, and perhaps even reframe our challenges in a new light. This group will be limited to ten participants, and meet for six sessions weekly on Thursdays from 2-3 pm starting January 22nd in the Brush Hill parlor, concluding on February 26th. This program will be facilitated by Maria Tollefson, BA, MA, CPC, CGE—an experienced Certified Grief Coach trained by David Kessler, a renowned grief expert. To build intimacy and community we ask you to preregister, and only sign up if you are able to attend all six sessions. **Please sign up with Muriel beginning Friday, January 2nd.**

Pizza Taste Test! Jan. 22nd 3PM Brush Hill Café

Join us for a sampling of pies from several of our favorite local pizzerias and vote on your favorite! **\$5 per person- limited to 16. Sign up with Muriel starting Friday Jan. 2nd.**

Attention Newcomers!

If you're interested in a small group dinner gathering at the Gordon House on Wed. January 14th, please contact Marty Allen at 617-312-8058 for info. It will be billed to your account (can use your \$60 dining credit towards it or Depoyan dinners are already included in resident fee). It's a great opportunity to meet 5-6 other newcomers in a relaxed social setting. Marty Allen will also be happy to answer questions you may have about navigating life at Fuller Village.

Flower Arranging Class with Fuller Village Floral Designer Christine Paxhia Jan. 30th 1PM Stay tuned for more details to come!!

Join us for Card Party Fun on Monday Jan. 19th from 1-4PM in the Brush Hill Function Room! Mahjong, Poker, Gin Rummy, Cribbage, Bridge, Whist, Pinochle, Spades, Hearts, etc. **Please register in advance (\$5) with Ellie Forman (781) 690-9009 or Anne Segal (857) 345-9933.** Form your own group or ask to be seated with a group who needs an extra player. Bring your own cards, tiles, etc. This event is sponsored by The Activities Committee of FVRA.

The Caring Committee, under the direction of Betsy Buchbinder, Chairperson, launched its third annual "Personal Care Products" Collection for the Milton Food Pantry. The participation by the Fuller Village community was outstanding with 44 shopping bags of products delivered in three carloads enabling Milton Food Pantry clients to have supplies not covered by SNAP benefits. Food Pantry Director, Pat Brawley, was most grateful to have these items available during the holiday season. Betsy would want to thank the people for publicizing, collecting, sorting, packing and delivering these items. The Caring Committee participants were Ellie Forman, Anne Segal, Pat Kelleher, Sara Moyer, Peg Riley, Marilyn Galer, Doris Peters, and Celina Schreiber. The volunteer drivers were Gary and Myra Janko and Donna Correia. Our heartfelt gratitude to Betsy's leadership and to Committee members. She will be deeply missed by our community

There's something for everyone out there this *Winter!* *Susie*

Save the Dates

1/12 1PM Van Trip to Wegmans

1/12 2PM Metropolitan Opera (BL)

1/12 3PM Library Book Club (BR)

1/13 10AM Birthday Breakfast

1/13 10:30AM Van trip to the BPL “Revolution! 250 Years of Art and Activism” exhibit & lunch at The Newsfeed Café

1/13 2PM Music with Rich Travers (BL)

1/14 11:15AM Mandala Making with Jen (BL)

1/14 2PM FVRA Board Meeting (BL)

1/14 3PM ‘Avoiding Scams’ Talk with Robin Putnam, Commonwealth of MA Consumer Affairs Specialist

1/15 9AM Van trip to BSO Open Rehearsal

1/15 6:30PM Pub Nite with The Wiley Brothers (BR)

1/19 MLK Day Offices Café and Pool Closed

1/19 1PM Card Party (BR)

1/19 2PM MLK Discussion Group with Pat Morris (BR Parlor)

1/20 11:30AM Lunch trip with Molly to Not Your Average Joes

1/20 2PM Brain Games with Susie (BL)

1/20 3PM History with Paolo (BR)

1/21 2PM Catholic Mass (BR)

