

## **Weekend Highlights: Friday 4/24- Sunday 4/26**

### **See what's happening this weekend!**

#### **Friday, April 24th**

##### **2<sup>nd</sup> ANNUAL FV UPCYCLE EVENT!**

Fuller Village residents are invited to upcycle new or almost new household and other items by participating in this one-day event. Donated items should be tabletop in size, in new or in almost perfect condition. Residents, family members and staff may “shop” at this event. No money will change hands. PLEASE NO CLOTHING, ELECTRONICS, OR JEWELRY. Sponsored by the Residents’ Association Activities Committee and the Green Team. **9AM-10:30AM dropoff, 11AM FREE SHOPPING! (Brush Hill)**

##### **10AM-12PM BR Function Room and 1-3PM BL Lobby**

**Donations of old linens will be collected for the Dedham Animal Shelter** by Ellen Dunn and her grandson Owen. Please feel free to stop by the function room in the morning or the Blue Hill Lobby in the afternoon with any donations for our furry friends.

##### **10AM Shopping trip to Stop & Shop**

**10AM Walking Group with Joey** Meet on the Brush Hill Patio- wear good walking shoes! (weather permitting)

##### **3PM Weekly Highlights Read Aloud (Brush Hill Library)**

##### **3PM Rosary (Blue Hill Multipurpose Room)**

##### **7PM Music with Kris Pappas (rescheduled from 2/27))**

Krisanthi Pappas is a singer and piano player who performs throughout New England. She plays a lively mix of popular songs from the 1940's, 50's, 60's and 70's as well as sharing interesting facts about the songs. She also takes audience requests and has a repertoire of over two thousand songs. **(Blue Hill Activity Room)**

#### **Saturday, April 25th**

##### **11:30AM Brunch at The Brush Hill Café**

##### **7PM Movie Night BL/BR**

**“The Best You Can”** starring Kevin Bacon, Kyra Sedgwick and Judd Hirsch  
Stan Olszewski, a security guard foils a home robbery attempt at Cynthia Rand's residence. A charged friendship develops starting with late-night humorous texts. Their deepening bond shakes up both their lives.

**Sunday, April 26th**

**2-4PM Brush Hill Art Cart Party**

We will take the art cart out for a spin with collaging, painting, calligraphy, adult coloring, Sissix machine, etc! All are welcome! **(Brush Hill Function Room)**

**2:30PM Blue Hill Bridge**

**7PM Music with The Liz Spencer Duo**

As the frontwoman for The Liz Spencer Band, Liz is a singer, songwriter and seasoned performer from the Boston area with a passion for early rock and roll. She has played everywhere from summer festivals to country fairs, to private events and nightclubs. Having grown up listening to almost exclusively early rock and roll, on vinyl, Liz has an extensive repertoire and loves taking requests. **(Brush Hill Function Room)**

**Weekly Highlights: Monday 4/27– Sunday 5/3**

**Look out for these special events and offerings next week!**

**Monday, April 27<sup>th</sup>**

**10AM Aqua Walk with Ally (Pool)**

**1PM Brush Hill Bridge- All are welcome-we will teach you! (Brush Hill Card Room)**

**1PM Van trip to Big Y in Walpole**

**Tuesday, April 28th**

**10AM Van trip to the Polls- Sign up with Muriel at (617) 361-7778 if you would like a ride to the Milton Polls**

**1PM Wakefield Estate Visit**

Come see what's blooming at our next door neighbors! Sign up with Muriel at (617) 361-7778. \$5 donation suggested.

**3PM "A Year of Profanity Therapy" with Maria Judge has been *rescheduled* to May 19<sup>th</sup> at 3PM**

**3PM Brain Games with Susie**

Join us for collaborative word games, crossword puzzles, and laughs! **(Brush Hill Cafe)**

**7PM Blue Hill Bingo (Blue Hill Activity Room)**

**7PM Men's Poker (Brush Hill Function Room)**

**Wednesday, April 29th**

**10AM Shopping trip to Stop & Shop**

**10AM Cornhole at Blue Hill** Join us for this fun and friendly competition!  
**(Blue Hill Activity Room)**

**12:45PM Chorus (Brush Hill Function Room)**

**2PM Suminagsahi Art class with Gail Davis (Blue Hill Activity Room)**  
**THIS CLASS IS FULL**

**3PM Milton Hospital Talk with Executive Director Rich Fernandez and Patient Portal Demo**

Come and hear what's new at Milton Hospital and see a demonstration of how the new patient portal system works **(Brush Hill Function Room)**

**Thursday, April 30th**

**8AM Birdwatching with Jack Lash**

Join Ecologist Jack Lash to identify and learn more about birds and other wildlife here at Fuller Village, as you take a guided walk of the grounds. **(Meet on BR Back Patio)**

**10:30AM Bible study (Brush Hill parlor)**

**12PM Men's Lunch trip to The Eire Pub**

Irish classics and pub fare at our favorite Dorchester eatery! Still a few spots left!