SUN

MON

TUE

WED

THUR

FRI

SAT

2:00 Resident and Guest Swim	10:00 Aqua Fit with Angel	10:30 Functional Fitness (BR)	10:00 Cornhole (BL)	10:00 Towel Cardio (BR)	10:00 Aqua Fit with Crystal	11:30 Brush Hill Cafe Open
2:30 Blue Hill Bridge (BL)	10:15 Chair Yoga w/ Carol (BL)	12:00 Back to Basics (BL)	10:00 Stop & Shop Van Trip	10:00 Van trip to MFA	10:00 Stop & Shop Van Trip	2:00 Family Swim
	11:00 Floor Yoga w/ Carol (BR)	1:00 Meditation (BL)	10:15 Mobility & Stability (BR)	10:30 Bible Study (BR)	10:30 Chair Yoga w/ Carol (BL)	2:30 Art Cart Gathering (BR)
	11:00 Blue Hill Coffee Hour (BL)	1:00 Tai Chi (BR)	11:00 Floor Yoga w/ Carol (BR)	10:30 News & Coffee Chat (BL)	2:30 Superfood Soup Demo (BR Cafe)	7:00 Movie Night (BR/BL)
	12:00 Chair Yoga w/ Carol (BR)	1:00 Van Trip to Menino Art Center Hyde Park	12:00 Chair Yoga w/ Carol (BR)	11:00 Adult Swim Lessons	3:00 Rosary (BL)	
	1:00 Van Trip to Market Basket	2:00 Brain Games with Susie (BR)	12:45 Chorus (BR)	11:00 Core on the Floor (BR)	3:00 Weekly Highlights Read Aloud (BR)	
	1:00 Bridge (BR)	3:00 History with Paolo (BL)	2:30 Aqua Fit with Crystal	11:00 Protestant Service (BR)	6:30 Cribbage (BR)	
	2:30 Knitters/ Handcrafters (BL)	4:00 Restorative Yoga (BR)	3:00 Exploring Chat GPT with Walter Chick (BR)	12:00 Mobility & Stability (BL)	7:00 Music with Heather Lynn (BL)	
		7:00 Bingo! (BL)	3:00 Resident and Guest Swim	12:30 Line Dancing with Jean (BR)		
		7:00 Men's Poker Club (BR)	7:00 Handcrafters (BR)	2:00 NeedlePoint (BR)		
				3:30 Social Justice Action (BR)		
				6:30 Game Night (BR)		

January 2026

If you need transportation between campuses please call 617-361-7778

Fuller Village
in Milton
— LIVE A FULLER LIFE —

Gordon House

Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

Monday, January 5th

Italian Wedding Soup*
or Salad du Jour
Roast Beef (GF)
Sole Franchise (GF)
Baked Sweet Potato, Beets (GF)

Friday, January 9th

New England Clam Chowder (GF)
or Salad du Jour
Glazed Ham (GF)
Baked Cod (GF)
Roasted New Potatoes, Green Beans (GF)

Tuesday, January 6th

Sausage Lentil Soup (GF)
or Salad du Jour
Herb Pork Loin (GF)
Crab Stuffed Haddock (GF)
Mac & Cheese, Green Squash & Tomato (GF)

Saturday, January 10th

Beef Noodle Soup*
or Salad du Jour
Meatloaf (GF)
Blackened Trout (GF)
Farro Pilaf, Sauteed Greens (GF)

Wednesday, January 7th

Chicken Wild Rice Soup (GF)
or Salad du Jour
Liver & Onion w/ Bacon (GF)
Parmesan Tilapia (GF)
Steak Fries, Peas & Carrots (GF)

Sunday, January 11th

Tuscan Vegetable Soup (GF) (V)
or Salad du Jour
Chicken Parmesan (GF)
Ravioli w/ Lemon Basil Sauce (V)
Spaghetti, Roasted Yellow Squash (GF)

Thursday, January 8th

Pasta Fagioli Soup* (V)
or Salad du Jour
Chicken Piccata (GF)
Honey Glazed Salmon (GF)
Mashed Potatoes, Broccoli (GF)

Weekly Dessert Specials

Bread Pudding
Blueberry Cake
Pumpkin Pie
Peanut Butter Cookies
Sugar Cookies
Chocolate Torte (GF)



Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

*Made gluten-free upon request



Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad
ask about our selection of house made dressings *

Weekly Special ... 7.00

Vegetable Egg Rolls w/ Sweet Chili Sauce

SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

Baked Haddock...21.95

Baked with Buttered Ritz Cracker Crumbs

Sandwich Special...14.00

***Cuban Ciabatta**

Sliced Pork, Ham, Swiss Cheese, Dijon Mustard

Salad Special...12.00 (GF)

Spinach Feta Salad

Spinach, Tomato, Red Onion, Feta Cheese, & Craisins

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

Veggie Special of the Week... 15.00 (V)

Vegetable Lasagna

Served with Side Salad

DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.

*These items may be served raw or undercooked.

*Made gluten-free upon request.



Brush Hill Café

SATURDAY BRUNCH MENU

Every Saturday | 11:30 am – 2:00 pm

FEATURES

all features served with a beverage

Blue Hill Chicken Salad Croissant

10

tarragon and grape chicken salad with lettuce. served with house chips.

Bagels & Lox **12**

bagel with cream cheese, capers, tomato, and red onion. served with fresh fruit cup.

*Brush Hill Breakfast Sandwich or Wrap **10**

fried egg and cheese on an English muffin with your choice of bacon or sausage.

*The Fuller Plate **15**

2 eggs any style, crispy potatoes, your choice of bacon or sausage, English muffin

*The Little Fuller Plate **13**

1 egg any style, crispy potatoes, your choice of bacon or sausage, English muffin

Chicken Pesto Ciabatta **12**

Grilled Chicken Pesto, Tomato, Red Onion
Mozzarella Cheese

SIDES À LA CARTE

Sausage 4

Bacon 4

Crispy Potatoes 3

Fresh Fruit Cup 3

BEVERAGES

Coffee

Apple Juice

Tea

Orange Juice

Hot Chocolate

V8

Soda

2% Milk

Diet Soda

2.00 Each

From The Griddle Monthly Specials

all specials served with choice of
two sides and a beverage

Denver Omelet **15**

traditional folded omelet with Ham,
Onion, Peppers, & Cheddar Cheese

Breakfast Panini **15**

Scrambled Eggs, Sausage, American
Cheese on Ciabatta

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

*Gluten Free Bread / Wraps Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

Brush Hill Café

DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, JANUARY 5th

Manicotti w/ Garlic Bread

2 Cheese Filled Manicotti w/ Marinara & Garlic Bread

TUESDAY, JANUARY 6th

Spinach Salad w/ Grilled Salmon

Grilled Salmon, Spinach, Walnuts, Craisins, & Mandarin Orange Slices

WEDNESDAY, JANUARY 7th

Portabella Mushroom Burger

Balsamic Marinated Portabella Mushroom, Roasted Red Peppers, Red Onion, & Provolone Cheese

THURSDAY, JANUARY 8th

Caprese Panini

Fresh Mozzarella, Tomato, Basil Spread & Balsamic Glaze on Ciabatta

FRIDAY, JANUARY 9th

Stuffed Sole

Crab Stuffed Sole w/ Asparagus

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

Gluten Free Bread / Wrap Available

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.
2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 **UNIDINE**

 **Fuller Village**
in Milton
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Happy New Year 2026! – January 3, 2026

New Year's Brunch Specials in addition to regular Saturday menu

Brioche Apple Cider

French Toast | 15

Apple Cider Brioche French
Toast w/ Cinnamon Sugar
Butter

Ham & Cheese Pin Wheels | 13

Ham & Cheese Wrapped in
Puff Pastry

Vegetable Frittata | 12

Spinach, Cherry Tomato,
Green Peppers, Broccoli Eggs
& Cream Baked to Fluffy
Perfection

Cranberry Scones | 8

Fresh Baked Cranberry Scones

Blueberry Muffins | 8

Fresh Baked Blueberry Muffins

Specialty Beverages

Highflier Bloody Mary | 9

Vodka, house spice blend,
tomato juice, celery salt rim,
celery stalk

Classic Mimosa | 9

Sparkling wine, fresh-squeezed
orange juice

Peach Bellini | 9

Sparkling wine, peach puree

Brush Hill Café Daily Specials

January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			01 Café Closed for Holiday	02 Lemon Butter Seared Trout SEAFOOD SHACK
05 Manicotti w/ Garlic Bread DINER	06 Spinach Salad w/ Grilled Salmon	07 Portabella Mushroom Burger VEG REV-OLUTION	08 Caprese Panini	09 Stuffed Sole SEAFOOD SHACK
12 Hot Italian Sub DINER	13 Beef Teriyaki w/ Fried Rice	14 Aztec Vegetable Grain Bowl VEG REV-OLUTION	15 Chicken Pesto Flatbread w/ Side Salad FLATBREADS al Fresco	16 Shrimp Salad Roll SEAFOOD SHACK
19 Café Closed for Holiday	20 Quiche Florentine w/ Side Salad	21 Cauliflower General Tso's VEG REV-OLUTION	22 Philly Cheese Steak w/ Fries	23 Fish & Chips SEAFOOD SHACK
26 Eggplant Parmesan Panini DINER	27 Stuffed Peppers	28 Butternut Squash Lasagna VEG REV-OLUTION	29 Meatball Flatbread w/ Side Salad FLATBREADS al Fresco	30 Shrimp Po'boy SEAFOOD SHACK