**3PM Vertigo and Dizziness Talk with Functional Therapy**

Join us for this informative talk about how to manage these common frustrations. **(Brush Hill Function Room)**

**4:30PM Blue Hill Book Club (Blue Hill Library)**

**6:30PM Brush Hill Game Night- "Mexican Train"**

Join us for this easy to learn and fun to play game of dominoes!

**Friday, May 1st**

**THERE IS NO STOP & SHOP TRIP TODAY**

**9AM Van trip to Museum of Fine Arts for Art in Bloom. *CALL MURIEL AT (617) 361-7778 TO SIGN UP FOR THIS TRIP ON MONDAY APRIL 27<sup>th</sup> at 9AM***

**10AM Walking Group with Joey** Meet on the Brush Hill Patio- wear good walking shoes! (weather permitting)

**1PM Music with Rich Travers**

“The Life and Music of Tony Bennett” Tony Bennett’s life and philosophy are the embodiment of The Great American Songbook. His music continues to be embraced by generations of music lovers. **(Blue Hill Activity Room)**

**3PM Weekly Highlights Read Aloud (Brush Hill Library)**

**3PM Rosary (Blue Hill Multipurpose Room)**

**7PM Music with Lenny Weiner**

Come sing along with Fuller Friday Night favorite Lenny! **(Blue Hill Activity Room)**

**Saturday, May 2nd**

**11:30AM Kentucky Derby Day Brunch (Brush Hill Café)**

**7PM Movie Night BL/BR TBD**

**Sunday, May 3rd**

**2:30PM Blue Hill Bridge**

**7PM Music with The Justin Meyer Trio**

The Justin Meyer Trio plays Jazz classics with an upbeat twist. You’ll love this group!  
**(Brush Hill Function Room)**

## *Notes from the Program Director*

**Calling all Chess players! We have new sets for both BL and BR. Please let me know if you might be interested in playing with other avid fans of “The Game of Kings!”**

**Attention art fans!** An additional Suminigashi Japanese ink art class will be added in early May! Stay tuned for details!

There’s something for everyone out there this *Spring!* 😊 *Susie*

# Save the Dates

**5/5 9:30 BR and 11AM BL Meet and greet with New Wellness Clinic Nurse Priscilla**

**5/5 12:15 Van trip to Arnold Arboretum**

**5/5 2PM Current Events with Professor Brabander BR**

**5/5 3PM History with Paolo BR**

**5/6 10:30AM Forest Therapy with Jen**

**5/6 2PM Catholic Mass BR**

**5/6 2:30PM Dining QR Survey Meeting BL**

**5/7 8AM Birdwatching with Naturalist Jack Lash BR**

**5/7 9:45 Van trip to Sistine Chapel Exhibit & Lunch**

**5/7 2PM Music Lovers BR**

**5/8 2PM Baseball Talk with Red Sox Historian Herb Crehan BR**

**5/8 2PM Pickleball Meeting (Tennis Courts)**

**5/8 7PM Music with Chris Carter BL**

**5/10 1PM Mothers' Day Buffet BL**

**Wisdom from C-104- "I've reached the age where my train of thought often leaves the station without me."**

# Gordon House

## Dining Room Dinner Menu

call at 617-361-6958 1:00PM- 3:00PM Mon-Fri

### Monday, April 27<sup>th</sup>

Carrot Ginger Soup (GF)  
or Salad du Jour  
Teriyaki Chicken (GF)  
Haddock w/ Garlic Sauce (GF)  
Fried Rice, Vegetable Stir-fry (GF)

### Tuesday, April 28<sup>th</sup>

Cream of Asparagus Soup (GF) (V)  
or Salad du Jour  
Tuscan Beef Penne  
Vegetable Lasagna (V)  
Penne Pasta, Green Beans (GF)

### Wednesday, April 29<sup>th</sup>

Rosted Red Pepper Bisque (GF)  
or Salad du Jour  
Glazed Ham (GF)  
Fish & Chips  
Scalloped Potatoes, Roasted Carrots (GF)

### Thursday, April 30<sup>th</sup>

Chicken Noodle Soup\*  
or Salad du Jour  
Pork Tips w/ Caramelized Onion (GF)  
Seared Trout (GF)  
Sweet Potato Mashed, Broccoli Au Gratin (GF)

### Friday, May 1<sup>st</sup>

Seafood Chowder (GF)  
or Salad du Jour  
Meatloaf (GF)  
Baked Stuffed Cod  
Steak Fries, Sauteed Spinach (GF)

### Saturday, May 2<sup>nd</sup>

White Bean Vegetable Soup (GF) (V)  
or Salad du Jour  
Baked Stuffed Chicken  
Shrimp Casserole (GF)  
Roasted Potatoes, Creamed Corn (GF)

### Sunday, May 3<sup>rd</sup>

Broccoli Cheddar Soup (GF)  
or Salad du Jour  
Roast Beef (GF)  
Fish Cakes  
Farro Pilaf, Roasted Asparagus (GF)

### Weekly Dessert Specials

Chocolate Cream Pie  
Apple Cake  
Blueberry Crumble  
Oatmeal Cookies  
Chocolate Chip Cookies  
Chocolate Torte (GF)



### Vegetarian Options Available Upon Request

All sauces may be requested on the side. All entrees are \$21.95 plus tax, which includes an appetizer, beverage & dessert. Before ordering, please make your server aware of any food allergies.

Vegetarian (V) Vegan (VG) Gluten Free (GF) NSA (No Sugar Added)

\*Made gluten-free upon request



# Always Available Menu

Call 617-361-6958 between 1pm and 3pm for take out orders

Please Request Vegetarian Options When Placing Orders / Reservations

## APPETIZERS ... 5.00

Soup du Jour / Fresh Garden Salad / Fresh Fruit Salad  
ask about our selection of house made dressings \*

## Weekly Special ... 7.00

### Boneless Buffalo Bites

## SIGNATURES

a non-alcoholic beverage and your choice of side is included with Entrée,  
Sandwich Special and Fuller Burger / Impossible Burger

Sides: Sweet Potato Fries, French Fries, Baked Potato, Coleslaw, Fruit Cup

### Baked Haddock...21.95 (GF)

Baked with Buttered GF Crumbs

### Sandwich Special...14.00

#### Blackened Fish Wrap

Tilapia, Avocado, Lettuce, Tomato, Red Onion,  
Lime Vinaigrette

### Salad Special...12.00 (GF)

#### Warm Lentil Salad

Carrots, Feta, House-made  
Mustard Vinaigrette

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

### Veggie Special of the Week... 15.00 (V)

#### Avocado Tomato Flatbread

### \*Hamburger/Cheeseburger...13.00

On a Toasted Brioche Bun with  
Lettuce, Tomato, and Onion

### \*Impossible Burger...15.00 (V)

On a Toasted Brioche Bun with  
Lettuce, Tomato and Onion

### Lighter Fare...10.00 (V)

Large Garden Salad  
Served with Roll and Butter

add Grilled Chicken...5.00

add Tuna or Chicken Salad...5.00

add Grilled Salmon...7.00

### Veggie Special of the Month... 15.00 (V)

#### Roasted Veggie Bowl

Kale, Quinoa, Chickpeas, Sweet Potato

## DESSERTS

a la carte...4.00

Cookie of the Day...3.00

Fresh Fruit Cup...5.00

Sugar-Free Jell-O...3.00

Ice Cream...3.00

## BEVERAGES

Coke / Diet Coke

Ginger Ale/ Diet Ginger Ale

V-8

2% Milk

Consuming raw or undercooked meats, poultry, seafood,  
shellfish or eggs may increase your risk of food-borne  
illness, especially if you have certain medical conditions.

\*These items may be served raw or undercooked.

\*Made gluten-free upon request.

# Brush Hill Café

## DAILY SPECIALS

all daily specials served with a beverage and one side \$14

MONDAY, APRIL 27<sup>TH</sup>

**Italian Hoagie**

TUESDAY, APRIL 28<sup>TH</sup>

**Patty Melt**

WEDNESDAY, APRIL 29<sup>TH</sup>

**Chicken Kale Caesar**

THURSDAY, APRIL 30<sup>TH</sup>

**Arugula and Parmesan Flatbread**

FRIDAY, MAY 1<sup>ST</sup>

**Fish Tacos**

Gluten Free (GF), Vegetarian (V), Low Sodium (LS)

**Gluten Free Bread / Wrap Available**

All menu items are plus tax

Before placing your order, please inform your server if a person in your party has a food allergy.

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

 UNIDINE

*Fuller Village*  
in Milton

— LIVE A FULLER LIFE —



## May 2026 Fitness & Aquatics Update

The first Forest Therapy Walk of 2026 was spent at Brookwood Community Farm. Participants enjoyed gently exploring the fields with all their senses. The second walk is scheduled for Wednesday, May 6<sup>th</sup> @ 10:30am, at the Eustis Estate, weather-dependent. Participants must be able to transport themselves (or car-pool) & be outside, gently walking, for 1.5 hours without assistance.

Sign up required, please call Jen. Participation is capped at 8.

If you have questions regarding the length of any of our Fitness or Aquatics classes, please check with the instructor for clarification. All classes run between 30 minutes to 1 hour.

### Pickleball Interest Meeting & Lessons!

Friday, May 8<sup>th</sup> @ 2pm. Join MaryBeth on the tennis courts (weather-permitting) to learn more about this fun game as well as what you will need to consider before starting. Weekly sessions with MaryBeth begin on Thursday, May 14<sup>th</sup> @ 10:30am. If you have never played before, we request that you take some lessons with her first!

No Functional Fitness on Tuesday, May 12<sup>th</sup>!

**Memorial Day Hours ~ Monday, May 25<sup>th</sup>**

Pool Open 7am-12pm

Pool Closed 1-5pm / No Aqua Fit w/ Ally

Fitness Center open regular hours.

No Chair Yoga @ Blue Hill or Brush Hill + No Floor Yoga on Monday, May 25<sup>th</sup>

Please bring your FOB to access the gym between the hours of 7:45am-5pm.